

Faculty of Kinesiology

KINESIOLOGY MAJOR (BKIn or BSc)

It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)

UNITS CORE REQUIREMENTS (54 UNITS)

3	KNES 201	Activity: Essence and Experience
3	KNES 203	Activity: Health, Fitness, and Performance
3	KNES 213★	Introduction to Research in Kinesiology
3	KNES 237★	Introduction to Nutrition
3	KNES 244	Introduction to Socio-Cultural Aspects of Sport
3	KNES 251★	Introduction to Motor Control and Learning
3	KNES 253	Introduction to Exercise and Sport Psychology
3	KNES 259★	Human Anatomy and Physiology I
3	KNES 260★	Human Anatomy and Physiology II
3	KNES 263★	Quantitative Biomechanics
3	KNES 323★	Integrative Human Physiology
3	KNES 344	Gender, Sexuality and Sport
3	One of:	KNES 351★ Neural Control of Movement, KNES 397 Health and Exercise Psychology or KNES 399 Sport Psychology
3	KNES 355★	Human Growth and Development
3	KNES 363★	Biomechanics of Biological Materials
3	KNES 372★	Foundations of Sport Medicine
3	KNES 373★	Exercise Physiology
3	One of: ★	STAT 205 Intro to Statistical Inquiry or STAT 213 Intro to Statistics I

★ Courses marked with a star are science-based and may be used towards the [BSc in Kinesiology](#)

SENIOR KINESIOLOGY OPTIONS (24 UNITS)

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3_____ 3_____ 3_____ 3_____

SENIOR NON-KINESIOLOGY OPTIONS (6 UNITS)

3_____ 3_____

NON-KINESIOLOGY OPTIONS (9 UNITS)

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OPEN OPTIONS – Kinesiology, or Non-Kinesiology, Junior or Senior (27 UNITS)

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3_____ 3_____ 3_____ 3_____

3_____

IMPORTANT DEGREE CHECKS

- ☐ A minimum of 60 units at the senior level are required.
- ☐ A maximum of 60 transfer units may be applied to the degree; a max of 27 units may be applied towards the core.
- ☐ A total of 120 unique units are required to complete the Kinesiology degree.