

Faculty of Kinesiology

Concurrent Bachelor of Kinesiology + Bachelor of Education

This is a guide to help you navigate your program but does not supersede the Academic Calendar. It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)

UNITS

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CORE REQUIREMENTS (54 UNITS)

KNES 201 Activity: Essence and Experience
 KNES 203 Activity: Health, Fitness, and Performance
 KNES 213 Introduction to Research in Kinesiology
 KNES 237 Introduction to Nutrition
 KNES 244 Sociology of Movement Cultures
 KNES 251 Introduction to Motor Control and Learning
 KNES 253 Introduction to Exercise and Sport Psychology
 KNES 259 Human Anatomy and Physiology I
 KNES 260 Human Anatomy and Physiology II
 KNES 263 Quantitative Biomechanics
 KNES 323 Integrative Human Physiology
 KNES 344 Gender, Sexuality, and Sport



Planners



BKin BEd

Calendar Req's

3 _____

One of: _____ KNES 351 Foundations of Neural Control of Movement,
 _____ KNES 397 Health and Exercise Psychology, or _____ KNES 399 Sport Psychology

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KNES 355 Human Growth and Development

3 _____

KNES 363 Biomechanics of Biological Materials

3 _____

KNES 372 Foundations of Sport Medicine

3 _____

KNES 373 Exercise Physiology

3 _____

One of: _____ STAT 205 Intro to Statistical Inquiry or _____ STAT 213 Intro to Statistics I

SENIOR KINESIOLOGY OPTIONS (30 UNITS)

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3 _____ 3 _____ 3 _____ 3 _____ 3 _____

BKin/BEd Students are recommended to take all 3 Kinesiology practicums (KNES 441, 443, and 445) for senior KNES options. Recommended progression on page 2.

REQUIRED BEFORE STARTING IN EDUCATION (6 UNITS)

3 _____

EDUC 201

3 _____

ENGL or FREN [Approved](#) English or French Literature Course

COURSES REQUIRED BY WERKLUND SCHOOL OF EDUCATION (60 UNITS) Note: Completion of the BKin degree requirements is required to be admissible to the final year in Werklund School of Education. Refer to section [4.3](#) of the Werklund School of Education section of the Academic Calendar for the BEd requirements.

IMPORTANT BKIN DEGREE CHECKS

- A minimum of 60 units at the senior level are required; (20 courses) at the senior level are required; this means a max of 60 units (20 courses) at the 200 level are permitted for the BKin Degree.
- A maximum of 60 transfer units may be applied to the BKin Degree; of those, a max of 27 units may be core courses.
- A total of at least 150 units are required to complete the BKin / BEd Concurrent Degree.