

Meghan H. McDonough, Ph.D.
Curriculum Vitae

I. BIOGRAPHICAL DATA

Address: KNB 250, 2500 University Dr. NW, Calgary, AB T2N 1N4
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Email: meghan.mcdonough@ucalgary.ca

Present Rank: Professor
Faculty: Faculty of Kinesiology
Institution: University of Calgary

II. ACADEMIC RECORD

Final Degree: Doctor of Philosophy (Ph.D.), 2006, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia, Vancouver, British Columbia, Canada

1. Undergraduate

- Bachelor of Science-Kinesiology (B.Sc. with Great Distinction), 2000, University of Saskatchewan

2. Graduate

- Master of Science (M.Sc.), 2002, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia: “Understanding Sport Participation Motivation in Early Adolescent Females; The Role of Friendship and Physical Self-Perceptions”
- Doctor of Philosophy (Ph.D.), 2006, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia; “The Role of Relatedness in Physical Activity Motivation, Behavior, and Affective Experiences: A Self Determination Theory Perspective”

III. ACADEMIC AWARDS AND DISTINCTIONS

2018 *International Journal of Health Promotion and Education* 2018 Pittu Laungani Best Paper Prize.
2016 *Sport, Exercise, and Performance Psychology*: Reviewer of the Year
2015-2016 Mentor of the Year Award, Louis Stokes Alliance for Minority Participation, Undergraduate Research Mentoring Program, Purdue University
2013 Presentation Citation Award, Society of Behavioral Medicine (Co-Author)
2011-2012 Outstanding Graduate Teaching Award, Department of Health and Kinesiology, Purdue University
2011-2012 Teaching for Tomorrow Fellowship, Purdue University
2006 Canadian Society for Psychomotor Learning and Sport Psychology, Franklin Henry Young Scientist Award

- 2006 North American Society for the Psychology of Sport and Physical Activity Student Paper Award
- 2004-2006 Michael Smith Foundation for Health Research Senior Graduate Fellowship
- 2003-2006 Social Sciences and Humanities Research Council of Canada Doctoral Fellowship
- 2001-2003 The University of British Columbia University Graduate Fellowship
- 2002 The University of British Columbia Simmons Foundation Doctoral Fellowship
- 2001 The University of British Columbia Dean of Education Scholarship
- 2000-2001 The University of British Columbia Theodore E. Arnold Fellowship
- 2000 Canadian Society for Exercise Physiology Award, College of Kinesiology, University of Saskatchewan
- 2000 Gordon Garvie Memorial Award, College of Kinesiology, University of Saskatchewan

IV. ACADEMIC APPOINTMENTS

i. Current Academic Appointments

- Professor, with tenure (2021-present), Faculty of Kinesiology, University of Calgary

ii. Previous Academic Appointments

- Associate Professor (2018-2021), Faculty of Kinesiology, University of Calgary
- Assistant Professor (2016-2018), Faculty of Kinesiology, University of Calgary
- Associate Professor, with tenure (2012-2016), Department of Health and Kinesiology, College of Health and Human Sciences, Purdue University
- Faculty Affiliate (2015-2016), Public Health Graduate Program, College of Health and Human Sciences, Purdue University
- Visiting Scholar (2013), Department of Psychology, Victoria University of Wellington, Wellington, New Zealand
- Assistant Professor (2006–2012), Department of Health and Kinesiology, Purdue University
- Sessional Instructor (2003-2005), School of Human Kinetics, The University of British Columbia
- Teaching Assistant (2001-2, 2004), School of Human Kinetics, The University of British Columbia
- Research Assistant (2000-2006), Faculty of Education, The University of British Columbia

V. EDUCATIONAL ACTIVITIES

i. Undergraduate

Instructor

University of Calgary

- Fall 2021 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2021 KNES 397 Health and Exercise Psychology
- Fall 2020 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2020 KNES 397 Health and Exercise Psychology

- Fall 2019 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2019 KNES 397 Health and Exercise Psychology
- Fall 2018 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2018 KNES 397 Health and Exercise Psychology
- Fall 2017 KNES 503 Motivation in Physical Activity
- Spring 2017 KNES 504 Special Topics in Kinesiology: Social Research in Physical Activity
- Winter 2017 KNES 397 Health and Exercise Psychology

Purdue University

- Winter 2016 HK 372 Sport and Exercise Psychology 1
- Fall 2015 HK 372 Sport and Exercise Psychology 1
- Winter 2015 HK 372 Sport and Exercise Psychology 1
- Fall 2014 HK 372 Sport and Exercise Psychology 1
- Winter 2014 HK 372 Sport and Exercise Psychology 1
- Winter 2014 HK 496 Independent Inquiry in Movement and Sport Sciences
- Winter 2013 HK 372 Sport and Exercise Psychology 1
- Fall 2012 HK 372 Sport and Exercise Psychology 1
- Winter 2012 HK 372 Sport and Exercise Psychology 1
- Fall 2011 HK 490 Sport and Exercise Psychology 1
- Winter 2011 HK 490 Sport and Exercise Psychology 1
- Fall 2010 HK 372 Sport and Exercise Psychology 1
- Winter 2010 HK 372 Sport and Exercise Psychology 1
- Fall 2009 HK 372 Sport and Exercise Psychology 1
- Fall 2008 HK 372 Sport and Exercise Psychology 1
- Spring 2008 HK 372 Sport and Exercise Psychology 1
- Winter 2008 HK 372 Sport and Exercise Psychology 1
- Fall 2007 HK 372 Sport and Exercise Psychology 1
- Spring 2007 HK 372 Sport and Exercise Psychology 1
- Winter 2007 HK 372 Sport and Exercise Psychology 1
- Fall 2006 HK 372 Sport and Exercise Psychology 1

University of British Columbia

- Fall 2005 HKIN 364 Human Behaviour in Sport and Physical Activity
- Fall 2004 HKIN 370 Introduction to Measurement in Sport and Physical Activity
- Summer 2003 HKIN 364 Human Behaviour in Sport and Physical Activity

ii. Graduate

Graduate Supervisor

PhD

University of Calgary

- 2020-present Andrea Downie (Co-Supervisor-Sarah Kenny) Health, Exercise, and Sport Psychology

Purdue University

- 2009-2016 Stephanie Orstad (Co-Supervisor-Phil Troped) Public Health

- 2011-2015 Lindley McDavid (Supervisor) Sport & Exercise Psychology
- 2009-2013 Travis Dorsch (Co-Supervisor-Alan Smith) Sport & Exercise Psychology

Masters

University of Calgary

- 2020-present Bobbie-Ann Craig (Supervisor) Health, Exercise, and Sport Psychology
- 2020-present Lindsay Morrison (Supervisor) Health, Exercise, and Sport Psychology
- 2020-present Vanessa Paglione (Co-Supervisor-Primary Supervisor Sarah Kenny) Health, Exercise, and Sport Psychology
- 2020-2021 Jessica Youngblood (Primary Supervisor, Co-supervisor Carolyn Emery) Rehabilitation
- 2018-2020 Jayne Beselt (Supervisor) Health, Exercise, and Sport Psychology
- 2018-2019 Kimberley Befus (Co-Supervisor-Primary supervisor Carolyn Emery) Sport Injury Epidemiology
- 2018-2019 Elysa Sandron (Co-Supervisor-Primary supervisor Carolyn Emery) Sport Injury Epidemiology
- 2017-2019 Janet Wong (Supervisor) Health, Exercise, and Sport Psychology
- 2017-2019 Michelle Patterson (Supervisor) Health, Exercise, and Sport Psychology

Purdue University

- 2014-2016 Shaina Riciputi (Supervisor) Sport & Exercise Psychology
- 2012-2014 Tammy Sheehy (Supervisor) Sport & Exercise Psychology
- 2012-2014 Grace (Quattrocki) Allen (Co-Supervisor-Haslyn Hunte) Public Health
- 2010-2012 Beth (Byrer) Weisenbach (Supervisor) Sport & Exercise Psychology
- 2008-2010 Amanada (Kraemer) Reynolds (Supervisor) Sport & Exercise Psychology
- 2007-2009 Jaclyn Polieseo (Supervisor) Sport & Exercise Psychology

Supervisory Committee Member

University of Calgary

- 2020-present Julia Daun-PhD (Culos-Reed) Health, Exercise, and Sport Psychology
- 2020-present Ellis Johnson-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2020-present Catherine Tremblay-MSc (Emery) Sport Injury Epidemiology
- 2020-present Chelsea Moran-PhD (Campbell) Clinical Psychology
- 2019-present Manuel Ester-PhD (Culos-Reed) Health, Exercise, and Sport Psychology
- 2019-present Maria Araujo-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2019-present Xiao Zhang-PhD (Werthner) Health, Exercise, and Sport Psychology
- 2019-2021 Delaney Duchek-MSc (Culos-Reed) Health, Exercise, and Sport Psychology
- 2020-2021 Max Eisele-MSc (Culos-Reed) Health, Exercise, and Sport Psychology
- 2019-2021 Meredith Mackowicz-MSc (Huber) Speech, Language, and Hearing Sciences, Purdue University
- 2019-2020 Alanna Weisberg-MSc (Katz) Innovation in Pedagogy and Sport Performance

- 2017-2020 Danika Kelly-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2017-2019 Leanna Wyler-MSc (Poulin) Neuroscience
- 2017-2019 Yuto Yasuda-MSc (Paskevich) Health, Exercise, and Sport Psychology
- 2017-2019 Natalia Albinati-MSc (Culos-Reed) Health, Exercise, and Sport Psychology
- 2017-2018 Eshleen Grewal-MSc (Doyle-Baker) Exercise and Health Physiology
- 2016-2018 Liam Kronlund-MSc (Culos-Reed) Health, Exercise, and Sport Psychology

Purdue University

- 2015-2017 Zachary Elison-PhD Counseling Psychology
- 2016 Ola Abdelhadi-MPH Public Health
- 2014-2015 Kate (Hutchison) Mane-MSc Sport Pedagogy
- 2012-2014 Katherine Breedlove-PhD Athletic Training
- 2012-2013 Seth Hussey-MSc-Sport Pedagogy
- 2011-2013 Jennifer Bernat-PhD Communication
- 2007-2012 Jonathan DeFreese-PhD Sport and Exercise Psychology
- 2010-2012 Elizabeth Richards-PhD Public Health
- 2010-2012 Heather (Whitcomb) Starnes-PhD Public Health
- 2011-2012 Joseph Iuliano-MSc Sport Pedagogy
- 2006-2012 Stacey (Wisdom) Gaines-PhD Sport & Exercise Psychology
- 2009-2011 Caitlin Aldering-MSc Sport and Exercise Psychology
- 2008-2010 Margaret Sampson-MSc Sport and Exercise Psychology
- 2007-2009 Albert Bimper-MSc Sport and Exercise Psychology
- 2007-2008 Kevin Nesfield-MSc Sport Pedagogy
- 2006-2008 Allison Boester-MSc Sport and Exercise Psychology
- 2006-2007 Travis Dorsch-MSc Sport and Exercise Psychology
- 2006-2007 James Newman-MSc Sport and Exercise Psychology
- 2006-2007 Nicholas Lee -MSc Sport Pedagogy and Administration

