

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Physical Performance Assistant

Agency/Company: Calgary Wild FC

Website: <https://www.calgarywildfc.com/>

Location: Maxwell Soccer Centre, McMahon Stadium

Schedule: 60-72 hours per term: 3:00 – 5:30pm on 2-3 afternoons per week (days are flexible, to be discussed with practicum supervisor), in addition to some daytime hours with the 1st team (5-6 hours / week for 12 weeks in Fall Term / 10-12 hours / week for 6 weeks in Spring Term).

Terms Available: Fall, Spring

Number of Positions: 2

Organization Description:

Calgary Wild FC is a professional women's soccer club competing in the Northern Super League. In addition to its first team, the club has recently launched the Wild FC Academy, a high-performance development program embedded within the organization and serving as the foundation of the club's elite player development pathway.

The Wild Academy is designed to support Alberta's top young soccer players by providing a professional, supportive, and accessible high-performance environment. Through integrated coaching, sport science, and player development support aligned with the first team, the Academy aims to help athletes maximize their potential while preparing them for the highest levels of the game.

Project Duties/Responsibilities:

The practicum student will have opportunities to work with both the first team and academy teams throughout the duration of their placement. Responsibilities include (but are not limited to);

- Assisting with designing and delivering of warm-ups, cool-downs, and recovery strategies with academy players at training and games
- Facilitating fitness testing with academy players
- Help supervise academy team lifts
- Creating reports (e.g. fitness testing results, load monitoring)
- Assisting integrated support team (IST) staff in daily training activities with the first team when needed
- Support in implementing load monitoring technology (e.g. Catapult)
- Supporting coaching staff with set-up, take-down, hydration, etc to ensure efficient training sessions.

Required Student Qualifications:

- Police Check

Assets: Completion of the following courses is preferred, but not required:

- KNES 375 Tests and measurements in Kinesiology
- KNES 331 Foundations of Coaching
- Previous soccer experience
- Previous coaching experience

Apply to: [Carla van den Berg cvandenber@calgarywildfc.com](mailto:Carla.vandenBerg@calgarywildfc.com)

UCalgary Kinesiology Practicum Application

Placement: Calgary Wild FC **Category:** Performance, Leadership & Coaching

Requirements:

- Students must be a current Faculty of Kinesiology undergraduate student in good academic standing with 60 units completed, including 30 units of KNES courses
- Students may participate in up to three different practicums (one per term) with no prior personal, work or volunteer relationship with the organization

Yes No I have read and understood the criteria Yes No I meet the criteria for this practicum

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No I have read and understood the University of Calgary's Code of Conduct.		
<input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a pre-existing relationship(s) with person(s) associated with this practicum (work, volunteer or personal)? If yes, please briefly explain the nature of the relationship:		
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION

Name:	
Phone:	Email:
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours (60-72 hours) <u>within</u> the term dates above, and spread evenly throughout the term (approx.5-6 hrs/wk in Fall and Winter / 10-12 hrs/wk in Spring)• I will complete a mid-point and final evaluation for the practicum student• I will provide sufficient supervision, and guidance during this practicum placement• I will send any changes / updates to knespracticum@ucalgary.ca for approval / updating	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

Submit together to
knespracticum@ucalgary.ca:
 Completed Practicum Application
 Confidentiality Agreement
Submit to the Organization:
 Police Check

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4