

CURRICULUM VITAE
S. NICOLE CULOS-REED, PH.D.

PERSONAL

Current Position: Associate Dean Graduate, Faculty of Kinesiology
Professor, Faculty of Kinesiology
Adjunct Professor, Dept. of Oncology, Cumming School of
Medicine
Director, Health and Wellness Lab
Director, Thrive Centre

Nationality: Canadian

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www.thrivehealthservices.com

Maternity/Parental Leaves: March 2002 – 2003
August 2004 – 2005
February 2007 – 2008

Research & Scholarship Leaves: July 2010 – June 2011
January 2015 – June 2015

PROFESSIONAL AFFILIATIONS

Current Memberships

Society of Behavioral Medicine (SBM)
International Society of Psycho Oncology (IPOS)
Canadian Association of Psycho-Oncology (CAPO)
Arnie Charbonneau Cancer Institute (Formerly SACRI)
Alberta Children's Hospital Research Institute (ACHRI)
Alberta Centre for Active Living
O'Brien Institute for Public Health

EDUCATION

2000 Ph.D. in Exercise and Health Psychology, Department of Kinesiology, Faculty of Applied Health
Sciences, University of Waterloo. Waterloo, Ontario, Canada.
Supervisor: Dr. Lawrence R. Brawley
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1996 M.Sc. in the Social Psychology of Sport and Physical Activity, Department of Exercise and Movement Science, University of Oregon. Eugene, Oregon, USA.
Supervisor: Dr. Maureen R. Weiss

1994 B.A, Department of Psychology, University of British Columbia. Vancouver, British Columbia, Canada.

Fellowships

Jul-Dec 2000 Canadian Cancer Society/National Cancer Institute of Canada Post - Doctoral Fellowship
1998-2000 Social Sciences and Humanities Research Council of Canada (SSHRC)
Doctoral Fellowship

CERTIFICATIONS AND TRAINING

University of Calgary's Academic Leadership Academy. Effectiveness in the Academy: Personal Leadership for Enhanced Career Productivity. (Jan-Mar 2017)

Instructional Skills Workshop – (May 2006) certification program

Blackboard Skills Workshop – (Mar 2005)

Technology in Teaching – completed a 1-day workshop (Faculty of Kinesiology, May 2004)

University of Calgary Library's Information Technology Days (2001)

University of Waterloo Teaching Certificate program (2000)

PROFESSIONAL EXPERIENCE

Current

07/2018 Associate Dean of Graduate Studies, Faculty of Kinesiology, University of Calgary

06/2015 Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary

06/2001 Adjunct Assistant Professor, Department of Oncology, Cumming School of Medicine, University of Calgary

01/2001 Director, Health and Wellness Lab, Faculty of Kinesiology, University of Calgary

01/2001 Research Associate, Health and Exercise, Psychosocial Resources, Tom Baker Cancer Centre, Alberta Cancer Board, Alberta Health Services

Previous

09/2007 Associate Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary

01/2001 Assistant Professor, Health and Exercise Psychology, Faculty of Kinesiology, University of Calgary

06 - 12/2000 Post - Doctoral Fellow, Centre for Behavioural Research and Program Evaluation (CBRPE), University of Waterloo

AWARDS AND DISTINCTIONS

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2019	CIHR – Institute of Cancer Research: CAPO Award for Research Excellence.
2018	Pathfinder’s Award, PROSTAID Calgary, Prostate Cancer Canada Clinical Network
2017	Peak Scholars in Entrepreneurship, Innovation & Knowledge Engagement Award, University of Calgary
2017	Great Supervisor Award, University of Calgary
2014	City of Calgary’s Community Achievement Award, Excellence in Education 2013
2013	Roger Jackson Centre for Health and Wellness Research, Faculty Excellence award
2013	Nominated for the University of Calgary Graduate Supervision award
2012	Nominated for the University of Calgary Supervisory Excellence award
2012	Nominated for the CIHR Knowledge Translation Award
2003-08*	Alberta Heritage Foundation for Medical Research: Population Health Investigator *3 year award extended for 2 years due to maternity/parental leaves
2000	American Psychological Association, Division 47 (Health and Exercise Psychology), Outstanding Dissertation Award
1993	Undergraduate NSERC Student Research Award
1990-94	Various undergraduate scholarships, held at UBC

PUBLICATIONS

*Notes: Unless otherwise indicated, last author signifies senior author position.
Names with an asterisk (*) indicate trainees.*

Summary	Total
Book Chapters, Books, Manuals	16
Manuscripts (In Press or Published)	88
Non-Refereed Publications	9
Poster Presentations - Conferences	62
Oral Presentations – Conferences/Peer-Reviewed	74
Invited Presentations - Oral	113
Monthly Educational Seminars - Invites	3
Hosted Workshops & Trainings	23

Book Chapters, Books, Manuals

1. McDonough M & **Culos-Reed SN**. (2018). Physical activity and recovery from breast cancer. In Tenenbaum and Roberts’ Handbook of Sport Psychology 4th Edition (Eds). Wiley.
2. **Culos-Reed SN** & Capozzi LC* (2016). Cancer and Exercise: Training Manual for Fitness Professionals 4th Edition [Manual]. Calgary, Alberta: University of Calgary.
3. **Culos-Reed SN**, Long R*, Walter AA, Van Puymbroeck M. (2016). Yoga therapy for cancer pre- and post-treatment. In Khalsa SB et al. The Principles and Practice of Yoga in Health Care. United Kingdom: Handspring Publishing.

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4. Capozzi LC*, Leach HJ*, Blinn P* & Jackson C*, **Culos-Reed SN**. (2016). Thrive Centre Manual of Operations [Manual]. University of Calgary.
5. **Culos-Reed SN**, Leach HJ*, Danyluk J. (2014). BEAUTY Program Manual of Operations [Manual]. University of Calgary. BEAUTY Dissemination Funded by Canadian Breast Cancer Foundation.
6. Chamorro-Viña C*, Keats MR*, **Culos-Reed SN**. (2014). Pediatric Oncology Exercise Manual (POEM). Professional Version 1st Edition [Manual]. Calgary, Alberta: University of Calgary. CIHR funded.
7. Chamorro-Viña C*, Keats MR*, **Culos-Reed SN**. (2014). Pediatric Oncology Exercise Manual (POEM). Family Version 1st Edition [Manual]. Calgary, Alberta: University of Calgary. CIHR funded.
8. Capozzi LC*, **Culos-Reed SN**. (2014). Population Considerations for Promoting PA Behaviour Change. In Nigg et al (Eds.), ACSM's Behavioural Aspects of Exercise.
9. **Culos-Reed SN**, Capozzi LC*, Daroux-Cole LM. (2014). Cancer and Exercise: Training Manual for Fitness Professionals 3rd Edition [Manual]. Calgary, Alberta: University of Calgary.
10. Vallance JK, **Culos-Reed SN**, Mackenzie MJ*, Courneya KS. (2013). Physical Activity and Quality of Life in Cancer Survivors. In P. Ekkekakis, ed, Handbook of Physical Activity and Mental Health. London: Routledge Press.
11. **Culos-Reed SN**. (2013). Section Editor, Quality of Life in Special Populations. In Ekkekakis et al (Eds.), Handbook of Physical Activity and Mental Health. London: Routledge Press.
12. **Culos-Reed SN**, Daroux-Cole LM, Capozzi LC*. (2013). Cancer and Exercise: Training Manual for Fitness Professionals 2nd Edition [Manual]. Calgary, Alberta: University of Calgary.
13. Santa Mina D, Ritvo P, Segal R, **Culos-Reed SN**, Alibhai SMH. (2010). Exercise after Prostate Cancer Diagnosis. In J.M. Saxton & A. Daley (Eds.), Exercise and Cancer Survivorship: Impact on Health Outcomes and Quality of Life. Springer Science and Business Media. Pages: 113-139. DOI: 10.1007/978-1-4419-1173-5_7.
14. **Culos-Reed SN**, Stephenson L. (2007). Cancer and Exercise: Training Manual for Fitness Professionals 1st Edition [Manual]. Calgary, Alberta: University of Calgary.
15. (2001). Perceived Control: A Construct That Bridges Theories of Motivated Behaviour. In G. C. Roberts (Ed.), Advances in Motivation in Sport and Exercise. Champaign, IL: Human Kinetics.
16. **Culos-Reed SN**, Brawley LR, Gyurcsik NC. (2001). Using Theories of Motivated Behaviour to Understand Physical activity: Perspectives on their Influence. In R. Singer, H. Hausenblas, & C. Janelle (Eds.), The International Handbook of Research on Sport Psychology, 2nd Edition. New York, NY: Wiley & Sons.

Manuscripts (In Press or Published)

1. O'Neill, M.E., Samaroo, D., Lopez, C., Tomlinson, G., Santa Mina, D., Sabiston, C., **Culos-Reed, S.N.**, Alibhai, S.M.H. (Submitted, 2019). The effect of yoga interventions on cancer-related fatigue and quality of life for women with breast cancer: A systematic review and meta-analysis of randomized controlled trials. *Integrative Cancer Therapies*. Under Review.
2. Shank J, Chamorro-Vina C, Guilcher GMT, Langelier DM, Schulte F, **Culos-Reed SN**. (2019). Evaluation tools for physical activity programs for childhood cancer: a scoping review. *Accepted in Journal of Pediatric Oncology Nursing*, 1-16.
3. Daeggelmann J, Wurz A, San Juan AF, Albinati N, Bloch W, **Culos-Reed SN**. (2019). Translating research to practice: Taking the next step to get children diagnosed with cancer moving. *Annals of Physiotherapy and Occupational Therapy*, 2(5), ISSN: 2640-2734

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4. Warbeck, C., Dowd, A. J., Kronlund, L., Parmar, C., Duan, J. T., Wytsma-Fisher, K., Schick, A., Reimer, R. A., Millet, G., Fung, T., Culos-Reed, S. N. (submitted Fall 2019). *Feasibility and effects of a 12-week high intensity interval training plus lifestyle education intervention on inactive adults with celiac disease: findings from the MOVE-C randomized controlled trial*. Submitted to the Can J Gastroenterol. Hepatol.
5. Dowd, A. J., Kronlund, L., Warbeck, C., Parmar, C., Daun, J. T., Wytsma-Fisher, K., Reimer, R. A., Millet, G. Y., Fung, T., & **Culos-Reed, S. N.** (submitted June 2019). Effects of a 12-Week HIIT + Group Mediated Cognitive Behavioural Intervention on Quality of Life Among Inactive Adults with Celiac Disease: Findings from the MOVE-C Study. *Manuscript submitted for publication*.
6. Langelier DM*, Jackson C*, Cormie P, Bridel W, Grant C, Shank J*, Daun J*, Albinati N*, Davey C*, **Culos-Reed SN.** (in press). What Gets You Moving? A Mixed Methods Study Exploring Physical Activity Motivators in Active and Inactive Men with Prostate Cancer. *Journal of Rehabilitation Medicine*.
7. McDonough, MH, Beselt, LJ, Daun, JT, Shank, J.*, Kronlund, L. *, **Culos-Reed, SN,** & Bridel, W. (2019). The role of social support in physical activity for cancer survivors: A systematic review. *Psycho-Oncology*. 2019; XX– XX. <https://doi.org/10.1002/pon.5171>.
8. Wurz A*, Daeggelmann J, Albinati N*, Kronlund L*, Chamorro-Viña C*, **Culos-Reed SN.** (2019). Physical activity programs for children diagnosed with cancer: an international environmental scan. *Supportive Care in Cancer*, 27(4), 1153-62. doi: 10.1007/s00520-019-04669-5. Epub 2019 Feb 6.
9. Langelier DM*, D'Silva A*, Shank J*, Grant C, Bridel W, **Culos-Reed SN.** (2019). Exercise interventions and their effect on masculinity, body image, and personal identity in prostate cancer— A systematic qualitative review. *Psycho-Oncology*, 28(6):1184 - 1196. <https://doi.org/10.1002/pon.5060>
10. Dowd, A. J.*, Kronlund, L.*, Parmar, C., Daun, J. T.*, Wytsma-Fisher, K.*, Reimer, R. A., & **Culos-Reed, S. N.** (2019). A 12-Week Pilot Exercise Program for Inactive Adults With Celiac Disease: Study Protocol. *Global advances in health and medicine*, 8, doi:10.1177/2164956119853777.
11. Danhauer SC, Addington EL, Cohen L, Sohl SJ, Van Puymbroeck M, Albinati NK*, **Culos-Reed SN.** (2019). Yoga for symptom management in oncology: A review of the evidence base and future directions for research. *Cancer*, Jun 15;125(12):1979-1989. doi: 10.1002/cncr.31979. Epub 2019 Apr 1.
12. **Culos-Reed, S.N.**, Dew, M., Shank, J., Langelier, D.M. & McDonough, M. (2019). Qualitative Evaluation of a Community-Based Physical Activity and Yoga Program for Men Living With Prostate Cancer: Survivor Perspectives. *Global Advances in Health and Medicine*, 8 (2019): 1-8 <https://doi.org/10.1177/2164956119837487>
13. **Culos-Reed, N.**, Dew, M., Zahavich, A., Wilson, K., Arnason, T., Mackenzie, M., Brissette, C., Van Patten, C. & Santa Mina, D. Development of a Community Wellness Program for Prostate Cancer Survivors. *Translational Journal of the American College of Sports Medicine* 3.13 (2018): 97-106.
14. Langelier DM*, Cormie P, Bridel W, Grant C, Albinati N*, Shank J*, Daun JT*, Fung TS, Davey C*, **Culos-Reed SN.** (2018). Perceptions of masculinity & body image in men with prostate cancer: the role of exercise. *Supportive Care in Cancer*, 10; 3379-3388. doi: 10.1007/s00520-018-4178-1. Epub 2018 Apr 13.
15. Woodside H, **Culos-Reed SN,** Grégoire MC, Rutledge R, Keats MR. Yoga for Young Adults with Noncurative Cancer: A Brief Report. (2018). *Global Advances in Health and Medicine*. Volume 7: 1–4. doi.org/10.1177/2164956118763523.

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16. Saotome H, **Culos-Reed SN**. (2018). The role and importance of physical literacy in athlete development and physical education: A case study of Canada and its applicability in Japan. *Journal of Japan Society of Sport*, 28; 2_141-2_148. [Doi.org/10.5997/sposun.28.2_141](https://doi.org/10.5997/sposun.28.2_141).
17. Saotome H, **Culos-Reed SN**. (2018). Youth sports development project in the United States: A case study of the Aspen Institute Project Play. *Journal of Japan Society of Sport*, 28; 4_287-4_294. doi.org/10.5997/sposun.28.4_287.
18. Robinson PD, Oberoi S, Tomlinson D, Duong N, Davis H, Cataudella D, **Culos-Reed SN**, Gibson F, Gotte M, Hinds P, Nijhof SL, van der Torre P, Cabral S, Dupuis LL, Sung L. (2018). Management of fatigue in children and adolescents with cancer and in paediatric recipients of haemopoietic stem-cell transplants: a clinical practice guideline. *The Lancet Child & Adolescent Health*. Published online March 7, 2(5):c. doi: 10.1016/S2352-4642(18)30059-2. Epub 2018 Mar 7.
19. Tomlinson D, Robinson PD, Oberoi S, Cataudella D, **Culos-Reed SN**, Davis H, Duong N, Gibson F, Götte M, Hinds P et al. (2018). Pharmacological interventions on fatigue in patients with cancer and hematopoietic stem cell transplant recipients: a systematic review and meta-analysis of randomized trials. *Curr Oncol*, 25; e152-167.
20. Oberoi S, Robinson PD, Cataudella D, **Culos-Reed SN**, Davis H, Duong N, Gibson F, Götte M, Hinds P, Nijhof SL, Tomlinson D, van der Torre P, Cabral S, Dupuis LL, Sung L. (2018). Physical activity reduces fatigue in patients with cancer and hematopoietic stem cell transplant recipients: a systematic review and meta-analysis of randomized trials. *Crit Rev Oncol Hematol*; 122: 52–59.
21. Santa Mina D, Sabiston CM, Fong A, Capozzi LC*, Langelier D*, Chasen M, Chiarotto J, Tomasone J, Jones JM, Chang E, **Culos-Reed SN**. (2018). Connecting People with Cancer to Physical Activity and Exercise Programs: A Pathway to Create Accessibility and Engagement. *Current Oncology*, 25; 149-62.
22. Dowd, A. J., Jackson, C. L., Tang, K. T. Y, Nielsen, D., Higbee Clarkin, D., & **Culos-Reed, S. N.** (2018). MyHealthyGut: Development of a theory-based self-regulatory app to effectively manage celiac disease. *mHealth*, 4, 19. doi: 10.21037/mhealth.2018.05.05
23. Jackson CL*, Dowd AJ*, Capozzi LC*, Bridel W, Lau HY, **Culos-Reed SN**. (2018). A Turning Point: Head and Neck Cancer Patients' Exercise Preferences and Barriers Before and After Participation in an Exercise Intervention. *Euro J Cancer Care* 27; e12826. doi: 10.1111/ecc.12826. Epub 2018 Jan 29.
24. Leach H, Gainforth H, **Culos-Reed SN**. (2017). Delivery of an Exercise Program for Breast Cancer Survivors on Treatment in a Community Setting. *Translational Journal of the American College of Sports Medicine*, (24):153–161, DOI: 10.1249/TJX.0000000000000050.
25. Medysky, M.,* Temesi, J., **Culos-Reed, S.N.**, Millet, G.Y. Exercise, sleep and cancer-related fatigue: Are they related? *Neurophysiologie Clinique/Clinical Neurophysiology* (2017), <http://dx.doi.org/10.1016/j.neucli.2017.03.001>
26. Twomey R*, **Culos-Reed SN**, Millet GY, Lau H. (2017). Fatigue following head and neck cancer radiotherapy: an unrecognized side effect of modern radiotherapy techniques? *Transl Cancer Res*;6(Suppl 9):S1471-S1475. doi: 10.21037/tcr.2017.11.12
27. Duong N, Davis H, Robinson PD, Oberoi S, Cataudella D, **Culos-Reed SN**, Gibson F, Götte M, Hinds P, Nijhof SL, Tomlinson D, van der Torre P, Ladas E, Cabral S, Dupuis LL, Sung L. (2017). Mind and body practices for fatigue reduction in patients with cancer and hematopoietic stem cell transplant recipients: a systematic review and meta-analysis. *Crit Rev Oncol Hematol*; 120: 210–16.

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28. Cuthbert C*, **Culos-Reed SN**, Tapp D, Kinf-Shier K, Ruether D. (2017). What is the state of the science on physical activity interventions for family caregivers? A systematic review and RE-AIM evaluation. *J Phys Act Health*, 14: 578-595 doi: 10.1123/jpah.2016-0280. Epub 2017 Mar 14.
29. Cuthbert C*, **Culos-Reed SN**. (2017). Creating an upward spiral: A qualitative study of caregivers' experience of participating in a structured physical activity program. *Euro J Cancer Care* 26; doi: 10.1111/ecc.12684. Epub 2017 Apr 5.
30. Twomey R*, Aboodarda SJ, Kruger R, **Culos-Reed SN**, Temesi J, Millet GY. (2017). Neuromuscular fatigue during exercise: methodological considerations, etiology and potential role in chronic fatigue, *Neurophysiologie Clinique / Clinical Neurophysiology*, Volume 47(2): 95-110.
31. Chamorro-Viña C*, **Culos-Reed SN**. (2017). Description of a community- based exercise program for children with cancer: A sustainable, safe and feasible model. *Rehabilitation Oncology*. DOI: 10.1097/01.REO.0000000000000051.
32. **Culos-Reed SN**, Leach HC*, Easaw J, Capozzi LC*, Eves N, Millet G. (2017). Exercise preferences, and associations between fitness parameters, physical activity and quality of life in high grade glioma patients. *Supportive Care in Cancer*, 25; 1237-46. doi: 10.1007/s00520-016-3516-4. Epub 2016 Dec 17.
33. Chamorro-Viña C*, Valentin J, Fernandex L, Gonzalez-Vincent M, Perez-Ruiz M, Lucia A, **Culos-Reed SN**, Diaz MA, Perez-Martinez A. (2016). Influence of a Moderate-Intensity Exercise Program on Early NK Cell Immune Recovery in Pediatric Patients After Reduced-Intensity Hematopoietic Stem Cell Transplantation. *Integrative Cancer Therapies* 1534735416679515. 2016 Nov 30. DOI: 10.1177/1534735416679515.
34. Mackenzie MJ*, Wurz AJ*, Yamauchi Y, Pires LA, **Culos-Reed SN**. (2016). Yoga Helps Put the Pieces Back Together: A Qualitative Exploration of a Community-Based Yoga Program for Cancer Survivors. *Evidence-Based Complementary and Alternative Medicine*, vol. 2016, Article ID 1832515, 10 pages. doi:10.1155/2016/1832515.
35. Courneya KS, McNeely ML, **Culos-Reed SN**, Vallance JK, Bell GJ, Mackey JR, Matthews CE, Morielli AR, Cook D, MacLaughlin S, Farris MS, Voaklander S, O'Reilly R, & Friedenreich CM (2016). The Alberta Moving Beyond Breast Cancer (AMBER) cohort study: Recruitment, baseline assessment, and description of the first 500 participants. *BMC Cancer* 16; 481-489.
36. Leach HJ*, Danyluk JM, Nishimura KC*, **Culos-Reed SN**. (2016). Benefits of 24 Versus 12-weeks of exercise and wellness programming for women undergoing treatment for breast cancer. *Supportive Care Cancer*. DOI:10.1007/s00520-016-3302-3.
37. Jennings CA, Berry TR, Carson V, **Culos-Reed SN**, Duncan MJ, Loitz CC, McCormack GR, et al. (2016). UWALK: the development of a multi-strategy, community-wide physical activity program. *Translational Behavioral Medicine*. DOI: 10.1007/s13142-016-0417-5.
38. Capozzi LC*, McNeely ML, Lau HY, Reimer RA, Giese-Davis J, Fung TS, **Culos-Reed SN**. (2015) Patient reported outcomes, body composition and nutrition status in head and neck cancer patients: Results from a randomized controlled exercise trial. *Cancer*, 122; 1185-1200. DOI: 10.1002/cncr.
39. Alibhai SMH, Santa Mina D, Ritvo P, Sabiston C, Krahn M, Tomlinson G, Matthew A, Segal R, Warde P, Durbano S, O'Neil M, **Culos-Reed SN**. (2015). A Phase II RCT and economic analysis of three exercise delivery methods in men with Prostate Cancer on Androgen Deprivation Therapy. *BMC Cancer* 15; 312-323. DOI: 10.1186/s12885-015-1316-8
40. **Culos-Reed SN**, Guilcher GMT. (2015). What is cancer? An overview for yoga therapists. *International Association of Yoga Therapists*, Spring Issue; 14-17.

