Hello Dr. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

I recently became involved with the **EX**ercise for **C**ancer to **E**nhance **L**iving Well (EXCEL) study, which is delivering an evidence-based exercise research program to those living with cancer in rural and underserved areas across Canada. As a participant who enjoyed and received benefits from the program, I am passionate about ensuring others living with and beyond cancer learn more about EXCEL.

If you are interested, I can request the study team provide hard copies of the EXCEL study brochures that can be provided to your patients. My experience with the EXCEL team has been extremely positive and supportive. I believe exercise is a critical tool that all individuals living with cancer must have access to.

If you have any questions, please feel free to contact the EXCEL Research Coordinator, Julianna Dreger at [jdreger@ucalgary.ca](mailto:jdreger@ucalgary.ca).

Kind Regards,