

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Occupational Therapy/Therapy Assistant

Agency/Company: [Bethany Calgary](#)

Location: 916 18A Street NW, Calgary, AB

Terms Available: Fall or Winter

Number of Positions: 1

Specified Schedule: Within Monday – Friday, 7:30am – 3:45pm

Project Duties/Responsibilities:

Designed to meet different levels of resident care and accommodation needs, *Bethany Calgary* is home to more than 400 long-term care residents. They provide specialized care and programs for residents with a range of needs, including younger adults with disabilities and individuals with complex dementia. Their priority is to ensure residents receive quality care including nursing and personal care round-the-clock while living the most full and active life as possible

Under strict supervision, the practicum student will:

- Work with and develop relationships with seniors and adults with varying diagnoses to reach their functional goals.
- Assist therapy aides and therapy assistants with group OT/PT programming including:
 - Cognitive programs – Groups of up to 12 residents will engage in reminiscing therapy, trivia and other tasks that involve problem solving, communication skills, attention, focus and executive function. Practicum students will assist residents by using various forms of multi-media, books, games and participating in “coffee socials”.
 - Hand therapy group – Practicum students will assist primarily stroke residents with tasks involving their affected hand using fidget boards, peg boards and stacking activities in order to improve manual dexterity.
 - Seated exercises/active games – While seated, practicum students will assist and lead residents in exercises to strengthen arms and legs using weights or pool noodles for resistance. Residents and practicum students will also play games including balloon badminton, bocce ball, target games, catching ball, Sit to stand training.
- Assist with 1:1 programs including range of motion, walking, balance training, sensory programs. Activities will include folding clothes, washing hands, applying lotions, using sensory blankets, looking at books, listening to music and 1:1 cognitive interventions.
- Work with and assist OT with wheelchair assessments and initial assessments.
- Assist with other organizational tasks such as portering residents to programs, labeling equipment, cleaning equipment, delivering equipment and small equipment repairs.

Required Student Qualifications:

- Completion of KNES 367 (Adapted Physical Activity)
- Police Information Check
- Flu shot

On-Site Supervisor: Paula Buckley, OT, paula.buckley@bethanyseniors.com

Kinesiology Practicum Application

Placement: [Bethany Calgary](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to knespracticum@ucalgary.ca: <input type="checkbox"/> Completed Practicum Application <input type="checkbox"/> Confidentiality Agreement
Submit to Bethany: <input type="checkbox"/> Police Check <input type="checkbox"/> Immunization Record

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION	
Name: Paula Buckley, OT	Organization: Bethany Seniors
Phone:	Email: paula.buckley@bethanyseniors.com
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours, supervision, and guidance during this practicum placement• I will complete a mid-point and final evaluation for the practicum student.	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____