41. Leach HJ*, Devonish JA, Bebb DG, Krenz KA*, **Culos-Reed SN**. (2015). Exercise Preferences, Levels and Quality of Life in Lung Cancer Survivors. *Journal of Supportive Care in Cancer*; Volume 23 (11) 3239-3247. DOI: 10.1007/s00520-015-2717-6
42. Capozzi LC*, Nishimura KC*, Lau H, McNeely ML, **Culos-Reed SN**. (2015). Physical activity to improve health related fitness and quality of life for head and neck cancer patients: a systematic review. *British Journal of Sports Medicine*; Volume 50(6) 325-338. DOI: 10.1136/bjsports-2015-094684
43. Capozzi LC*, Boldt KR*, Eesaw J, Bultz B, **Culos-Reed SN**. (2015). Evaluating a 12-week exercise program for brain cancer patients. *Psycho-Oncology*. Volume 25 (3) 354-358. DOI: 10.1002/pon.3842.
44. Beulertz J, Wurz AJ*, **Culos-Reed SN**, Chamorro-Viña C*, Bloch W & Baumann FT. (2015). Ankle dorsiflexion in childhood cancer patients. A review of the literature. *Cancer Nursing*; Volume 38 (6) 447-457. DOI: 10.1097/NCC.000000000000022.
45. Leach HJ*, Danyluk JM, Nishimura KC*, **Culos-Reed SN**. (2014). Evaluation of a Community-Based Exercise Program for Breast Cancer Survivors Undergoing Treatment. *Cancer Nursing*; Volume 38(6), 417-425. DOI: 10.1097/NCC.0000000000000217.
46. Leach HJ*, Danyluk JM, **Culos-Reed SN**. (2014). BEAUTY – Design and Implementation of an Evidence-Based Community Physical Activity Program for Breast Cancer Survivors. *Current Oncology*; Volume 21 (5), 267-71. DOI: 10.3747/co.21.2079.
47. Wurz AJ*, Capozzi LC*, Mackenzie Mj*, Danhauer SC, **Culos-Reed SN**. (2014). Developing Research-Based Yoga Programs: An Example from Cancer Survivors. *International Journal of Yoga Therapy*.
48. Wurz AJ*, Chamorro-Viña C*, Guilcher GM, Schulte F, **Culos-Reed SN**. (2014). The feasibility and benefits of a 12-week yoga intervention for pediatric cancer out-patients. *Pediatric Blood & Cancer*, 61(10): 1828-34. DOI: 10.1002/pbc.25096.
49. Capozzi LC*, Boldt KR*, Lau H, Shirt L, Bultz B, **Culos-Reed SN**. (2014). A clinic supported group exercise program for head and neck cancer survivors: managing cancer and treatment side effects to improve quality of life. *Supportive Care in Cancer*, Volume 23(4). DOI 10.1007/s00520-014-2436-4.
50. Mackenzie MJ*, Carlson LE, Paskevich DM, Ekkekakis P, Wurz AJ*, Wytsma K*, Krenz KA*, McAuley E, **Culos-Reed SN**. (2014). Associations between attention, affect and cardiac activity in a single yoga session for female cancer survivors: An enactive neurophenomenology-based approach. *Consciousness and Cognition*, 27C(1), 129-146. DOI: 10.1016/j.concog.2014.04.005
51. Capozzi LC*, Boldt KR*, Lau H, Bultz B, Shirt L, Jones P, **Culos-Reed SN**. (2014). Symptom management and fitness outcomes of head and neck cancer survivors undergoing a 12-week physical activity program: A pilot study. *Supportive Care in Cancer*, DOI 10.1007/s00520-014-2436-4.
52. Alibhai SMH, O'Neill S, Fisher-Schlombs K, Breunis H, Timilshina N, Brandwein JM, Minden MD, Tomlinson GA, **Culos-Reed SN**. (2014). A pilot phase II RCT of a home-based exercise intervention for survivors of AML. *Supportive Care in Cancer*, 22(4):881–889. DOI: 10.1007/s00520-013-2044-8.
53. Wurz AJ*, Capozzi LC*, Mackenzie MJ*, Danhauer SC, **Culos-Reed SN**. (2013). Translating knowledge: a framework for evidence-informed yoga programs in oncology. *International Journal of Yoga Therapy*, 23(2):85-90.
54. Chamorro-Viña C*, Wurz AJ*, **Culos-Reed SN** (2013). Promoting physical activity in pediatric oncology. Where do we go from here? *Frontiers in Oncology*, 3(173):1-4. DOI: 10.3389/fonc.2013.00173

55. Broderick JM, Guinan E, Kennedy MJ, Hollywood D, Courneya KS, **Culos-Reed SN**, Bennett K, O'Donnell DM, Hussey J. (2013). Feasibility and efficacy of a supervised exercise intervention in de-conditioned cancer survivors during the early survivorship phase: the PEACH trial. *Journal of Cancer Survivorship*, 7(4):551-562. DOI: 10.1007/s11764-013-0294-6.
 56. Mackenzie MJ*, Carlson LE, Ekkekakis P, Paskevich DM, **Culos-Reed SN**. (2013). Affect and mindfulness as predictors of change in mood disturbance, stress symptoms, and quality of life in a community-based yoga program for cancer survivors. *Evidence-Based Complementary And Alternative Medicine*, 2013(419496):1-13. DOI: 10.1155/2013/419496.
 57. **Culos-Reed SN**, Capozzi LC*. (2013). Physical activity and patient-reported outcomes: enhancing impact. *European Review of Ageing and Physical Activity, Special Issue*, 10(1):37-40. DOI: 10.1007/s11556-012-0112-6
 58. Speed-Andrews AE, McGowan EL, Rhodes RE, Blanchard CM, **Culos-Reed SN**, Friedenreich CM, Courneya KS. (2013). Identification and evaluation of the salient physical activity beliefs of colorectal cancer survivors. *Cancer Nursing*, 37(1):14-22. DOI: 10.1097/NCC.0b013e3182813972
 59. Speed-Andrews AE, McGowan EL, Rhodes RE, Blanchard CM, **Culos-Reed SN**, Friedenreich CM, Courneya KS. (2013). Correlates of strength exercise in colorectal cancer survivors. *American Journal of Health Behavior*, 37(2):162-170. DOI: 10.5993/AJHB.37.2.3.
 60. McGowan EL, Speed-Andrews AE, Blanchard CM, Rhodes RE, Friedenreich CM, **Culos-Reed SN**, Courneya KS. (2012). Physical activity preferences among a population-based sample of colorectal cancer survivors. *Oncology Nursing Forum*, 40(1):44-52. DOI: 10.1188/13.ONF.44-52.
 61. Courneya K, Vallance J, **Culos-Reed SN**, McNeely M, Bell G, Mackey J, Yasui Y, Yuan Y, Matthews C, Lau D, Cook D, Friedenreich C. (2012). The Alberta moving beyond breast cancer (AMBER) cohort study: a prospective study of physical activity and health-related fitness in breast cancer survivors. *BMC Cancer*, 12(1):525. DOI: 10.1186/1471-2407-12-525.
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 63. **Culos-Reed SN**, Mackenzie MJ*, Ross AN*, Jesse MT, Sohl S, Danhauer SC (2012). Yoga and cancer interventions: a review of the clinical significance of patient reported outcomes for cancer survivors. *Evidence-based Complementary and Alternative Medicine*, 2012(1741-427X): 642576. DOI: 10.1155/2012/642576.
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Non-Refereed Publications

1. **Culos-Reed SN**, Williamson T, Sellar C, McNeely ML (2017). Why cancer survivors need to move more: Building an Alberta exercise program. In *Wellspring*, a newsletter for the Alberta Centre for Active Living. August, Vol 28 (8).
2. **Culos-Reed SN**, Williamson T, Sellar C, Suderman K & McNeely ML (2016). The Alberta Cancer Exercise “ACE” Program for Cancer Survivors: Supporting Community-Based Exercise Participation for Health Promotion and Secondary Cancer Prevention. *Cancer Strategic Clinical Network Bulletin*, Alberta Health Services: September, p3.
3. **Culos-Reed SN**. (2014). How You Can Help Your Physical Activity Adherence: The Role of Behaviour Change Strategies. *ADT Study Newsletter* 1(2): 5-6.
4. Wurz AJ*, **Culos-Reed SN**. (2013). Building sustainable community-based programs in pediatric oncology. *Community Cancer Support Network Newsletter*, Alberta Health Services-Cancer Care Community Oncology.
5. Wurz AJ*, Chamorro-Viña C*, **Culos-Reed SN**. (2013). Exercise in childhood cancer: The role of education and programming. *Cancer Knowledge Network*.
6. Wurz AJ*, **Culos-Reed SN**. (2013). Physical activity in childhood cancer. The Doyle-Baker Lab. <http://doylebakerlab.com/2013/08/30/physical-activity-in-childhood-cancer/>.
7. **Culos-Reed SN**, Capozzi LC*, Boldt KR*. (2012). From surviving to thriving: the role of exercise in cancer survivorship. *Family Health*, Safeway Publishing. p13.
8. Wurz AJ*, **Culos-Reed SN**. (2012). Get Moving! Exercise combats treatment side-effects and can improve quality of life. *Our Voice – Prostate Cancer* 17(3): 5-7.
9. Wurz AJ*, **Culos-Reed SN**. (2012). Exercise for prostate cancer: Why you should “move it!” *Our Voice: Living with Prostate Disease in Canada*. <http://www.ourvoiceinprostatehealth.com>.

Poster Presentations – Conferences

1. Friedenreich CM, Vallance JK, McNeely ML, Culos-Reed SN, Bell, GJ, Matthews CE, Mackey JR, Stone CR, Cook D, Voaklander S, Morielli AR, Courneya KS. (11/2019). The Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Baseline Description and Fitness of the Complete Cohort of 1528 Breast Cancer Patients. *Canadian Cancer Research Conference*. Ottawa, ON.
2. Wurz A, Lategan C, McLaughlin, Hamari L, Chamorro-Viña C, Culos-Reed SN. (10/2019). International Pediatric Oncology Exercise Guidelines (iPOEG): A Delphi consensus project. *International Society of Paediatric Oncology*. Lyon, France.
3. Patterson, M., McDonough, M.H., Hewson, J., Culos-Reed, N., Bennett, E. (2019, October). *How does social support impact body image experiences of older women in physical activity programs?* Canadian Society for Psychomotor Learning and Sport Psychology conference, Vancouver, BC. Poster.
4. Wurz A, Gregory M.T. Guilcher, Fiona Schulte, Carolina Chamorro-Viña, **S. Nicole Culos-Reed** (09/2019). Developing, implementing and evaluating in-hospital physical activity practices in pediatric oncology programs in Alberta: an integrated knowledge translation project. *Canadian*

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Association of Psychosocial Oncology and International Psycho-Oncology joint conference. Banff, Alberta.

5. Wurz A, Daeggelmann J, Albinati N, Kronlund L, Chamorro-Viña C, **Culos-Reed SN** (09/2019). Identifying and describing sustainable physical activity programs for children diagnosed with cancer: results from an international environmental scan. Canadian Association of Psychosocial Oncology and International Psycho-Oncology joint conference. Banff, Alberta.
6. Lategan C, Wurz, A, Chamorro-Viña C, **Culos-Reed SN** (09/2019). Developing exercise and physical activity guidelines and recommendations in pediatric oncology: an application of the Delphi technique. Canadian Association of Psychosocial Oncology and International Psycho-Oncology joint conference. Banff, Alberta.
7. Wolper, E., McDonough, M.H., & **Culos-Reed, S.N.** (2019, September). Social support from fellow exercisers: Predictive associations with quality of life and the moderating effect of gender in physical activity programs for cancer survivors. World Congress of Psycho-Oncology, Banff, AB.
8. Dueck, S.E., McDonough, M.H., & Culos-Reed, S.N. (2019, September). *Cancer survivors' perspectives on social challenges with participating in group exercise programs*. Canadian Association of Psychosocial Oncology. Banff, AB.
9. McDonough, M.H., **Culos-Reed, S.N.**, & Wolper, E. (2019, September). *Social support from physical activity instructors in group exercise programs for cancer survivors*. World Congress of Psycho-Oncology, Banff, AB.
10. Daun, J.T., Twomey, R., Dort, J., Capozzi, L.C., Crump, T., Francis, G.J., Matthews, T.W., Chandarana, S., Hart, R., Schrag, C., Matthews, J., McKenzie, C.D., Harold, L., & **Culos-Reed, S.N.** (2019, September). *The feasibility of measuring physical function and patient-reported outcomes across the surgical timeline in head and neck cancer*. International Psycho-oncology Society (IPOS)-Canadian Association of Psychosocial Oncology (CAPO) World Congress, Banff, AB, Canada. Poster.
11. Daun, J.T., Twomey, R., Dort, J., Capozzi, L.C., Crump, T., Francis, G.J., Matthews, T.W., Chandarana, S., Hart, R., Schrag, C., Matthews, J., McKenzie, C.D., Harold, L., & **Culos-Reed, S.N.** (2019, June). *The feasibility of measuring physical function and patient-reported outcomes across the surgical timeline in head and neck cancer*. Exercise is Medicine Canada National Student Conference, Calgary, AB. Poster.
12. Bharwani, A. , McDonough, M.H., Beselt, J.L., **Culos-Reed, S.N.**, & Poulin, M.J. (2019, June). A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation. *Brenda Strafford Centre on Aging Town Hall*, Calgary, AB. Poster.
13. Bharwani, A. , McDonough, M.H., Beselt, J.L., **Culos-Reed, S.N.**, & Poulin, M.J. (2019, May). A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation. *Hotchkiss Brain Institute's Research Day*, Calgary, AB. Poster.
14. Bharwani, A. , McDonough, M.H., Beselt, J.L., **Culos-Reed, S.N.**, & Poulin, M.J. (2019, May). *A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation*. *Physical Activity and Healthy Aging Symposium*, Calgary, AB. Poster.
15. Friedenreich CM, Vallance JK, McNeely ML, **Culos-Reed SN**, Bell GJ, Matthews CE, Mackey JR, Stone CR, Dickau L, Cook D, Voaklander S, Morielli AR, Courneya KS. The Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Recruitment, Assessment, Retention and

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Description of the First 1,402 Participants. Canadian Society for Epidemiology and Biostatistics Conference, Ottawa, May 14, 2019 (poster presentation).

16. Daun, J.T., Twomey, R., Dort, J., Capozzi, L.C., Francis, G.J., Matthews, T.W., Chandarana, S., Hart, R., Schrag, C., Matthews, J., McKenzie, C.D., Lau, H., **Culos-Reed, S.N.** (2019, February). The feasibility of measuring patient-reported outcomes across the surgical timeline in head and neck cancer. *Arnie Charbonneau Annual Research Symposium*, Calgary, AB.
17. Lategan, C. L., Wurz, A., Chamorro-Vina, C., & **Culos-Reed, S. N.** Reaching International Consensus on Exercise Guidelines: Using the Delphi Technique. Poster presented at: *5th Annual Arnie Charbonneau Cancer Institute Research Symposium*; 2019 Feb 11; Calgary, AB.
18. Bharwani A, McDonough MH, Beselt LJ, Culos-Reed SN, & Poulin MJ. (June 2019). A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation. *2019 North American Society for the Psychology of Sport and Physical Activity Conference*, Baltimore MD.
19. McDonough MH, Culos-Reed SN, Bridel W & Wolper E. (June, 2019). Social support for coping and thriving in group exercise for cancer. *2019 North American Society for the Psychology of Sport and Physical Activity Conference*, Baltimore MD.
20. McDonough MH, Beselt LJ, Kronlund LJ, Albinati NK, Trudeau MS, **Culos-Reed SN**, Daun JT & Bridel W. (2018, October). A qualitative meta-study of social support in physical activity for adult cancer survivors. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON. Poster. *Journal of Exercise, Movement, and Sport*, 50, 265.
21. Dowd AJ, Kronlund L, Warbeck C, Wytsma-Fisher K, Gornicki P, Parmar C, Millet GY, Reimer RA, **Culos-Reed SN.** (April 11-13, 2018). Effects of a pilot 12-week high intensity interval training and lifestyle intervention on behavioural and psychosocial outcomes among inactive adults with celiac disease. Presented at the Society of Behavioral Medicine conference, New Orleans, LA.
22. Dowd AJ, Nielsen D, Higbee Clarkin D, Tang KTY, Jackson C & **Culos-Reed SN.** (April 11-13, 2018). Development of a theory-based app to promote gut health for celiac disease: MyHealthyGut. Presented at the Society of Behavioral Medicine conference, New Orleans, LA.
23. Langelier DM, Jackson C, Cormie P, Bridel W, Grant C, Shank J, Daun J, Albinati N, Davey C, **Culos-Reed SN.** (Accepted March 2018, Poster Presentation). What Gets You Moving? A Mixed Methods Study Exploring Physical Activity Motivators in Active and Inactive Men with Prostate Cancer. *Journal of Rehabilitation Medicine*.
24. Devonish JA, **Culos-Reed SN**, Bebb G, Gage-Bouchard EA. (2018)A 12-week community based physical activity program for lung cancer survivors: A non-randomized pilot study of feasibility. Poster presented at the American Society of Preventive Oncology 42nd Annual Meeting; 2018 Mar; New York, NY.
25. D'Silva, A. *, McNeely, M., Vallance J.K., Bebb, B., **Culos-Reed, S.N.** (2018). An Alberta Cancer Exercise Program for Lung Cancer Survivors. *Arnie Charbonneau Annual Research Symposium*, Alberta, Canada.
26. Dowd, A. J., Nielsen, D. Higbee Clarkin, D., Tang, K. T-Y., Jackson, C., & **Culos-Reed, S. N.** (2018). *Development of a theory-based app to promote gut health for celiac disease: MyHealthyGut.* Presented at the Society of Behavioral Medicine conference, New Orleans, LA.
27. Dowd, A. J., Kronlund, L., Warbeck, C., Wytsma-Fisher, K., Gornicki, P., Parmar, C., Millet, G. Y., Reimer, R. A., **Culos-Reed, S. N.** (2018). *Effects of a pilot 12-week high intensity interval training*

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and lifestyle intervention on behavioural and psychosocial outcomes among inactive adults with celiac disease. Presented at the Society of Behavioral Medicine conference, New Orleans, LA.

28. McDonough, M.H., Shank, J., Beselt, L.J., Daun, J.T., **Culos-Reed, S.N.**, Kronlund, L.J., & Bridel, W. (2018, May). Associations between social support, physical activity, and quality of life: A systematic review of observational studies. Canadian Association for Psychosocial Oncology. Toronto, ON.
29. Klaben ME, McDonough MH, Daun JT*, Beselt LJ, **Culos-Reed SN**, Kronlund LJ* & Bridel W. (2017, October). The effect of social support in physical activity interventions on physical activity and quality of life among cancer survivors: A systematic review of randomized control trials and quasi-experimental studies. Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL.
30. Tang, K.,* Dowd, J.,* **Culos-Reed, SN.** (Sept 29, 2017). An Evidence-Based Online Intervention for Adults with Celiac Disease: Findings from the POWER-C Study. Markin USRP Student Research Symposium. University of Calgary, Alberta, Canada.
31. Tang, K.,* Dowd, J.,* **Culos-Reed, SN.** (2017, April). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. Markin USRP Student Research Mini- Symposium. University of Calgary, Alberta, Canada.
32. Tang, K.,* Dowd, J.,* **Culos-Reed, SN.** (2017, March). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. Research Revealed: Undergraduate Forum for Kinesiology, Exercise Science, Sport Studies and Recreation. University of Alberta, Alberta, Canada.
33. Friedenreich, C., **Culos-Reed, S.N.**, Vallance, J., McNeely, M., Bell, G., Matthews, C., Cook, D., Voaklander, S., Morielli, A., Courneya, K. The Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Recruitment, Assessment, and Description of the First 1023 Participants. Poster Presentation. 2017 Canadian Society for Epidemiology and Biostatistics (CSEB) Conference. May 30 – June 2, 2017. Banff, AB.
34. Friedenreich CM, Vallance JK, McNeely ML, **Culos-Reed SN**, Bell GJ, Matthews CE, Mackey JR, Farris MS, Cook D, Voaklander S, Dickau L, Morielli AR, Courneya KS. The Alberta Moving Beyond Breast Cancer (AMBER) Cohort Study: Recruitment, Assessment, and Description of the First 1,111 Participants. Canadian Cancer Research Conference (CCRC), Vancouver, BC. November 5, 2017
35. Tang K*, Dowd J*, & Culos-Reed SN (2017, September). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. Campus Alberta Student Conference on Health (CASCH). University of Alberta, Alberta, Canada.
36. **Culos-Reed SN**, & McNeely M (June, 2017). Building the Alberta Cancer Exercise (ACE) Program. International Society of Behavioural Nutrition and Physical Activity (ISBNPA). Victoria, BC.
37. Kronlund LJ.*, **Culos- Reed SN.**, McDonough, M., & Guilcher, G. (June, 2017). Addressing Key Stakeholders to Assess the Reach of a Community-Based Physical Activity Oncology Program. Exercise is Medicine. London, Ontario, Canada.
38. Kronlund LJ.*, **Culos-Reed SN**, McDonough, M., & Guilcher, G. (April, 2017). Addressing Key Stakeholders to Assess the Reach of a Community-Based Physical Activity Oncology Program. Alberta Children's Hospital Research Institute Symposium. University of Calgary, Alberta
39. Kronlund LJ.*, **Culos-Reed SN.**, McDonough, M., & Guilcher, G. (May, 2017). Addressing Key Stakeholders to Assess the Reach of a Community-Based Physical Activity Oncology Program. Canadian Association of Psychosocial Oncology Conference. Vancouver, British Columbia, Canada.