Instructor

University of Calgary

- Winter 2021 KNES 610 Qualitative Research
- Winter 2020 KNES 610 Qualitative Research
- Fall 2018 KNES 603.39 Qualitative Research
- Winter 2017 KNES 603.36 Directed Study: Social Support in Physical Activity

Purdue University

- Winter 2016 HK 670 Advanced Topics in Kinesiology
- Fall 2015 HK 574 Advanced Sport and Exercise Psychology
- Winter 2015 HK 670 Advanced Topics in Kinesiology
- Fall 2014 HK 674 Psychology of Physical Activity in Special Populations
- Winter 2013 HK 678 Motivational Processes in Sport and Exercise
- Fall 2012 HK 670 Advanced Topics in Kinesiology
- Winter 2012 HK 672: Stress and Coping in Sport and Exercise

- Fall 2011 HK 574 Advanced Sport and Exercise Psychology
- Winter 2011 HK 678 Motivational Processes in Sport and Exercise
- Winter 2010 HK 670 Advanced Topics in Motor Control-Motor Behavior Seminar
- Fall 2009 HK 574 Advanced Sport and Exercise Psychology
- Winter 2009 HK 678 Motivational Processes in Sport and Exercise
- Fall 2008 HK 670 Advanced Topics in Motor Control-Motor Behavior Seminar
- Fall 2007 HK 674 Sport and Exercise Psychology in Special Populations
- Summer 2007 HK 590 Independent Study: Sport and Exercise Psychology
- Winter 2007 HK 678 Motivational Processes in Sport and Exercise

Co-Instructor

Purdue University

- Winter 2016 HK 590 Qualitative Methods in Behavioral Sciences

iii. Postgraduate

Postdoctoral Supervisor

- 2019-2020 Chantelle Zimmer, Faculty of Kinesiology, University of Calgary

VI. ADMINISTRATIVE RESPONSIBILITIES

Faculty

University of Calgary

- Faculty of Kinesiology Search Committee member (2021)
- Faculty of Kinesiology Equity, Diversity, and Inclusion Committee (2020-present)
- General Faculty Council, Faculty of Kinesiology representative (2019-2023)
- Faculty of Kinesiology Strategic Research and Innovation Committee (2017-2019; 2021-2023)
- Faculty of Kinesiology Graduate Education Committee (2019-2021)
- Faculty of Kinesiology Faculty Tenure and Promotion Committee (2018-2020)
- Faculty of Kinesiology Curriculum Review Committee (2018-2019)
- Faculty of Kinesiology Search Committee member (2018-2019)
- Faculty of Kinesiology Curriculum Policy Committee (2016-2019)
- Faculty of Kinesiology Search Committee member (2017-2018)
- Kinesiology Student Society Faculty Liaison (2017-2018)

Purdue University

- Purdue Public Health Graduate Program Practicum Committee member (2016)
- Health and Kinesiology Graduate Committee member (2006-2016)
- Movement and Sport Science Committee member (2006-2016)
- College of Health and Human Sciences Council on Diversity member (2011-2015)
- Chair, Department of Health & Kinesiology Search Committee (2014-2015)

- Chair, Department of Health and Kinesiology Strategic Planning Task Force (2014-2015)
- Health and Kinesiology Colloquium Series Chair (2014-2015)
- Undergraduate Kinesiology Curriculum Development Committee member (2014-2015)
- Health and Kinesiology Department Head Search Committee member (2011-2012)
- Department of Human Development and Family Studies and Department of Statistics search committee member (2009-2010)
- Health and Kinesiology doctoral qualifying examination review committee member (2009-2010)
- Department representative, “Third Biennial Committee on Institutional Cooperation-Kinesiology Diversity Summit: From graduate student to kinesiology professor.” Chicago, IL (2008)
- Department representative, Purdue Multicultural Forum (2008)
- Health and Kinesiology Diversity Advisory Committee Chair (2007-2010)
- Health and Kinesiology Graduate research education subcommittee member (2007-2008)
- Health and Kinesiology Diversity Advisory Committee member (2007)

University

University of Calgary

- General Faculty Council Executive Committee (2020-2022)
- General Faculty Merit Committee (2019-2020)
- Faculty of Graduate Studies Scholarship Committee (2018-2019)
- makeCalgary Steering Committee (2018-present), Executive Leadership Team member (2020-present)
- Brenda Stafford Center on Aging Advisory Committee (2017-present)

Purdue University

- Disability Resource Center Faculty Advisory Committee member (2014-2016)

VII. PROFESSIONAL ACTIVITIES

Current membership in professional societies

- 2019-present International Society of Qualitative Research in Sport and Exercise
- 2018-present Hotchkiss Brain Institute, University of Calgary
- 2018-present Mathison Centre for Mental Health Research & Education, University of Calgary
- 2017-present Arnie Charbonneau Cancer Institute, University of Calgary
- 2017-present Brenda Stafford Centre on Aging, University of Calgary
- 2017-present Canadian Association of Psychosocial Oncology
- 2016-present O’Brien Institute for Public Health, University of Calgary
- 2003-present North American Society for Psychology of Sport and Physical Activity
- 2002-present Canadian Society for Psychomotor Learning and Sport Psychology

Professional Service

Grant Review

- Social Sciences and Humanities Research Council of Canada
- Canadian Institutes of Health
- Swiss National Science Foundation
- Mitacs
- MSI Foundation
- France Canada Research Fund
- Joint Economic and Social Research Council, United Kingdom

Journal Reviews

- Adapted Physical Activity Quarterly
- Anxiety, Stress, & Coping
- Disability and Rehabilitation
- Health Promotion and Chronic Disease Prevention in Canada
- Health Promotion Practice
- Integrative Cancer Therapies
- International Journal of Behavioral Medicine
- International Journal of Sport Psychology
- International Review of Sport and Exercise Psychology
- Journal of Adolescence
- Journal of Applied Biobehavioral Research
- Journal of Applied Social Psychology
- Journal of Applied Sport Psychology
- Journal of Health Psychology
- Journal of Sport & Exercise Psychology
- Journal of Sports Sciences
- Journal of Supportive Care in Cancer
- Journal of Undergraduate Research in Alberta
- Motivation and Emotion
- Psycho-Oncology
- Psychology of Sport and Exercise
- PLoS ONE
- Qualitative Health Research
- Qualitative Research in Sport, Exercise, and Health
- Research Quarterly for Exercise and Sport
- Self and Identity
- Sport Psychologist
- Sport, Exercise, and Performance Psychology
- Violence against Women
- Women's Sport and Physical Activity Journal

Editorships

- 2013-present Associate Editor, *Journal of Sport & Exercise Psychology*

- 2021-present Editorial board member, *International Review of Sport and Exercise Psychology*
- 2012-present Editorial board member, *Sport, Exercise, and Performance Psychology*
- 2012-present Editorial board member, *International Journal of Sport Psychology*
- 2012-2013 Editorial board member, *Journal of Sport & Exercise Psychology*
- 2011-2012 Editor for “The Digest” in the *Journal of Sport & Exercise Psychology*. This journal section includes short reviews of sport and exercise psychology articles published in other journals

National and International Committees

- 2021-2022 North American Society for the Psychology of Sport and Physical Activity President
- 2020-2021 North American Society for the Psychology of Sport and Physical Activity President Elect
- 2019-2021 Canadian Association of Psychosocial Oncology Board. Director representing Rehabilitation.
- 2019-2020 North American Society for the Psychology of Sport and Physical Activity Sport and Exercise Psychology Program Committee Chair
- 2019-present Executive Committee member, International Society of Qualitative Research in Sport and Exercise.
- 2017-present Canadian Association for Psychosocial Oncology Research Committee (chair 2020-2021)
- 2017-2019 North American Society for the Psychology of Sport and Physical Activity-Sport and Exercise Psychology Program Committee
- 2014-present *Journal of Sport and Exercise Psychology* Excellence in Research Award, Chair of selection committee
- 2015-2016 Canadian Society for Psychomotor Learning and Sport Psychology, Franklin Henry Young Scientist Award adjudication committee
- 2009-2016 International Breast Cancer and Nutrition Project Core Committee

Community Service

- 2019-present City of Calgary, Seniors Age Friendly Strategy Research Advisory Committee
- 2019-present City of Calgary Recreation, Active Aging Action Group member
- 2016-present *Thrive Center* Advisory Board Member, Research representative.
- 2014-2016 Contributed to design and implementation of *4-H PALS*, a physical activity-based afterschool positive youth development program offered at an elementary and a middle school in Lafayette, IN.
- 2013-2016 Contributed to developing the *YWCA Cancer Wellness Program*, a physical activity program for cancer survivors at the Lafayette, IN YWCA and Purdue Ismail Center.
- 2008-16 Staff training workshops on enhancing peer relationships and social skills

for a physical activity-based positive youth development program for youth from low income families.

- 2008-16 Technical workshops on dragon boating for the Indy SurviveOars, a breast cancer survivor dragon boating team in Indianapolis, IN.
- 2013 Contributed to the design of an after-school physical activity program for underserved youth in the Lafayette School Corporation, Lafayette, IN.
- 2012 *Physical activity and breast cancer*. Invited talk for the Breast Care at Indiana University Health North Wellness Series. Carmel, IN.
- 2011 *Social relationships and physical activity*. Invited talk for the Wesley Manor retirement community. Frankfort, IN.
- 2010 *Social relationships and physical activity*. Invited talk for the Wabash Area Lifetime Learning Association course on *Positive Attitudes and the Psychology of Happiness*. West Lafayette, IN.
- 2010 *Social relationships and physical activity*. Keynote speaker for the Indiana Area 5 Agency on Aging Senior Games. Logansport, IN.
- 2010 *Moving forward: Physical activity and breast cancer survivorship*. Invited talk for the Lafayette YWCA breast cancer support group. Lafayette, IN.
- 2009 *Moving forward: Physical activity and breast cancer survivorship*. Invited talk for the Lafayette Exchange Club. Lafayette, IN.
- 2008 *Exercise and depression*. Invited talk for the Tippecanoe Mental Health Association. Lafayette, IN.
- 2005 Mental training and dryland fitness training workshops at *Energizing your effort: Fit to paddle* conference for breast cancer survivor dragon boat participants
- 2002-2005 Workshops on mental skills training and technique at *Paddle Sport Coaching Conference*, Vancouver, BC
- 2002-2005 False Creek Women's Dragon Boat Team coach, Vancouver, BC
- 2001-2005 Psychological skills training workshops with adult recreational dragon boat teams, Vancouver, BC
- 2004 University of British Columbia varsity athlete life skills workshop
- 2004 Statistical consultant to the Vancouver School Board's Vancouver District Student Council student issues survey.
- 2003-2004 Volunteer at an outreach program for youth in the Vancouver School Board's downtown eastside elementary schools.
- 2002-2004 Coach of an older adults' dragon boat team, Vancouver, BC
- 2003 Cooperative games consultant and instructor, The University of British Columbia Faculty of Education, Bowen Island Community School, and Vancouver School Board, Vancouver, BC
- 2001-2002 Outdoor activities instructor and counselor at Camp Us, a summer day-camp program for marginalized youth sponsored by the Center for Youth and Social Development in the Faculty of Education, The University of British Columbia
- 2002 Mental training consultant, Canadian Women's Dragon Boat Team, Vancouver, BC
- 2001 Mental training consultant, USA national women's breast cancer survivor

