

## KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title:** Research Assistant STOP-EM

**Agency/Company:** University of Calgary Movement & Musculoskeletal Health Lab (MyMSK)

**Location:** Faculty of Kinesiology Human Performance Lab

**Schedule:** TBD according to the Organization and the Practicum Student's schedule (5-6 hours / week for 12 weeks in Fall & Winter Terms)

**Terms Available:** Fall, Winter

**Number of Positions:** 1

### Organization Description:

STOP-EM (strength training for osteoporosis prevention during early menopause) is 9-month strength training intervention to prevent bone and muscle loss during peri- and early post-menopause.

### Project Duties/Responsibilities:

This practicum position will be tailored to the individual student's interests, taking into consideration the current opportunities within Dr. Gabel's research group. Positions will be involved with the STOP-EM training study. Specific opportunities include:

- Exercise programming for STOP-EM participants (assisting the CEP/CPT with fitness classes)
- Assisting with educational materials (e.g., preparing STOP-EM training manual).
- Research duties on specific projects may include data entry and participant recruitment.

### The practicum student will be responsible for:

- Research assistant duties for ongoing research projects, including data entry and participant recruitment while maintaining participant confidentiality at all times.
- Presenting on the practicum experience (PowerPoint presentation) to Dr. Gabel and her research associates at the end of the term.

### Required Student Qualifications:

- motivated to work within women's health
- motivated to gain experience in a research setting
- interested in working with research participants in a strength training setting

### Assets:

- Strong interpersonal skills required
- CPR and first aid is an asset
- CSEP Certified Personal Training (CPT) is an asset

**Contact:** Dr. Leigh Gabel, PhD [leigh.gabel@ucalgary.ca](mailto:leigh.gabel@ucalgary.ca)

# Kinesiology Practicum Application

Submit together to

knespracticum@ucalgary.ca:

☐ Completed Practicum Application

☐ Confidentiality Agreement

**Placement:** Research Assistant STOP-EM **Category:** Research

## Requirements:

- Students must be a current Faculty of Kinesiology undergraduate student in good academic standing with 60 units completed, including 30 units of KNES courses
- Students may participate in up to three different practicums (one per term) with no prior personal, work or volunteer relationship with the organization

☐ Yes ☐ No I have read and understood the criteria ☐ Yes ☐ No I meet the criteria for this practicum

## INSTRUCTIONS

- Contact the on-site supervisor to arrange an interview.
- Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
- Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

#### Practicum Term

☐ Fall \_\_\_\_\_ (year)

☐ Winter \_\_\_\_\_ (year)

#### Student Information

Name:

UCID:

Phone Number:

Email:

@ucalgary.ca

**Student Practicum Expectations:** Why have you chosen this practicum placement? (1-2 sentences)

#### Code of Conduct

Students are responsible for compliance with the [University of Calgary's Code of Conduct](#).

☐ Yes ☐ No I have read and understood the University of Calgary's Code of Conduct.

☐ Yes ☐ No Do you have a pre-existing relationship(s) with person(s) associated with this practicum (work, volunteer or personal)?  
If yes, please briefly explain the nature of the relationship:

#### I agree that:

- No salary or payment will be received based upon my participation in a Kinesiology practicum placement
- I will meet the expectations of the practicum placement for which I am applying
- I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).
- I will complete 60-72 hours within the dates of the term.

**Start Date** (first day of lectures)

**End Date** (last day of lectures)

☐ I agree with the above-mentioned terms and conditions.

**Student's Signature:**

**Date:**

### ON-SITE SUPERVISOR PORTION

**Name:** Dr. Leigh Gabel, PhD

**Phone:**

**Email:** [leigh.gabel@ucalgary.ca](mailto:leigh.gabel@ucalgary.ca)

#### As the On-Site Supervisor, I agree that:

- No salary or compensation will be given to the practicum student
- I will provide sufficient hours (60-72 hours) within the term dates above, and spread evenly throughout the term (approx. 5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)
- I will complete a mid-point and final evaluation for the practicum student
- I will provide sufficient supervision, and guidance during this practicum placement
- I will send any changes / updates to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca) for approval / updating

☐ I agree with the above-mentioned terms and conditions.

**On-Site Supervisor's Signature:**

**Date:**

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

BETWEEN:

\_\_\_\_\_  
(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_,  
(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4