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40. Wytsma-Fisher, K. *, Abdul-Razzak, A., McDonough, M., and **Culos-Reed SN**. (2017). PAACT (Physical Activity in Advanced Cancer Treatment): The Feasibility of a Physical Activity Intervention. Charbonneau Research Symposium. Calgary, AB.
41. Wytsma-Fisher, K. *, Abdul-Razzak, A., McDonough, M., and **Culos-Reed SN**. (May, 2017). PAACT (Physical Activity in Advanced Cancer Treatment): The Feasibility of a Physical Activity Intervention. Canadian Association of Psychosocial Oncology (CAPO) conference. Vancouver, BC.
42. Covington KR, Leach HJ*, Danyluk JM, **Culos-Reed SN**. Acute effects of exercise on fatigue and energy levels in breast cancer patients. American College of Sports Medicine (ACSM) Rocky Mountain chapter annual meeting. April 1, 2017, Greeley, CO.
43. **Culos-Reed SN**, Zahavich A*, Dew M, Wytma-Fisher K*, McSweeney C*, Viznaugh B*, Arnason T, Santa Mina D. (October 12-15, 2016). TrueNTH Lifestyle Management Solution: Feasibility and Benefits of a 12-week Physical Activity and Yoga Program for Prostate Cancer. Canadian Society for Exercise Physiology (CSEP). Annual conference. Victoria, BC. Poster Presentation.
44. Tang K*, Dowd J*, Jackson C,* **Culos-Reed SN** (Dec. 2016). MyHealthGut: Development of a self-regulatory app to effectively manage celiac disease. Students' Union Undergraduate Research Symposium. University of Calgary, Alberta, Canada.
45. Medsky ME, Temesi J, Culos-Reed SN, Millet GY. Examining the relationship between cancer-related fatigue and disordered sleep with two-weeks of wrist actigraphy. *Canadian Society for Exercise Physiology General Annual Meeting*, Victoria, October 12-15, 2016.
46. Doyle-Baker D, Temesi J, Medsky ME, Culos-Reed SN, Holash RJ, Millet GY. Validating a new test to measure neuromuscular fatigue during and after cycling exercise in healthy and clinical adult populations. *Canadian Society for Exercise Physiology General Annual Meeting*, Victoria, October 12-15, 2016.
47. Medsky ME, Temesi J, Fan SJ, Culos-Reed N, Millet GY. Comparing indices of neuromuscular fatigue with subjective fatigue in cancer survivors. *American College of Sports Medicine annual meeting*, June 1-4, 2016, Boston.
48. Millet GY, Medsky ME, Temesi J, Culos-Reed SN. New models for examining cancer-related fatigue. *Cancer-Related Fatigue Conference*, Calgary, June 16th, 2016.
49. Viznaugh B* & **Culos-Reed SN** (Sept 23, 2016). Reach, Effectiveness, and Adoption of Wellness Programing for Prostate Cancer Survivors. Students' Union Undergraduate Research Symposium. University of Calgary, Alberta, Canada.
50. Tang K*, Dowd J*, **Culos-Reed SN** (Sept 23, 2016). MyHealthGut: Development of a self-regulatory app to effectively manage celiac disease. Markin USRP Student Research Symposium. University of Calgary, Alberta, Canada.
51. MacSween C*, Dew M, **Culos-Reed SN** (Sept 23, 2016). Examination of Pilot Participants in the TrueNTH Lifestyle Management Program. Markin USRP Student Research Symposium. University of Calgary, AB., Canada.
52. Cuthbert C*, **Culos-Reed SN**, King-Shier K, Ruether D, & Tapp D. (Mar 2016). How active are older family caregivers to cancer patients? Motivations, barriers, and predictors of physical activity. Society of Behavioral Medicine annual meeting and scientific sessions. *Annals of Behavioral Medicine*; 50 (S1): S327.
53. **Culos-Reed SN**, Capozzi LC*, Leach HJ*. (2014). Building capacity for exercise as part of standard cancer care: cancer and exercise training for health and wellness professionals. Poster Presentation. 16th World Congress of Psycho-Oncology and Psychosocial Academy. Lisbon, Portugal.

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54. Capozzi LC*, Lau H, **Culos-Reed SN.** (2014). Using patient education as a tool to ENHANCE study recruitment. Poster Presentation. 16th World Congress of Psycho-Oncology and Psychosocial Academy. Lisbon, Portugal.
55. Capozzi LC*, **Culos-Reed SN.** (November 2014). Physical activity and the health status of head and neck cancer patients at diagnosis. Clinical Investigator Trainee Association of Canada Conference, Toronto, Ontario, November 24-26, 2014. Poster Presentation.
56. Capozzi LC*, **Culos-Reed SN.** (November 2014). Physical activity and the health status of head and neck cancer patients at diagnosis. Leaders in Medicine Symposium, Calgary, Alberta, November 14, 2014. Poster Presentation.
57. Capozzi LC*, Lau H, Culos-Reed SN. (April 2014). Exercise in Head and Neck Cancer Patients: Recruitment Feasibility for the ENHANCE trial. Poster Presentation. Society of Behavioral Medicine conference, Philadelphia.
58. O'Neill M, Santa Mina D, Ritvo P, Sabiston C, Krahn M, Tomlinson G, Matthew A, Segal R, Warde P, Durbano S, Culos-Reed SN, Alibhai SMH. (2014). A Phase II RCT and economic analysis of three exercise delivery methods in men with prostate cancer on Androgen Deprivation Therapy. Abstract. Canadian Society for Exercise Physiology Conference. St. John's Newfoundland.
59. O'Neill M, Santa Mina D, Ritvo P, Sabiston C, Krahn M, Tomlinson G, Matthew A, Segal R, Warde P, Durbano S, Culos-Reed SN, Alibhai SMH. (2014). A Phase II RCT and economic analysis of three exercise delivery methods in men with prostate cancer on ADT: Study Protocol. Poster Presentation. Toronto Rehab Research Day 2014.
60. Chamorro-Viña C*, Wurz AJ*, Keats MR*, **Culos-Reed SN.** (2014). POEM (Pediatric Oncology Exercise Manual): a knowledge synthesis to improve awareness about physical activity benefits during and after childhood cancer. Poster Presentation. 46th Congress of International Society of Pediatric Oncology. Toronto, ON.
61. Chamorro-Viña C*, Keats MR*, Wurz AJ*, Long R*, **Culos-Reed SN.** (2014). POEM (Pediatric Oncology Exercise Manual): A tool to fight sedentary behavior. Poster Presentation. 2014 Global Summit on the Physical Activity of Children, Active Healthy Kids Canada. Toronto, ON. Journal of Physical Activity and Health, 11(Supp 1):S137.
62. Chamorro-Viña C*, Keats MR*, **Culos-Reed SN.** (2014). POEM (Pediatric Oncology Exercise Manual): A resource for clinicians, fitness professionals and educators. Poster Presentation. Canadian Association of Psychosocial Oncology Annual Meeting. Winnipeg, MB.
63. Krenz KA*, Pelletier G, Vallance J, **Culos-Reed SN.** (2014). The association between physical activity and health-related quality of life in gastric and esophageal cancers. Poster Presentation. Canadian Association of Psychosocial Oncology Annual Meeting. Winnipeg, MB.
64. Capozzi LC*, Nishimura KC*, **Culos-Reed SN.** (2014). Exercise for head and neck cancer patients: A closer look into this growing field of research. Poster Presentation. Canadian Association of Psychosocial Oncology Annual Meeting. Winnipeg, MB.
65. Armstrong MJ, Campbell TS, Lewin AM, Khandwala F, **Culos-Reed SN,** Sigal RJ. (2013). Motivational interviewing-based counseling promotes maintenance of exercise in people with Type 2 Diabetes. Poster Presentation. International Diabetes Federation World Congress, Melbourne, Australia.
66. Wurz AJ*, Chamorro-Viña C*, Guilcher GMT, Schulte F, **Culos-Reed SN.** (2013). Yoga for pediatric cancer out-patients. Poster Presentation. Southern Alberta Cancer Research Institute (SACRI) Trainee Day, Calgary, AB.
67. Chamorro-Viña C*, Guilcher G, Schulte F, Danyluk J, Thomson K, Wurz AJ*, Wenarchuk T, **Culos-Reed SN.** (2013). A Community-based exercise program for children with cancer: lessons

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- learned: a multidisciplinary approach-yoga for pediatric cancer out-patients. Poster Presentation. Canadian Association of Psychosocial Oncology, Ottawa, ON.
68. Capozzi LC*, Boldt KR*, Lau H, Bultz B, Shirt L, Jones P, **Culos-Reed SN**. (2013). The ENHANCE Exercise Program: Building a sustainable exercise and wellness program for head/neck cancer patients. Poster Presentation. Society of Behavioral Medicine Conference, San Francisco, CA. Poster award.
 69. Boldt KR*, **Culos-Reed SN**, Krenz KA*, Chamorro-Viña C*, Stowkowy J, Addington J. (2013). Evaluation of exercise motivation and adherence in prodromal psychosis youth using Self-Determination theory. Poster Presentation. National Undergraduate Research Conference. The University of Toronto, ON.
 70. Capozzi LC*, **Culos-Reed SN**. (2013). The ENHANCE exercise program: Building a sustainable exercise and wellness program for head and neck cancer survivors. Student Health Research Forum Conference. Top 5% graduate students invited from across Canada to share work. Received an Honorable Mention in the Poster competition.
 71. McGowan EL, Speed-Andrews AE, Blanchard CM, Rhodes RE, Friedenreich CM, **Culos-Reed SN**, Courneya, KS. (2013). Physical Activity preferences among a population-based sample of colorectal cancer survivors. Poster Presentation. *Medicine and Science in Sports and Exercise*, 44 (5).
 72. Chamorro-Viña C*, Guilcher G, Schulte F, Thompson K, Wurz AJ*, Wenarchuck T, **Culos-Reed SN**. (2012). Knowledge Translation Plan: Pediatric oncology exercise research into community-based programs. Poster Presentation. Multidisciplinary Symposium on Childhood Cancer. The Pediatric Oncology Group of Ontario. Toronto ON.
 73. Capozzi LC*, Lau H, Reimer RA, McNeely M, Giese - Davis J, **Culos-Reed SN**. (2012). The Joe's ENHANCE team study: exercise, nutrition and education in head/neck cancer. Poster Presentation. Southern Alberta Research Institute, Trainee Research Day. Calgary, AB. Received the SACRI Day Poster Presentation Award.
 74. Wurz AJ*, Guilcher, GMT, Schulte, F, Chamorro-Viña C*, **Culos-Reed SN**. (2012). Yoga for pediatric cancer out-patients. Poster Presentation. Department of Oncology/Southern Alberta Cancer Research Institute (SACRI) Trainee Day, Calgary, AB.
 75. Chamorro-Viña C*, **Culos-Reed SN**, Wurz AJ*, Guilcher G, Thompson K. (2012). Translating pediatric oncology research into community-based programs. Poster Presentation. 2012 Alberta Children's Hospital Research Institute (ACHRI) Symposium, Calgary, AB.
 76. Chamorro-Viña C*, **Culos-Reed SN**, Wurz AJ*. (2012). Exercise as adjuvant therapy of hematopoietic transplant in pediatric patients. Poster Presentation. Canadian Association of Psychosocial Oncology (CAPO) Conference. Vancouver, BC.
 77. Wurz AJ*, **Culos-Reed SN**. (2011). Yoga for pediatric cancer patients: A pilot intervention research proposal. Poster Presentation. Department of Oncology/SACRI Trainee Research Day. Calgary, AB.
 78. Mackenzie MJ*, Wurz AJ*, **Culos-Reed SN**. (2011). Evaluation of pre-post class affective measures during a seven-week yoga for cancer survivors program. Poster Presentation. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
 79. **Culos-Reed SN**, Mackenzie MJ*, Wurz AJ*. (2011). If you build it, they will come... and benefit: A community-based yoga program for cancer survivors. Poster Presentation. *International Journal of Yoga Therapy*, (Supplement):S31.
 80. Jessa I, Hatley S, Crawford L, **Culos-Reed SN**, Fell CD. (2011). Yoga for idiopathic pulmonary fibrosis: a pilot study. Poster Presentation. American Thoracic Society for the ATS 2011 Conference in Denver, Colorado.

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81. Mackenzie MJ*, **Culos-Reed SN**. (2010) Yoga practice, affect regulation, mindfulness, flow states, and intervention satisfaction in cancer survivors: A proposed study. Poster Presentation. Department of Oncology / SACRI Trainee Research Day. Calgary, AB.
82. Fisher-Schlombs K, **Culos-Reed SN**, Brandwein J, Minden MD, Tomlinson GA, Alibhai SMH. (2010). A pilot study of a home-based exercise intervention for adult patients with AML. Poster Presentation, ASCO Annual Meeting.
83. **Culos-Reed SN**, Gutscher A, Grove R. (2010). Examining maintenance of physical activity in cancer survivors: The role of barriers in building good habits. Poster presentation, 10th Biennial Behavioral Research in Cancer Control Conference, Perth Australia.
84. Stephenson L*, **Culos-Reed SN**, Doyle-Baker PK, Devonish JA*, Dickinson JA. (2007) Walking for wellness: Results from a mall walking program for the elderly. Poster presentation. North American Society for the Psychology of Sport and Physical Activity Conference. San Diego, CA. *Journal of Sport & Exercise Psychology*, 29(Supplement):S204.
85. Gingera R, Wardel R, **Culos-Reed SN**. (2005). Designing for the prostate cancer population: an integrated exercise and social support system. Poster Presentation. Proceedings of the 36th Annual Conference of the Association of Canadian Ergonomists. Halifax, NS.
86. **Culos-Reed SN**. (2004). A special population: The role of exercise for cancer survivors. Poster Presentation. North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Pre-Conference Symposium, Vancouver BC. *Journal of Sport and Exercise Psychology*, 26(Supplement):S23.
87. Ekkekakis P, Bixby WR, **Culos-Reed SN**, Hall EE, MartinGinis KA. (2004). Teaching Exercise Psychology. Poster Presentation. North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Pre-Conference Symposium, Vancouver BC. *Journal of Sport and Exercise Psychology*, 26(Supplement):S22-S23.

Oral Presentations – Conferences, Peer-Reviewed

1. Wong, J.B., McDonough, M.H., Bridel, W., & Culos-Reed, S.N. (2019, October). *The role of peers and the built environment in youth emotional safety in afterschool programs*. Canadian Society for Psychomotor Learning and Sport Psychology 2019 Conference, Vancouver, BC. Presentation.
2. **Culos-Reed SN** (2019, June). Behaviour Change in Exercise is Medicine. Exercise is Medicine on Campus (EIMC) annual conference. Calgary, AB.
3. Wurz A, Guilcher GMT, Schulte F, Chamorro-Viña C, **Culos-Reed SN** (May, 2019). Developing, implementing, and evaluating in-hospital physical activity practices in pediatric oncology programs in Alberta: A postdoctoral program of research [Building physical activity into pediatric oncology service delivery]. *2nd Annual Vi Riddell Pediatric Rehabilitation Research Symposium*. Calgary, Alberta.
4. **Culos-Reed SN** & Leach H. (June 1, 2019). Exercise oncology: evidence-based practice and practice-based evidence. Tutorial Lecture. American College of Sports Medicine. Orlando, Florida.
5. Lambert, S.D., Duncan, L., Clayberg, K., Katz, A., Matthew, A., **Culos-Reed, SN**, Pollock, P., Santa Mina, D., & Robinson, J. (2018, May). Addressing Mental Health Needs with Online Approaches: Trials, Tribulations, and Seduction - Development of a dyadic, Tailored, wEb-based, psychosocial and physical activity self-Management PrOgram (TEMPO) with motivation and action planning for

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men with prostate cancer and their caregivers. Symposium at the Canadian Association of Psychosocial Oncology. Toronto, Canada.

6. Albinati N*, Abdul-Razzak A, Tay J, McDonough M, **Culos-Reed SN**. (2018, May). PAACT (Physical Activity in Advanced Cancer Treatment): The Feasibility of a Physical Activity Intervention. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
7. Kronlund, L.*, McDonough, M., Guilcher, G., Chamorro-Viña, C., & **Culo-Reed, S.N.** (2018, May). Addressing Key Stakeholders to Assess the Reach of a Community-Based Pediatric Oncology Physical Activity Program. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
8. Langlier, D,* **Culos-Reed, SN**. Redefining Masculine Values in the Active and Inactive Man. (May 30, June 1, 2018). 2018 Canadian Association of Psychosocial Oncology (CAPO) Conference. Toronto, ON.
9. McDonough, M.H., Shank, J.*, Beselt, L.J., Daun, J.T*, Culos-Reed, S.N., Kronlund, L.J., & Bridel, W. (2018, May). Associations between social support, physical activity, and quality of life: A systematic review of observational studies. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
10. Langelier DM, Jackson C, Cormie P, Bridel W, Grant C, Shank J, Daun J, Albinati N, Davey C, Culos-Reed SN. 2018. Redefining Masculine Values in the Active and Inactive Man – A Mixed Methods Analysis in Prostate Cancer. 33rd Annual Meeting of the Canadian Association of Psychosocial Oncology, Toronto, Ontario, May 2018.
11. Culos-Reed SN...Dew M. (April 14, 2018). TrueNTH Lifestyle Management: Feasibility of Community Physical Activity Programs for Prostate Cancer Survivors in Canada. Society of Behavioural Medicine. New Orleans, LA.
12. Culos-Reed SN, Williamson T, Sears C, McNeely M (February 12, 2018). The Alberta Cancer Exercise program: training of fitness professionals. Oral presentation. Active Living Research Conference. Banff, AB.
13. Alibhai SMH, Durbano S, O'Neill M, Santa Mina D, Ritvo P, Sabiston C, Krahn MD, Tomlinson GA, Matthew A, Warde PR, Timilshina N, Segal R, **Culos-Reed SN**. (February 8-10, 2018). Effects of a 6-month moderate-intensity exercise program on metabolic parameters and bone mineral density in men on androgen deprivation therapy for prostate cancer. 2018 Genitourinary Cancers Symposium.
14. **Culos-Reed SN**. The Role of Yoga in Cancer Survivorship. (October 16, 2017). Symposium on Yoga Research. Lennox, Massachusetts.
15. Tang, K., Dowd, J., & **Culos-Reed, SN**. (2017, September). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. *Campus Alberta Student Conference on Health (CASCH)*. University of Alberta, Alberta, Canada.
16. **Culos-Reed SN** (June 16, 2017). From Research to Practice: Yoga for Cancer Survivors. Symposium on Yoga Therapy and Research (SYTAR). Newport Beach California.
17. **Culos-Reed SN** (June 17, 2017). Yoga in the "Exercise is Medicine" Movement. Yoga for Cancer Survivors. Symposium on Yoga Therapy and Research (SYTAR). Newport Beach California.
18. Berry, T., Jennings, C., Carson, V., **Culos-Reed SN**., Duncan, M., Loitz, C., McCormack, G., McHugh, T., Spence, J., Mummery, W. K. (June 2017). UWALK: A RE-AIM evaluation of a community-wide e-health and m-health physical activity program. International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, Victoria, Canada

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19. **Culos-Reed, SN** & Capozzi LC*. (May 2017). The biology of lifestyle and cancer prognosis: Head and neck cancer. Presented in “The Biology of Lifestyle and Cancer Prognosis”, Brown J, Culos-Reed SN, and Schmidt, K. Symposium, American College of Sports Medicine Annual Conference. Denver, CO.
20. **Culos-Reed, SN** & Dew M. (May 2017). Lifestyle Management: A supportive wellness resource for men living with prostate cancer. In TrueNTH Canada: Online survivorship programs for those affected by prostate cancer. Workshop, Canadian Association of Psychosocial Oncology. Vancouver, BC.
21. Tang, K., Dowd, J., & **Culos-Reed, SN**. (2017, April). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. *Markin USRP Student Research Mini-Symposium*. University of Calgary, Alberta, Canada.
22. Tang, K., Dowd, J., & **Culos-Reed, SN**. (2017, March). An evidence-based online intervention for adults with celiac disease: Findings from the POWER-C study. *Research Revealed: Undergraduate Forum for Kinesiology, Exercise Science, Sport Studies and Recreation*. University of Alberta, Alberta, Canada.
23. Tang, K., Dowd, J., Jackson, C., & **Culos-Reed, SN**. (2016, December). MyHealthyGut: Development of a self-regulatory app to effectively manage celiac disease. *Students' Union Undergraduate Research Symposium*. University of Calgary, Alberta, Canada.
24. Dowd, A. J., Cuthbert, C. & **Culos-Reed, SN**. (2016, October). The role of self-compassion for nurses in clinical oncology. Verbal presentation at the Canadian Association for Nurses in Oncology, Calgary, AB.
25. Chamorro-Viña C*, **Culos-Reed SN**., & Guilcher G (November, 2016). Pediatric oncology exercise manual (POEM): C17 Educational Seminar. Calgary, AB.
26. Cuthbert, C*., King-Shier, K., Ruether, J.D., Tapp, D & **Culos-Reed, SN** (Jan 2016). Exploring correlates of quality of life in older family caregivers to cancer patients. Presented at American Society of Clinical Oncology 2016 Cancer Survivorship Symposium, San Francisco, CA, USA.
27. Chamorro-Viña C*, **Culos-Reed SN**. (April 2015). POEM Professional Education Session for Professionals. Oral Presentation. University of Calgary, Calgary, AB.
28. Capozzi LC*, Leach HJ*, **Culos-Reed SN**. (2014). If you build it, they will come: Evaluating the Thrive Centre cancer fitness facility using the RE-AIM framework. Oral Presentation. 16th World Congress of Psycho-Oncology and Psychosocial Academy. Lisbon, Portugal.
29. **Culos-Reed SN**. (November 2014). Pre-conference Symposium. Multi-component survivorship programs: from development and delivery to national dissemination. Robinson, McLeod, Walker & Culos-Reed. Oral Presentation. 16th World Congress of Psycho-Oncology and Psychosocial Academy. Lisbon, Portugal.
30. **Culos-Reed SN**. (2013). Issues of knowledge Translation. In the Symposium “Fundamentals of acquiring yoga research funding”, SB Khalsa, organizer. Oral Presentation. Symposium for Yoga Research, Pre-conference workshop. Kripalu, MA.
31. Armstrong MJ, Campbell TS, Lewin AM, Khandwala F, **Culos-Reed SN**, Sigal RJ. (2013). Motivational interviewing-based exercise counselling promotes maintenance of physical activity in people with Type 2 Diabetes. Oral Presentation. Canadian Diabetes Association Annual Meeting, Montreal, QC.
32. Mackenzie MJ*, Carlson LE, Paskevich DM, Ekkekakis P, Wurz AJ*, Wytsma K*, Krenz KA*, **Culos-Reed SN**. (2013). Associations between affect, attention and heart rate variability in a single yoga session for cancer survivors: A neurophenomenological approach. Oral Presentation. Mind and Life Summer Research Institute. Garrison, NY.

