



KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Swim Instructor/Coach

Agency/Company: [Just Keep Swimming](#)

Location: Shane Homes YMCA at Rocky Ridge 11300 Rocky Ridge Rd NW

Terms Available: Fall or Winter

Number of Positions: 2-3

Schedule: TBD according to the Organization and the Practicum Student's schedule (5-6 hours / week for 12 weeks in Fall & Winter Terms and 10-12 hours / week for 6 weeks in Spring Term) **Will include Saturday afternoon.**

Project Duties/Responsibilities:

Just Keep Swimming teaches kids and youth with neurological or developmental disabilities to swim confidently, play safely and exercise comfortably in the water. Lessons are about celebrating each child's unique abilities while boosting their confidence and self-esteem so they look forward to swimming time, enjoy the learning process and are proud of their accomplishments.

Practicum students will assist children with mild to moderate neurological and development disabilities to become comfortable in the water and ultimately swim confidently by:

- Demonstrating a wide variety of swimming skills and techniques 1:1 in the water to suit each child's specific needs and learning abilities with the assistance of lead instructor. These skills and techniques will include:
 - Teaching breathing skills above and below the water (big bubbles, small bubbles, fast bubbles, slow bubbles).
 - Finding what the child likes (animals, superheroes or characters) and demonstrating these actions related to swimming skills to encourage engagement; creatively explaining arm strokes. For example, your front crawl arms make rainbows as they spin out of the water.
- Engaging swimmers by leading new, active learning games and exciting adapted skills in the water.
- Assisting in the organization of full camp day events (swimming, rock climbing, gymnastics, indoor picnic).
 - Assisting in organizing theme days: Halloween swim, Family Fun swim, Christmas swim, March break swim.
 - Assist in creating a day plan of activities for children and families to participate in.
 - Attend scheduled bi-weekly 30-minute meetings prior to swim lesson times to brainstorm, share and plan.
- Creating a positive learning environment by encouraging swimmers in the water and by providing constructive feedback and skill development individually when comfortable and confident to do so.
- Creating resources as needed
- Ensuring safety of the children and adolescents in the water during lessons through constant supervision.

Required Student Qualifications:

- Police Information Check with Vulnerable Sector Check

Assets:

- KNES 331 (Foundations of Coaching)
- KNES 367 (Adapted Physical Activity)

On-Site Supervisor: Erin Block, justkeepswimmingcalgary@gmail.com

Kinesiology Practicum Application

Placement: Just Keep Swimming Category: Children

Requirements:

- Students must be a current Faculty of Kinesiology undergraduate student in good academic standing with 60 units completed, including 30 units of KNES courses
- Students may participate in up to three different practicums (one per term) with no prior personal, work or volunteer relationship with the organization

Yes No I have read and understood the criteria Yes No I meet the criteria for this practicum

Submit together to
knespracticum@ucalgary.ca:
 Completed Practicum Application
 Confidentiality Agreement

Submit to Just Keep Swimming:
 Police Check w/ Vulnerable Sector

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term	
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)
Student Information	
Name:	UCID:
Phone Number:	Email: _____@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)	
Code of Conduct	
Students are responsible for compliance with the University of Calgary's Code of Conduct .	
<input type="checkbox"/> Yes <input type="checkbox"/> No I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
I agree that:	
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.	
Start Date (first day of lectures)	End Date (last day of lectures)
_____	_____
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
Student's Signature:	Date:

ON-SITE SUPERVISOR PORTION

Name: Erin Block	Organization: Just Keep Swimming
Phone:	Email: justkeepswimmingcalgary@gmail.com
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours (60-72 hours) <u>within</u> the term dates above, and spread evenly throughout the term (approx.. 5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)• I will complete a mid-point and final evaluation for the practicum student• I will provide sufficient supervision, and guidance during this practicum placement• I will send any changes / updates to knespracticum@ucalgary.ca for approval / updating• <input type="checkbox"/> I agree with the above-mentioned terms and conditions.• <input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4