



UNIVERSITY OF  
CALGARY

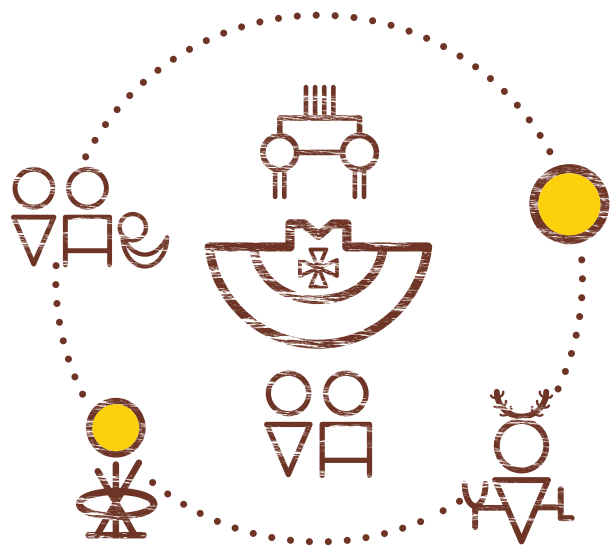



# Faculty of Kinesiology

Undergraduate Viewbook

The University of Calgary, located in the heart of Southern Alberta, both acknowledges and pays tribute to the traditional territories of the peoples of Treaty 7, which include the Blackfoot Confederacy (comprised of the Siksika, the Piikani, and the Kainai First Nations), the Tsuut'ina First Nation, and the Stoney Nakoda (including Chiniki, Bearspaw, and Goodstoney First Nations). The City of Calgary is also home to the Métis Nation of Alberta (Districts 5 and 6).

Learn about our Indigenous Strategy,  
*ii' taa'poh'to'p*, at: [ucalgary.ca/indigenous](https://ucalgary.ca/indigenous)



 Watch Piikani Elder Dr. Reg Crowshoe, Hon. LLD'01, Cultural Advisor at UCalgary, share why territorial acknowledgements are important.



# Our Faculty *at a glance*

**1100+**

Undergraduate  
students

**40+**

Faculty members

**100+**

Organizations  
offering practicum  
positions

**130+/year**

Undergraduate  
students involved in  
research

**\$11M+/year**

Research &  
innovation funding

**4**

Canadian Research  
Chairs



# We are the Faculty of Kinesiology

For nearly 80 years, the Faculty of Kinesiology at the University of Calgary has been a leader in sport science, health, and human performance.

## Together, Stronger

Originally established as the Faculty of Physical Education in 1945 and transitioning to Kinesiology in 1995, we have grown into one of the top sport science schools in the world.

Our faculty is dedicated to advancing health and wellness through research, education, and innovation. We offer a top ranked kinesiology program that blends classroom learning with hands on experience in labs, research centres, and practicum opportunities.

Kinesiology is also home to the Dinos Athletics, the Olympic Oval, the Sport Medicine Centre, Active Living and Outdoor Centre facilities and programs. This unique

ecosystem fosters collaborative research, practicum placements and student employment opportunities all in one vibrant academic community. Students also have the chance to work on research projects with global leaders such as NASA, the Canadian Space Agency, and the NFL.

While we are recognized globally for sport science excellence, our students value the close-knit, supportive environment that helps them grow personally and professionally. Our graduates go on to succeed at leading organizations such as adidas, Nike, Under Armour and the Canadian Sport Institute.





# Programs offered

Get hands-on experience, explore research opportunities and build your degree around what matters to you.

The Faculty of Kinesiology offers flexible degree options, including single and combined degrees, embedded certificates, minors, research projects, and practicum courses for credit.

Students can pursue either a **Bachelor of Kinesiology** or **Bachelor of Science in Kinesiology**. Bachelor of Kinesiology focuses on applied kinesiology and hands-on learning. Bachelor of Science in Kinesiology emphasizes science-based courses and research.

Both programs provide practical experience and opportunities to work alongside leading researchers in health, wellness, and human performance.

Our programs open doors to diverse career paths in health care, sport, technology, education and research. No matter which path you choose, you'll be part of a faculty that values curiosity, collaboration and innovation.



Jolie's unique path through the combined dance and kinesiology degree led her to explore how dance supports the well-being of people living with and beyond cancer.

This one-of-a-kind program gave her the tools to blend creativity, research and community impact.

## Bachelor of Kinesiology

Major Options:

Kinesiology

Leadership and Coaching

Motor and Psychosocial Aspects of Movement

## Bachelor of Science in Kinesiology

Major Options:

Kinesiology

Biomechanics

Exercise and Health Physiology

Motor and Psychosocial Aspects of Movement

## Combined Degrees

Bachelor of Kinesiology and Bachelor of Arts - Dance (combined degree)

Bachelor of Kinesiology and Bachelor of Education (5-year concurrent degree)

Bachelor of Kinesiology and Bachelor of Commerce in Management (5-year combined degree)

**Graduates of the Faculty of Kinesiology can seamlessly transition into one of our graduate programs: the Master of Kinesiology (course-based) or the Master of Science in Kinesiology (thesis-based).**



## Explore our programs

► [ucalgary.ca/future-students/undergraduate/programs](https://ucalgary.ca/future-students/undergraduate/programs)