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33. Wurz AJ*, Chamorro-Viña C*, Guilcher CMT, Schulte F, **Culos-Reed SN**. (2013). Symposium: Improving the quality of life in pediatric oncology: A multidisciplinary approach. Presentation: Yoga for Pediatric Cancer Out-Patients. Oral Presentation. Canadian Association of Psychosocial Oncology, Ottawa, ON. Presentation award, \$1000.
34. Capozzi LC*, Boldt KR*, Lau H, Bultz B, Shirt L, Jones P, **Culos-Reed SN**. (2013). Progressive strength training for head and neck cancer survivors: A program evaluation of symptom management. Oral Presentation. Canadian Association of Psychosocial Oncology. Ottawa ON.
35. Mackenzie MJ*, **Culos-Reed SN**. (2013). Affect and mindfulness as moderators of change in mood disturbance, stress symptoms and quality of life in a community-based yoga for cancer survivors program: A longitudinal multilevel modelling approach. Oral Presentation. Annual Society of Behavioral Medicine Meeting, San Francisco, CA.
36. Chamorro-Viña C*, Guilcher G, Schulte F, Thompson K, Wurz AJ*, Wenarchuck T, **Culos-Reed SN**. (2012). Translating pediatric oncology research into community-based programs. Southern Alberta Research Institute, Trainee Research Day. Oral Presentation. The Alberta Research Institute. Calgary, AB.
37. Chamorro-Viña C*, **Culos-Reed SN**, Guilcher G, Khan F, Wurz AJ*. (2012). Effect of a physical exercise program on the immune system recovery and quality of life in pediatric patients undergoing stem cell transplantation. Oral Presentation. 2012 Canadian Association of Psychosocial Oncology Conference, Vancouver, BC.
38. Mackenzie MJ*, Wurz AJ*, **Culos-Reed SN**. (2012). Preliminary analyses of an ongoing community-based yoga program for cancer survivors. Oral Presentation. Annual Canadian Association of Psychosocial Oncology Conference, Vancouver, BC.
39. Capozzi LC*, Jones P, Bultz B, **Culos-Reed SN**. (2012). ENHANCE: Building a clinic-embedded exercise and wellness program for underserved head/neck and neuro-oncology populations. Oral Presentation. Canadian Association of Psychosocial Oncology Conference, Vancouver, BC.
40. **Culos-Reed SN**, Danhauer SC, Mackenzie MJ*, Sohl S. (2012). Clinical significance of patient-reported outcomes: Yoga for cancer survivors. Oral Presentation. Annual Society of Behavioral Medicine Meeting. New Orleans, LA.
41. Mackenzie MJ*, Wurz AJ*, Wytmsa K*, Krenz KA*, **Culos-Reed SN**. (2012). Yoga for cancer survivors. Oral Presentation. 6th International Sport Sciences Symposium. Tokyo, Japan.
42. Ross AN*, Mackenzie MJ*, **Culos-Reed SN**. (2010). Yoga for prostate cancer survivors. Oral Presentation. International Association of Yoga Therapists Symposium for Yoga Research, Honesdale, PA.
43. **Culos-Reed SN**, Mackenzie MJ*, Stephenson L*. (2010). Examining psychosocial outcomes from a yoga intervention in cancer survivors. Oral Presentation. Annual Society of Behavioral Medicine Meeting. Seattle, WA. Rapid Communications, Society of Behavioral Medicine, Seattle WA.
44. **Culos-Reed SN**, Stephenson L*, Norris JM*, Devonish JA*. Ross A*. (2009). Maintaining physical activity for cancer survivors: What happens after a home-based program? Oral presentation. The Canadian Association of Psychosocial Oncology (CAPO) annual conference, Vancouver, BC.
45. **Culos-Reed SN**, Stephenson L*, Norris JM*, Mackenzie MJ*. (2009). Building sustainable community programming for cancer survivors: Research Results from a class-based yoga program and future work with a yoga program DVD. Oral presentation. SYTAR (Symposium on Yoga Therapy and Research), Los Angeles, CA.
46. **Culos-Reed SN**, Norris J*, Carlson LE, Hatley-Aldous S. (2008). Yoga and quality of life in cancer survivors: Room for alternative physical activity. Oral presentation. North American Society for the Psychology of Sport and Physical Activity Conference Niagra Falls, ON. Journal of Sport & Exercise Psychology, 30(Supplement): S162.

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47. Devonish JA*, **Culos-Reed SN**, Keats MR*, Stephenson L*. (2007). Physical activity for cancer survivors: Fitness and QOL results from a 16 week intervention. Oral presentation. North American Society for the Psychology of Sport and Physical Activity Conference. San Diego, CA. *Journal of Sport & Exercise Psychology*, 29(Supplement):S157-S158.
48. Keats MR*, **Culos-Reed SN**. (2007) Health behaviours: Addressing the gap in pediatric cancer care. Oral presentation. North American Society for the Psychology of Sport and Physical Activity Conference. San Diego, CA. *Journal of Sport & Exercise Psychology*, 29(Supplement):S175.
49. Norris J*, **Culos-Reed SN**, Carlson L, Hatley Aldous S. (2007). Utilizing the theory of planned behaviour for understanding yoga participation in cancer survivors. North American Society for the Psychology of Sport and Physical Activity Conference. San Diego, CA. Oral presentation. *Journal of Sport & Exercise Psychology*, 29(Supplement):S194.
50. **Culos-Reed SN**, Robinson JW, Lau H, Keats MR*, Klin G, Norris S, Faris P. (2006). The benefits of physical activity for men with prostate cancer. Oral presentation. International Psycho-Oncology Society Conference. Venice, IT. *Psycho-Oncology*, 15(Supplement):S214-215.
51. **Culos-Reed SN**, Doyle-Baker PTK, Dickinson J, Stephenson L*, Norris J*. (2006). Mall-walking as a physical activity option: Results of a pilot study. Oral presentation. North American Society for the Psychology of Sport and Physical Activity Conference. Denver, CO. *Journal of Sport and Exercise Psychology*, 28(Supplement):S55.
52. Keats MR*, **Culos-Reed SN**, (2005). Physical activity counselling attitudes and behaviors of pediatric oncologists: Results of a provincial survey. Oral presentation. Canadian Association of Psychosocial Oncology (CAPO) Conference, Victoria, BC.
53. Keats MR*, **Culos-Reed SN**, Doyle-Baker T, Swirsky C. (2004). Pre-Season training for breast cancer dragon boat participants: Psychosocial correlates and quality of life. Oral presentation. North American Society for the Psychology of Sport and Physical Activity (NASPSA) Conference. Vancouver, BC. *Journal of Sport and Exercise Psychology*, 26(Supplement):S101-S102.
54. Daroux LM*, **Culos-Reed SN**, Carlson LE. (2003). Yoga and Cancer: An examination of the physical and psychological benefits. Oral presentation. Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB. *Psycho-Oncology*, 12(Supplement):S231-232.
55. O'Connor K*, **Culos-Reed SN**, Robinson J. (2003). Project PALS: Prostate Active Living Series. Oral presentation. Canadian Association of Psychosocial Oncology Conference (CAPO). Banff, AB. *Psycho-Oncology*, 12(Supplement):S234.
56. Shields CA, **Culos-Reed SN**, Angove J, Brawley LR, (2002). Prediction of dragon boating intentions and behaviour for breast cancer survivors: Application of the Theory of Planned Behaviour. Oral presentation. Annual meeting of the Society of Behavioral Medicine. Washington, DC.
57. Shields CA, **Culos-Reed SN**, Angove J, Brawley LR. (2002). The association between dragon boat participation and psychosocial variables: A positive physical activity experience for breast cancer survivors. Oral presentation. North American Society for the Psychology of Sport and Physical Activity Conference. Baltimore, MD. *Journal of Sport and Exercise Psychology*, 24(Supplement):S113-S114.
58. Angove J, **Culos-Reed SN**, Martin KA, Brawley LR. (2001). Correlates of social physique anxiety and functional self-presentation concerns for individuals with fibromyalgia. Oral presentation. Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Montreal, PQ.
59. **Culos-Reed SN**, Shields C, Angove J, Brawley LR. (2001). Paddles up: Baseline measures of social cognitive variables in active breast cancer dragon boat racers. Oral presentation. Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Montreal, PQ.

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60. **Culos-Reed SN**. (2001). Use of social cognitive theories in the study of physical activity and fibromyalgia: Self-efficacy theory and the theory of planned behaviour. Oral Presentation. Invited Presentation at the Division 47 Dissertation award. The American Psychological Association Annual Convention, San Francisco, CA.
61. **Culos-Reed SN**, Brawley LR. (2001). Framing fibromyalgia support group discussions of physical activity. Oral presentation. Annual Meeting of the Society of Behavioral Medicine. Seattle, WA. *Annals of Behavioral Medicine*, 23(Supplement):S053.
62. Angove J, **Culos-Reed SN**, Brawley LR, Hoffman-Goetz L. (2001). Barriers to physical activity for individuals with cancer: A methodological review. Oral presentation. Annual Meeting of the Society of Behavioral Medicine. Seattle, WA. *Annals of Behavioral Medicine*, 23(Supplement):S075.
63. Angove J, **Culos-Reed SN**, Martin KA. (2001). Understanding exercise behavior in individuals with FM: The role of self-efficacy, social support, and self-presentation concerns. Oral presentation. The Annual Meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). St. Louis, MO. *Journal of Sport & Exercise Psychology*, 23(Supplement):S18-S19
64. Shields C, Angove J, **Culos-Reed SN**, Brawley LR, Hoffman - Goetz L. (2001). Barriers to physical activity among breast cancer survivors. Oral presentation. Society of Behavioral Medicine. Rapid Communication. Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
65. **Culos-Reed SN**, Angove J. (2000). Physical activity and cancer in youth populations: A review and recommendations. Oral presentation. Physical Activity and Cancer Conference. The Cooper Institute, Dallas, TX.
66. **Culos-Reed SN**. (2000). Physical activity and fibromyalgia: An examination of psychosocial correlates of participation. Oral presentation. Invited Symposium on Physical Activity and Chronic Disease, Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Waterloo, ON.
67. Angove J, **Culos-Reed SN**, Martin KA. (2000). Social support and physical activity in fibromyalgia. Oral presentation. Annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS). Waterloo, ON.
68. **Culos-Reed SN**, Brawley LR. (2000). Physical activity and successful daily functioning in FM. Oral presentation. North American Society for the Psychology of Sport and Physical Activity (NASPSPA). San Diego, CA. *Journal of Sport and Exercise Psychology*, 22(Supplement):S31-S32.
69. **Culos-Reed SN**, Brawley LR. (2000). Theoretical prediction of physical activity behaviour in fibromyalgia. Oral presentation. Annual Meeting of the Society of Behavioral Medicine. Nashville, TN. *Annals of Behavioral Medicine*, 22(Supplement):S35.
70. **Culos-Reed SN**, Gyurcsik NC. (1999). A review of physical activity interventions in chronic disease populations: Osteoarthritis and Fibromyalgia. Oral presentation. Annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP). Banff, AB.
71. **Culos-Reed SN**, Brawley LR, Martin, KA, Leary MR, Papaioannou DA. (1999). Self-presentation, exercise and psychological well-being. Portion of the Symposium. For better or for worse: The influence of self-presentation on health-risk and health-promoting behaviors. Oral presentation. Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Edmonton, AB.
72. **Culos-Reed SN**, Brawley LR. (1999). Using exercise to help cope with Fibromyalgia. Oral presentation. Annual Meeting for the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). Clearwater Beach, Florida. *Journal of Sport and Exercise Psychology*, 21(Supplement):S33.

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73. **Culos-Reed SN**, Brawley LR. (1999). Predictors of better adjustment in Fibromyalgia. Oral presentation. Annual meeting of the Society of Behavioral Medicine. San Diego, California. Society of Behavioral Medicine, Rapid Communications, 21(Supplement):S254.
74. **Culos-Reed SN**, Bray SR, Gyurcsik NC, Brawley LR. (1998). The theory of planned behavior: Examining aspects of perceived behavioral control. Oral presentation. Annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS). Fredericton, NB.
75. Brawley LR, Gyurcsik NC, DuCharme KA, **Culos-Reed SN**, Bray SR. (1998). Perceived control: A bridging construct central to theories and interventions of motivated behavior. Oral presentation. Annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Fredericton, NB.
76. Gyurcsik NC, DuCharme KA, **Culos-Reed SN**, Bray SR, Brawley LR. (1998). Perceived control in goal and self-efficacy theories. Oral presentation. Annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS). Fredericton, NB.
77. Bray SR, Gyurcsik NC, **Culos-Reed SN**, Brawley LR. (1998). Perceived control in the group environment. Oral presentation. Annual meeting of the Canadian society for Psychomotor Learning and Sport Psychology (SCAPPS). Fredericton, NB.
78. **Culos-Reed SN**, Brawley LR, Martin KA, Leary MR, Papaioannou DA. (1998). Physical activity to enhance appearance or health: Self-presentational issues. Oral presentation. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). St. Charles, IL. Journal of Sport and Exercise Psychology, 20(Supplement):S21.
79. Gyurcsik NC, **Culos SN**, Bray SR, DuCharme KA. (1998). Instructor efficacy: Third-party influence of exercise adherence. Oral presentation. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). St. Charles, IL. Journal of Sport and Exercise Psychology, 20(Supplement):S9.
80. Bray SR, **Culos SN**, Gyurcsik NC, Widmeyer WN, Brawley LR. (1998). Athletes' causal perspectives on game location and performance: The home advantage. Oral presentation. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). St. Charles, IL. Journal of Sport and Exercise Psychology, 20(Supplement):S100.
81. **Culos SN**, Brawley LR, Papaioannou DA, Martin KA, Leary MR. (1998). Motivation for appearance or for health? Individual difference effects. Oral presentation. Annual meeting of the Society of Behavioral Medicine. New Orleans, LA. Society of Behavioral Medicine, Rapid Communications (Supplement):B62.
82. **Culos SN**, Bray SR. (1997). Coaching behaviors and intrinsic motivation in youth skiers. Oral presentation. Annual meeting of the Association for the Advancement of Applied Sport Psychology (AAASP). San Diego, CA. Journal of Applied Sport Psychology, 9(Supplement):S83.
83. **Culos SN**, Weiss MR. (1997). Coaching behaviors and intrinsic motivation: A developmental test of cognitive evaluation theory. Oral presentation. Annual meeting of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA). Denver, CO. Journal of Sport and Exercise Psychology, 19(Supplement):S45.

Invited Presentations - Oral

1. **Culos-Reed SN** (October 11, 2019). Building a program in cancer and exercise. Invited presentation, University of Illinois. Ken Willund.
2. **Culos-Reed SN** (June 10, 2019). Motivation in Marathon Training. Invited presentation to the Marathon Training Group, University of Calgary. Calgary, AB.

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3. **Culos-Reed SN** (June 5, 2019). Exercise and Nutrition for Quality of Life in Cancer Survivors. Invited presentation to the Canadian Bone Marrow and Transplant Group, Patient and Caregiver Symposium. June 5-8, 2019. Calgary, AB.
4. **Culos-Reed SN & Twomey R** (April 12, 2019). Cancer-Related Fatigue and Exercise in Head and Neck Cancer. Invited Presentation to the Provincial Head and Neck Tumour Group Meeting. Delta Hotel at the Calgary Airport. Calgary, AB.
5. **Culos-Reed SN & McNeely M** (March 13, 2019). Wellness & Cancer: What's ACE Got To Do With It? Invited presentation, Tom Baker Cancer Centre, Grand Rounds. Sponsored by the Alberta Cancer Foundation.
6. **Culos-Reed SN** (February 25, 2019). Invited panelist, Applying Graduate Education and Training in the Field. Faculty of Kineisology Graduate Students' Association Event. Calgary, AB.
7. **Culos-Reed SN** (December 5, 2018). Invited presentation, Behaviour Change in Cancer and Exercise Programs. Presented at the Alberta Healthy Living Program Professional Enrichment Day. Calgary, AB (East Calgary Health Centre).
8. **Culos-Reed SN** (November 5, 2018). Invited panelist, Research Frontiers in Physical Activity, Exercise and Rehabilitation for People with Cancer. University of Toronto, Toronto ON.
9. **Culos-Reed SN** (November 3, 2018). Special Session on Physical Activity Counseling for Health and Exercise professionals. Invited presenter, Canadian Society for Exercise Physiology annual meeting. Niagara Falls, ON.
10. **Culos-Reed SN** (November 3, 2018). Community-based Physical Activity programs for Cancer Survivors. Invited presenter within the Symposium: Exercise Medicine Exercise Referral Schemes: Success stories for exercise professionals bridging the gap from health care to community. Canadian Society for Exercise Physiology annual meeting. Niagara Falls, ON.
11. **Culos-Reed SN** (October 26, 2018). Invited presentation, Exercise for Cancer Survivors. Living your Best Life – Cancer Survivor Event. Tom Baker Cancer Center. Calgary AB.
12. **Culos-Reed SN** (October 20, 2018). Invited presentation, Motivational Counselling for Exercise Behaviour Change. Perspectives in Exercise and Health Fitness Conference. Kananaskis AB.
13. **Culos-Reed SN** (October 16, 2018). Exercise for Cancer Survivors: Building Community Partnerships. Invited presentation to the Recreation Management Team, City of Calgary. Calgary AB.
14. **Culos-Reed SN** (September 20, 2018). Pediatric Cancer Survivors Engaging in Exercise for Recovery (PEER) Training. Motivaitonal Tools for working with Children with Cancer. University of Calgary.
15. **Culos-Reed SN & Albinati N** (June 20, 2018). Invited presentation, Exercise in Advanced Cancer Care. Invited presentation at the Sage Centre and Rosedale Hospice to the Living with Cancer Group. Calgary AB.
16. **Culos-Reed SN** (April 26, 2018). Invited presentation, The Role of Exercise in Patient Care Across the Cancer Trajectory: Lessons Learned from Local, Provincial and National Programs. Webinar presented to the Nova Scotai Cancer Care Team. Halifax, NS.
17. **Culos-Red SN** (April 25, 2018). Workshop lead invited presenter. Building exercise into standard cancer care. Presented to researchers, health care providers and administrators. Nova Scotia Cancer Program. Halifax NS.
18. **Culos-Reed, SN**. Exercise for advanced cancer patients: Truths, myths, and logistics. A Research to Practice Presentation. North Okanogan Hospice Society and University of British Columbia (Webinar). (March 18, 2018).
19. **Culos-Reed SN**. Paediatric Cancer and Exercise: From Research to Practice (March 12, 2018). The Energy Balance Team and the Division of Pediatrics at The University of Texas MD Anderson Cancer Center, Pediatrics Grand Rounds. Houston, TX.

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20. **Culos-Reed SN.** Discussion on Yoga Therapy. (October 21, 2017). You, Me, and Myeloma (Survivorship Conference). Southern Alberta Myeloma Patient Society (SAMPS). Calgary, AB.
21. **Culos-Reed SN.** The Role of Yoga in Cancer Survivorship. (October 16-18, 2017). 2017 Symposium on Yoga Research – International Association of Yoga Therapists (IAYT). Massachusetts, USA.
22. **Culos-Reed, S.N.,** Ferber, R., Schneider, K. Lunch & Learn: Knowledge Translation. Kinesiology Graduate Student Association (KGSA), University of Calgary. AB. April 11, 2017. Calgary, AB.
23. **Culos-Reed SN** (June 2017). Exercise in Cancer Survivorship. Presentation to the Canadian Bone Marrow Transplant Society – Patient and Caregiver Symposium. Calgary, AB.
24. **Culos-Reed SN** (June 2017). Prostate Cancer Survivors Moving More in Alberta: The ACE Project. Prostaaid Calgary General Meeting. Calgary, AB.
25. **Culos-Reed SN** (April, 2017). Exercise in Cancer Survivorship. Presentation for Knights' Cabin. Canmore, AB.
26. **Culos-Reed, SN** (April, 2017). Remote and Online Programming: An Example from the TrueNTH Lifestyle Management Solution. Presented at the Ex/Cancer: Symposium and National Meeting, Toronto, ON.
27. Capozzi LC* & **Culos-Reed SN** (April 2017). Creating Expertise in Exercise and Cancer: Training for the Exercise Professional. Presented at the Ex/Cancer: Symposium and National Meeting, Toronto, ON.
28. **Culos-Reed SN.** (March 7, 2017). Physical Activity for Cancer Survivors: From Evidence to Application. Community Presentation, Canadian Cancer Society. Halifax NS.
29. **Culos-Reed SN.** (March 7, 2017). Physical Activity for Cancer Survivors: The Evidence. Academic Seminar, Dalhousie University. Halifax NS.
30. **Culos-Reed SN.** (March 8, 2017). Physical Activity for Cancer Survivors: Translation of the Evidence into Clinical Oncology Settings. Halifax Cancer Care Stakeholders. Halifax NS.
31. **Culos-Reed SN.** (March 8, 2017). Physical Activity for Cancer Survivors: The Evidence. Halifax Cancer Care Stakeholders, Planning Mtg. Halifax NS.
32. **Culos-Reed SN** (February 4, 2017). Physical Activity for Cancer Survivors: Translation of the Evidence into Clinical Oncology Settings. ONIGA South, Winter Education Forum. Calgary, AB.
33. **Culos-Reed SN.** (January 13, 2017). G.Y.M Program: Get Your Movement. Unit 58, Allied Health Group. Foothills Hospital. Calgary, AB.
34. **Culos-Reed SN.** (Jan. 19, 2017). Alberta Cancer Exercise (ACE) Presentation – Rehab Group, TBCC. Foothills Hospital, Calgary, AB.
35. **Culos-Reed SN.** (Jan. 26, 2017). Exercise is Medicine: The Role of Physical Activity in Cancer Survivorship. Glencoe Club, Calgary AB.
36. **Culos-Reed SN.** (Dec. 20, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
37. **Culos-Reed SN.** (Dec. 7, 2016). Physical Activity and Cancer - TBCC. Foothills Auditorium. Calgary, AB.
38. **Culos-Reed SN.** (Dec. 6, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
39. **Culos-Reed SN.** (Nov. 22, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
40. **Culos-Reed SN.** (November 29, 2016). Enhancing the Quality of Life in Cancer Survivorship. Scientific Café, South Health Campus. Calgary, AB. Presenter and Host of 4 hr event.