dragon boat team

Professional Development Education

- 2021 *Indigenous Relations Training Program*. University of Calgary.
- 2020 *National Dialogues and Action to Address Anti-Black Racism and Black Inclusion in Canadian Higher Education* participant.
- 2020 *Indigenous Canada*. Massive open online course, Faculty of Native Studies, University of Alberta
- 2018 Teaching Squares participant, Faculty of Kinesiology
- 2017 *Maximizing your leadership potential: Building capacity from the inside out*. Faculty workshop series, University of Calgary
- 2016 PROPeL (research Program Planning Panel mentee), O'Brien Institute for Public Health
- 2016 O'Brien Institute for Public Health faculty mentorship program mentee
- 2016 Graduate Supervision Workshop, University of Calgary
- 2016 Children, Youth, and Families at Risk professional development conference, Baltimore, MD
- 2015 World Congress of Psycho-Oncology Psychosocial Academy Workshop: *Psychosocial Intervention Research: Principles for Rigorous Design and Tips for Successful Conduct*
- 2013 *Structural Equation Modeling with AMOS*
- 2013 *Question, Persuade, Refer* suicide prevention training
- 2012-2013 *Grant Writer's Workshop*, Purdue University
- 2011 Louis Stokes Alliance of Minority Participation *Mentoring and Diversity Workshop*
- 2007 *Media Training Workshop*, Purdue University News Service
- 2006-2007 Purdue Teaching Mentor Program Mentee
- 2004 *Minding the Moderator without Minding the Moderator* workshop
- 2002 The University of British Columbia, Center for Teaching and Academic Growth, Instructional Skills Workshop certificate

VIII. RESEARCH SUPPORT

Grants Awarded

- 2020-2022 Understanding challenges to supporting older adults' participation in physical activities in the wake of COVID-19
Social Sciences and Humanities Research Council of Canada Partnership Engage Grant
Principal Applicant
- 2020-2025 Aging in the right place: Building capacity for promising practices that support older people experiencing homelessness in Montreal, Calgary, and Vancouver
Social Sciences and Humanities Research Council, Canadian Mortgage and Housing Commission, Partnership Grant

- Collaborator (Principal Applicant: Sarah Canham, Simon Fraser University)
- 2021-2024 Dancing with Parkinson's: Qualitative examination of tertiary prevention
MSI Foundation
Co-Investigator (Principal Investigator: Sarah Kenny)
- 2019-2022 Connecting breast cancer survivors for exercise: Extending the impact of ActiveMatch
Canadian Cancer Society Research Institute, Innovation to Impact Grant
Co-Applicant (Principal Applicant: Catherine Sabiston)
- 2019-2022 Community dance and contributions towards successful aging among older adults
Social Sciences and Humanities Research Council of Canada Insight Development Grant
Co-Applicant (Principal Applicant: Sarah Kenny)
- 2019-2022 Understanding what they want and what works: Social support and well-being among men managing cancer
Social Sciences and Humanities Research Council of Canada Insight Development Grant
Co-Applicant (Principal Applicant: Isabelle Doré)
- 2018-2021 Kinesiology Aging Research (Support for a graduate student group on interdisciplinary research on aging)
University of Calgary Brenda Strafford Centre on Aging
Principal Applicant
- 2019-2023 Moving together: Building an academic-municipal-community partnership to support physical activity and social inclusion among older adults
Canadian Institutes of Health Research, Planning and Dissemination Grants: Healthy Cities Research Initiative
Principal Applicant
- 2019-2022 Social factors and physical activity in older adults: Identifying predictors across vulnerable populations
Canadian Institutes of Health Research, Catalyst Grant: Analysis of Canadian Longitudinal Study on Aging Data
Principal Applicant
- 2019-2020 Social factors and physical activity in older adults: Identifying predictors across vulnerable populations
University of Calgary Brenda Strafford Centre on Aging Canadian Longitudinal Study on Aging Data Access Grant
Principal Applicant
- 2019-2021 Assessing social outcomes in group physical activity for older adults with and

- without vulnerabilities
Social Sciences and Humanities Research Council of Canada Partnership Engage Grant
 Principal Applicant
- 2018-2026 Research centers for prevention of injury and protection of athlete health
International Olympic Committee
 Participating Researcher (Principal Applicant/Director: Emery)
- 2018-2026 SHRed injuries: Preventing injuries and their consequences in youth sport and recreation
Canadian Institute of Health Research, Foundation Grant
 Program Expert (Principal Applicant: Emery)
- 2018-2022 Social support for social participation and physical literacy for older adults.
Social Sciences and Humanities Research Council of Canada, Insight Grant
 Principal Applicant
- 2018-2020 Social participation, physical activity, and resilience among older adults living alone
University of Calgary Brenda Strafford Centre on Aging Catalyst Grant
 Principal Applicant
- 2018-2019 Exploring substance use and intentions among pre- and young adolescents from low-income families: Risk and protective factors
Clifford Kinley Trust
 Co-Investigator
- 2017-2019 A systematic review of social support for participation in physical activity-based recreation programs for older adults
University of Calgary, University Research Grants Committee, Social Sciences and Humanities Seed Grant
 Principal Applicant
- 2017-2019 Calgary children, physical activity, and the playground built environment
The makeCalgary Network Seed Grant
 Co-Principal Investigator
- 2014-2019 4-H PALS Purdue University Sustainable Community Project
United States Department of Agriculture, National Institute of Food and Agriculture: Children, Youth, and Families at Risk Grants
 Co-Principal Investigator (2014-2016), Co-Investigator (2016-2019)
- 2017-2018 Development of an iKT team for building a social ecological model for wellness delivery in cancer survivors

University of Calgary, University Research Grants Committee, Partnership Seed Grant

Co-Investigator

- 2016-2018 A mixed methods approach to understanding the influence of social support on quality of life within physical activity interventions
University of Calgary Faculty of Kinesiology Seed Grant
Principal Applicant
- 2016-2018 Development of a Telehealth Platform for Treatment with the SpeechVive Device
National Institutes of Health, National Institute for Deafness and other Communication Disorders: Small Business Innovation Research grants
Co-Investigator
- 2016-2017 Walking for our health: A test of a couple-focused approach to promote physical activity
Delta Omicron, Sigma Theta Tau International
Co-Principal Investigator
- 2016-2017 Walking for our health: A test of a couple-focused approach to promote physical activity
Clifford Kinley Trust
Co-Principal Investigator
- 2016-2017 Electronic cigarette use and intentions among pre- and young adolescents from low-income families
Clifford Kinley Trust
Co-Principal Investigator
- 2016-2017 Children's first exposure to alcohol use: Sipping in family and community contexts
Center for Families at Purdue University Kontos Faculty Fellowship
Co-Investigator
- 2016 Center for Translational Research in Aging and Neurological Health
Purdue College of Health and Human Sciences Research Excellence Center Grant
Participating Faculty
- 2015-2016 Social and environmental context influences on physical activity motivation
American Nurses' Foundation
Co-Investigator
- 2015-2016 Walking for our health: A test of a couple-focused approach to promote physical activity
Department of Human Development and Family Studies Pilot Grants

Co-Principal Investigator

- 2014-2015 Toward the development of an integrated balance and cognitive training paradigm to improve quality of life and reduce falls in individuals with Parkinson's disease
Indiana Clinical and Translational Sciences Institute
Co-Investigator
- 2014-2015 A randomized controlled trial of the effect of a theory-based intervention on psychosocial outcomes for low income children in a physical activity-based youth development program
Purdue Research Foundation
Principal Investigator
- 2013-2014 The effect of a self-determination theory based intervention on leader behaviors, social relationships, and psychosocial outcomes in a physical activity based positive youth development program for low-income youth
Purdue Research Foundation
Principal Investigator
- 2011 Social support and physical activity as predictors of posttraumatic growth and quality of life among breast cancer survivors
Purdue Research Foundation Summer Faculty Grant Program
Principal Investigator
- 2008-2009 Social relationships in intervention outcomes
Clifford Kinley Trust
Co-Principal Investigator
- 2008-2009 Social support and quality of life among breast cancer survivors in a team sport program
Purdue College of Liberal Arts Research Incentive Grant
Principal Investigator

IX. PUBLICATIONS/PRESENTATIONS

Note: Trainees underlined. Authors are listed in order by degree of contribution, except for publications with an asterisk (*) indicating last author is senior author.

1. Peer reviewed manuscripts

1. Ester, M., McNeely, M., **McDonough, M.H.**, & Culos-Reed, S.N. (in press). A survey of technology literacy and use in cancer survivors from the Alberta Cancer Exercise program. *Digital Health*.
2. Majed, E., Ruiz, Y., Amireault, S., Reed, J.B., Syder, F.J., **McDonough, M.H.**, & Blankenship, B. (in press). Examining positive youth development interventions with a

physical activity component to address bullying among pre- and early adolescents: A critical review of the literature. *Journal of Early Adolescence*.

