

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Strength and Conditioning Assistant

Agency/Company: X-Factory at Village Sports <https://villagesports.ca/x-factory.html>

Location: Airdrie Campus - 118 East Lake Blvd NE #306, Airdrie, AB T4A 2G2

Terms Available: Fall, Winter

Number of Positions: 2

Specified Schedule: TBD according to Practicum Student's schedule (5-6 hours / week in Fall & Winter Terms and 10-12 hours / week in Spring Term) within the hours of: Monday – Friday from 4-8 PM (Fall/Winter) and 7 AM – 7 PM (Spring).

Project Duties/Responsibilities:

Based out of Village Sports, X-Factory is led by elite coaches and offers strength and conditioning training for elite-level hockey athletes, focused on improving performance in athletic competitions, helping with injury prevention, and the development of proper mechanics for athletes to reach their highest performance goals. Students will work under and with NHL and National Team strength coaches.

The practicum student will be responsible for:

- Helping set up and take down equipment for sessions.
- Helping to supervise exercise techniques.
- Assisting with the implementation of programming.
- Assisting athletes as needed.
- Assist in data collection utilizing VALD performance testing equipment.

Required Student Qualifications:

- Police Check
- Background in or desire to work in this field and/or with high-level athletes.

On-Site Supervisors: Ryan van Asten (rvanasten@villagesports.ca)

All applicants should submit a resume and cover letter indicating areas of interest in strength and conditioning training.

Kinesiology Practicum Application

Placement: X-Factory at Village Sports

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

Submit together to:
knespracticum@ucalgary.ca
☐ Completed Practicum Application
☐ Confidentiality Agreement

Submit to X-Factory at Village Sports
☐ Police Check w/ Vulnerable Sector

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term

☐ Fall _____ (year) ☐ Winter _____ (year) ☐ Spring _____ (year)

Student Information

Name: _____ UCID: _____

Phone Number: _____ Email: _____ @ucalgary.ca

Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)

Code of Conduct

Students are responsible for compliance with the [University of Calgary's Code of Conduct](#).

- ☐ Yes ☐ No I have read and understood the University of Calgary's Code of Conduct.
☐ Yes ☐ No Do you have a pre-existing relationship(s) or work / volunteer experience with person(s) associated with this practicum?
If yes, please briefly explain the nature of the relationship:

I agree that:

- No salary or payment will be received based upon my participation in a Kinesiology practicum placement
- I will meet the expectations of the practicum placement for which I am applying
- I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).
- I will complete 60-72 hours within the dates of the term.

Start Date (first day of lectures) **End Date** (last day of lectures)

☐ I agree with the above-mentioned terms and conditions.

Student's Signature:

Date:

ON-SITE SUPERVISOR PORTION

Name: Ryan van Asten Organization: X-Factory at Village Sports

Phone: _____ Email: rvanasten@villagesports.ca

As the On-Site Supervisor, I agree that:

- No salary or compensation will be given to the practicum student
- I will provide sufficient hours (60-72 hours) within the term dates above, and spread evenly throughout the term (approx.. 5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)
- I will complete a mid-point and final evaluation for the practicum student
- I will provide sufficient supervision, and guidance during this practicum placement
- I will send any changes / updates to knespracticum@ucalgary.ca for approval / updating
- ☐ I agree with the above-mentioned terms and conditions.

On-Site Supervisor's Signature:

Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN: _____

(hereinafter called the "**Agency**")

AND: _____

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the Freedom of Information and Protection of Privacy Act and the Health Information Act ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Signed: _____

Print Name: _____

Title: _____

Date: _____

Student

Signed: _____

Print Name: _____

Date: _____

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1 N4