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41. **Culos-Reed SN** (Nov. 19, 2016). Physical Activity for Cancer Survivors: From Evidence to Practice. New Brunswick Kinesiology Association. Live Webinar, presented from Calgary, AB.
42. **Culos-Reed SN & Williamson T.** (Nov. 14, 2016). Alberta Cancer Exercise (ACE) Presentation – Hybrid Implementation-Effectiveness Study. Provincial Tumour Teams Meeting. TBCC. Foothills Hospital, Calgary, AB.
43. **Culos-Reed SN.** (Nov. 8, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
44. **Culos-Reed SN.** (Nov. 2, 2016). Physical Activity and Cancer - TBCC. Foothills Auditorium. Calgary, AB.
45. **Culos-Reed SN.** (Oct 29, 2016). Reclaiming Your Life – Where Does Exercise Fit In? Reclaiming Your Life – A workshop for living through and beyond cancer! Whitecourt, AB.
46. **Culos-Reed SN.** (Oct 28, 2016). Cancer and Exercise. Living Your Best Life with and Beyond Cancer Event. Edmonton, AB.
47. **Culos-Reed SN.** (Oct 21 2016). Physical Activity for Cancer Survivors: Translation of the Evidence into Clinical Oncology Settings. CANO/ACIO 2016 Conference. Calgary, AB.
48. **Culos-Reed SN.** (Oct. 25, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
49. **Culos-Reed SN.** (Oct. 11, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
50. **Culos-Reed SN.** (Oct. 5, 2016). Physical Activity and Cancer - TBCC. Foothills Auditorium. Calgary, AB.
51. **Culos-Reed SN.** (Sept. 27, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
52. **Culos-Reed SN.** (Sept.13, 2016). Physical Activity and Prostate Cancer – Prostate Cancer Centre. Rockyview General Hospital. Calgary, AB.
53. **Culos-Reed SN.** (Sept. 7, 2016). Physical Activity and Cancer - TBCC. Foothills Auditorium. Calgary, AB.
54. **Culos-Reed SN, Millet GY.** Cancer and Exercise: The Impact on Fatigue Management and Quality of Life. *Palliative Cancer Grand Rounds*, May 25th, 2016.
55. **Culos-Reed SN & Lau H** (June 2016). Exercise rehabilitation for cancer-related fatigue. Presented at Cancer Fatigue team grant meeting (AIHS-funded). Calgary, AB.
56. **Culos-Reed SN.** (June 2016). Cancer and Exercise: A Program of Research. USRP Faculty Mentor Presentation. University of Calgary, Calgary, AB.
57. **Culos-Reed SN, Zahavich A***, et al (2016). True NTH Lifestyle management: Building Wellness Resources for Men with Prostate Cancer. CAPO. How you and your prostate cancer patients can benefit from the TrueNTH Movember Survivorship Programs. Halifax, NB. Presented by Zahavich A*.
58. **Culos-Reed SN & Abdul-Razzak A.** (June 2016). Cancer and Exercise and Fatigue Management. AIHS Cancer Related Fatigue Meeting, Calgary, AB. Co-organizer and presenter.
59. **Culos-Reed SN** (May 2016). How can health Care Professionals Promote Exercise for Cancer Survivors. Oral Presentation. Psychiatry Residents, Calgary, AB.
60. **Culos-Reed SN, Millet G** (May 2016). Cancer and Exercise: The Impact of Fatigue Management and Quality of Life. Oral Presentation. Palliative Care Grand Rounds, Calgary, AB.
61. **Culos-Reed SN** (April 2016). Physical Activity for Cancer Survivors – From Evidence to Application. Cancer Care Manitoba. Winnipeg, MB.

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62. **Culos-Reed SN** (April 2016). Physical Activity for your Health and Wellness: lessons Learned from Cancer Survivors. Reh-fit Centre. Winnipeg, MB.
63. **Culos-Reed SN** (April 2016). How to Promote Physical Activity for Cancer Survivors. Cancer Care Manitoba, Patient Services Education Rounds. Winnipeg, MB.
64. **Culos-Reed SN** (April 2016). The Role of Fitness Professionals in the Promotion and Delivery of Physical Activity for Cancer Survivors. Reh-fit Centre. Winnipeg, MB.
65. **Culos-Reed SN**, Capozzi LC* & Lau H. (February 2016). Exercise is Medicine...for Head and Neck Cancer Patients. Grand Rounds, Tom Baker Cancer Centre. Calgary AB.
66. **Culos-Reed SN** & Danyluk, J. (February 2016). Thriving for Cancer Survivors: A Program of Wellness Initiatives. Rehabilitation Oncology group, Tom Baker Cancer Centre. Calgary, AB.
67. **Culos-Reed SN**. (April 2015). Physical activity in cancer survivorship: Putting evidence into practice. CARN. West Edmonton Mall, Edmonton AB.
68. **Culos-Reed SN**. (April 2015). Physical activity and cancer survivorship: Translating evidence into practice. CBI. Best Western Village Inn, Calgary AB.
69. **Culos-Reed SN**. (2015). Exercise and Cancer Survivorship: Truths, Myths and Logistics. Cancer Survivorship Symposium. Grey Eagle Resort. Calgary, AB.
70. **Culos-Reed SN**. (2015). Physical Activity and Cancer - TBCC. Foothills Auditorium. Calgary, AB.
71. **Culos-Reed SN**, Capozzi LC*. (2014). Exercise for cancer survivors. Presented to the Physiatrist Residents, Faculty of Medicine, University of Calgary. Calgary, AB.
72. **Culos-Reed SN**, Leach HJ*. (2014). Exercise for Men with Prostate Cancer. Prostate Cancer Canada Network. Calgary, AB.
73. **Culos-Reed SN**. (2014). Physical activity for prostate cancer: translating evidence into practice. Webinar for Prostate Cancer Canada.
74. **Culos-Reed SN**. (April 2014). Exercise for men with prostate cancer. Prostate Cancer Canada Network, support group presentation.
75. Capozzi LC*, Lau H, **Culos-Reed SN**. (2014). Building a Clinic-Based Exercise Program: ENHANCE in Head and Neck Cancer Survivors. Treatment, Research and Patient Perspectives from the Head & Neck Tumour Group, Oncology Grand Rounds, Tom Baker Cancer Centre & Alberta Health Services.
76. Chamorro-Viña C*, Guilcher G, Schulte F, **Culos-Reed SN**. (2013). Pediatric cancer survivors engaging in exercise for recovery (PEER) program. Gordon Townsend School at the Alberta Children's Hospital. Promotion session of the PEER program to parents of kids with cancer. Calgary, AB.
77. Capozzi LC*, **Culos-Reed SN**. (2013). The value of exercise for cancer thrivers. Wellspring, Calgary, AB.
78. Capozzi LC*, **Culos-Reed SN**. (2013). The ENHANCE exercise program: Building a sustainable exercise and wellness program for head and neck cancer survivors. Leaders in Medicine Trainee conference. Calgary, AB.
79. Capozzi LC*, **Culos-Reed SN**. (2013). Evaluating the ENHANCE exercise program: Building a clinic-supported exercise program for brain cancer patients. Southern Alberta Cancer Research Institute Trainee Conference. Calgary, AB.
80. **Culos-Reed SN**. Capozzi LC*, (2013). Thriving for cancer survivors: A program of wellness initiatives. Emeritus Association, University of Calgary. Calgary, AB.
81. **Culos-Reed SN**. (2013). Living well with Myeloma: Role of exercise. Myeloma and Me Day, Myeloma Association. Calgary, AB.

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82. **Culos-Reed SN.** (May 2013). Living well with cancer: Exercise and cancer – exercising for your life. Invited Speaker. Cancer Bridges Survivorship Day, Tom Baker Cancer Centre. Calgary, AB.
83. **Culos-Reed SN.** (September 2013). Exercise and cancer – exercising for your life. Cancer Bridges Survivorship Day, Calgary, AB.
84. **Culos-Reed SN.** (2013). Wellness 101. Invited Lecture. Faculty of Kinesiology's First Lecture, University of Calgary. Calgary, AB.
85. Capozzi LC*, **Culos-Reed SN.** (2013). Physical activity for cancer survivors. Cancer Chic Seminar. Wellspring Calgary, AB.
86. Capozzi LC*, **Culos-Reed SN.** (2013). Let's get moving! Exercise for cancer survivors. Young Adult Education Event. Tom Baker Cancer Centre, Calgary, AB.
87. Boldt KR*, **Culos-Reed SN.** (2013). Evaluation of exercise motivation and adherence in prodromal psychosis youth using Self-Determination Theory. The Biomedical Basis of Human Performance International Workshop. Faculty of Kinesiology, University of Calgary. Calgary, AB.
88. Capozzi LC*, **Culos-Reed SN.** (2013). The Power of Exercise in Cancer Survivorship for Lymphoma Survivors. Tom Baker Cancer Centre, Calgary, AB.
89. Courtright AK*, Jaworska N, **Culos-Reed SN,** McMaster F. (2013) Aerobic exercise induced hippocampal plasticity in youth with major depression. Alberta Children's Hospital Research Institute for Child and Maternal Health Symposium. Alberta Children's Hospital, Calgary, AB.
90. Capozzi LC*, **Culos-Reed SN.** (2012). Exercise for cancer survivors: The evidence and strategies to get started. Educational Seminar for the Chinese Community Centre. Calgary, AB.
91. **Culos-Reed SN,** (2012). Building a sustainable community-based yoga program. Montreal International Symposium on Therapeutic Yoga. Montreal, PQ. Symposium co-chair.
92. **Culos-Reed SN.** (2012). The role of undergraduates in research. Research in Motion, Faculty of Kinesiology, University of Calgary. Calgary, AB.
93. **Culos-Reed SN.** (2012). Living with cancer: The role of exercise. Invited Speaker. Tom Baker Cancer Center. Calgary, AB.
94. **Culos-Reed SN.** (2012). Patient-reported outcomes in cancer and exercise research. Invited speaker. Sport University of Germany, Cologne Germany.
95. Capozzi LC*, **Culos-Reed SN.** (2012). The benefit of exercise for cancer survivors. Young Adult Cancer Canada Retreat. Calgary, AB.
96. **Culos-Reed SN.** (2012). Living well with cancer: Exercising for your life. Invited Speaker. Cancer Survivor Day, Tom Baker Cancer Centre. Calgary, AB.
97. Capozzi LC*, Lau H, **Culos-Reed SN.** (2012). Building evidence based physical activity programming for cancer patients: Applying head/neck and neuro-oncology programming to all clinics. Oncology Grand Rounds, Tom Baker Cancer Centre. Calgary, AB.
98. **Culos-Reed SN.** Capozzi LC*. (2012). Sweat the big stuff: The benefits of exercise during breast cancer. Rethink Breast Cancer Group. Calgary, AB.
99. Capozzi LC*, **Culos-Reed SN.** (2012). Building clinic sustainability – Applying head/neck and neuro - oncology programming to all clinics. Physical Activity and Cancer Day, Tom Baker Cancer Centre. Calgary, AB.
100. **Culos-Reed SN.** (2011). Physical activity for cancer survivors. Invited Speaker. Cancer Chic, Calgary, AB.
101. **Culos-Reed SN.** Capozzi LC*, Boldt KR*, (2011). Thrive: Exercise for cancer survivors. Faculty of Kinesiology Colloquium, University of Calgary. Calgary, AB.

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102. **Culos-Reed SN.** (2011). A healthy you into breast cancer survivorship: What role should physical activity play? (co-speaker, Dr. Jeff Vallance). Positively Pink, Calgary, AB.
103. **Culos-Reed SN.** (2011). Yoga for cancer survivors. Invited Speaker. International Association of Yoga Therapists (IAYT) Symposium on Yoga Research (SYR). Stockbridge, MA.
104. **Culos-Reed SN.** (2011). Physical activity and cancer: Yoga, fitness and the role of psychosocial factors in behaviour change. Health and Wellness Group, Edith Cowan University, Perth, Western Australia.
105. **Culos-Reed SN.** (2011). Yoga and physical activity. Western Australia Cancer Council, Perth, Western Australia.
106. **Culos-Reed SN.** (2011). Yoga, fitness and the role of psychosocial factors in behaviour change. School of Sport Sciences, Physical Activity and Cancer, University of Western Australia, Perth, Western Australia.
107. **Culos-Reed SN.** (2011). What's activity got to do with it? The role of exercise in breast cancer survivorship. Breast Cancer Tumour Group Journal Club, Tom Baker Cancer Centre. Calgary, AB.
108. **Culos-Reed SN.** (2011). What's activity got to do with it? The role of exercise in breast cancer survivorship. Wellspring Speaker Series, Calgary, AB.
109. **Culos-Reed SN.** (2010). What's activity got to do with it? Cancer survivorship and quality of life. Oncology Nurse Practitioners of Alberta – Provincial Retreat. Edmonton, AB.
110. **Culos-Reed SN.** (2010). Everything I Need to Know about Physical Activity, I've Learned from Cancer Survivors. LUPE Lecture Invited Speaker, Calgary, AB.
111. **Culos-Reed SN.** (2010). Movement is a medicine: The benefits of exercise during breast cancer. Rethink Breast Cancer Support Group, Calgary AB.
112. **Culos-Reed SN.** (2010). Physical activity for cancer survivors: From research to practice. Roger Jackson Centre Faculty Meeting, University of Calgary, Calgary, AB.
113. **Culos-Reed SN.** (2010). Physical activity for cancer survivors: from research to practice. Oncology Nursing Interest Group of Alberta (ONIGA). Calgary, AB.
114. **Culos-Reed SN.** (2009). The role of physical activity for prostate cancer survivors. GU Oncology Tumor Group Rounds. Princess Margaret Hospital, Toronto ON.
115. **Culos-Reed SN.** (2009). Building a sustainable community program for cancer survivors. Women Work Wonders Event. Calgary, AB.
116. **Culos-Reed SN.** (2009). Yoga Thrive. Medical Affairs in Community Oncology (MACO), Telehealth Event. Calgary, AB.
117. Vallance J, **Culos-Reed SN.** (2008). Exercise and breast cancer prevention: The evidence, the resources and the tips. Invited Speaker. Positively Pink. Calgary, AB.
118. **Culos-Reed SN.** (2008). Living well with Prostate Cancer: Physical Activity to Enhance Quality of Life. Invited Speaker. Canadian Prostate Cancer Network Annual Meeting. Calgary, AB.
119. **Culos-Reed SN.** (2008). The Benefits of Physical Activity for Men with Prostate Cancer. Invited speaker. Prostate Cancer National Conference. Calgary, AB.
120. **Culos-Reed SN.** (2008). Well-being during the cancer journey: Nutrition and physical activity. Invited Speaker, Cancer Care and Family Practice: A Provincial Oncology Education Event for Family Physicians and Oncologists. Edmonton, AB.
121. **Culos-Reed SN.** (2006). Exercising for your life. Breathing Life into Lung Cancer. Lung Cancer Awareness Day. Calgary, AB.
122. **Culos-Reed SN,** Devonish J*, Schack J*. (2006). The benefits of physical activity for cancer in the elderly. Kerby Centre Presentation, University of Calgary Education Outreach Program. Calgary, AB.

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123. **Culos-Reed SN.** (2006). The benefits of physical activity for prostate cancer survivors. ProstAid Presentation. Calgary, AB.
124. **Culos-Reed SN.** (2006). Physical activity for cancer: Child and adolescent research. Optimist Club of Calgary. Calgary, AB.
125. Keats MR*, **Culos-Reed SN.** (2006). Determinants of physical activity in adolescent cancer survivors: An application of the theory of planned behavior. Second International Cancer Rehabilitation Conference. Vancouver, BC.
126. **Culos-Reed SN.** (2005). Benefits of physical activity for breast cancer survivors. Canadian Cancer Society, Calgary Chapter, Breast Cancer Support Group. Calgary, AB.
127. Shields C, Angove J, **Culos-Reed SN**, Brawley LR, Hoffman-Goetz L. (2001). Exploring the barriers to physical activity among breast cancer survivors: A study of southern Ontario support groups. Eastern Canadian Society for Exercise Psychology Symposium (ECSEPS). London, ON.
128. **Culos-Reed SN**, Angove J. (2000). Understanding the barriers to physical activity for individuals with cancer. Cancer Control Seminar. The Centre for Behavioral Research and Program Evaluation and the Health Behaviour Research Group, University of Waterloo. Waterloo, ON
129. **Culos-Reed SN**, Brawley LR. (1999). Predicting physical activity and functional status in Fibromyalgia. The Arthritis Health Professionals Association. Toronto, ON.
130. Brawley LR, **Culos-Reed SN**, Gyurcsik NC. (1999). Physical activity and health related quality of life for seniors. The Active Living Coalition for Older Adults (ALCOA) National Forum on Older Adults Active Living. London, ON.
131. Brawley LR, **Culos SN.** (1998). Frameworks, models, and theories used in studying adherence behavior: An overview. Invited conference on Adherence to Behavioral and Pharmacological Interventions in Clinical Research on Older Adults. Winston-Salem, NC.

Monthly Educational Seminars – Invited

1. **Culos-Reed SN.** (2007-current, monthly). Exercising for your life: The role of exercise in cancer survivorship. Tom Baker Cancer Centre, Calgary, AB.
2. **Culos-Reed SN.** (2007-current, every 2 weeks). Exercise and prostate cancer. Prostate Cancer Centre, Calgary, AB.
3. Capozzi LC*, **Culos-Reed SN.** (2013-2015, bi-weekly). The power of exercise in cancer survivorship for Head/Neck cancer. Tom Baker Cancer Centre, Calgary, AB.

HOSTED WORKSHOPS AND TRAINING

1. **Culos-Reed & D'Silva A*.** (Jan.13, 2018). Thrive Centre Volunteer Training – Fall 2018. University of Calgary, Calgary, AB.
2. **Culos-Reed SN & Arnason T.** (Nov. 30 - Dec 3, 2017). Yoga Thrive Teacher Training. Holy Cross Hospital, Calgary. AB.
3. **Culos-Reed & Wystma-Fisher K*.** (Jan. 25, 2017). Thrive Centre Leadership Team Training – Winter 2017. University of Calgary, Calgary, AB.
4. **Culos-Reed & Wystma-Fisher K*.** (Jan. 14, 2017). Cancer and Exercise Training for Thrive Centre Volunteers – Winter 2017. University of Calgary, Calgary AB.
5. **Culos-Reed SN & Arnason T.** (Nov. 3-6, 2016). Yoga Thrive Teacher Training. Holy Cross Hospital, Calgary. AB.

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6. **Culos-Reed SN** & Chamorro-Viña C*. (Sept. 22-23, 2016). PEER Program Volunteer Training. University of Calgary, Calgary AB.
7. **Culos-Reed SN**. (Sept. 21, 2016). TrueNTH LM Professional Training. Medicine Hat, AB.
8. **Culos-Reed SN** & Wytma-Fisher K*. (Sept. 17, 2016). Cancer and Exercise Training for Thrive Centre Volunteers – Fall 2016. University of Calgary, Calgary AB.
9. **Culos-Reed SN**. (Sept. 15-16, 2016). TrueNTH LM Professional Training. Vancouver, BC.
10. **Culos-Reed SN** & McNeely M. (Sept. 14, 2016). Alberta Cancer Exercise (ACE) Team Meeting. Red Deer Cancer Centre. Red Deer, AB.
11. **Culos-Reed SN** & McNeely M. (2014). Cancer and Exercise Training for Physiotherapists. Co-presenters included Capozzi LC*, Cuthbert C*, & Robertson C. University of Calgary, Calgary AB.
12. **Culos-Reed SN**. (2014). Cancer and Exercise Training for Fitness Professionals. Co-presenters included Capozzi LC*, Danyluk J, McNeely M & Joy A. YMCA Edmonton. Edmonton, AB.
13. **Culos-Reed SN**. (2014). Cancer and Exercise Training for Fitness Professionals. Co-presenters included Capozzi LC*, Danyluk J, Leach HJ*, Anderson C & Lupichuk S. YMCA Calgary. Calgary, AB.
14. **Culos-Reed SN**, Capozzi LC*. (2013-current, bi-weekly). The power of exercise in cancer survivorship for Head/Neck cancer. Tom Baker Cancer Centre, Calgary, AB.
15. **Culos-Reed SN**. (2007-current, monthly). Exercising for your life: The role of exercise in cancer survivorship. Tom Baker Cancer Centre, Calgary, AB.
16. **Culos-Reed SN**. (2007-current, every 3 weeks). Exercise and prostate cancer. Prostate Cancer Centre, Calgary, AB.
17. Dew M, Culos-Reed SN. (2014). TrueNTH Lifestyle Management. PCCN PROSTAID Calgary Caregivers Group. Kerby Centre, Calgary.
18. **Culos-Reed SN**. (2013). Cancer and Exercise Training for Fitness Professionals. Co-presenters included Capozzi LC*, Danyluk J, Dew M, Daroux-Cole L & Guilcher G. University of Calgary. Calgary, AB.
19. Capozzi LC*, **Culos-Reed SN**. (Jan, May, and Sep since 2010, ongoing). Working with Cancer Patients and Survivors. Thrive Centre Volunteer Training; new volunteers and refresher for returning volunteers. University of Calgary. Calgary, AB.
20. **Culos-Reed SN**, Arnason T. (Annually in April since 2010, ongoing). Yoga Thrive Teacher Training. Calgary, AB. 3 Day workshop for yoga instructors.
21. **Culos-Reed SN**. (2012). Physical activity for cancer survivors. Educational Day, Calgary, AB. Organizer, Host, and Presenter. Culos-Reed Health and Wellness Lab and Tom Baker Cancer Centre. Calgary, AB.
22. **Culos-Reed SN**. (2011). Physical activity for cancer survivors. Educational Day, Calgary, AB. Organizer, Host, and Presenter. Culos-Reed Health and Wellness Lab and Tom Baker Cancer Centre. Calgary, AB.
23. **Culos-Reed SN**. (Jan 2010). Physical activity for cancer survivors. Educational Day, Calgary, AB. Organizer, Host, and Presenter. Culos-Reed Health and Wellness Lab and Tom Baker Cancer Centre. Calgary, AB.

HOSTED EVENTS AND FUNDRAISERS

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| 2017 | Drive for Thrive. Silver Springs Golf Club, Calgary, AB
<i>\$28,500 raised to benefit the Thrive Centre</i> |
| 2015-16 | Drive for Thrive. Sundre Golf Club, Sundre, AB. |
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2011-17 *\$42,000 raised to benefit the Thrive Centre*
Stride for Thrive. University of Calgary, Calgary, AB.
\$75,000 raised to benefit the Thrive Centre

INTELLECTUAL PROPERTY

2016 Cancer and Exercise Training for Health and Fitness Professionals Online Training Program. <https://thrivehealthservices.doki.io/>

2016 Canadian Society for Exercise Physiology (CSEP). Behaviour Change, Webinar Series.

2016 Cancer Exercise Outreach Video for Patient and Healthcare Professionals
www.vimeopro.com/user55846898/3-minute-movement-videos

2016 TrueNTH Lifestyle Management Testimonial Video:
www.youtube.com/watch?v=jPcYhzyUqU4#action=share

2008 Yoga for Cancer Survivors; DVD Copyright 2008.
“Yoga for Cancer Survivors” is a 7-set DVD of the original 7-week research-based Yoga Thrive program for cancer survivors. The DVD has been available for purchase from www.fitter1.com. Royalties from the sale of the DVD support the community-based Yoga Thrive program that runs in Calgary, AB.