3. Zimmer, C., & **McDonough, M.H.** (in press). Social support and physical activity in older adults: Identifying predictors using data from the Canadian Longitudinal Study on Aging. *Journal of Aging and Physical Activity*.
4. Tamminen, K.A., Bundon, A., Smith, B., **McDonough, M.H.**, Poucher, Z., & Atkinson, M. (in press). Considerations for making informed choices about engaging in open qualitative research. *Qualitative Research in Sport, Exercise, and Health*. doi: 10.1080/2159676X.2021.1901138
5. Brunet, J., Price, J., Wurz, A., **McDonough, M.H.**, Nantel, J. (in press). Boxing with Parkinson's disease: Findings from a qualitative study. *Disability and Rehabilitation*. doi: 10.1080/09638288.2021.1891465
6. **McDonough, M.H.**, Beselt, L.J., Kronlund, L.J., Albinati, N.K., Daun, J.T., Trudeau, M.S., Wong, J.B., Culos-Reed, S.N., Bridel, W. (in press). Social support and physical activity for cancer survivors: A qualitative review and meta-study. *Journal of Cancer Survivorship*. doi: 10.1007/s11764-020-00963-y
7. Zimmer, C., **McDonough, M.H.**, Hewson, J., Toohey, A., Din, C., Crocker, P.R.E., & Bennett, E.V. (in press). Experiences with social participation in group physical activity programs for older adults. *Journal of Sport & Exercise Psychology*. doi: 10.1123/jsep.2020-0335
8. *Ester, M., McNeely, M., **McDonough, M.H.**, Dreger, J., & Culos-Reed, S.N. (2021). Protocol: A cluster randomized controlled trial of a mobile application to support physical activity maintenance after an exercise oncology program. *Contemporary Clinical Trials*, 107, 106474. <https://doi.org/10.1016/j.cct.2021.106474>
9. *Krüger, R.L., Clark, C.M., Dyck, A.M., Anderson, T.J., Clement, F., Hanly, P.J., Hanson, H.M., Hill, M.D., Hogan, D.B., Holroyd-Leduc, J., Longman, S., **McDonough, M.H.**, Pike, G.B., Rawling, J.M., Tolulope, S., Poulin, M.J. (2021). The Brain in Motion II study: Study protocol for a randomized controlled trial of an aerobic exercise intervention for older adults at increased risk of dementia. *Trials*, 22, 394. <https://doi.org/10.1186/s13063-021-05336-z>
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ii. Books

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iii. Book chapters

1. Mack, D.E., Sabiston, C.M., **McDonough, M.H.**, Wilson, P.M., & Paskevich, D. (2021). Motivation and behavioural change. In P.R.E. Crocker, C.M. Sabiston, & **M.H. McDonough** (Eds.), *Sport and exercise psychology: A Canadian perspective, 4th Edition*. Toronto, ON: Pearson Education Canada.
2. **McDonough, M.H.**, & Culos-Reed, N. (2020). Physical activity and recovery from breast cancer. In Tenenbaum, G., & Eklund, R.C. (Eds.), *Handbook of Sport Psychology, 4th ed.* Wiley.
3. Mack, D.E., Sabiston, C.M., **McDonough, M.H.**, Wilson, P.M., & Paskevich, D. (2016). Motivation and behavioural change. In P.R.E. Crocker (Ed.), *Sport and exercise psychology: A Canadian perspective, 3rd Edition* (pp. 52-82). Toronto, ON: Pearson Education Canada.
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iv. Abstracts

1. **McDonough, M.H.**, Patterson, M., Zimmer, C., Hewson, J., Jones, S., Won, S., McDonough, R., Agha, A., & Matsune, A. (2021, June). *Social outcomes of physical activity among older adults in group physical activity programs: Stakeholder perspectives*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Poster.
2. Zimmer, C., & **McDonough, M.H.** (2021, June). *Moderator effects of socio-demographics on social support and physical activity in older adults*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Verbal.
3. Zimmer, C., **McDonough, M.H.**, Hewson, J., Toohey, A., Din, C., & Crocker, P. (2021, June). *Social support amongst older adults in group physical activity programs*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Verbal.
4. Youngblood, J.L., **McDonough, M.H.**, Emery, C.A., Condliffe, E.G., & Legg, D. (2021, June). "We're stronger as a family": Family experiences and relationships in an adapted physical activity camp. North American Society for the Psychology of Sport and Physical Activity. Online Conference. Verbal presentation.
5. Morrison, L., **McDonough, M. H.**, Won, S., Matsune, A.J., Hewson, J. (2021, June). *Changes in social and physical activity participation in older adults prior to and after the onset of COVID-19*. North American Society for the Psychology of Sport and Physical Activity. Online Conference. Poster.
6. Brunet, J., Price, J., Wurz, A., **McDonough, M.H.**, Nantel, J. (2021, June). *Boxing4Health with Parkinson's disease: A qualitative study to understand adults' experiences*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Poster.
7. Craig, B., **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2021, June). *An exploration of practices that facilitate social support in online exercise classes for people living with cancer*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation.
8. Daun, J.T., Capozzi, L.C., Roldan Urgoiti, G., **McDonough, M.H.**, Easaw, J., McNeely, M., Francis, G.J., de Guzman Wilding, M., Radke, L., Lesiuk, C., Culos-Reed, S.N. (2021, June). *ACE-Neuro: A tailored exercise oncology program for neruo-oncology patients*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation.
9. Duchek, D., Culos-Reed, S.N., **McDonough, M.H.**, Bridel, W. (2021, June). *Participant perspectives of in-person and online exercise oncology programs*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation.
10. Eisele, M.M., Twomey, R., **McDonough, M.H.**, Daun, J.T., McLaughlin, E., Culos-Reed, S.N. (2021, May). *The protocol for a feasibility and effectiveness study of health coaching*

- in exercise oncology*. World Congress of Psycho-oncology & Psychosocial Academy, Online conference. Rapid oral presentation.
11. Shepherd, H.A., Evans, T., Gupta, S., **McDonough, M.H.**, Doyle-Baker, P., Belton, K.L., Karmali, S., Pawer, S., Hadly, G., Pike, I., Adams, S.A., Babul, S., Emery, C.A., Yeates, K.O., Kopala Sibley, D.C., Schneider, K.J., Cowie, S., Fuselli, P., Black, A.M. (2021, May). *High school student-athletes' experiences with the COVID-19 pandemic: The impact on their physical activity engagement and mental health*. Canadian Academy of Sport and Exercise Medicine. Online conference.
 12. Ester, M., Eisele, M., McNeely, M., **McDonough, M.H.**, Culos-Reed, S.N. (2021, April). *Health technology to support physical activity behavior change in cancer survivors: Review of interventions*. Society of Behavioral Medicine, Online conference.
 13. Ester, M., Sellar, C., McNeely, M., **McDonough, M.H.**, Culos-Reed, S.N. (2021, April). *Technology and exerciser oncology: Program participant technology use, literacy, and perceived impact*. Society of Behavioral Medicine, Online conference.
 14. Kelley, M., Snyder, F.J., Ruiz, Y., McDavid, M.L., **McDonough, M.H.** (2020, October). *Associations of social conscience and personal value with substance use among children and young adolescents*. American Public Health Association, Online. Poster.
 15. **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2020, July). *Identifying and improving unhelpful support: Perspectives from group exercise programs for cancer survivors*. Canadian Association for Psychosocial Oncology, Online. Oral presentation. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 2(15), e030. doi: 10.1097/OR9.0000000000000030
 16. Beselt, L.J., **McDonough, M.H.**, & Hewson, J. (2020, June). *Perceptions of social support related to physical activity among older adults living alone*. North American Society for the Psychology of Sport and Physical Activity, Vancouver, BC (moved online due to COVID-19). Oral presentation. [abstract in *Journal of Sport and Exercise Psychology*, 42, S68].
 17. Zimmer, C., **McDonough, M.H.** (2020, June). *Social factors and physical activity in older adults: Identifying predictors using baseline data from the Canadian Longitudinal Study on Aging*. North American Society for the Psychology of Sport and Physical Activity, Online. Oral presentation. [abstract in *Journal of Sport and Exercise Psychology*, 42, S114].
 18. Ruiz, Y., Kimiecik, C., So, K., McDavid, M.L., **McDonough, M.H.**, & Snyder, F.J. (2020, June). *Exploring early adolescents' perspectives related to community and community participation*. American Academy of Health Behaviors, Online. Poster.
 19. Befus, K.D., Pasanen, K., Black, A.M., Kenny, S.J., **McDonough, M.H.**, & Emery, C.A. (2020, May). *Exercise fidelity in youth basketball players performing the SHRED injuries basketball neuromuscular training warm-up program*. Canadian Academy of Sport and Exercise Medicine. [in-person meeting cancelled due to COVID-19, but abstract in *Clinical Journal of Sport Medicine*, 30(3): e97 doi:10.1097/JSM.0000000000000844]
 20. Olubukunola, O., Snyder, F.S., Ruiz, Y., McDavid, M.L., **McDonough, M.H.**, & Blankenship, B.T. (2019, November). *Associations between bullying and intent to use electronic and combustible cigarettes among children and young adolescents from low-income families*. American Public Health Association, Philadelphia, PA. Poster.
 21. **McDonough, M.H.**, Felber Charbonneau, E., Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Experiences with*

- social participation in group physical activity programs for older adults.* Canadian Association on Gerontology, Moncton, NB. Oral presentation.
22. Patterson, M., Hewson, J., **McDonough, M.H.**, Felber Charbonneau, E. (2019, October). *Working towards a more unified understanding of social participation to inform Age-Friendly Cities research and policy.* Canadian Association on Gerontology, Moncton, NB. Poster.
 23. Beselt, L.J., **McDonough, M.H.**, Walsh, C., & Kenny, S.J. (2019, October). *Experiences with self- and other-focused emotions among older adult female participants in gay square-dancing.* Canadian Association on Gerontology, Moncton, NB. Poster.
 24. Bharwani, A., **McDonough, M.H.**, Hanson, H., Poulin, M.J. (2019, October). *The feasibility of a physical activity behaviour support program for older adults at increased risk of dementia.* Canadian Association on Gerontology, Moncton, NB. Poster.
 25. Felber Charbonneau, E., **McDonough, M.H.**, Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Group exercise program instructors creating a supportive environment for older adults.* Alberta Recreation and Parks Association, Lake Louise, AB. Oral presentation
 26. Wong, J.B., **McDonough, M.H.**, Bridel, W., Culos-Reed, S.N. (2019, October). *The role of peers and the built environment in youth emotional safety in afterschool programs.* Alberta Recreation and Parks Association, Lake Louise, AB. Oral presentation.
 27. **McDonough, M.H.**, Felber Charbonneau, E., Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Social support from exercise instructors in group physical activity programs for older adults.* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 221].
 28. Patterson, M., **McDonough, M.H.**, Hewson, J., Culos-Reed, S.N., Bennett, E. (2019, October). *How does social support impact body image experiences of older women in physical activity programs?* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 239].
 29. Wong, J.B., **McDonough, M.H.**, Bridel, W., Culos-Reed, S.N. (2019, October). *The role of peers and the built environment in youth emotional safety in afterschool programs.* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Oral Presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 264].
 30. Wong, J.B., McCallum, K., Frehlich, L., **McDonough, M.H.**, Bridel, W., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Yardley, L., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, October). *The importance of peers: Elementary school children's play following a playground painted lines intervention.* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 263].
 31. Felber Charbonneau, E., **McDonough, M.H.**, Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Supportive behaviors and relationships in group exercise for older adults: Observational research.* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 197].
 32. Beselt, L.J., **McDonough, M.H.**, Walsh, C., & Kenny, S.J. (2019, October). *Experiences with social support among older adult women participating in gay square-*

