

Faculty of Kinesiology
PEDAGOGY & COACHING (BKin)
Coaching Concentration

It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)

UNITS CORE REQUIREMENTS (54 UNITS)

3	KNES 201	Activity: Essence and Experience	
3	KNES 203	Activity: Health, Fitness, and Performance	
3	KNES 213	Introduction to Research in Kinesiology	
3	KNES 237	Introduction to Nutrition	
3	KNES 244	Introduction to Socio-Cultural Aspects of Sport	
3	KNES 251	Introduction to Motor Control and Learning	
3	KNES 253	Introduction to Exercise and Sport Psychology	
3	KNES 259	Human Anatomy and Physiology I	
3	KNES 260	Human Anatomy and Physiology II	
3	KNES 263	Quantitative Biomechanics	
3	KNES 323	Integrative Human Physiology	
3	KNES 344	Gender, Sexuality and Sport	
3	One of:	KNES 351 Foundations of Neural Control of Movement or Exercise Psychology	KNES 397 Health
3	KNES 355	Human Growth and Development	
3	KNES 363	Biomechanics of Biological Materials	
3	KNES 372	Foundations of Sport Medicine	
3	KNES 373	Exercise Physiology	
3	One of:	STAT 205 Intro to Statistical Inquiry or	STAT 213 Intro to Statistics I

PEDAGOGY AND COACHING MAJOR REQUIREMENTS (21 UNITS)

3	KNES 311	Leadership Foundations
3	KNES 321	Foundations of Instruction
3	KNES 367	Adapted Physical Activity
3	KNES 391	Practicum I
3	KNES 433	Health and Physical Activity
3	KNES 491	Practicum II
3	PHED 321	Games I

COACHING CONCENTRATION REQUIREMENTS (15 UNITS)

3	KNES 331	Foundations of Coaching
3	KNES 381	Computer Applications in Kinesiology
3	KNES 399	Sport Psychology
3	KNES 431	The Art of Coaching

6	Two of:	KNES 351* Foundations of Neural Control of Movement, Measurements, KNES 397* Health and Exercise Psychology, Nutrition, KNES 469 Topics in Sport Medicine	KNES 375 Tests and KNES 437 Advanced
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*Courses cannot have been applied to Core requirements

OPEN OPTIONS – Kinesiology or non-Kinesiology, Junior or Senior (27 UNITS)

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IMPORTANT DEGREE CHECKS

- A minimum of 60 units at the senior level are required
- A maximum of 60 transfer units may be applied to the degree; a max of 27 units may be applied towards the core.
- A total of 120 units are required to complete the Kinesiology degree.

Note for Coaching Concentration Students:

To ensure proper degree progression, the following key courses should be taken according to the pattern below. Unlisted requirements can be taken with greater flexibility.

First Year	
Fall	Winter
KNES 259	KNES 260
KNES 201 (Fall or Winter)	

Second Year	
Fall	Winter
KNES 321	PHED 321
KNES 331	KNES 391
KNES 311	
Notes: <ul style="list-style-type: none">- All 200-level KNES courses should be completed by the end of 2nd year.- KNES 367 should be taken in second year if possible	

Third or Fourth Year	
Fall	Winter
KNES 363*	KNES 491
KNES 431	
KNES 367*	
* Course times may conflict; plan to take in different years.	