KNOWLEDGE DISSEMINATION

2018 Bridging the gap between what to do and how to do it: the pathway to enhancing access to exercise and physical activity among adults diagnosed with cancer. [CAPO](#). By Amanda Wurz, ACSM-CPT, MSc, PhD candidate, University of Ottawa, Anika Petrella, RP, MA, PhD candidate, University of Toronto.

2018 Yoga Thrive Ottawa - An Opportunity for Cancer Patients, Survivors, and Support Persons. Facilitated By Amanda Wurz, Bonney Elliott & Ann O'Connor. *Based on Yoga Thrive Protocol developed by Dr. Culos-Reed.*

RESEARCH FUNDING

Current Funding

2019 Connecting breast cancer survivors for exercise: Extending the impact of ActiveMatch Sabiston, Catherine M (PI), Arbour-Nicitopoulos, Kelly; Beach Tyson A.C.; Bender, Jackie; Culos-Reed, S. Nicole; Jones, Jennifer M.; McDonough, Meghan H.; Rose, Jonathan S.; Santa Mina, Daniel; Tomasone, Jennifer R., Trinh, Linda., Fong, Angela J. and Smith, Jenna.
Canadian Cancer Society Research Institute (CCSRI)
\$412, 830
Co-Investigator

2019 International Pediatric Oncology Exercise Guidelines meeting support (iPOEG)
SSHRC

January 2020

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\$7,000

Principle Investigator

2019

Exercise Guidelines meeting support (iPOEG)

Daniel Family Chair in Psychosocial Oncology. International Pediatric Oncology

\$5,000

Principle Investigator

2019

International Pediatric Oncology Exercise Guidelines meeting support (iPOEG)

Faculty of Kinesiology, University of Calgary

\$2,000

Principle Investigator

2019-2024

A randomized controlled trial of individualized yoga to reduce fatigue in hospitalized children receiving intensive chemotherapy

Canadian Institutes of Health Research (CIHR) Project Grant

PI: Sung, Lillian (Hospital for Sick Children (Toronto))

\$514, 465

Co-Investigator

2018 - 20

Alberta Cancer Exercise (ACE) Program.

Alberta Cancer Foundation

\$400,000

Co-Principal Investigator

2018 - 19

The feasibility of an exercise and nutrition supportive care (palliative) intervention for advanced non-small cell lung cancer.

Oncology Research Office (ORO)

\$20,000

Principal Investigator

2018-20

CHANGE Cancer Alberta: A Primary Care Program for Cancer Prevention and Screening.

University of Alberta (Subgrant)

\$38,940

Principal Investigator (site)

2017 - 18

Pan Canadian Prostate Cancer Lifestyle Collaborative: Lifestyle Management Solution for Men with Prostate Cancer (Extension Funding)

Prostate Cancer Canada

\$110, 000

Principal Investigator

2017-18

Preference-based trials of behavioural interventions: the case of exercise in men with prostate cancer

CIHR – Catalyst Grant: SPOR Innovative Clinical Trials

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\$99,231 - Co-Applicant

2017-22 Mentorship Program in Innovative Integrative Oncology Clinical Trials: Moving from Best Evidence to Best Practice

CIHR – SPOR Mentorship Chair in Innovative Clinical Trials

\$498,250 - Co-Applicant

2017 Development of an iKT team for building a social ecological model for wellness delivery in cancer survivors.

University of Calgary (URGC) – Partnership Seed Grant

\$10,000 – Principal Investigator

2016-17 Progression, prediction, and benefits of physical activity after cancer diagnosis: Planning for a Pan-Canadian cohort study of adolescents and young adults with cancer

CIHR, Planning and Dissemination Grant

\$8,593 (2016-17)

Co-Applicant

2016 Multidisciplinary research meeting for the development of a protocol for an intervention study on cancer-related fatigue in the advanced cancer population.

AIHS, Engagement and Conference

\$1,992

Co-Investigator

2016-17 Cancer Strategic Clinical Network – CancerControl Alberta: Implementing Nurse-Led Telephone Survivor Clinics for Early-Stage Breast Cancer.

\$20,000

Co-Investigator

2016-18 Health and the city: The makeCalgary network

\$150,000

Co-Investigator (2 years)

2016-21 The Alberta Cancer Exercise (ACE) Program for Cancer Survivors: Supporting Community-based Exercise Participation for Health Promotion and Secondary Cancer Prevention

Alberta Innovates - Cancer Prevention Research Opportunity (CPRO)

Co-Principal Investigator

\$1,181,760 (5 years)

2015-20 Improving physical activity and reducing sedentary behaviour among breast cancer survivors: MOVING research into practice

Canadian Breast Cancer Foundation

\$378,859

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Co-Investigator

2015-17 Reducing anxiety and enhancing quality of life among caregivers of prostate cancer survivors: Development and evaluation of a dyadic, tailored, web-based, psychosocial and exercise self-management programme (TEMPO)

Prostate Cancer Canada

\$434,040

Co-Investigator

2013 - 2018 An RCT and economic analysis of three exercise delivery methods in men with prostate cancer on ADT. *Delayed start until 2015 and completion of the Phase II study.

Canadian Institute of Health Research

\$781,091

Site Principal Investigator, Co-Investigator (on grant)

Previous Funding

2014 - 16 Partnering to Develop an Alberta Cancer Exercise Program: Evaluation of Impact Indicators.

MSI Foundation

\$65,000

Co-Investigator

2014 - 17 Pan Canadian Prostate Cancer Lifestyle Collaborative: Lifestyle Management Solution for Men with Prostate Cancer

Prostate Cancer Canada

\$1,129,389

Principal Investigator

2014 - 16 Exercise and wellness program for women living with breast cancer.

Wings of Hope Breast Cancer Foundation

\$100,000

Principal Investigator

2015 Thrive Centre Exercise Equipment Upgrades

Totem Charitable Foundation

\$50,000

Principal Investigator

2014 - 15 12 - week Beauty Satellite Program at Saddletowne WMCA.

Canadian Breast Cancer Foundation

\$9,076

Principal Investigator

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- 2013 - 14 Exercise and wellness program for women living with breast cancer.
Wings of Hope Breast Cancer Foundation
\$50,000
Principal Investigator
- 2013 - 15 A Phase II RCT and economic analysis of three exercise delivery methods in men with prostate cancer on ADT.
Prostate Cancer Canada, Movember Discovery Grant.
\$195,796
Site Principal Investigator, Co-Investigator (on grant)
- 2013 - 15 Dissemination of an Exercise and Wellness Program for Women with Breast Cancer.
Canadian Breast Cancer Foundation
\$149,500
Principal Investigator
- 2013 - 14 SCORE study.
Kids Cancer Care Foundation of Alberta, Chair in Pediatric Oncology.
\$20,000
Co-Investigator
- 2013 - 14 POEM (Pediatric Oncology Exercise Manual).
*University of Dalhousie,
Faculty of Health Professionals Research and Development Grant.*
\$5,000
Co-Investigator
- 2013 - 14 POEM (Pediatric Oncology Exercise Manual). An exercise guideline for health care professionals, fitness instructors, educators and families.
Canadian Institute of Health Research, Knowledge Translation Grant.
\$25,000
Principal Investigator
- 2012 - 13 Sustainable community - based exercise program for children with cancer.
Alberta Health Services, Interface Grant.
\$10,000
Co-Investigator
- 2012 - 13 The benefit of exercise in the recovery of children undergoing cancer treatment.
Canadian Institute of Health Research & Alberta Children's Hospital Foundation
\$2,000
Co-Investigator
- 2012 - 13 Exercise and wellness program for women living with breast cancer.

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Wings of Hope Breast Cancer Foundation

\$50,000

Co-Investigator

2012 - 14 Physical activity and nutrition in head/neck oncology: Building a Clinic - Supported Program.

Alberta Children's Hospital, Donor - directed funds research grant.

\$50,000

C0-Investigator

2012 Community Cancer Support Network Interface Grant.

A community - based physical activity program for pediatric cancer survivors.

Alberta Health Services

\$10,000

Principal Investigator

2012 - 15 Effect of a physical exercise program on the immune system recovery and quality of life in pediatric patients undergoing autologous stem cell transplantation.

Alberta Children's Hospital Foundation

Childhood Care Collaborative.

\$62,827

Co-Investigator

2012 - 13 Effect of a physical exercise program on the immune system recovery and quality of life in pediatric patients undergoing autologous stem cell transplantation.

Alberta Children's Hospital Foundation

\$2,996

Co-Investigator

2011 - 12 Exercise and wellness program for women living with breast cancer.

Wings of Hope Breast Cancer Foundation

\$25,000

Principal Investigator

2011 - 13 Exercise during intensive chemotherapy to improve health and treatment tolerability in patients with acute myeloid leukaemia: a phase II randomized trial.

Ontario Ministry Academic Innovation Fund (MOHLTC)

\$179,903

Co-Investigator

2011 - 12 Physical activity and yoga for clinically under - served populations: Head/Neck and Neuro - Oncology.

University of Calgary - Research Grants Committee: Starter Grant.

\$15,000

Co-Investigator

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- 2011 - 12 The Thrive Centre Exercise and Wellness Program for Patients with Neuro and Head/Neck Cancers.
Alberta Health Services Community Cancer Support Network: Interface Project.
\$10,000
Principal Investigator
- 2010 - 15 Cohort study of physical activity and health - related fitness in breast cancer survivors: The moving beyond breast cancer study.
Canadian Institute of Health Research, Team Grant.
\$2,500,000
Co-Investigator
- 2010 - 11 Yoga and Brain Cancer: A Feasibility Study.
Wake Forest University, Comprehensive Cancer Centre,
Centre for Integrative Medicine Pilot Project.
\$20,000
Co-Investigator
- 2009 - 10 Project BE well: Brain cancer and exercise – A feasibility study.
Tom Baker Cancer Centre, In - house study.
\$15,000
Co-Principal Investigator
- 2009 - 10 Cohort study of physical activity and health - related fitness in breast cancer survivors: The moving beyond breast cancer study.
Canadian Institute of Health Research
Team Grant in Physical Activity and Breast Cancer Survivorship,
funding to prepare full grant application.
\$10,000
Co-Investigator
- 2009 - 10 Building sustainable community programming for cancer survivors. A yoga program.
TELUS Mobility, Telus Community Boards.
\$20,000
Principal Investigator
- 2009 - 10 Developing a rural Alberta yoga program.
Alberta Health Services, Community and Rehabilitation Oncology Services.
\$11,000
Principal Investigator
- 2009 - 10 Understanding physical activity behavior, determinants, and preferences in rural breast cancer survivors in Southern Alberta.
Alberta Health Services, Cancer Corridor.

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\$7,500

Co-Investigator

2009 - 12 Facilitating physical activity behavior and health outcomes in breast cancer patients receiving chemotherapy: A practical behavioral trial.

Canadian Institutes of Health Research, Operating Grant.

\$187,963

Co-Investigator

2008 40th Annual Meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS). Canmore, AB, Nov 1 - 3, 2008.

Alberta Heritage Foundation for Medical Research (AHFMR)

Conference, Symposium or Local Workshop Grant.

\$7,500

Principal Investigator

2008 - 10 A Pilot Study of Home - based Exercise Intervention for Patients with AML.

Leukemia and Lymphoma Society

\$120,000

Co-Investigator

2007 - 17 Climb Back from Cancer.

The Canadian Imperial Bank of Commerce (Calgary Health Trust)

\$500,000

Principal Investigator

2007 - 08 Mall Walking Project.

Primary Care Network

\$12,000

Principal Investigator

2007 - 09 Expansion of the yoga program

Private Donor, Mr. Bill Andrew

\$70,000

Principal Investigator

2007 - 08 Yoga for Cancer Survivors: Examining the Benefits of Home - based Yoga.

The Calgary Foundation

\$20,000

Principal Investigator

2007 - 08 Exercise Barriers in Cancer Survivors.

Canadian Institutes of Health Research, Seed Grant.

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\$52,591

Co-Principal Investigator

2006 - 07 Mall walking as Physical Activity
University of Calgary, Short - term Research Project.

\$8,000

Principal Investigator

2006 - 07 Mall walking Project.
Calgary Health Region.

\$7,000

Principal Investigator

2005 - 07 (Sociobehavioral Cancer Research Network), Research Team Grant.
Physical exercise across the cancer experience.

National Cancer Institute of Canada and Canadian Cancer Society

\$176,000

Principal Investigator

2004 - 06† Project PALS (Prostate Active Living Series): A physical activity program for the
treatment of androgen deprivation syndrome in men with prostate cancer.

Alberta Heritage Foundation for Medical Research - Health Research Fund

\$100,000

Principal Investigator

2004 - 07‡ Mall walking Project.
Calgary Health Region (1 year)

\$5,000

Principal Investigator

2003 - 10 Population Health Investigator, Salary Support.
Alberta Heritage Foundation for Medical Research (AHFMR)

\$700,000

Physical Activity for Cancer Survivors.

Principal Investigator

2003 - 10‡ Physical Activity for Cancer Survivors.
*Alberta Heritage Foundation for Medical Research (AHFMR) Population Health
Investigator Operating Funds (4 years).*

\$112,500

Principal Investigator

2002 - 03 Examination of a yoga program for cancer survivors.
University of Calgary, Collaborative Grant.

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\$10,000

Co-Investigator

2002 - 03 Project PALS (Prostate Active Living Series).

Calgary Health Region, Pilot Funding.

\$24,927

Co-Principal Investigator

2001 Evaluation of physical activity programs for health risk populations: A pilot project.

University of Calgary, Starter Grant.

\$10,000

Co-Investigator

2001 Research Excellence Envelope.

University of Calgary.

\$14,903

Principal Investigator

2001 APA Annual Convention, San Diego, CA.

University of Calgary, Travel Grant.

\$1,320

Principal Investigator

2001 New Appointment Funds.

University of Calgary

\$15,000

Principal Investigator

2001 Development Grant

University of Calgary & Social Sciences and Humanities Research Council

\$1,000.

Principal Investigator

2000 - 01 Examining barriers to physical activity in breast cancer.

University of Waterloo, Interdisciplinary Grant.

\$15,000

Co-Investigator

† *Project funding extended for 1 year due to maternity leave*

‡ *Project funding extended for 2 years due to maternity leaves*

Trainee Funding

Note: Amounts listed are annual amounts. Trainee funding tracked since Mackenzie (2009).

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2018	<i>Alberta SPOR Graduate Studentship</i> Tali Albinati	\$30,000
2018	<i>ACHRI Graduate Studentship</i> Jena Shank	\$10,167
2017-18	<i>QEII Scholarship- Faculty of Graduate Studies</i> Liam Kronlund	\$10,800
2017-18	<i>TRACTION Funding (conference travel & classes)</i> Liam Kronlund	\$2,000
2017-18	<i>TRACTION Funding (conference travel & classes)</i> Jena Shank	\$2,000
2017-18	<i>TRACTION Funding (conference travel & classes)</i> Tali Albinati	\$2,000
2017-18	<i>TRACTION Funding (conference travel & classes)</i> Adrijana D'Silva	\$2,000
2017-18	<i>TRACTION Funding (conference travel & classes)</i> David Langlier	\$2,000
2017	<i>QEII Scholarship- Faculty of Graduate Studies</i> Kathryn Wytsma-Fisher	\$10,800
2017	<i>CIHR</i> Jena Shank	\$17,500
2017	<i>ACHRI Graduate Studentship</i> Jena Shank	\$8,167
2017	<i>ACE Stipend</i> Adrijana D'Silva	\$15,000
2017	<i>Thrive Centre Stipend</i> Adrijana D'Silva	\$3,000

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2016	<i>Vi Riddell Scholarship</i>	\$10,000
	Jena Shank	
2016	<i>QEII Scholarship- Faculty of Graduate Studies</i>	\$10,000
	Jena Shank	
2016	<i>ACHRI Graduate Studentship</i>	\$11,000
	Jena Shank	
2016	<i>QEII Scholarship- Faculty of Graduate Studies</i> Kathryn Wytsma-Fisher	\$10,800
2016	<i>CIHR Travel Award</i> Cuthbert C	\$1,000
2016	<i>The Calgary Foundation, Strategic Opportunity Grant</i> Dowd J	\$3,750
2015	<i>Calgary Chapter of the Canadian Celiac Association</i> Dowd J	\$15,000
2015	<i>Mitacs Accelerate Internship</i> Dowd J	\$75,000
2015	<i>Canadian Institutes of Health Research - Postdoctoral Fellowship</i> Dowd J	\$135,000
2015	<i>Psychosocial Oncology Research Training Internship Exercise Scholarship</i> Capozzi LC	\$3,000
2014-15	<i>Psychosocial Oncology Research Training Scholarship, top up award</i> Capozzi LC	\$5,000
2016	<i>AGSS (Alberta Graduate Student Scholarship)</i> Colleen Jackson	\$3,000
2016	<i>GA(T) (Graduate Assistantship (Teaching))</i>	\$8,633

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	Colleen Jackson	
2015	<i>GA(T) (Graduate Assistantship (Teaching))</i> Colleen Jackson	\$8,633
2015	<i>Vera A. Ross Graduate Scholarship</i> Colleen Jackson	\$4,125
2015	<i>GA(T) (Graduate Assistantship (Teaching))</i> Colleen Jackson	\$8,505
2014	<i>CIHR CGS' Master's Award</i> Colleen Jackson	\$17,500
2014	<i>Queen Elizabeth II Scholarship (declined)</i> Colleen Jackson	\$10,800
2014	<i>Killam Pre-Doctoral Scholarship</i> Cuthbert C	\$3,000
2014	<i>Canadian Association of Psychosocial Oncology Conference 2014: The Bultz Best Student Oral Presentation Award.</i> Capozzi LC	\$200
2014	<i>University of Calgary, Faculty of Kinesiology, Conference Presentation Award.</i> Capozzi LC	\$500
2014	<i>2014 Honorary Izaak Walton Killam Memorial Scholarship.</i> Capozzi LC	\$3,000
2014	<i>Faculty of Graduate Studies Scholarship, University of Calgary.</i> Capozzi LC	\$350
2014	<i>National Institute of Dental and Craniofacial Research Building Bridges travel award, the Society of Behavioral Medicine Conference.</i> Capozzi LC	\$1,000
2013-16	<i>CIHR Doctoral Scholarship</i> Cuthbert C	\$20,000
2013	<i>University of Calgary, Faculty of Kinesiology, Faculty of Graduate Studies Recruitment Award.</i> Long R	\$2,500

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2013-14	<i>University of Calgary, Faculty of Kinesiology,</i> Graduate Assistantship (Teaching) Award. Long R	\$8,380
2013-15	<i>University of Calgary, Eye's High Postdoctoral Fellowship</i> Leach HJ	\$50,000
2013-19	<i>Alberta Innovates Health Solutions, MD/PhD Studentship Award.</i> Due to Vanier Scholarship, \$12,000 per year. Capozzi LC	\$30,000
2013-16	<i>Canadian Institute of Health Research, Vanier Canada Graduate Scholarship.</i> \$50,000.00 each year for three years (2013-2016) Capozzi LC	\$50,000
2013-16	<i>Canadian Institute of Health Research, Vanier Canada Graduate Scholarship.</i> Research Allowance. Capozzi LC	\$5,000
2013-14	<i>Alberta Children's Hospital</i> An exercise program in pediatric oncology. A Section of Pediatric Oncology and Blood and Marrow Transplant at the Alberta Children's Hospital. Chamorro-Viña C	\$48,000
2013	<i>Canadian Institutes of Health Research, Travel Grant</i> 2013 CIHR Student Health Research Forum. Capozzi LC	\$1000
2013	<i>PORT (CIHR funded program Psychosocial Oncology Research Training)</i> Top-up Award. Capozzi LC	\$5000
2013	Honorary Izaak Walton Killam Memorial Scholarship. Research Allowance only due to receipt of other award. Capozzi LC	\$3000
2013	<i>Southern Alberta Cancer Research Institute,</i> PhD Student Research Excellence Award. Capozzi LC	\$500
2013	<i>Canadian Institutes of Health Research, Training Program in Genetics,</i> <i>Alberta Children's Hospital Research Institute, Child Development and Health.</i> Trainee Research Visits/Exchange Award Wurz AJ	\$2,000

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2013	<i>PORT (CIHR funded program Psychosocial Oncology Research Training)</i> Internship Award Wurz AJ	\$3,000
2013	<i>Government of Alberta, Graduate Student Scholarship.</i> Outstanding Accomplishment Wurz AJ	\$3,000
2013	<i>University of Calgary, Faculty of Kinesiology,</i> Allan Markin Doctoral Scholarship Competition. Capozzi LC	\$5000
2013	<i>University of Calgary, Faculty of Kinesiology,</i> Incentive Award Capozzi LC	\$2,500
2013-14	<i>PORT (CIHR funded program Psychosocial Oncology Research Training),</i> Fellowship support. Chamorro-Viña C	\$8,500
2013	<i>Faculty of Kinesiology, University of Calgary,</i> Presentation Award. Canadian Association of Psychosocial Oncology, Ottawa, Ontario. Yoga for Pediatric Cancer Out-Patients. Wurz AJ*, Chamorro-Viña C*, Guilcher G, Schulte F, Culos-Reed SN.	\$1,000
2013	<i>Faculty of Kinesiology, University of Calgary,</i> Conference Presentation Award. Capozzi LC	\$1,500
2013	<i>Dr. Gary McPherson Leadership Scholarship</i> Capozzi LC	\$2,000
2012-13	<i>Canadian Institutes of Health Research, Training Program in Genetics;</i> <i>Alberta Children's Hospital Research Institute, Child Development and Health.</i> Studentship. <i>Declined. Accepted \$6,666 top up award and \$3,000 research allowance</i> Wurz AJ	\$26,666
2012-13	<i>PORT (CIHR funded program Psychosocial Oncology Research Training)</i> Masters Award. Declined. Accepted \$10,950 top up award Wurz AJ	\$23,800
2012-13	<i>Canadian Institutes of Health Research, Masters Award</i> Frederick Banting and Charles Best Canada Graduate Scholarship Wurz AJ	\$17,500
2012	<i>University of Calgary, Faculty of Graduate Studies Scholarship</i> Wurz AJ	\$3,000