↑ BKin and BSc in Kinesiology students at their convocation ceremony. (Top)

Tousif studies muscle reflexes in wearable technology research. (Middle)

Grace studies muscle tissue under a microscope as part of her undergraduate research. (Bottom)



# See our student's success

## 200+

Kinesiology students completed practicum placements in 2024-2025

## 79%

Kinesiology students graduated with distinction in 2024-2025

## \$740K+

In undergraduate scholarships for Kinesiology Students in 2024-2025

## Achieving More, Every Step of the Way

UCalgary Kinesiology students stand out — not just for academic excellence, but for leadership in labs, clinics, and communities. With one of Canada's top kinesiology programs, students gain early access to research, real-world placements, and sport science expertise from Olympic partnerships to injury prevention labs. New initiatives like our Indigenous Pathways Program are increasing access and support, helping more students succeed through tailored admission routes and dedicated resources. Our grads leave prepared to lead in health, sport, education and beyond.

“Our students thrive personally, academically and in their communities, showing that success is not one path but a combination of passion, perseverance and meaningful impact.”

Dr. Nick Holt, Dean, Faculty of Kinesiology



# Student experience

## Support to Succeed

Direct access to professors and mentorship opportunities support academic growth and personal development.



## Real-World Opportunities

Join concussion studies, motion analysis labs, or wearable tech projects. Real research and real roles start as early as your first year.



## A Welcoming Community

You'll join a close community where students support each other, faculty know your name, and learning goes beyond the classroom into clinics, labs, and the field.





# Undergraduate research



Take part in research supported by NASA, World Rugby, the NFL and the Canadian Space Agency.



Study in human performance, injury prevention and the physical, physiological and psychosocial aspects of health and sport.



Work in leading facilities like the Human Performance Lab and Sport Injury Prevention Research Centre.



Access funding opportunities through summer studentships.



# Exceptional facilities

Learn, research and explore in spaces designed for the future of sport science. Our new facility and world-class resources put you at the centre of discovery and impact.

## World-Class Resources

Study in Canada's most active learning environment with access to the Olympic Oval, Sport Medicine Centre, and Outdoor Centre.



## Cutting-Edge Research

Access high-tech labs supporting breakthroughs in injury prevention, brain health, nutrition, movement science and more.

## Future-Ready Facility

Explore human performance in our new 25,000-square-foot research space, funded by the Taylor Family Foundation. Opens in 2027.





## Gain practical experience

At the Faculty of Kinesiology, our practicum program offers hands-on learning experiences that fit right into your academic schedule. With more than **100 practicum placements** available, you can explore different career paths while earning course credit and gaining real-world experience during the school year.

“The Canadian Sport Institute’s Sport Product Testing and Sport Insight practicums allowed me to discover a strong sense of direction. Both created a supportive space for hands-on learning while I was still finding my footing as an undergraduate.”

Emily, BSc '25

### Real Experience. Real Impact.

Practicum placements connect you with top organizations in sport, health and research, setting you up for career success.



## Study abroad



Expand your education globally with study abroad opportunities tailored for kinesiology students. Norway and Australia are top destinations, offering kinesiology-specific courses at world-renowned institutions. Through semester exchanges or open-credit programs, you can study almost anywhere in the world while earning credit toward your degree.

New group study options, like **Unscrupulous Anatomy and Modern Medicine** in Italy, give students a unique lens on the history and ethics of medicine. Whether you’re exploring sport science in Oslo or walking through medical history in Rome, studying abroad builds global perspective, cultural awareness and career-ready skills.



Practicum sites include the Calgary Flames, Canadian Sport Institute, WinSport, Dinos Athletics and more.

Complete up to three placements to build your resume, grow your network and explore future career paths before you graduate.



Spend just five hours a week in a placement on campus or in the community during the academic term.



# How to apply

Your first steps to becoming a future student at the Faculty of Kinesiology.

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## Review our admission requirements

Admission requirements vary depending on the program and your educational history. You can use our admission requirements tool to see the courses and estimated competitive admission average for your program of choice.



### Requirements

► [ucalgary.ca/future-students/undergraduate/requirements](https://ucalgary.ca/future-students/undergraduate/requirements)

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## Submit your application

### Apply early!

Applications open **October 1**. Apply online and pay the \$125 application fee for students with Canadian credentials or \$145 for students with international credentials.

When you apply to UCalgary, you will get two choices on your application for admission. Be sure to rank your program choices with your most-desired program as your first choice. If you receive an offer to your first-choice program, this is the only offer you will receive.

You can apply or change your program choices until **March 1**.



### Ready to apply?

► [ucalgary.ca/future-students/undergraduate/apply](https://ucalgary.ca/future-students/undergraduate/apply)

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## Have questions or need help with next steps?

### Connect with your dedicated recruiter.

UCalgary has a dedicated team of recruiters ready to support prospective undergraduate students, parents, community members and guidance counsellors. Our team is here to answer all the questions you have about becoming a UCalgary Dino! From admission requirements to campus services and life in Calgary, connecting with our recruitment team is a great way to start your UCalgary journey!



### Recruitment

► [ucalgary.ca/recruiters](https://ucalgary.ca/recruiters)







**Start something.**