- dancing. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 182].
33. **McDonough, M.H.**, Culos-Reed, S.N., & Wolper, E. (2019, September). *Social support from physical activity instructors in group exercise programs for cancer survivors*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 45]. Oral presentation.
 34. Felber Charbonneau, E., **McDonough, M.H.**, & Sabiston, C.M. (2019, September). *Social support predicts trajectories of light physical activity in post-treatment breast cancer survivors*. World Congress of Psycho-Oncology, Banff, Alberta. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 45]. Oral presentation.
 35. Wolper, E., **McDonough, M.H.**, & Culos-Reed, S.N. (2019, September). *Social support from fellow exercisers: Predictive associations with quality of life and the moderating effect of gender in physical activity programs for cancer survivors*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 44]. Poster.
 36. Dueck, S., **McDonough, M.H.**, & Culos-Reed, S.N. (2019, September). *Cancer survivors' perspectives on social challenges with participating in group exercise programs*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 41]. Poster.
 37. Lebel, S., & the Canadian Association of Psychosocial Oncology Research Advisory committee. (2019, September). *What do members want from the Canadian Association of Psychosocial Oncology Research Advisory Committee? A survey of members' research needs and priorities*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 47]. Poster.
 38. Sandron, E., **McDonough, M.H.**, Condliffe, E., Brunton, L., Esau, S., Emery, C.A. (2019, September). *Parents' perspectives on how an adapted sport and recreation summer camp facilitates psychosocial outcomes and physical activity participation for their children*. American Academy for Cerebral Palsy and Developmental Medicine, Anaheim, CA. Poster.
 39. Yardley, L., Fox, A., McCallum, K., Bridel, W., Wong, J.B., **McDonough, M.H.**, Frehlich, L., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, September). *The Gift of Play: A recess initiative to improve physical literacy*. International Physical Literacy Conference, Europe. Umea, Sweden. Oral presentation.
 40. Knisel, E., **McDonough, M.H.**, Ruiz, Y., Snyder, F.J., McDavid, L. (2019, September). *Movement to promote cognitive competencies: An intervention study in children and adolescents*. German Congress of Sport Science, Berlin, Germany. Oral presentation.
 41. Wong, J.B., McCallum, K., Frehlich, L., **McDonough, M.H.**, Bridel, W., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Yardley, L., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, August). *How peer interactions factor into children's play on playground painted lines*. Obesity Canada-Calgary Annual Research Showcase. Calgary, AB. Oral Presentation and poster.
**Winner of best poster award
 42. **McDonough, M.H.** (2019, June). *Social support in physical activity for cancer survivors*. North American Society for the Psychology of Physical Activity Conference, Baltimore,

- MD. Symposium. [abstract in *Journal of Sport and Exercise Psychology*, 41, S4]. Oral Presentation-Symposium.
43. **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W., & Wolper, E. (2019, June). *Social support for coping and thriving in group exercise for cancer survivors*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Symposium. [abstract in *Journal of Sport and Exercise Psychology*, 41, S5]. Oral Presentation-Symposium.
 44. Beselt, L.J., Patterson, M.C., **McDonough, M.H.**, Hewson, J., & MacKay, S. (2019, June). *A qualitative meta-study of social support related to physical activity in older adults*. North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD. [abstract in *Journal of Sport and Exercise Psychology*, 41, S54]. Poster.
 45. Bharwani, A., **McDonough, M.H.**, Beselt, J.L., Culos-Reed, S.N., & Poulin, M.J. (2019, June). *A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation*. North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD. Oral. [abstract in *Journal of Sport and Exercise Psychology*, 41, S54]. Oral Presentation.
 46. Felber Charbonneau, E., **McDonough, M. H.**, & Sabiston, C. M. (June, 2019). *Types of support predicting physical activity behaviors in breast cancer survivors*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S64]
 47. Patterson, M., **McDonough, M.H.**, Hewson, J., & MacKay, S. (2019, June). *A systematic review of social support for physical activity participation for older adults*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S82-S83].
 48. Wong, J.B., **McDonough, M.H.**, McCallum, K., Bridel, W., Frehlich, L., McCormack, G., Fox, K., Brunton, L., Cowie, H., Emery, C.A., Guimond, J., Hagel, B., Yardley, L., & Zwicker, J. (2019, June). *How peer interactions factor into children's play on playground painted lines*. North American Society for the Psychology of Physical Activity. Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S90].
 49. Richards, E.A., Franks, M.M., **McDonough, M.H.**, Christ, S., & Forster, A.K. (2019, June). *Concordance in objectively measured physical activity between older spouses*. International Society for Behavioral Nutrition and Physical Activity. Prague, Czech Republic. Oral Presentation.
 50. Befus, K.D., Pasanen, K., Räisänen, A.M., Black, A.M., Owoeye, O.B.A., Tait, T.J., **McDonough, M.H.**, & Emery, C.A. (2019, May). *Assessing exercise fidelity in youth basketball players performing the SHRED injuries basketball neuromuscular training warm-up program: A validation study*. Canadian Academy of Sport and Exercise Medicine, Vancouver, BC. Poster. [abstract in *Clinical Journal of Sport Medicine*, 29(3): e64-e65]
 51. Sandron, E., **McDonough, M.H.**, Condliffe, E., Brunton, L., Esau, S., Emery, C.A. (2019, May). *Adapted sport and recreation summer camp: Perspectives of youth regarding impact on psychosocial outcomes and physical activity participation*. Canadian Academy of Sport and Exercise Medicine, Vancouver, BC. Poster.
 52. Kanani, J., Ruiz, Y., McDavid, M.L., **McDonough, M.H.**, & Snyder, F.J. (2019, April). *Are they too young? Views about community and community change from pre- and young adolescents*. Indiana Public Health Association, West Lafayette, IN. Poster.

53. Waters, S.A., Murdock, N.C., McDavid, M.L., McDonough, M.H., & Snyder, F.J., Ruiz, Y. (2019, April). *Narratives on perceptions of anti-drug programs from pre- and early adolescents*. Indiana Public Health Association, West Lafayette, IN. Poster.
54. Ruiz, Y., McDavid, M.L., Gundlach, E., Vinze, S., **McDonough, M.H.**, DeBate, R., & Snyder, F. (2019, March). *Perceptions e-cigarette safety among pre-adolescents and young adolescents from low-income families living in the Midwest: A mixed methods study*. American Academy of Health Behavior. Greenville, SC. Poster.
55. Srivastava, D., Lamarche, J., McDonough, M.H., Nantel, J., & Brunet, J. (2019, March). *Exploring if group-based boxing fitness contributes to quality of life among adults with Parkinson's Disease*. Eastern Canadian Sport and Exercise Psychology Symposium. Toronto, ON. Oral Presentation.
56. Wong, J.B., McDonough, M.H., McCallum, K., Bridel, W., Frehlich, L., McCormack, G., Fox, K., Brunton, L., Cowie, H., Emery, C., Guimond, J., Hagel, B., Yardley, L., & Zwicker, J. (2018, November). *Peer relationships and physical activity on playground painted lines in elementary school children*. Calgary Play Summit, Calgary, AB. Poster.
57. Ruiz, Y., Riciputi, S., McDonough, M.H., McDavid, L., & Snyder, F. (2018, November). *Substance use communication and person-level antecedents of alcohol and e-cigarette expectancies among multi-ethnic preadolescents from low-income families*. American Public Health Association. San Diego, CA. Oral.
58. *Paglione, V., Araujo, M., Kenny, S.J., Bridel, W., & **McDonough, M.H.** (2018, October). *Experiences of social support in pre-professional ballet dancers regarding injury, pain, and fatigue*. International Association for Dance Medicine & Science. Helsinki, Finland. Poster.
59. *Araujo, M., Bridel, W., **McDonough, M.H.**, & Kenny, S.J. (2018, October). *The culture of ballet: Conceptualizations of pain and injury in pre-professional dancers*. International Association for Dance Medicine & Science. Helsinki, Finland. Poster.
60. **McDonough, M.H., Beselt, L.J., Kronlund, L.J., Albinati, N.K., Trudeau, M.S.,** Culos-Reed, S.N., Daun, J.T., & Bridel, W. (2018, October). *A qualitative meta-study of social support in physical activity for adult cancer survivors*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 265].
61. Patterson, M., McDonough, M.H., Hewson, J., & Mackay, S. (2018, October). *A systematic review of social support for participation in physical activity-based recreation programs for older adults*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 274].
62. Srivastava, D., Lamarche, J., McDonough, M.H., Nantel, J., & Brunet, J. (2018, October). *A step in the right direction? Understanding the impact of Nordic walking on living with Parkinson's disease*. Canadian Society for Psychomotor Learning and Sport Psychology conference. Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 300].
63. Bharwani, A., McDonough, M.H., Hanson, H., Poulin, M. (2018, October). *Behaviour change support in Brain in Motion II: Overcoming barriers to physical activity maintenance*. Perspectives in Exercise, Health, & Fitness: Provincial Fitness Unit of Alberta. Kananaskis, AB. Oral.

64. *MacKay, S.A., Poulin, M.J., & **McDonough, M.H.** (2018, October). Social support, exercise dose, and changes in mood over a six-month exercise intervention for older adults. Perspectives in Exercise, Health, & Fitness: Provincial Fitness Unit of Alberta. Kananaskis, AB. Poster.
65. *Paglione, V., Araujo, M., Kenny, S.J., & Bridel, W., & **McDonough, M.H.** (2018, October). *The role of social support from teachers and health care providers for pre-professional ballet dancers coping with pain and injury.* Healthy Dancer Canada. Toronto, ON. Poster.
66. Knisel, E., **McDonough, M.H.**, Ruiz, Y., Snyder, F., McDavid, L. (2018, July). *Examining decision making and critical thinking in a physical activity-based positive youth development program for youth from low-income families.* Congress of the European College of Sport Science. Dublin, Ireland. Oral.
67. Clark, C., Guadagni, V., Hall, S., Longman, S., Poulin, M., Eskes, G., Hanson, H., **McDonough, M.**, Hill, M., Hogan, D., Sajobi, T., & Hanly, P. (2018, June). *The Brain in Motion II randomized controlled trial: An aerobic exercise intervention for older adults at increased risk of dementia.* Campus Alberta Neuroscience conference. Banff, AB. Oral.
68. **McDonough, M.H.** (2018, June). *Through a different lens: Applying multiple theories in analyzing qualitative data on social support in sport for cancer survivors.* Qualitative Research in Sport and Exercise. Vancouver, BC. Oral.
69. Patterson, M.C., & **McDonough, M.H.** (2018, June). *Sport and support: The role of meaning in social support on a breast cancer survivor dragon boating team.* Qualitative Research in Sport and Exercise. Vancouver, BC. Poster.
70. **McDonough, M.H.**, Shank, J., Beselt, L.J., Daun, J.T., Culos-Reed, S.N., Kronlund, L.J., & Bridel, W. (2018, May). *Associations between social support, physical activity, and quality of life: A systematic review of observational studies.* Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
71. Albinati, N., Abdul-Razzak, A., Tay, J., **McDonough, M.H.**, Culos-Reed, S.N.. (2018, May). *Physical Activity in Advanced Cancer Treatment (PAACT): The feasibility of a physical activity intervention.* Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
72. Kronlund, L.J., **McDonough, M.H.**, Guilcher, G., Chammorro-Viña, C., & Culos-Reed, S.N. (2018, May). *Addressing key stakeholders to assess the reach of a community-based pediatric oncology physical activity program.* Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
73. Ross, C., Snyder, F.J., McDonough, M.H., McDavid, L., Riciputi, S., Blankenship, B.T., & Ruiz, Y. (2018, April). *E-cigarette use and its association with future combustible cigarette use among children and young adolescents from low-income families.* Adolescent Health conference. Ann Arbor, Michigan. Poster.
74. Srivastava, D., Lamarche, J., McDonough, M.H., Nantel, J., & Brunet, J. (2018, March). *Taking a pole: Can Nordic walking promote quality of life among adults with Parkinson's disease?* Eastern Canada Sport and Exercise Psychology Symposium. Montreal, QC. Oral.
75. Patterson, M.C., **McDonough, M.H.**, & Valencic, T.L. (2018, February). *A community-based wellness program for cancer survivors: A prospective examination of social support, posttraumatic growth, motivation, and physical activity.* Active Living Research conference. Banff, AB. Poster.