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2012	<i>University of Calgary</i> , Faculty of Graduate Studies top up award Capozzi LC	\$3,000
2012	<i>University of Calgary</i> , Graduate Assistantship Teaching Award Capozzi LC	\$4,058
2012	<i>University of Calgary</i> , Travel Grant Canadian Association of Psychosocial Oncology Wurz AJ	\$500
2011-2013	<i>Government of Alberta</i> , Queen Elizabeth II Graduate Scholarship Masters Wurz AJ	\$10,800
2011	<i>University of Calgary</i> , Graduate Studies Scholarship Wurz AJ	\$500
2011	<i>University of Calgary</i> , Faculty of Graduate Studies Scholarship Capozzi LC	\$500
2011-12	<i>University of Calgary</i> , Graduate Assistantship Teaching Award Wurz AJ	\$2,652
2011-12	<i>University of Calgary</i> , Vera A Ross Graduate Scholarship Wurz AJ	\$4,125
2011-12	<i>Canadian Institutes of Health Research</i> , Masters Award Scholarship Capozzi LC	\$17,500
2011-12	<i>PORT (CIHR funded program Psychosocial Oncology Research Training)</i> , Top-Up Award. Capozzi LC	\$5,000
2011	<i>Government of Alberta</i> , Queen Elizabeth II Scholarship. Capozzi LC	\$3,600
2011-12	<i>University of Calgary</i> , Graduate Association Scholarship. Capozzi LC	\$11,400
2010-11	<i>Canadian Institutes of Health Research</i> , PORT Training program. Fellowship support. Top-up award. An exercise program in pediatric oncology. Chamorro-Viña C	\$5,000

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2009-10	<i>Jason Lang Scholarship,</i> Recognition of Exceptional Academic Achievement. Capozzi LC	\$1,000
2009-12	<i>Alberta Heritage Foundation for Medical Research,</i> Health Research Studentship Award + Research Allowance. * Reduced to \$7,000 incentive award due to receipt of Bombardier Canada Graduate Scholarship Mackenzie MJ	\$21,500
2009-12	<i>Social Sciences and Humanities Research Council,</i> Bombardier Canada Graduate Scholarship. Mackenzie MJ	\$35,000
2011	<i>University of Calgary,</i> Allan Markin Doctoral Scholarship Mackenzie MJ	\$5,000
2011	<i>University of Calgary,</i> Faculty of Graduate Studies Scholarship Mackenzie MJ	\$3,000
2011	<i>University of Calgary,</i> Faculty of Graduate Studies Scholarship Mackenzie MJ	\$3,000
2010	<i>University of Calgary,</i> Faculty of Graduate Studies Scholarship Mackenzie MJ	\$3,000
2010	<i>University of Calgary,</i> Dean's Research Excellence Award Mackenzie MJ	\$3,000
2009	<i>University of Calgary,</i> Dean's Research Excellence Award Mackenzie MJ	\$3,000
2009	<i>Government of Alberta,</i> Queen Elizabeth II Graduate Scholarship *rescinded due to exceeding equitable distribution of awards Mackenzie MJ	\$10,000

<i>TEACHING: CURRENT AND PREVIOUS</i>
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Winter 2019

KNES 253 Introduction to Health and Exercise Psychology. W19

Winter 2018

KNES 253 Introduction to Health and Exercise Psychology. W18

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Fall 2017

KNES 697 Health and Exercise Psychology for Clinical Populations – Mkin Graduate Course. F17

Winter 2017

KNES 253 Introduction to Health and Exercise Psychology. W17

Fall 2016

KNES 697 Health and Exercise Psychology for Clinical Populations (Mkin Graduate course). F16

KNES 603 Physical Activity and Chronic Disease (Special Topics). Fall 2016. *Mentor and supervisor to post doctoral fellow (J. Dowd) instructing the course.*

Winter 2016

KNES 253 Introduction to Health and Exercise Psychology. W16

KNES 697 Health and Exercise Psychology for Clinical Populations – Mkin Graduate Course. W16

Research & Scholarship Leave - Jan 2015 – June 2015, no teaching duties.

Winter 2015

KNES 253 Introduction to Health and Exercise Psychology. W15

Fall 2014

KNES 397 Health and Exercise Psychology. F14

KNES 497/
503/603 Cancer and Exercise: Research and Reviews. F14

KNES 697 Health and Exercise Psychology for Clinical Populations – Mkin Graduate Course. F14

KNES 479 Exercise Testing and Prescription. F14 Lecturer: Applying theoretical models to the counselling process.

Winter 2014

KNES 397 Health and Exercise Psychology. W14 (70 students)

KNES 253 Introduction to Health and Exercise Psychology. W14, Co - Instructor (First ½ of course) (200 students)

Fall 2013

KNES 503.7/
603.7/703.7 Exploring the Physical Activity and Cancer Research. F13 (8 students)

Winter 2013

KNES 397 Health and Exercise Psychology. W13 (60 students)

Winter 2012

KNES 397 Health and Exercise Psychology. W12 (60 students)

Jul 2010 – 11: Sabbatical Fellowship Leave, no teaching duties.

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S. Nicole Culos - Reed

Winter 2010

KNES 397 Health and Exercise Psychology. W10 (60 students).

Fall 2009

KNES 213 Exercise Physiology. Fall, 2009 (40 students). Guest Lecturer for Brian MacIntosh

KNES 615 MKIN program. F09 (7 students). Guest Lecturer (2)

KNES 695 Physical Activity for Cancer Survivors: Directed Readings. F09 (1 student)

Winter 2009

KNES 697 Health and Exercise Psychology – Graduate Course. W09 (2 students)

KNES397 Health and Exercise Psychology. W09 (60 students)

Maternity Leave - February 2007 – 2008

Winter 2008

KNES 397 Health and Exercise Psychology. W08 (60 students)

KNES 697 Health and Exercise Psychology. Graduate Course – W08 (2 students)

Winter 2006

KNES 397 Health and Exercise Psychology. W06 (60 students)

KNES 695.15 Social Psychology of Physical Activity. Graduate Readings Course – W06 (3 students)

KNES 253 Introduction to Mind Sciences: Health and Exercise Psychology (approx. 200 students)
Mentor to graduate student teaching the course, W06

KNES 479 Exercise Testing and Prescription. Lecturer: Applying theoretical models to the counselling process – W06

2005-00

MDSC 635 Psycho Oncology. Lecturer: Physical activity for cancer survivors – Nov, 2005, 2006 (approx. 10 students)

KNES 397 *Winter 2001, 2002, 2004 (2003, 2005 – on parental leave). Sole Instructor (60 students/year); Mentor to graduate student covering course during maternity leaves.*

KNES 253 *Winter 2001, 2002 (2003 – on parental leave; 2004 – present – relief of teaching duties with AHFMR PHI). Mentor to graduate student covering course during maternity leave and for AHFMR teaching relief duration.*

KNES 695.14 Exercise Counseling and Oncology. Graduate Directed Studies
Winter, 2004 (1 student).

KNES 695.13 Physical Activity and Juvenile Arthritis. Graduate Readings Course
Winter, 2004 (1 student).

KNES 695.12 Health and Exercise in Pediatric Oncology. Graduate Readings Course
Fall, 2003 (1 student).

MDSC 635 Psycho - Oncology
Lecturer: Physical Activity for Cancer Survivors – Nov 2001, 2002, 2003, 2004 (approximately 10 students)

Maternity Leave - August 2004-05

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Maternity Leave - March 2002- 03

TRAINEES

Current

MSc

Emma McLaughlin, MSc (Sept 2019)

Funding: Vi Ridell (22k/year)

Topic: Dissemination and Implementation of the iPOEG

Kelsey Ellis, MSc (Sept 2019)

Funding: Oncology Research Office (ORO)

Topic: Yoga in pediatric oncology

Delaney Duchek, MSc (Sept 2019)

Funding: World Health Organization

Topic: Exercise Adherence and behaviour change: Facilitating client retention

Julia Daun, MSc (Sept 2018)

Funding:

Topic: Exercise in clinical care pathway for HNC

Colin Lavigne, MSc (Jan 2017), Co-Supervisor Gui Millet

Funding: CCSRI Grant

Topic: Exercise and cancer-related fatigue

Simon Barrick, PhD Supervisory Committee member (William Bridel); Candidacy examination committee; 2016-

Topic: Newcomers and sport

Michelle Kleban, MSc Supervisory Committee member (Meghan McDonough), 2017 (Jan)-

Topic: Social support and exercise in cancer survivors

Janet Wong, MSc Supervisory Committee member (Meghan McDonough), 2017 (Nov)-

Topic: Play environments and child psychological well-being

Michelle Patterson, MSc Supervisory Committee member (Meghan McDonough), 2017 (Nov)-

Topic: Social support, elderly and exercise

PhD

Manuel Ester

Nancy Adam – PhD Career Advisor, AIHS. Cumming School of Medicine (2016-)

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Chelsia Gillis – PhD Thesis Committee member. Cumming School of Medicine.
- PhD Candidacy Exam. March 15, Examiner
Topic: Prehabilitation in Colorectal Cancer. (Tanis Fenton) (2016-)

Sommer Christie – PhD Supervisory Thesis Committee Faculty of Kinesiology. (2013-).
Topic: Sport Psychology

PDF

Amanda Wurz, Postdoctoral Fellow (March 2019)
Funding: CIHR
Topic: Pediatric Cancer and Exercise

Justine Dowd, Postdoctoral Fellow (Sept 2015)
Funding: CIHR
Topic: Physical Activity and celiac disease
Maternity Leave, February 2017-18

Kristina Kowalski, PDF – AIHS Co-Mentor. Faculty of Arts, Department of Psychology (Dr. Keath Yeates). (2015-)

Other

Homare Saotome, Visiting Scholar (August 31, 2017 – August 31, 2018), Hannan University, Osaka Japan

Previous

Natalia (Tali) Albinati, Msc (September 2017-2019), Supervisor
Funding: QEII
Topic: Exercise in palliative cancer

Liam Kronlund, MSc Student (September 2016), Supervisor
Funding: Vi Ridell Pediatric Initiative, Research Assistant, QEII
Topic: Pediatric oncology and exercise.

Jena Shank, MSc Student (September 2016), Supervisor
Funding: ACHRI, QEII, Vi Ridell Pediatric Initiative, CIHR
Topic: Pediatric oncology and exercise

Kyla Coates, MSc Supervisory Committee member (Gui Millet), Sept 2016-
Topic: Exercise and MS

Kathryn Wytsma-Fisher, MSc Student (May 2016) – *Voluntary Withdrawal, July 2017, due to personal reasons*

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Funding: QEII

Topic: Exercise in Palliative Care Cancer Populations (SPARCC)

Colleen Cuthbert, PhD Candidate (Jan 2013)

Co - supervisor (Dr. Dianne Tapp, Nursing)

Funding: CIHR, ARNET

Topic: Role of Exercise for Caregivers in Cancer Care

Mary Medysky, MSc (June 2016 completed); Co-Supervisor

Funding: CCSRI Grant

Topic: Cancer-related Fatigue

Homare Saotome, Visiting Scholar (Sept 2016) Hannan University, Osaka Japan

Myriam Filion - Fondation du cancer du sein du Québec, Québec, CA

Mariana Gómez García, Visiting Scholar (October 1 – December 20, 2018), University of Physical Education / University of Medicine in Uruguay

Christiane Job McIntosh, PhD (Jan 2016 completed); On-site supervisor for Dr. Doug Brown

Funding: NA

Topic: Aging Female Athletes Performance

Colleen Jackson, MSc (Sept 2014-16)

Funding: CIHR

Topic: Physical Activity Preferences and Barriers in Head/Neck Cancer Survivors.

Lauren Capozzi, MSc Student (Sept 2010), Transferred to PhD Program (Jan 2011); Accepted to PhD/MD program (May 2013). Defended PhD 2015

Funding: CIHR, UC Allan Markin Doctoral Scholarship, Vanier Scholar, Killam, PORT

Topic: Exercise in Head and Neck Cancer Survivors.

Heather Leach, Postdoctoral Fellow (Sept 2013-15)

Funding: Eyes High, University of Calgary

Topic: Physical and Psychosocial Impact of Exercise for Cancer Survivors; Community Programming.

Carolina Chamorro-Viña C, Postdoctoral Fellow (Nov 2010)

Funding: CIHR, AIHS, ACH Post-Doctoral Fellowship, PORT

Topic: Exercise in Pediatric Oncology; Community Programming and Dissemination.

Robyn Long, MSc (Sep 2013)* Transferred to PhD, (Jan 2014). Terminated program due to family move, 2014.

Funding: Eyes High International, University of Calgary

Topic: Yoga and Pediatric Oncology.

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Katie Krenz, MSc Student (Sep 2012 - June 2014)

Funding: University of Calgary QEII

Topic: The Association between Physical Activity and Quality of Life in Gastric Cancer.

Allegra Courtright, MSc Student (Sep 2012 - June 2014)

Co - supervisor (Dr. Frank MacMaster, Community Health Sciences)

Funding: University of Calgary QEII

Topic: Exercise and Depression in Young Adults

Amanda Wurz, MSc Student (Sep 2011 - Nov 2013)

Funding: Government of Alberta, CIHR, UC Graduate Scholarship, ACHRI, PORT.

Topic: Yoga for pediatric cancer out-patients.

Michael Mackenzie, PhD Student (Sep 2009 - Nov 2012)

Funding: SSHRC, AHFMR

Topic: Yoga for Cancer Survivors

Julia Devonish, PhD Student (Sep 2005 - Dec 2010)

Funding: AHFMR

Topic: Physical Activity for Lung Cancer Survivors.

Marni Armstrong, MSc Student (Sep 2008 - Sep 2010)

Co - supervisor, Dr. Ron Sigal

Funding: UC Graduate scholarships (MSc); AIHS (PhD)

Topic: Exercise in Diabetes

Transferred to PhD program under Ron Sigal prior to completion of MSc

Ashley Ross, MSc Student (Sep 2008 - Jun 2010)

Funding: CIHR

Topic: Yoga for Prostate Cancer Survivors.

Jennifer Schack, MSc Student (Sep 2006 - Jun 2009)

Funding: UC Open Scholarship

Topic: Exploring Physical Activity Levels, Preferences and Barriers in Southern Alberta Aboriginal Cancer Populations.

Jill Norris, MSc Student (Sep 2005 - Jun 2008)

Funding: BP Canada Aboriginal Youth Achievers Scholarship, National Aboriginal Achievement Foundation, Aboriginal Health Careers Bursary

Topic: The Role of Parents in the Promotion of Physical Activity for Pediatric Oncology Survivors.

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Lynette Stephenson, MSc Student (Sep 2006 - Jan 2008)

Funding: CIHR Masters Fellowship.

Topic: Physical Activity and Diet Behaviours in Colorectal Cancer Survivors: Relationship with Quality of Life.

Melanie Keats, PhD Student (Sep 2003 - Nov 2006)

Funding: SSHRC Canada Graduate Doctoral Fellowship, AHFMR Doctoral Fellowship, Honorary Killam Award, UC Grants

Topic: Physical Activity for Adolescent Cancer Survivors: Project TREK.

Kerry Coupland, MSc (Sep 2003 - Jun 2005)

Funding: SSHRC

Topic: Psychosocial Benefits of Physical Activity for Children with Juvenile Arthritis.

Lisa Daroux, MSc (Sep 2002 - Apr 2005)

Funding: University of Calgary

Topic: The Impact of Perceived Control on the Psychosocial and Physical Outcomes of Physical Activity in Cancer Survivors.

Kathleen O'Connor, MSc (Sep 2001 - 2003)

Funding: University of Calgary

Topic: Exercise for Prostate Cancer Patients: Impact on QOL, Fatigue, and Health Care Utilization.

Supervisory Committee - Complete

Lisa Graham – MSc, Faculty of Engineering, University of Calgary (Sep 2012 – May 2016).

Hillary Woodside – MSc Student, Dalhousie University (Sep 2012 – July 2014).

Cari Din – PhD, Faculty of Kinesiology, University of Calgary (2013).

Harman Bedi – MSc, Faculty of Kinesiology, University of Calgary (2011).

Heather Ray – PhD, Community Health Sciences, University of Calgary (2011).

Kim Wagner Jones – MSc, Faculty of Kinesiology, University of Calgary (2009).

Tyler Cameron – MSc, Faculty of Kinesiology, University of Calgary (2009).

Diane Clarke – MSc, Faculty of Kinesiology, University of Calgary (2008).

Andrew Ling – MSc, Faculty of Kinesiology, University of Calgary (2008).

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Matthew Skinn – MSc, Faculty of Kinesiology, University of Calgary (2009).

Stewart Therrien – MSc, Faculty of Kinesiology, University of Calgary (2009).

Randy Gingera – MDP, Environmental Design, University of Calgary (2004).
Designing for the Prostate Cancer Population.

Jaana Kappanen – MSc, Faculty of Kinesiology, University of Calgary (2004).
A Multi - level Analysis of the Relationship Between Self - Efficacy, Collective Efficacy, and Cohesion in Basketball Teams.

Christine Pitakanen – MSc, Faculty of Kinesiology, University of Calgary (2003).
Sport Psychology.

Ella Solin – MSc, Faculty of Kinesiology, University of Calgary (2003).
returning to Wholeness: Yoga and Personal Well - Being.

Jill Milne – PhD, Nursing, University of Calgary (2003).
Strategies and Decision Making in Self - Care for Urinary Incontinence.

Lianne Barnieh – MSc, Community Health Sciences, University of Calgary (2003).
The Effect of Physical Activity on Quality of Life in Breast Cancer Survivors. *Dropped out of program in 2004.

External Examiner

Gregory Levin – PhD, Edith Cowan University, Joondaloo, Australia (2014).

Amy Kossert – PhD, School of Kinesiology, University of Western Ontario (2014).

Keri - Jo Lynne Sawka - Msc, Department of Community Health Sciences, Faculty of Medicine,
University of Calgary (2014).

Valerie Hadd – PhD, Faculty of Human Kinetics, UBC (2010).

Nancy Stocker – MSc, Community Health Sciences, Faculty of Medicine, University of Calgary (2009).

Kathleen Wilson – PhD, College of Kinesiology, University of Saskatchewan (2008).

Brenda Key – MSc, Clinical Psychology, Faculty of Arts, University of Calgary (2006).

Angela Busch – PhD, Community Health Sciences, Faculty of Medicine, University of Calgary, (2003):
Comprehensive Exam Committee Member.

Amy Latimer – MSc, Kinesiology, McMaster University (2001).

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Undergraduate Supervision

Note: Summer Students are from May to August unless otherwise stated

Holly Wright, KNES 441 Practicum, Cancer and Exercise – Fall 2019

Ahmed (Eddy) Ismail, KNES 443 Practicum, Cancer and Exercise – Fall 2019

David Chiu, PURE Award – Spring/Summer 2019

Sam, Markin Undergraduate Student Research Program (USRP) - Spring/Summer 2019

Vivien Lösse, International Exchange Student (German Sport University Cologne) - April 15 to July 5, 2019

Maximilian Eisele, KNES 443 Practicum, Cancer and Exercise – Spring 2019

Ahmed (Eddy) Ismail, KNES 441 Practicum, Cancer and Exercise – Spring 2019

Friede Kiernan, KNES 441 Practicum, GYM Program – Spring 2019

Brittany Harrison, University of Lethbridge Full-time Practicum, ACE Study – Winter 2019

Maximilian Eisele, KNES 441 Practicum, Cancer and Exercise – Winter 2019

Rubbal Brar, KNES 441 Practicum, Cancer and Exercise – Winter 2019

Madison Bonsel, KNES 441 Practicum, GYM Program – Winter 2019

Michaela McGinty, Markin Undergraduate Student Research Program (USRP) – Fall 2018/Winter 2019

Mannat Bansal, 2018 Alberta Cancer Foundation Summer Studentship (Project title: On the correlation between facility characteristics and adherence) – Summer 2018

Ellis Johnson, Volunteer Student (UBC-O student) – Spring/Summer 2018

Conné Lategan – Honours Student (2018-19)

Janine Jomaa, KNES 441 Practicum - Spring 2018

Paula Ngo, KNES 441 Practicum - Spring 2018

Abdul Syed, KNES 441 Practicum – Spring 2018

Gurmeen Gill, KNES 441 Practicum - Spring 2018

Ryan Miller - KNES 441 Practicum, ACE Study – Fall 2018

Sarah Sosnowski - KNES 441 Practicum, Pediatric Cancer and Exercise – Fall 2018

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Dominique Jensen - KNES 441 Practicum, GYM Program – Fall 2018

Sydney Riglin, University of Lethbridge Full-time Practicum, TrueNTH LM – Fall 2018

Jessica Vidiera – Honours Student (2017-18)

Adeela Chaudhry, KNES 441 Practicum, Cancer and Exercise – Fall 2017

Conné Lategan, KNES 441 Practicum, Cancer and Exercise – Fall 2017

Dani Dutton – KNES 441 Practicum, MOVE-C Study – Fall 2017

Frances Carroll – Practicum student (Spring 2017)

Stephen Shikaze – Practicum student (Spring 2017)

Karen Tang – USRP (Fall 2016)

Cassandra Warbeck – Practicum student (Fall 2016)

Megan Lesinszki – Practicum student (Fall 2016)

Christine MacSween – AIHS Undergraduate Student (Summer 2016)

Bronte Chere Viznaugh – Undergraduate Student Research Program (USRP) (Summer 2016)

Tamlyn Edwards – Undergraduate Practicum student (Winter 2015)

Julia Daun – Undergraduate Practicum Student (FT Fall 2014)

Kacy Nishimura – Undergraduate Practicum Student (FT Winter 2014)

Lauren Voss – Undergraduate Practicum Student (Fall 2013)

Amber Horvat – Undergraduate Practicum Student (Fall 2013)

Alicia Parker – Undergraduate Practicum Student (FT Summer 2013)

Colleen Jackson – Undergraduate Practicum Student (FT Summer 2013)

Tracy Job – Undergraduate Practicum Student (2012)

Meika Stewart – Undergraduate Practicum Student (2012)

Greg Rafter – Honours Undergraduate Student (2011 - 12)

Mohammad Rashead – Honours Undergraduate Student (2011 - 12)

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Kevin Boldt – Pure Summer Student (2011);

Undergraduate Student Research Program (USRP) (Fall/Winter, 2011/12)

Jordan Thornley – Mkin Practicum Student (Jul 2010 - Sep 2010)

John Sasso – Mkin Practicum Student (May 2010 - Nov 2010)

BreAnne Henry – Practicum Student (May 2010 - Jun 2010)

Sarah Mah – Practicum Student, BHS (Sep 2009 - Apr 2010)

Ashley Humeniuk – Practicum Student (Sep 2009 - Dec 2009)

Abram Gusrath – MDSC Bachelor of Health Science, Honours Project (Sep 2008 - Apr 2009)

Ashley Janzen – Undergraduate Student Research Program (USRP) Summer Student (2008)

Chantelle Elson – Undergraduate Student Research Program (USRP) Summer Student (2008)
HYRS – AHFMR Summer Student (Jul - Aug, 2008)

