

## KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title:** Children's Physical Literacy Assistant Instructor

**Agency/Company:** Monkeynastix Calgary

**Website:** <https://monkeynastixyc.ca/>

**Location:** Location varies throughout Calgary and travel is required

**Schedule:** TBD according to the Organization and the Practicum Student's schedule (5-6 hours / week for 12 weeks in Fall & Winter Terms and 10-12 hours / week for 6 weeks in Spring Term) **within morning hours on weekdays.**

**Terms Available:** Fall, Winter

**Number of Positions:** 1-2

**Organization Description:**

*Monkeynastix* provides fun and challenging physical literacy lessons at preschools and daycares around Calgary. The program is mobile and brings its own specialized equipment, music and unique lesson plans directly to the schools. As a *Monkeynastix Assistant Instructor*, it is your responsibility to uphold a fun, positive, and professional attitude alongside the Lead Instructor.

**Project Duties/Responsibilities:**

Before class: Arrive no later than 15 minutes before the class starts to assist the Lead Instructor with getting all of the equipment for the class ready and help set it up if necessary and review the lesson plan with the instructor

During class:

- Help the children if necessary; if none of the children need assistance, you are to fully participate next to the Lead.
- Spot the children, ensuring safe and correct execution of movements; help any of the children who are struggling and show them the proper form. Have them imitate you until they master it!

The circuit involves a gross motor station related to the fundamental movement skill for that specific lesson as well as numerous related substations such as tuck jumps over hurdles, star jumps on a spot; using a balance disk, using arm elastics and performing stork stands or crab walking.

- Be actively involved in the sport coaching. Correct racquet/stick grip & strike, throwing posture and follow through, co-ordination & balance, kicking movements and follow through, catching position, etc.
- Investigate three new, fun and engaging activities that could be incorporated into the *Monkeynastix* program in order to increase fundamental movement skills and eventually introduce more complex skills.
- Create a 3-page report and submit to on-site supervisor by the end of the term. Report will provide an overview of the new exercise or game (including a visual) and a summary of how this exercise or game would be beneficial in terms of developing physical literacy skills in the children.

**Required Student Qualifications:**

- Completion of KNES 201
- Completion of KNES 203
- Completion of KNES 351
- Police Information Check with Vulnerable Sector Check
- Up-to-date immunizations

Contact: Hayley de Villiers [info@monkeynastixyc.ca](mailto:info@monkeynastixyc.ca)

# Kinesiology Practicum Application

**Placement:** Monkeynastix **Category:** Children

## Requirements:

- Students must be a current Faculty of Kinesiology undergraduate student in good academic standing with 60 units completed, including 30 units of KNES courses
- Students may participate in up to three different practicums (one per term) with no prior personal, work or volunteer relationship with the organization

Submit together to  
[knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca):

Completed Practicum Application

Confidentiality Agreement

Submit to organization:

Police Check

Immunization record

Yes  No I have read and understood the criteria       Yes  No I meet the criteria for this practicum

## INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

## STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No I have read and understood the University of Calgary's Code of Conduct.		
<input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a pre-existing relationship(s) with person(s) associated with this practicum (work, volunteer or personal)?	If yes, please briefly explain the nature of the relationship:	
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
Start Date (first day of lectures)	End Date (last day of lectures)	
<hr/> <hr/>		
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

## ON-SITE SUPERVISOR PORTION

<b>Name:</b>	
Phone:	Email: <a href="mailto:info@monkeynastixyc.ca">info@monkeynastixyc.ca</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours (60-72 hours) <u>within</u> the term dates above, and spread evenly throughout the term (approx.5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)</li><li>• I will complete a mid-point and final evaluation for the practicum student</li><li>• I will provide sufficient supervision, and guidance during this practicum placement</li><li>• I will send any changes / updates to <a href="mailto:knespracticum@ucalgary.ca">knespracticum@ucalgary.ca</a> for approval / updating</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca) .

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_.

BETWEEN:

\_\_\_\_\_  
(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_  
(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

***In witness hereof, the parties agree as follows:***

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEROF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date: \_\_\_\_\_

**Student**

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date \_\_\_\_\_