76. Ross, C., Snyder, F.S., **McDonough, M.H.**, & McDavid, M.L. (2017, November). *Risk and protective factors associated with cigarette smoking among children and young adolescents from low-income families*. American Public Health Association conference, Atlanta, GA. Poster.
77. Araujo, M., Bridel, W., Kenny, S., & **McDonough, M.H.** (2017, November). *A socio-cultural analysis of pain and injury in dancers*. Healthy Dancer Canada conference, Calgary, AB. Poster.
78. Riciputi, S., Snyder, F.S., Boyer, P., McDonough, M.H., Blankenship, B.T., Ruiz, Y., McDavid, M.L., Wynkoop, R., Thomas, J., Nicley, D., & McKee, R.K. (2017, November). *4-H PALS: A physical-activity based positive youth development program for urban youth*. National Association of Extension 4-H Agents conference, Indianapolis, IN. Poster.
79. Grewal, E.K., **McDonough, M.H.**, Copeland, J.L., Jones, L.C., & Doyle-Baker, P.K. (2017, October). *Investigating 24-hour movement behaviours in children and youth attending summer camps*. Canadian Society for Exercise Physiology conference, Winnipeg, MN. Poster.
80. Klaben, M.E., **McDonough, M.H.**, Daun, J.T., Beselt, L.J., Culos-Reed, S.N., Kronlund, L.J., & Bridel, W. (2017, October). *The effect of social support in physical activity interventions on physical activity and quality of life among cancer survivors: A systematic review of randomized control trials and quasi-experimental studies*. Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 176]
81. McDavid, M.L., **McDonough, M.H.**, Snyder, F.S., Riciputi, S.C., Blankenship, B.T., Boyer, P.A. & Ruiz, Y. (2017, October). *Engagement in a summer physical activity-based positive youth development program predicts improvement in life skills among youth from low-income families*. Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 183]
82. **McDonough, M.H.**, Richards, E.A., Franks, M.M., Christ, S., and Marshall, M. (2017, October). *Spousal attempts to support activity through pressure and persuasion associated with declines in physical activity in a walking intervention with older adult couples*. Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 184]
83. Fong, A.J., **McDonough, M.H.**, Pila, E., & Sabiston, C.M. (2017, October). *Posttraumatic growth in breast cancer survivors: The roles of physical activity and social support*. Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 165]
84. Richards, E.A., Franks, M., **McDonough, M.H.**, Christ, S.L. (2017, July). *Walking for our health: Evaluation of randomized spousal physical activity pilot intervention*. Sigma Theta Tau International Nursing Research Congress, Dublin, Ireland. Poster.
85. Marshall, M., Franks, M.M., Richards, E.A., **McDonough, M.H.**, & Christ, S. (2017, July). *Walking for our health: Married partners' collaboration and physical activity*. International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics. San Francisco, CA. Poster. [abstract in *Innovation in Aging*, 1(S1), 416-417]
86. McDavid, M.L., Snyder, F.S., **McDonough, M.H.**, & Ruiz, Y. (2017, June). *Positive social bonds with staff build developmental assets and reduce risk behaviors among youth*

- in a physical activity-based youth development program.* North American Society for the Psychology of Physical Activity Conference, San Diego, CA. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 39]
87. Kronlund, L., Culos-Reed, N., **McDonough, M.**, & Guilcher, G. (June, 2017). *Addressing key stakeholders to assess the reach of a community-based physical activity oncology program.* Exercise is Medicine. London, ON. Poster.
 88. Herb, J., **McDonough, M.**, Breithecker, J. , Rogler, C. , Brandl-Bredenbeck, H.-P. & Gieß-Stüber, P. (2017, May). *Instructor quality as a predictor of self-determined motivation in group exercise classes.* Consortium for Sport Psychology Conference. Bern, Switzerland. Oral.
 89. Brunet, J., **McDonough, M.H.**, & Sabiston, C.M. (2017, May). *Psychological need satisfaction in women treated for breast cancer: A longitudinal analysis of the effects on physical activity motivation and behaviour.* Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.
 90. *Wytmsa-Fisher, K., Abdul-Razzak, A., **McDonough, M.H.**, & Culos-Reed, N. (2017, May). *PAACT: Physical activity in advanced cancer treatment.* Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.
 91. Kronlund, L., Culos-Reed, N. **McDonough, M.H.**, & Guilcher, G. (2017, May). *Addressing key stakeholders to assess the reach of a community-based pediatric oncology physical activity program.* Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.
 92. Richards, E., Franks, M., **McDonough, M.H.**, & Christ, S. (2017, April). *Walking for our health: A randomized spousal physical activity intervention.* Midwest Nursing Research Society Conference, Minneapolis, MN. Poster.
 93. Majed, E., Ruiz, Y., Snyder, F.S., **McDonough, M.H.**, McDavid, L., Blankenship, B. (2017, April). *Social capital and developmental assets predict prosocial bystander behavior among youth in a physical activity-based positive youth development intervention.* Indiana Public Health Association Conference. West Lafayette, IN. Poster.
 94. Snyder, F.S., **McDonough, M.H.**, Riciputi, S.C., McDavid, M.L., Boyer, P.A., & Blankenship, B.T. (2017, April). *Electronic and combustible cigarette use among children and young adolescents from low-income families.* Society of Public Health Education Conference, Denver, CO. Poster
 95. Blankenship, B.T., **McDonough, M.H.**, Snyder, F.J., Riciputi, S., McDavid, L. (2017, March). *Predictors of bullying in a summer positive youth development camp.* Society of Health and Physical Educators Conference, Boston, MA. Poster.
 96. Snyder, F.S., **McDonough, M.H.**, McDavid, M.L. (2016, October). *Alcohol sipping, drinking attitudes and intentions, and their association with alcohol drinking among children and young adolescents from low-income families.* American Public Health Association conference, Denver, CO. Poster.
 97. Richards, E.A., Franks, M., **McDonough, M.H.**, Porter, K., & Marshall, M. (2016, October). *The role of spouses in physical activity promotion: A systematic review.* American Public Health Association Conference, Denver, CO. Poster
 98. **McDonough, M.H.**, Snyder, F.S., & McDavid, M. (2016, October). *Social relationships in physical activity-based positive youth development programs predict reduced intentions for health risk behaviors.* Canadian Society for Psychomotor Learning and Sport Psychology

- conference, Waterloo, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 48, 195]
99. Richards, E.A., **McDonough, M.H.**, Fu, R. (2016, September). *Social and environmental associations with physical activity motivation*. Council of Advancement of Nursing Science State of the Science Congress on Nursing Research, Washington, DC. Oral.
 100. *Salsabili, H., Huber, J.E., Snyder, S.A., Simon, K.L., **McDonough, M.H.**, Rietdyk, S.R., Haddad, J.M. (2016, September). *The integration between posture, manual control, and speech in people with Parkinson's disease*. World Parkinson's Congress, Portland, OR. Poster.
 101. *Haddad, J.M., Snyder, S.A., **McDonough, M.H.**, Rietdyk, S.R., Simon, K.L., Altenburger, P., Salsabili, H., Zauber, E.A., Huber, J.E., (2016, September). *A combined cognitive- and balance-based training intervention for people with Parkinson's disease: COBALT*. World Parkinson's Congress, Portland, OR. Poster.
 102. *Orstad, S.L., **McDonough, M.H.**, James, P., Klenosky, D.B., Laden, F., Mattson, M., & Troped, P.J. (2016, June). *The moderating effect of depressive symptoms on associations between objective and perceived built environment measures and neighborhood walking among older U.S. women*. Canadian Public Health Association conference, Toronto, ON. Oral.
 103. McDavid, M.L., & **McDonough, M.H.** (2016, June). *How social relationships and interpersonal training foster growth in physical activity programs for underserved youth: Staff perspectives*. North American Society for the Psychology of Sport and Physical Activity Conference, Montreal, QC. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 38, S229]
 104. Riciputi, S.C., **McDonough, M.H.**, & Snyder, F.J. (2016, June). *Relationship quality, engagement, hope, and self-worth in a physical activity-based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Montreal, QC. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 38, S247]
 105. McDavid, M.L., **McDonough, M.H.**, & Blankenship, B.T. (2015, October). *The effect of a self-determination theory based intervention on social relationships and psychological outcomes in a youth physical activity program*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Edmonton, AB. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 47]
 106. Sheehy, T.L., **McDonough, M.H.**, & Zauber, S.E. (2015, October). *Perceived instructor support in a group physical activity program for people with Parkinson's Disease*. Association for Applied Sport Psychology Conference, Indianapolis, IN. Oral.
 107. Snyder, F.J., **McDonough, M.H.**, Blankenship, B.T., Wynkoop, R., Riciputi, S., McDavid, M.L., & McKee, R.K. (2015, October). *Development of an innovative physical activity-based positive youth development program for low-income youth*. American Public Health Association Conference, Chicago, IL. Oral.
 108. Snyder, F.J., **McDonough, M.H.**, McDavid, M.L. (2015, October). *Prevalence of alcohol sipping and its association with alcohol drinking in an out-of-school-time sample of underserved children and young adolescents*. American Public Health Association Conference, Chicago, IL. Poster.
 109. Orstad, S.L., Troped, P.J., **McDonough, M.H.**, Klenosky, D.B., & Mattson, M. (2015, October). *Perceptions of the neighborhood environment as mediators and depression as a*

