

# Feasibility & Implementation of an Oncology Rehabilitation & Exercise Triage Clinic

## KEY MESSAGES



- Attending the triage clinic was **feasible** for patients.
- Most patients **have neurological deficits** and would benefit from rehabilitation and exercise.
- Likely **due to the lack of a current screening pathway**, the majority of patients are not referred to rehabilitation services.
- A proposed clinic-based screening tool, the **Cancer Rehabilitation and Exercise Screening Tool (CREST)**, is presented.



Capozzi et al., 2023

Current Oncology, 30(7), 6220-6245.  
<https://www.mdpi.com/1718-7729/30/7/461>



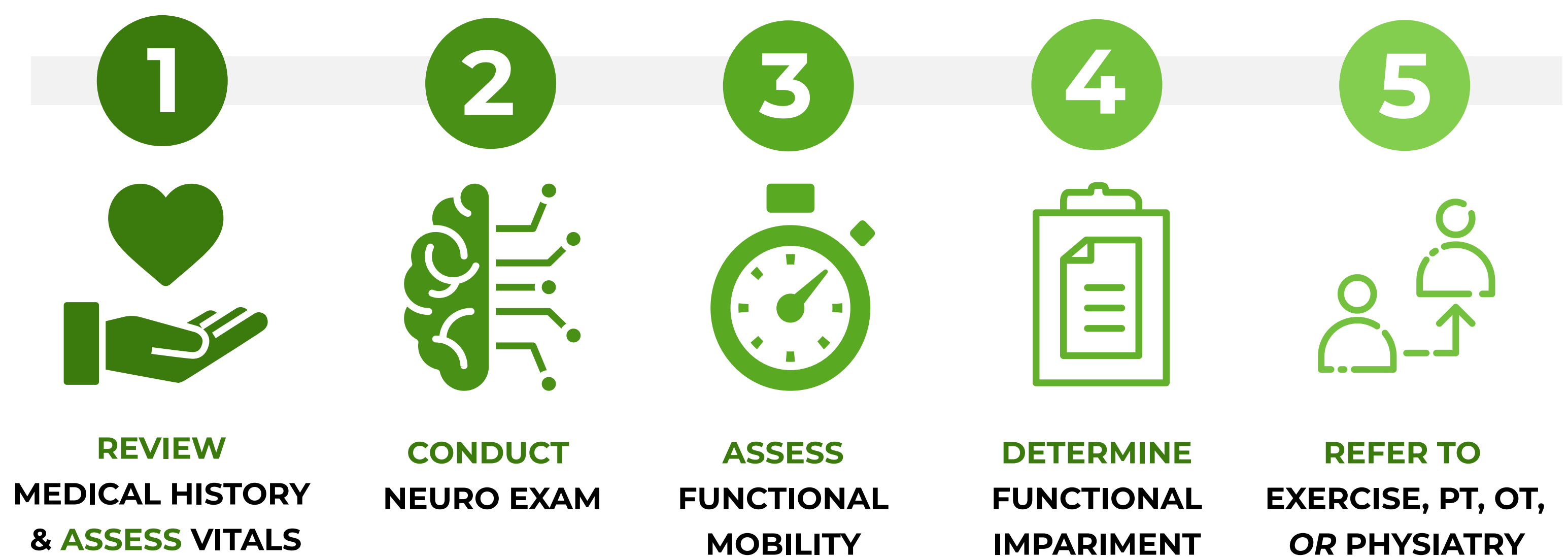
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## Study Purpose:

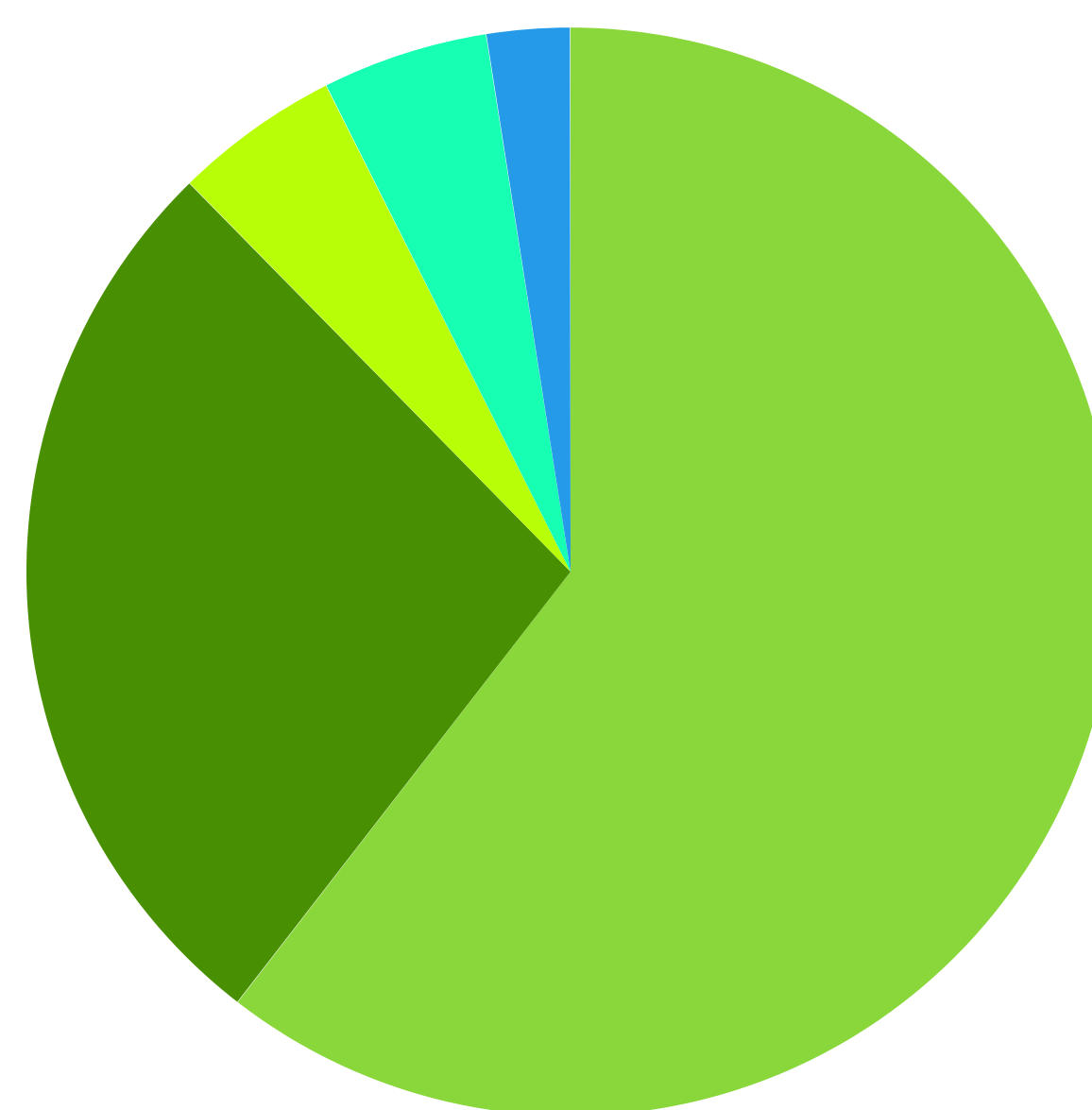
Identify functional concerns among neuro-oncology patients and **implement** tailored rehabilitation and exercise triage pathways.

## Triage Clinic Components:



## Results:

**31%** Referred to the study    **61%** Enrolled into the study    **55** Patients assessed in clinic



Some patients were referred to multiple services

**92.7%** Of patients had neurological deficits with: cognition (72.7%), cranial nerves (54.5%), motor function (20%), reflexes (25%), sensation (30.9%), & coordination (45.5%).

**25** Interviews w/ patients (n=20) & clinical team members (n=5).



Patients & clinical team members felt **satisfied with & valued** the triage clinic.

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