

Faculty of Kinesiology

Bachelor of Kinesiology & Bachelor of Arts in Dance

Unofficial 2025 / 2026

This five-year program leads to a Bachelor of Kinesiology from the Faculty of Kinesiology and a Bachelor of Arts in Dance from the Faculty of Arts. Students must adhere to the regulations and satisfy the graduation requirements of both Faculties, a minimum of 150 units must be successfully completed. The five-year combined BKIN/BA degree highlights the relationships between the sciences, arts and humanities

This is a guide to help you navigate your program but does not supersede the Academic Calendar. It is the responsibility of the student to ensure graduation requirements are met as per the [Academic Calendar](#)

UCID# _____

UNITS	CORE REQUIREMENTS (54 UNITS) <i>Prerequisites follow the title in blue italics</i>	
3 _____	KNES 201	Activity: Essence and Experience (<i>Bio 30</i>)
3 _____	KNES 203	Activity: Health, Fitness, and Performance (<i>Bio 30 & Chem 30</i>)
3 _____	KNES 213	Introduction to Research in Kinesiology (<i>Bio 30, Chem 30 & Math 30-1</i>)
3 _____	KNES 244	Sociology of Movement Cultures <i>NA</i>
3 _____	KNES 251	Introduction to Motor Control and Learning (<i>Bio 30</i>)
3 _____	KNES 253	Introduction to Exercise and Sport Psychology <i>NA</i>
3 _____	KNES 259	Human Anatomy and Physiology I (<i>Bio 30, Chem 30 & Math 30-1</i>)
3 _____	KNES 260	Human Anatomy and Physiology II (<i>KNES 259</i>)
3 _____	KNES 263	Quantitative Biomechanics (<i>Bio 30, Chem 30 & Math 30-1</i>)
3 _____	KNES 323	Integrative Human Physiology (<i>KNES 260</i>)
3 _____	KNES 337	Introduction to Nutrition (formerly 237) (<i>KNES 259</i>)
3 _____	KNES 344	Gender, Sexuality, and Sport (<i>KNES 244</i>)
3 _____	One of: _____ KNES 351 Foundations of Neural Control of Movement (<i>KNES 251 & 260</i>), _____ KNES 397 Health and Exercise Psychology (<i>KNES 253</i>), or _____ KNES 399 Psychology of Sport (<i>KNES 253</i>)	
3 _____	KNES 355	Human Growth and Development (<i>KNES 260 & Pre or Co-requisite KNES 323</i>)
3 _____	KNES 363	Biomechanics of Biological Materials (<i>KNES 263 & STAT 205 or STAT 213</i>)
3 _____	KNES 372	Foundations of Sport Medicine (<i>KNES 260</i>)
3 _____	KNES 373	Exercise Physiology (<i>KNES 203, 213 & 323</i>)
3 _____	One of: _____ STAT 205 Intro to Statistical Inquiry or _____ STAT 213 Intro to Statistics I	

SENIOR KINESIOLOGY OPTIONS (21 UNITS)

3 _____ 3 _____ 3 _____ 3 _____

3 _____ 3 _____ 3 _____

Students must adhere to the regulations and satisfy the graduation requirements of both Faculties. The combined degree requires at least 150 units and the successful completion of both degree requirements. The above constitutes the requirements for the BKIN portion of this combined degree. Refer to section <https://calendar.ucalgary.ca/programs/DNCEBA> of the Academic Calendar for BA Dance program requirements.

IMPORTANT BKIN DEGREE CHECKS

- ☐ A total of at least 150 units are required to complete the BKIN / BA Dance Combined Degree.