

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Physical Literacy Instructor for Indigenous Children

Agency/Company: Be Fit for Life/Niitsitapi Learning Centre

Location: The Be Fit for Life Centre is located in Kinesiology block at the University of Calgary, however programming would be done at the Niitsitapi Aboriginal Learning Centre (3743 Dover Ridge Dr. SE, Calgary, AB T2B 2E1)

Terms Available: Fall or Winter

Number of Positions: 1

Specified Schedule: Must be have one full day available between Monday and Thursday each week, preference given to Mondays.

Agency Description:

Be Fit For Life (BFFL) is a network of nine centres across the province of Alberta. The *Be Fit for Life* Network provides services, programs and resources that promote active lifestyles and physical activity to Alberta. They are funded by Alberta Tourism, Parks, and Recreation via the Alberta Sport, Recreation, Parks and Wildlife Foundation and hosting post-secondary education institutions. Their vision is that physical activity and active living are vital to the health of Albertans. The Network provides accessibility to services, education and resources that encourage self-responsibility in Albertans to adopt active, healthy lifestyles.

The *Niitsitapi Learning Centre* is an early development Centre/Preschool, Kindergarten to Grade 2 unique program that teaches the Alberta Program of Studies through a diversity of First Nations, Métis and Inuit perspectives and experiences.

From the school [website](#): Programming at Niitsitapi li tass ksii mat tsoo kop (Niitsitapi Learning Centre) will provide early intervention through a holistic, strength-based, early learning environment. We want our students to build a strong academic foundation in a learning environment that reflects and nurtures their Indigenous identity. By providing our students the best possible start to their educational journey and supporting school-to-school transitions when students move from the Niitsitapi Learning Centre, our goal is to **improve Indigenous students' long-term success in school and prepare them to live in both worlds.**

Practicum students will:

- Be involved with self-directed learning about Intergenerational Trauma and Trauma Informed Practice
- Develop lesson plans for the children at Niitsitapi that are aligned with age and developmentally appropriate activity to help develop physical literacy, and facilitate the lesson plans once a week for all children in each age group.
- Support healthy play at recess and “brain breaks” in the class room
- Participate in morning ceremonies at the Niitsitapi Learning Centre (i.e. smudging)
- Work and communicate regularly with the BFFL Supervisor as well as the staff at the Niitsitapi Learning Centre.

Required Student Qualifications:

- Student must have a solid understanding of physical literacy and fundamental movement skills.
- Student must have empathy and be understanding of the issues and hardships many of the children are facing at the Niitsitapi Learning Centre.
- Student must have a car or reliable form of transportation.
- Student will be required to complete a volunteer police check with vulnerability sector.

Assets:

- Prior courses in pedagogy would be an asset but not required.
- Experience instructing/leading children in a group setting would be an asset but not required.
- Experience working with Indigenous children and/or communities an asset but not required.
- High Five certification in Healthy Child Development an asset but not required.

On-Site Supervisor: Leah Yardley, leah.yardley@ucalgary.ca

Kinesiology Practicum Application

Placement: Be Fit for Life/Niitsitapi Learning Centre

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to
knespracticum@ucalgary.ca:
 Completed Practicum Application
 Confidentiality Agreement

Submit to CBE:
 Police Check w/ Vulnerable Sector

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION	
Name: Leah Yardley	Organization: Be Fit for Life/Niitsitapi Learning Centre
Phone: 403-220-8801	Email: leah.yardley@ucalgary.ca
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours, supervision, and guidance during this practicum placement• I will complete a mid-point and final evaluation for the practicum student.	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____