

# Faculty of Kinesiology

## Concurrent Bachelor of Kinesiology & Bachelor of Education

Unofficial 2025 / 2026

The Concurrent Bachelor of Education offers you the opportunity to obtain both an initial undergraduate degree from the Faculty of Kinesiology – and a Bachelor of Education, within five years. At the end of the program, you will receive two undergraduate degrees, as well as becoming certified under Alberta Education to teach in Kindergarten through Grade 12 classrooms.

*This is a guide to help you navigate your program but does not supersede the Academic Calendar. It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)*

UCID# \_\_\_\_\_

UNITS	CORE REQUIREMENTS (54 UNITS) <i>Prerequisites follow the title in blue italics</i>
3 _____	KNES 201 Activity: Essence and Experience ( <i>Bio 30</i> )
3 _____	KNES 203 Activity: Health, Fitness, and Performance ( <i>Bio 30 &amp; Chem 30</i> )
3 _____	KNES 213 Introduction to Research in Kinesiology ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 244 Sociology of Movement Cultures <i>NA</i>
3 _____	KNES 251 Introduction to Motor Control and Learning ( <i>Bio 30</i> )
3 _____	KNES 253 Introduction to Exercise and Sport Psychology <i>NA</i>
3 _____	KNES 259 Human Anatomy and Physiology I ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 260 Human Anatomy and Physiology II ( <i>KNES 259</i> )
3 _____	KNES 263 Quantitative Biomechanics ( <i>Bio 30, Chem 30 &amp; Math 30-1</i> )
3 _____	KNES 323 Integrative Human Physiology ( <i>KNES 260</i> )
3 _____	KNES 337 Introduction to Nutrition (formerly 237) ( <i>KNES 259</i> )
3 _____	KNES 344 Gender, Sexuality, and Sport ( <i>KNES 244</i> )

- 3 \_\_\_\_\_ **One of:** \_\_\_\_\_ KNES 351 Foundations of Neural Control of Movement (*KNES 251 & 260*),  
 \_\_\_\_\_ KNES 397 Health and Exercise Psychology (*KNES 253*), or  
 \_\_\_\_\_ KNES 399 Sport Psychology (*KNES 253*)
- 3 \_\_\_\_\_ KNES 355 Human Growth and Development (*KNES 260 & Pre or Co-requisite KNES 323*)
- 3 \_\_\_\_\_ KNES 363 Biomechanics of Biological Materials (*KNES 263 & STAT 205 or STAT 213*)
- 3 \_\_\_\_\_ KNES 372 Foundations of Sport Medicine (*KNES 260*)
- 3 \_\_\_\_\_ KNES 373 Exercise Physiology (*KNES 203, 213 & 323*)
- 3 \_\_\_\_\_ **One of:** \_\_\_\_\_ STAT 205 Intro to Statistical Inquiry or \_\_\_\_\_ STAT 213 Intro to Statistics I

### SENIOR KINESIOLOGY OPTIONS (30 UNITS)

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**BKin/BEEd Students are recommended to take all 3 Kinesiology practicums (KNES 441, 443, and 445) for senior KNES options.** Note: Completion of the BKin degree requirements is required to be admissible to the final year in Werklund School of Education.

**Students must adhere to the regulations and satisfy the graduation requirements of both Faculties.** The combined degree requires at least 150 units and the successful completion of both degree requirements. The above constitutes the requirements for the BKin portion of this combined degree.

### REQUIRED BEFORE STARTING IN EDUCATION (6 UNITS) Please confirm with Werklund School of Education.

- 3 \_\_\_\_\_ EDUC 201
- 3 \_\_\_\_\_ ENGL or FREN (ENGL 251 or 253 suggested)

### COURSES REQUIRED BY WERKLUND SCHOOL OF EDUCATION (60 UNITS)

Refer to section <https://calendar.ucalgary.ca/programs/BEDC> of the Werklund School of Education section of the Academic Calendar for the BEEd requirements. See page 2 for program structure.

### IMPORTANT BKin DEGREE CHECKS

- ☐ A total of at least 150 units are required to complete the BKin / BEEd Concurrent Degree.

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## 5 Year Course Structure

Registration in the following sequence is strongly recommended. Deviations will create schedule conflicts and therefore delay completion timeline.

Year 1 - KNES		Year 2 - KNES		Year 3 - KNES		Year 4 & 5 - EDUC
Fall	Winter	Fall	Winter	Fall	Winter	60 units of EDUC courses.  Students must contact Advisors in Werklund School of Education for course selection.
KNES 201	KNES 203	KNES 323	KNES 344	KNES 337	KNES 355	
KNES 244	KNES 213	KNES 351 or 399	KNES 373	KNES 372	KNES Option	
KNES 251	KNES 253	KNES 363	KNES Option	KNES Option	KNES Option	
KNES 259	KNES 260	Approved ENGL or FREN course*	KNES Option	KNES Option	KNES Option	
STAT 205 or 213	KNES 263	EDUC 201	**KNES 441 Practicum	**KNES 443 Practicum	**KNES 445 Practicum	

\*\*Practicums are offered in the Fall, Winter, and Spring terms and therefore may be adjusted. See the [practicum webpage](#) for more details and application process.