# Did You Know: Support Services

## Student Success and Ways to Support Students on their Graduate Journey

### Your First Resource

**Graduate Coordinator - Alix**

Location: KNB 139B

- Students and supervisors should always feel free to approach Alix for confidential advice and support at any time.
- Alix can direct you to numerous other resources on campus.
- For general information check out [https://www.ucalgary.ca/knes/current-students/graduates](https://www.ucalgary.ca/knes/current-students/graduates)

### Mental Health

**Wellness Centre**

Location: MSC 370

- The Wellness Centre offers one-on-one counselling services, workshops on a variety of mental health issues and coping skills, and group programs.
- [https://www.ucalgary.ca/wellness-services/services/mental-health-services](https://www.ucalgary.ca/wellness-services/services/mental-health-services)

### Graduate Advising

**Faculty of Graduate Studies**

Location: ES 1010

- The Academic and International Specialists (Michelle Speta and Jaya Dixit) are available to consult confidentially on issues such as: student-supervisor conflict, academic success, failed examinations, barriers to timely completion, leave of absence questions, and student rights.
- [https://grad.ucalgary.ca/studentsupport](https://grad.ucalgary.ca/studentsupport)

### Writing Support

**Student Success Centre**

Location: TFDL 3rd Floor

- The Student Success Centre offers both writing support through tutoring appointments and the regular Graduate Writing Community.
- [https://ucalgary.ca/student-services/student-success/writing-support](https://ucalgary.ca/student-services/student-success/writing-support)
- [https://ucalgary.ca/student-services/student-success/learning-support/graduate](https://ucalgary.ca/student-services/student-success/learning-support/graduate)

### Workshops

**Student Success Centre**

Location: TFLD 3rd Floor

- The Student Success Centre offers a number of workshops on topics such as: time management, critical thinking and scholarly writing, self-compassion, and leadership. They also run Graduate Success Week every May.
- [https://ucalgary.ca/student-services/student-success/learning-support/graduate](https://ucalgary.ca/student-services/student-success/learning-support/graduate)

### International Support

**International Student Services**

Location: MSC 275

- International students who are having issues with immigration issues or cultural adjustments should always reach out to International Student Services. They have regulated immigration consultants as well as regular workshops and social events.
- [https://ucalgary.ca/iss/](https://ucalgary.ca/iss/)