- moderator of the association between observed neighborhood environment and walking among diverse, urban-dwelling adults.* American Public Health Association Conference, Chicago, IL. Oral.
110. **McDonough, M.H.,** & Sabiston, C.M. (2015, July). *Autonomy support and changes in self-determined motivation for physical activity predict changes in posttraumatic growth among post-treatment breast cancer survivors.* World Congress of Psycho-Oncology Conference, Washington, DC. Oral. [abstract in *Psycho-Oncology*, 24, 92-93].
 111. **McDonough, M.H.,** & Sabiston, C.M. (2015, June). *Examining motivation and need satisfaction as predictors of change in objectively measured physical activity and sedentary behavior in post-treatment breast cancer survivors* North American Society for the Psychology of Sport and Physical Activity Conference, Portland, OR. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 37, S129].
 112. McDavid, M.L., & **McDonough, M.H.** (2015, June). *Staff perspectives on the development and effects of social relationships in a physical activity-based youth program.* North American Society for the Psychology of Sport and Physical Activity Conference, Portland, OR. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 37, S129].
 113. Fong, A.J., Scarapicchia, T.M.F., **McDonough, M.H.,** Wrosch, C., & Sabiston, C.M. (2015, April). *Changes in social support quantity and quality differentially predict changes in emotional well-being among recently treated breast cancer survivors.* Canadian Society for Psychosocial Oncology Conference, Montreal, QC. Poster.
 114. **McDonough, M.H.** (2014, October). *Participation in dragon boating is associated with greater increases in social support for breast cancer among survivors who may benefit most.* Canadian Society for Psychomotor Learning and Sport Psychology Conference, London, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 46, 183].
 115. Riciputi, S., **McDonough, M.H.** (2014, October). *The role of stress and social support in predicting posttraumatic growth among breast cancer survivors enrolled in a cancer survivor exercise program.* International Breast Cancer and Nutrition Symposium, West Lafayette, IN. Poster.
 116. Byrer, B.K., & **McDonough, M.H.** (2014, June). *Breast cancer survivors' decisions to join a dragon boating team.* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 36, S83].
 117. Fong, A.J., Sabiston, C.M., & **McDonough, M.H.** (2014, June). *Do sedentary behaviour and physical activity moderate the association between body-related stress and post-traumatic growth among post-treatment breast cancer survivors?* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S87-S88].
 118. McDavid, M.L., **McDonough, M.H.,** & Blankenship, B.T. (2014, June). *The effect of a self-determination theory based intervention on social relationships and psychological outcomes in a youth physical activity program.* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S100-S101].
 119. Sheehy, T.L., **McDonough, M.H.,** & Zauber, S.E. (2014, June). *Social support, physical challenge, and psychological growth in a group physical activity program for people with Parkinson's disease.* North American Society for the Psychology of Sport and Physical

- Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S111-S112].
120. *Orstad, S.L., McDonough, M.H., Klenosky, D.B., Mattson, M., & Troped, P.J. (2014, April). *Environmental correlates of trail use for recreation by type of trail*. Society for Behavioral Medicine Conference, Philadelphia, PA. Oral. [abstract in *Annals of Behavioral Medicine*, 47, S91]
 121. McDavid, M. L., & McDonough, M.H. (2013, June). *Relationships with staff predict psychological outcomes among low income youth in a physical activity based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, New Orleans, LA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 35, S101].
 122. Cox, A. E., McDavid, M. L., & McDonough, M. H. (2013, April). *Physical education motivation and physical activity change during middle school*. American Alliance for Health, Physical Education, Recreation, and Dance conference. Charlotte, NC. Poster.
 123. *Starnes, H. A., Wilson, J. S., Mroczek, D. K., McDonough, M. H., & Troped, P.J. (2013, March). *Lifespace approaches to examine associations between the built environment and physical activity*. Society of Behavioral Medicine Conference, San Francisco, CA. Oral. [abstract in *Annals of Behavioral Medicine*, 45, S184].
 124. *Richards, E.A., McDonough, M.H., Edwards, N.E., Lyle, R.M., & Troped, P.J. (2012, November). *Social cognitive correlates of dog walking*. American Public Health Association Conference, San Francisco, CA. Oral.
 125. McDonough, M.H., & Ullrich-French, S. (2012, June). *Participant reflection on character concepts taught in a physical activity-based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 34, S260].
 126. McDavid, L., McDonough, M.H., Smith, A.L., & Cooky, C. (2012, June). *A longitudinal examination of four models of hope and self-perceptions in a youth physical activity setting*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 34, S259-260].
 127. Dorsch, T.E., Smith, A.L., & McDonough, M.H. (2012, June). *The youth sport parenting experience: Role socialization, contextual considerations, and educational recommendations-Parent socialization through the early months of organized youth sport involvement*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 34, S52].
 128. *Starnes, H.A., McDonough, M.H., Laden, F., & Troped, P. J. (2012, June). *Invariance tests of the abbreviated neighborhood environment walkability scale*. American College of Sports Medicine Conference, San Francisco, CA. Oral.
 129. McDonough, M.H., & Sabiston, C.M. (2011, October). *Predicting posttraumatic growth among breast cancer survivors: The role of social support, stress, and physical activity*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Winnipeg, MB. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 43, 110].
 130. Kraemer, A.J., & McDonough, M.H. (2011, June). *Coach and peer predictors of need fulfillment and self-determined motivation in youth soccer*. North American Society for

- the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S162].
131. Ullrich-French, S., **McDonough, M.H.**, Anderson-Butcher, D., & Amorose, A. (June, 2011). *Profiles of social relationships for low-income youth in physical activity based positive youth development programs*. North American Society for the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S191-192].
 132. Smith, A.L., Troped, P.J., **McDonough, M.H.**, & DeFreese, J.D. (June, 2011). *Youth perceptions of neighborhood physical environment and peer availability as contributors to physical activity behavior*. North American Society for the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S186].
 133. Richards, L.R., Troped, P.J., **McDonough, M.H.**, & Lim, E. (June, 2011). *Testing the reliability and validity of a dog walking survey*. American College of Sports Medicine Conference, Denver, CO. Poster.
 134. Sabiston, C.M., Brunet, J., & **McDonough, M.H.** (April, 2011). *The struggle for a healthy weight during breast cancer survivorship: Treatment effects or lifestyle effects?* 2nd National Obesity Summit, Montreal, QC. Oral. [abstract in *Canadian Journal of Diabetes*, 35, 158-159].
 135. **McDonough, M.H.**, Ullrich-French, S., & Kraemer, A.J. (2010, October). *Participants' experiences of long-term change following a positive youth development program for low-income youth*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Ottawa, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 42, 132].
 136. Poliseo, J., & **McDonough, M.H.** (2010, June). *Coping effectiveness in collegiate athletes*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S209].
 137. **McDonough, M.H.**, Poliseo, J.M., Ullrich-French, S., & Sabiston, C.M. (2010, June). *The difference is more than floating: Breast cancer survivors' decisions to join dragon boat teams and support groups*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S198-199].
 138. Ullrich-French, S., **McDonough, M.H.**, & Kraemer, A.J. (2010, June). *One year follow-up of a physical activity based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S227].
 139. Brunet, J., Sabiston, C. M., **McDonough, M.**, Hadd, V., & Crocker, P. R. E. (2010, May). *Body image among breast cancer survivors: Theoretical and methodological considerations in an oncology context*. 12th International Psycho-Oncology Society World Congress, Quebec City, QC. Oral.
 140. Ullrich-French, S., **McDonough, M.H.**, Kraemer, A.J., & Poliseo, J. (2010, March). *Impact of peer and staff relationships in a positive youth development program on outside peer, home, and school contexts*. Society for Research on Adolescence Conference, Philadelphia, PA. Poster.
 141. **McDonough, M.H.**, Ullrich-French, S., Kraemer, A.J., & Poliseo, J. (2009, November). *Social relationships with peers and staff in a positive youth development program for low-*

- income youth*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Toronto, ON. Oral.
142. Ullrich-French, S., **McDonough, M.H.**, Kraemer, A.J., & Poliseo, J. (2009, June). *Facilitating social connections fosters positive outcomes: A promising avenue for positive youth development*. North American Society for the Psychology of Sport and Physical Activity conference, Austin, TX. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 31, S142-143].
 143. **McDonough, M.H.**, Poliseo, J.M., Sabiston, C.M., & Ullrich-French, S. (2009, June). *The development of social support on breast cancer survivor dragon boat teams*. Canadian Psychological Association Conference, Montreal, QC. Oral.
 144. Sabiston, C.M., Love, C., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2009, June). *Does physical activity buffer emotional stress and promote positive psychological growth among cancer survivors?* Canadian Psychological Association Conference, Montreal, QC. Oral.
 145. Brunet, J., Sabiston, C.M., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2009, April). *Measuring posttraumatic growth among breast cancer survivors*. Canadian Association of Psychosocial Oncology Conference, Vancouver, B.C. Oral.
 146. Castonguay, A.L., Sabiston, C.M., Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2009, April). *Do stressors mediate the relationship between physical self-perceptions and positive psychological growth in breast cancer survivors?* Canadian Association of Psychosocial Oncology Conference, Vancouver, BC. Oral.
 147. **McDonough, M.H.**, Hadd, V., Crocker, P.R.E., Tamminen, K.A., & Holt, N.L., (2008, June). *Adolescent swimmers' goals and stress appraisals across a swim season*. North American Society for the Psychology of Sport and Physical Activity Conference, Niagara Falls, ON. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 30, S186].
 148. Dorsch, T.E., Smith, A.L., & **McDonough, M.H.** (2008, June). *Parents' experiences of child-to-parent socialization in youth sport*. North American Society for the Psychology of Sport and Physical Activity Conference, Niagara Falls, ON. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 30, S164].
 149. Ullrich-French, S., **McDonough, M.H.**, Smith, A.L., & Harper, W.A. (2008, March). *Change in social connection predicts change in psychological outcomes in a youth development setting*. Society for Research on Adolescence Conference, Chicago, IL. Poster.
 150. Smith, A.L., **McDonough, M.H.**, Wisdom, S.A., & Ullrich-French, S. (2007, September). *A review and synthesis of research on peers and youth physical activity behavior*. 12th European Congress of Sport Psychology, Halkidiki, Greece. Oral.
 151. **McDonough, M.H.**, Sabiston, C.M., Sedgwick, W.A., & Crocker, P.R.E. (2007, June). *Examining perceived barriers to exercise among overweight women: What is missing in our measures?* Canadian Psychological Association conference, Ottawa, ON. Poster.
 152. **McDonough, M.H.**, & Crocker, P.R.E. (2007, June). *Examining changes in psychological needs and self-determined motivation among adult dragon boat participants*. North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 29, S185].
 153. Sabiston, C.M., **McDonough, M.H.**, Sedgwick, W.A., & Crocker, P.R.E. (2007, June). *Muscle gains, emotional strains, and social deigns? Conflicting experiences of change among overweight women participating in an exercise intervention program*. North

- American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 29, S200].
154. Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2007, June). *Managing stressful sport transactions: Adolescents' coping behaviours pre-, during, and post-races throughout a swim season*. North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 29, S166].
 155. **McDonough, M.H.**, & Crocker, P.R.E. (2006, November). *The role of relatedness in physical activity motivation, behaviour, and affective experiences: A self-determination theory perspective*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
 156. Sabiston, C.M., Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2006, November). *Exploring physical self-perceptions, body image, and athletic identity with physically active breast cancer survivors: Do age, BMI, or treatment characteristics matter?* Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
 157. Hadd, V., **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2006, November). *A multidimensional assessment of stress among breast cancer survivors: Development of a new instrument*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
 158. **McDonough, M.H.**, & Crocker, P.R.E. (2006, June). *Predictors and outcomes of relatedness among adult dragon boat paddlers: Examining age and gender as moderators*. North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 28, S130-S131].
 159. Hadd, V., **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2006, June). *A multidimensional measure of stress among breast cancer survivors: An initial test of a new instrument*. North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 28, S77].
 160. **McDonough, M.H.**, Sabiston, C.M., Hadd, V.N., & Crocker, P.R.E. (2006, May). *Relationships between body image and positive psychological growth among breast cancer survivors*. Canadian Association of Psychosocial Oncology Conference, Montreal, QC. Oral.
 161. Sabiston, C.M., **McDonough, M.H.**, Hadd, V.N., & Crocker, P.R.E. (2006, March). *Paddling forward: Psycho-social experiences of breast cancer survivor dragon boaters*. Second International Cancer Rehabilitation Conference. Survivorship: Moving Forward After Treatment, Vancouver, BC. Poster.
 162. **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2005, November). *The role of dragon boat paddling in facilitating post-traumatic growth among breast cancer survivors*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Niagara Falls, ON. Oral.
 163. Sabiston, C.M., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2005, November). *Paddling through waves of challenges and threats: Examining enduring stressors unique to breast cancer survivors involved in a dragon boat program*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Niagara Falls, ON. Poster.