Lisa Benz – Kinesiology Honours (Sep 2006 - May 2007)

Ashley Jensen – Kinesiology Practicum (Sep 2006 - Apr 2007)

Jennifer Humphreys – Kinesiology Practicum (Sep 2006 - Apr 2007);
Directed Studies Course (Spring, 2006)

Sarah Mah – AHFMR HYRS Summer Student (Jul - Aug, 2006)

Robert Roth – Undergraduate Student Research Program (USRP) Summer Student (2006)

MENTORSHIP

Cindy Forbes – Career Development Fellow. Hull York Medical School. Mentor, 2019- .
Cindy.Forbes@hyms.ac.uk

Joshua Huang – HYRS highschool student (Summer 2017)

Ida Djupedal – Undergraduate visiting student from Sweden (Aug 2011 - Dec 2011)

Julie Walsh (Broderick) – *Visiting Student*, Department of Physiotherapy, Trinity College, Dublin
Ireland – (Sep - Oct 2009)

Melanie Keats – *Teaching* of KNES 253 (2005)
Development of KNES253, 397 and 697 (2006, For Winter 2007)

Lisa Daroux – *Teaching* of KNES 397 (2005)

Kathleen O'Connor – *Teaching* of KNES 253 (2003)

Ella Solin – *Teaching* of KNES 397 (2003)

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Terry Hansen – *Teaching* of KNES 397 (2001)

<i>STAFF AND VOLUNTEER SUPERVISION</i>

Rose Clay – *Research Assistant* (January 2018-**current**)

Tanya Willimason – *Certified Exercise Physiologist* (Mar 2014 - **current**); *Certified Exercise Physiologist*, Thrive Program Coordinator (Sep 2010 - Mar 2014)

Kate Wilson – *Research Coordinator*, Health and Wellness Lab (Dec 2014 - **current**)

Desaree Bateman – *Coordinator*, Health and Wellness Lab (Sep 2013 – **June 2017**; on maternity leave Dec 2014-15)

Michael Dew – *Certified Exercise Physiologist*, Thrive Program (Jan 2013 – Apr 2014); *Certified Exercise Physiologist and Research Coordinator*, Lifestyle Management Program Prostate Cancer Canada (May 2014 – **current**)

Jessica Danyluk – *Certified Exercise Physiologist*, Beauty Program Coordinator (Jan 2012 – **current**; on maternity leave Feb 2014-15& February 2016-17)

Charmaine Wallace – *Research Assistant* (Sept. 2015-17)

Lauren Voss – *Research Assistant* (Aug 2014 – May 2016)

Carrie Anderson – *Certified Exercise Physiologist*, Beauty Program Coordinator (Maternity Leave Cover, Feb 2014 - Jan 2015)

Jill Baxter – *Certified Exercise Physiologist* (Sept 2015- Jan 2017)

Kent Bastell - *Volunteer*, Health and Wellness Lab (July 2014 – August 2015)

Meika Stewart – *Fitness Instructor and Research Assistant*, Prostate Cancer Trial (Dec 2013 - 16)
Meika Stewart – *Research Administrative Assistant*, Health and Wellness Lab (Jan 2013 - Dec 2013)

Colleen Jackson – *Undergraduate Research Assistant*, Health and Wellness Lab (Sep 2013 - Apr 2014)
Tracy Job – *Undergraduate Research Administrative Assistant*, Health and Wellness Lab (Jan 2013 - Jul 2013)

Heather Jackson – *Research Administrative Assistant*, Health and Wellness Lab (May 2012 - Dec 2012)

Kathryn Wytsma – *Certified Exercise Physiologist* (Jan 2012 - Jan 2013)

Katie Krenz – *Volunteer*, Health and Wellness Lab (Aug 2011 - Sep 2012)

Erica Enevold – *Certified Exercise Physiologist*, Thrive Centre (May 2010 - Dec 2010)

Ashley Humeniuk – *Research Assistant* Brain study (Jan 2010 - Sep 2010)

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Lynette Stephenson – *Research Coordinator* (Jan 2008 - 2010)

Tanya Williamson – *Research Assistant*, Health and Wellness Lab (Sep 2008 - Sep 2009)

Jamie Benham – *Research Assistant* (Jan 2008 - Sept 2008)

Jane Stewart – *Research Assistant* (Aug 2007 - Mar 2008)

Lori Tillotson – *Research Nurse* (Apr 2003 - Aug 2007)

Nicole Desjardins – *Research Assistant* (Jan 2005 - Aug 2007)

Jennifer Humphreys – *Undergraduate volunteer* (Sep 2006 - Apr 2007)

Erin Stockwell – *Undergraduate Volunteer* (Sep 2006 - Dec 2006)

Rhonda Christensen – *Research Assistant* (Sep 2005 - Mar 2006)

Britany Bingham – *Undergraduate Research Assistant* (2004 - 05)

Sophia Pin – *Undergraduate Research Assistant* (2003 - 05)

Lauren Esau – *Undergraduate Research Assistant* (2003 - 05)

UNIVERSITY SERVICE

Faculty of Kinesiology

2018-ongoing	Strategic Research Innovation Committee (AD Grad rep)
2018-ongoing	Graduate Education Committee (Chair, AD Grad)
2018	Faculty Tenure and Promotion Committee
2018-19	Hiring Committees – Sport Coaching tenure track position; CRC in Public Policy
2018-ongoing	Striking Committee
December 2017	Faculty Tenure and Promotion Committee
December 2017	Research Scholarship Leave Committee
Jan 2001 - Present	Faculty Council
Jan 2017	Kinesiology Hiring Committee, Research Facilitator Position
Jan 2017	Kinesiology Hiring Committee, Motor Control Position
Sept 10, 2016	Gift of Play, UCalgary's 50 th Anniversary, Faculty Volunteer
2016-18	Round Up Cancer – Fundraiser, Board Member
2016-current	Undergraduate Research Symposium Judge, UofC
2016-18	Mini University
2016-17	Shad Valley – High School Student Presentations
2016 - 2017	Research & Scholarly Leave Committee
2017 - 2019	Strategic Research and Innovation Committee
Jan 2015 –current	Drive for Thrive Golf Tournament (Event), Co-Chair
January 2020	

S. Nicole Culos - Reed

Jan 2011 –current Leadership Team (Facilitator), Thrive Centre, Health & Wellness Lab
Jan 2009 - current Graduate Education Committee, Faculty of Kinesiology
Jun 2013 - current Curriculum Policy Committee

University of Calgary

2019 - Academic Planning and Priorities Committee (APPC) – GFC Executive Committee appointment. July 1 2019 – June 30, 2022 (3 yr term)
2019 - Faculty of Graduate Studies Council – Policy Committee. May, 2019 - (nominated, FGSC Executive)
2019 Hiring committee, Kidney Program
2019 Salary Anomalies Advisory Committee (SAAC), Provost Appointment
2019 Cumming School of Medicine –Hematology Section Chief, Search Committee
2019 - Community Health Sciences, Search Committee tenure track position in HNC
2018 Nursing Hiring Committee, Decanal Search. GFC appointment.
Oct 2013 Review Committee, Director of ACHRI – Brent Scott
Jul 2009 Search Committee, Hopewell Chair in Clinical Neuroscience
Jan 2010 - current Review Committee, Hopewell Chair in Clinical Neuroscience
2011 - current Bioethics Committee
2011 - current Child Youth and Mental Health Committee

Previous

Sep 2011 - Jun 12 Decanal Search Committee, Faculty of Kinesiology
Jul 2011 - Jun 12 Dean’s Advisory Committee, Faculty of Kinesiology
Jul 2011 - Jun 12 Curriculum Policy Committee
Jul 2011 - Jun 12 TUCFA (The University of Calgary Faculty Association) – Kinesiology Representative
Jul 2009 - Jul 10 Faculty Promotions Committee
Jul 2007 - Jun 09 Ad Hoc Review Committee for Non - Academic Misconduct
Jul 2007 - Jun 09 Academic Appeals Committee - University of Calgary
Jul 2006 - Jul 08 Faculty Council Representative for the Faculty of Nursing
Jul 2005 - Jun 07 Curriculum Policy Committee – Faculty of Kinesiology
Jul 2005 - Jun 07 Ad Hoc Review Committee for Non - Academic Misconduct
Jul 2005 - Jun 07 Academic Appeals Committee - University of Calgary
Jan 2006 - Jan 07 Scholarship Review Committee – Faculty of Kinesiology
Jan 2006 - Jun 06 Chair, Health and Wellness Working Group – Faculty of Kinesiology
Mar 2005 – Oct 05 President’s Advisory Search Committee for the Director of the Markin Institute for Research in Population Health Interventions
Jul 2001 - Jul 03 Faculty Council Representative for the Faculty of Social Sciences

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EXTERNAL SERVICE

Calgary

Cancer Chic - Board Member, 2010 – 17

Canadian Cancer Action Network (CCAN) – Board Member, July 2017 – 2020 (3 year term). Dissolved 2019, amalgamated into the Canadian Partnership Against Cancer.

Global Advances in Health and Medicine (GAHM) – Associate Editor, July 2017 – 2019

SuperFly – Advisory Board Member, 2017-Current

Alberta

Class Review Steering Committee. Alberta Health Services. Committee Member, Fall 2016 – current

Cancer-related Fatigue Guideline. Alberta Health Services - Cancer Control. Committee Member, 2016 – current

Alberta Health Services, Cancer Care Fatigue Guidelines - Panel Member, 2016--current

Alberta Prevents Website Project (<http://albertapreventscancer.ca/>) Alberta, Ca Prevention Legacy Fund Project: Review Member

[Alberta Centre for Active Living](#) Research Advisory Committee: current

UWALK (<http://uwalk.ca/pages/about/>)– Research Advisory Committee: current

Alberta Children's Hospital Research Institute (ACHRI) - Full Member: current

Southern Alberta Cancer Research Institute (SACRI) - Full Member: current

National

Clinical Practice Guideline: Fatigue in Pediatric Cancer Patients. Pediatric Oncology Group of Ontario (POGO). Panel member, Jan 2017 – June 2017

KT Exercise Clinical Advisory Committee. Cancer Care Ontario. Committee Member, Dec 2016 – current

Board of Integrative Cancer Therapies: current. Editorial Board Member - TBCC

Canadian Centre for Applied Research in Cancer Control: Full Member: current

Prostate Cancer Canada, 2012 – 2015: Health Education Review committee member. ASAP member (A Survivorship Action Plan)

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Canadian Association for Psychosocial Oncology (CAPO): Board Member 2013 – 2015. Education and Research Evaluation Committee – Member: 2013 – 2015

Conference Service

CAPO/IPOS Scientific Committee, 2019 conference in Banff AB.
Reviewer, committee planning

CAPO Reviewer - 2017 abstract submissions for annual conference (May 3 - 5, 2017, Vancouver, BC).

Society of Behavioral Medicine Abstract Reviewer: Physical Activity Special Interest Group. September 2016 abstract reviews; September 2018 abstract reviews; September 2019 abstract reviews

CAPO Feb 2015 - May 2016

Chair, Communications committee. Monthly meetings and reported at Monthly CAPO Board meeting.

Canadian Institutes of Health Research Doctoral Research Awards – B committee. Review of Doctoral Research Award applications.

Symposium for Yoga Research

Abstract Submissions Organizer 2014 (70 abstracts reviewed)

Conference committee organizing member. Abstract review member, 2013 (57 abstracts reviewed). Presentation at pre - conference symposium.

SCAPPS 2008

Co - Organized and Coordinated SCAPPS 2008 conference in Canmore, Alberta.

Conference Reviews

SCAPPS (2005 - current)

Society of Behavioral Medicine – Cancer Special Interest Group; and Complementary and Alternative Medicine Special Interest Group. Reviewer of abstracts for annual conference (2004 – present).

North American Society for the Psychology of Sport and Physical Activity. Reviewer of abstracts for annual conference (2002 – present).

Other Professional Service – Previous

Psychology Headship Committee (Feb-May 2016) Search and Advisory.

Campaign to Control Cancer (C2CC; Aug, 2006)

Committee member. Responsible for development of Alberta Inventory (ongoing project work).

Alberta Healthy Living Network (AHLN)

Committee member, “Best Practices Working Group”.

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Obesity Research Group – Addressing the childhood and adolescent overweight and obesity issue
Grant application to the Max Bell Foundation in Nov, 2006.

Grant Reviews

TBCC Investigator Initiated Trial Grant Review - Grant Reviewer, 2017

Seeds4Hope Research Grant Reviewer. Windsor Essec County Cancer Centre Foundation (2016/17)
Michael Smith Foundation (BC)

Canadian Institutes of Health Research – Graduate Student Application (2013/14)

Canadian Cancer Society Research Institute – Quality of Life and Innovation program grant submissions
(2013 – current)

Genesis Oncology Trust (New Zealand)

Research Council (Hong Kong)

Social Sciences and Humanities Research Council – Standard Research Grant

National Cancer Institute of Canada – Standard Research Grant

Heart and Stroke Foundation – Standard Research Grant

Canadian Institutes of Health Research – Canada Research Chair Program

Swiss National Science Foundation

Book Reviews

The Psychology of Exercise: Integrating Theory and Practice. Lox, Martin and Petruzello. Holcomb
Hathaway Publishers. Eds. 1st (2001) and 2nd (2005) and 3rd (2013) and 4th (2014) Editions.

Manuscript Reviews

BMC Medicine. 'Long-term effectiveness and cost-effectiveness of high versus low-to-moderate
intensity resistance and endurance exercise among cancer survivors. BMED-D-17-00423. 7 Apr. 2017.

Integrative Cancer Therapy

Oncology Nursing Forum

Psycho Oncology

Journal of Health Psychology

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Journal of Aging and Physical Activity

Journal of Physical Activity and Health

Journal of Sport and Exercise Psychology

Annals of Behavioral Medicine

Arthritis Care and Research

Journal of Applied Social Psychology

Oncology Exchange

Journal of Rehabilitation and Research Development

Journal of Orthopaedic and Sports Physical Therapy

Supportive Care in Cancer

Complementary and Alternative Medicine

MEDIA INTERVIEWS AND FEATURES

2019

[Medicine Hat cancer survivor can't say enough about community-based exercise program.](#) UToday. By Betty Rice, for University Relations, 12 Jun. 2019.

[Moving Past Illness: The Thrive Centre's fitness programs ease the cancer journey.](#) Alberta Health Services, By Doug Firby, 3 Apr. 2019. Also posted internal to AHS: <https://insite.albertahealthservices.ca/Page22960.aspx>

[Why Dancing Is Great For Your Overall Well-Being.](#) LEAP Magazine, Alberta Cancer Foundation, By Jennifer Dorozio, 8 Feb. 2019.

[Exercise helps kids with cancer: Exercise guidelines, research, and practice in pediatric oncology.](#) Centre for Active Living, WellSpring, 1 Apr. 2019.

2018

[U of L student raising awareness about physical activity for cancer patients and survivors with new campaign.](#) Lethbridge News Now, By Aaron Mahoney, 22 Nov. 2018.

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[Move That Man campaign promotes physical activity in prostate and testicular cancer patients.](#) CTV News Calgary, By Stephanie Wiebe, 22 Nov. 2018.

[New social media campaign gets men with cancer moving and improving.](#) UToday. By Stacy McGuire, for the Faculty of Kinesiology, 7 Dec. 2018.

[How To Get Started With A Resistance-Training Routine.](#) LEAP Magazine, Alberta Cancer Foundaiton, By Karin Olafson. 22 Oct. 2018.

[Exercise and Diet Programs Reduce the Negative Side Effects of Prostate Cancer Treatment.](#) Movember Foundation, By Erpil Senelmis and James Brandis. 5 Aug. 2018.

[Prescribing Exercise for Cancer Treatment - Alberta Cancer Foundation.](#) LEAP Magazine, Alberta Cancer Foundaiton, By Karin Olafson. 26 Jul. 2018.

Yoga program aimed at prostate cancer patients: Kamloops yoga instructor recovering from prostate cancer offers course to help others in his situation. [CBC News, British Columbia.](#) 28 Jan. 2018.

2017

[Living Your Best Life With and Beyond Cancer: Video Series.](#) MyHealthAlberta Network, 2017.

[The Alberta Cancer Exercise “ACE” Program for Cancer Survivors: Supporting Community-Based Exercise Participation for Health Promotion and Secondary Cancer Prevention.](#) Cancer SCN Bulletin Cancer Strategic Clinical Network – Alberta Health Services. 2017.

[Why cancer survivors need to move more: Building an Alberta exercise program.](#) Centre for Active Living, WellSpring, 1 Aug. 2017.

Chamorro Viña C*, **Culos-Reed SN.** Program helps young cancer survivors recover by teaching them to play. Global News, By Heather Yourex-West. 31 Mar.2017.

Cuthbert C*, Tapp D, **Culos-Reed SN.** New research shows physical activity can improve caregivers' well-being. [UToday.](#) By Faculty of Nursing Staff, 15 Feb. 2017.

2016

[Research in Focus: A Clinic to Community-Based Cancer and Exercise Model of Care.](#) Physiotherapy Alberta College and Association, By, Margaret McNeely and Nicole Culos-Reed, 2 June. 2016.

Millet GY, **Culos-Reed SN.** Scholars Study how exercise can reduce fatigue in cancer survivors, Kinesiology researchers receive Canadian Society Research Institute grant. [UToday.](#) By Jennifer Allford, for the Faculty of Kinesiology, 16 Oct. 2016.

Development of an evidence-based app for digestive health (with specific info on celiac disease & gluten intolerance - <http://myhealthygut.com>, featured on [Breakfast Television](#), [Global](#), [UToday](#), and [Metro News](#).

Dowd J. Managing Celiac Disease with more than just cutting gluten. Breakfast Television.

January 2020

S. Nicole Culos - Reed

2015

[ACE pilot study takes cancer rehab to the community](#). Folio (University of Alberta), 18 Jun. 2015.

Wilson K, Cuthbert C*, **Culos-Reed SN**. Researchers look at impact of exercise on caregivers of cancer patients. [UToday](#), By Kate Wilson, 24 Nov. 2016.

Wilson K, **Culos-Reed SN**. Cancer survivor improved quality of his life, one stride at a time. [UToday](#), By Kate Wilson, 28 Sept. 2016.

2014

[Innovative Yoga for Cancer Survivors Program Launches in Calgary, across Alberta, and Nationwide](#);
Feb 24: IMPACT Magazine

<http://ucalgary.ca/utoday/issue/2014-06-03/markin-student-researcher-studies-therapeutic-uses-exercise>

Markin Student

Chamorro-Viña C*, **Culos-Reed SN**. Pediatric Oncology Exercise Manual (POEM) - Family version. Alberta Health Services webpage. September 17, 2014 <http://www.albertahealthservices.ca/10419.asp>

Chamorro-Viña C*, **Culos-Reed SN**. Manual empowers parents to energize children with cancer. CTV news. September 17, 2014: <http://calgary.ctvnews.ca/manual-empowers-parents-to-energize-children-with-cancer-1.2011723>

2013

[Tackling breast cancer with Beauty](#); Oct 4:
Calgary Herald (Shelley Boetcher)

[New 'stealth yoga' class offered to prostate cancer survivors](#); Jul 31:
Beacon News (<http://beaconnews.ca/>)

[Stealth Yoga](#); Jul 24:
CTV Calgary (Karen Owen)

['Downward dog' helps prostate cancer survivors](#); Jul 24
Global News (Heather Yourex)

[Yoga Thrive – Therapeutic Yoga now available around Alberta!](#); Feb 4:
cancerbridges.ca

2012

[Specialized Fitness Plans for Cancer Survivors in Alberta!](#); Oct 29:
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[Top Fitness: Brain cancer patients benefit from exercise](#); Jun 9:
My Leap Magazine (Janice Paskey)

[Yoga helps cancer survivors breathe easier](#); Sep 21:
CCTV.com (Reuters)

[A Place to Thrive](#); Mar 5:
My Leap Magazine (Steve MacLeod)

<http://www.cancerbridges.ca/2012/01/new-years-resolutions-fitness/>

<http://www.cancerbridges.ca/2012/02/physical-activity-and-cancer-day-recap/>

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<http://www.cancerbridges.ca/2012/07/fitness-the-silver-bullet-of-cancer-prevention-and-recovery/>
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Gauntlet News (Manal Sarhan)

They Ought to Know; Dec 1:
My Leap Magazine (Stacey Carefoot, Cailynn Klingbeil and Mifi Purvis)

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Metro Calgary

U of C exercise centre for cancer patients a godsend; Sep 14:
Calgary Herald

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ctvcalgary.ca

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UToday (Don McSwiney)

University of Calgary: Exercise centre for cancer patients opens on campus; Sep 12:
Marketwire

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A Peaceful Practice; Sep 20:
My Leap Magazine (Lisa Ricciotti)

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Researcher takes breast Cancer personally; Oct 12:
Calgary Herald (Valerie Berenyi)

Yoga helps cancer survivors breathe easier; Sep 21:
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A calm for cancer; Sep 3:
The Globe and Mail (Haley Mick)

Yoga can diminish the negative side effects of treatment, research shows; Sep 2:
The Globe and Mail (Haley Mick)

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Calgary Herald

Local cancer - fighting yoga program goes national; Aug:
The Calgary Sun

Yoga program proves highly valuable to cancer patients; Aug:
24 hours

Calgary cancer survivors offered yoga therapy; Aug 21:
The Canadian Press

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Metro (Amy Gregson)

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Yoga Thrive; Aug:

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TELUS TV
AHFMR magazine
Fitness Magazine (US)
Global local evening news - Health Beat
NUTV (UofC TV)
CBC radio - Wild Rose Country (Aug 21)
CBC radio - Eye Opener (Aug 21)
CBC radio - Home Stretch (Aug 21)

<http://www.idealife.com/fitness-library/fitness-for-cancer-survivors>

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FFWD magazine

Yoga for cancer survivors; Nov 20:
CTV – Noon News

New DVD should help cancer survivors; Nov 20:
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Yoga classes, coming DVD ease recovery; Apr 3
Calgary Herald

2006

Yoga program for cancer survivors;
A - Channel

Mall walking program;
A - Channel

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CBC - Radio: Eye Opener Program

Physical activity for cancer survivors;
A - Channel

Activity helps cancer patients; Oct 30:
Calgary Herald: Vitality Section

2002

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CBC - Radio: Home Stretch Program

The Healing Powers of Yoga; Feb
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CHQR - Talk Radio

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Yoga program for cancer survivors; Feb
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Trym Gym Research Project; Aug
CHQR - Talk Radio

Interview for medical school study; Sep
Aileen Frances Har