164. **McDonough, M.H.**, & Crocker, P.R.E. (2005, October). *Peer relationships among elite adolescent athletes: Comparing sport friends, non-sport friends, and team-mate relationships*. Association for the Advancement of Applied Sport Psychology Conference, Vancouver, BC. Oral.
165. Farres, L.G., Muscat, A.C., MacNeill, K., Sedgewick, W.A., **McDonough, M.H.**, Queree, M., & Stodel, E.J. (2005, October). *Ethics and Sport Psychology Consulting: Finding Guidelines that Work in the Sport Context*. Association for the Advancement of Applied Sport Psychology Conference, Vancouver, BC. Oral.
166. **McDonough, M.H.**, Sabiston, C.M., Crocker, P.R.E., & Sedgewick, W.A. (2005, June). *Changes in intrinsic motivation and physical activity during a 12-week dragon boat intervention with overweight women*. North American Society for the Psychology of Sport and Physical Activity Conference, St. Pete Beach, FL. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 27, S105].
167. Sabiston, C.M., **McDonough, M.H.**, Sedgewick, W.A., & Crocker, P.R.E. (2005, June). *Body image and social support relationships and change during a 12-week dragon boat intervention with overweight women*. North American Society for the Psychology of Sport and Physical Activity Conference, St. Pete Beach, FL. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 27, S132].
168. **McDonough, M.H.** (2004, February). *Using ordinal logistic regression to analyze skewed ordinal data: An example from the youth sport motivation research*. Conry Conference in Measurement, Evaluation, and Research Methods, Vancouver, BC. Oral. [Proceedings paper in *Developments in the Theories and Applications of Measurement, Evaluation, and Research Methodology Across the Disciplines, Volume 2*].
169. **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2004, October). *Paddling abreast: Social support types, networks, and change among novice breast cancer survivor dragon boaters*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Saskatoon, SK. Oral.
170. Sabiston, C.M., **McDonough, M.H.**, & Crocker, P.R.E. (2004, October). *The experience of body-related concerns in breast cancer survivors involved in dragon boat activity*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Saskatoon, SK. Oral.
171. Sabiston, C.M., **McDonough, M.H.**, McKenzie, D.C., Jespersen, D., & Crocker, P.R.E. (2004, October). *Congruencies between physiological and psychological change during a novice season of dragon boat paddling*. Canadian Society for Exercise Physiology conference, Saskatoon, SK. Poster. [abstract in *Canadian Journal of Applied Physiology*, 29, S77].
172. **McDonough, M.H.**, & Crocker, P.R.E. (2004, October). *The role of peers in managing interpersonal stress in elite youth sport*. Association for the Advancement of Applied Sport Psychology Conference, Minneapolis, MN. Poster.
173. **McDonough, M.H.**, Sabiston, C.M., McKenzie, D., Jespersen, D., & Crocker, P.R.E. (2004, June). *Changes in physical self-perceptions and physical characteristics among novice Abreast in a Boat participants*. North American Society for the Psychology of Sport and Physical Activity Conference, Vancouver, BC. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 26, S132].
174. Crocker, P., Hoar, S., & **McDonough, M.** (2003, July). *Assessing stress and coping in adolescent athletes: Have we done it all wrong?* XI European Congress of Sport

- Psychology, Copenhagen, Denmark. Oral. [abstract in R. Stelter (ed.), *XI European Congress of Sport Psychology: New Approaches to Exercise and Sport Psychology: Theories, Methods and Applications* (p. 46)].
175. **McDonough, M.H.**, & Crocker, P.R.E. (2003, June). *Comparing two models of sport participation motivation among young adolescent female sport participants*. North American Society for the Psychology of Sport and Physical Activity Conference, Savannah, GA. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 25, S98].
 176. **McDonough, M.H.**, & Crocker, P.R.E. (2002, October). *Predicting self-worth among early adolescent female sport participants: The role of friendship quality and physical self-perceptions*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, BC. Oral.
 177. Crocker, P.R.E., Kowalski, N., Forrester, S., Kowalski, K., **McDonough, M.**, Chad, K., & Humbert, L. (2002, June). *Dietary restraint is linked to body perceptions in adolescent women: A three-year longitudinal investigation*. North American Society for the Psychology of Sport and Physical Activity Conference, Baltimore, MD. Oral.
 178. Crocker, P., **McDonough, M.**, Kowalski, K., Chad, K. & Humbert, L. (2001, November). *Will I ever change? A three-year investigation of physical self and social physique anxiety in adolescent women*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Montreal, QC. Oral.

2. Communications

Interviews/Broadcasts

- 2019 Interview about physical activity and social relationships. *Global News* (TV and online), Calgary, AB. <https://globalnews.ca/video/5084629/working-out-a-social-affair/>
- 2013 Interview about physical activity for breast cancer survivors. *Morning News and Sunday Magazine, WIBC Radio*, Indianapolis, IN.
- 2013 “Health and Kinesiology teams with YWCA to offer exercise program for cancer survivors.” *WLFI TV News*, West Lafayette, IN
- 2009 “Teamwork critical to recovery: Breast cancer survivors excel on dragon boat team.” *WLFI TV News* and www.wlfi.com, West Lafayette, IN
- 2008 “Purdue study follows breast cancer survivors.” *Inside Indiana Business* online.
- 2008 Story on breast cancer survivor dragon boating team and research study. *WTRH TV News*. Indianapolis, IN

Print or Online Publications

- 2021 “Staying physically active and socially connected a challenge for Calgarians over 65” *UToday*, University of Calgary.
- 2021 “Walking for Wellness Tipsheet” *City of Calgary Older Adults and Social Isolation Campaign Website* <https://www.calgary.ca/csps/cns/seniors/Older-adults-and-social-isolation/Things-to-do/Things-to-help-you-stay-active.html>

- 2021 “Did you know that physical activity can help you make connections?” *City of Calgary Older Adults and Social Isolation Campaign Website*
<https://www.calgary.ca/csps/cns/seniors/Older-adults-and-social-isolation/Resources.html>
- 2019 “Who will help mom?” *University of Calgary Alumni Magazine*.
<http://em.ucalgary.ca/18LgR000KyvV2N0G3080w00>
- 2018 “University of Calgary active aging study.” *Age-Friendly Calgary Newsletter*. The City of Calgary.
- 2018 “What social supports keep older adults physically active, researcher wants to know.” *UToday*, University of Calgary.
- 2018 “Circling the square: A semi-structured teaching dialogue that develops collegial connection.” *TI Connections*, blog of the Taylor Institute for Teaching and Learning at the University of Calgary.
<http://connections.ucalgaryblogs.ca/2018/05/29/circling-the-square-a-semi-structured-teaching-dialogue-that-develops-collegial-connection/>
- 2017 “Parkinson’s on the ROPES: Exercise programs incorporating boxing skills may help manage symptoms of Parkinson’s disease. Here’s how they work.” *Neurology Now* 13(5), pp. 38-41 doi: 10.1097/01.NNN.0000526573.46535.da
- 2017 “Get out and have fun: Staying active is easier when you enjoy it.” *Apple Magazine*, Sumer 2017, Issue 6, pp. 24-25
- 2013 “Purdue camp boosts self-esteem, newly published data show.” *The Lafayette Journal & Courier*.
- 2013 “Health and Kinesiology teams with YWCA to offer exercise program for cancer survivors.” *The Exponent, The Lafayette Journal & Courier, The Daily Reporter* (Greenfield, IN), *The Houston Chronicle*, and *The San Francisco Chronicle*.
- 2013 “Taking the fight to Parkinson’s.” Feature article in *Purdue Alumnus* magazine.
- 2013 “Crossing the finish line: Breast cancer survivors celebrate being part of a team that connects both emotional and physical well-being.” *Successful Farming* magazine and *Agriculture.com*.
- 2011 “As survivors, they’re in the same boat, triumphantly.” Invited feature article written by McDonough for special feature on breast cancer awareness in *The Lafayette Journal & Courier*.
- 2009 “Children are not the only ones in the game when it comes to sports.” *The Globe and Mail, The Lafayette Journal & Courier, Lakeshore Public Radio* (Merrillville, IN), *The Daily Chronicle* (DeKalb, IL), *American Youth Soccer Organization Magazine, University of San Francisco Center for Child and Family Development Community Counseling Center* (website), *Human Kinetics* (website), *Los Angeles Times, Z100 New York* (radio and blog)
- 2009 30 min interview about breast cancer survivors involved in dragon boating and physical activity on *MOVE IT! Integrated Approaches to Health, Lifestyle, Sports, & Fitness*, on *107.3 KOOL FM* radio in Victoria, BC.
- 2009 Research on social support in physical activity for breast cancer survivors discussed in the popular press book: Blau, M., & Fingerhant, K.L. (2009). *Consequential strangers: The power of people who don’t seem to matter...but really do*. W. W. Norton & Co.: New York.

- 2008 “Dragon boat racing motivates cancer survivors to battle upstream.” *The Exponent*, *At Geist.com* (magazine and blog in Indianapolis), *The Pink Letter-Breast Cancer News*, *WTHR News* (NBC Indianapolis), *Inside Indiana Business*.
- 2007 “Breast cancer survivors can find comfort in teams with athletic goals.” *Indianapolis Woman* magazine, and *Collaborations → Results* (magazine of the *American Association for Cancer Research*).
- 2007 “Moving upstream: Breast cancer survivors use dragon boat racing to boost their morale and strength.” *Indianapolis Woman* magazine.
- 2007 “Co-workers bond, get some exercise, on company teams.” *Lafayette Journal and Courier*
- 2007 “Taking steps toward a cure.” *Lafayette Journal and Courier*