

## Faculty of Kinesiology

# BSc Biomechanics Major

*This is a guide to help you navigate your program but does not supersede the Academic Calendar. It is the responsibility of the student to ensure graduation requirements are met per the [Academic Calendar](#)*

### UNITS

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### CORE REQUIREMENTS (54 UNITS)

KNES 201 Activity: Essence and Experience  
KNES 203 Activity: Health, Fitness, and Performance  
KNES 213 Introduction to Research in Kinesiology  
KNES 237 Introduction to Nutrition  
KNES 244 Sociology of Movement Cultures  
KNES 251 Introduction to Motor Control and Learning  
KNES 253 Introduction to Exercise and Sport Psychology  
KNES 259 Human Anatomy and Physiology I  
KNES 260 Human Anatomy and Physiology II  
KNES 263 Quantitative Biomechanics  
KNES 323 Integrative Human Physiology  
KNES 344 Gender, Sexuality, and Sport



Planners



Biomechanics  
Calendar Req's

3 \_\_\_\_\_ **One of:** \_\_\_\_\_ KNES 351 Foundations of Neural Control of Movement or  
\_\_\_\_\_ KNES 397 Health and Exercise Psychology, or \_\_\_\_\_ KNES 399 Psychology of Sport

3 \_\_\_\_\_ KNES 355 Human Growth and Development  
3 \_\_\_\_\_ KNES 363 Biomechanics of Biological Materials  
3 \_\_\_\_\_ KNES 372 Foundations of Sport Medicine  
3 \_\_\_\_\_ KNES 373 Exercise Physiology

3 \_\_\_\_\_ **One of:** \_\_\_\_\_ STAT 205 Intro to Statistical Inquiry or \_\_\_\_\_ STAT 213 Intro to Statistics I

### BIOMECHANICS MAJOR REQUIREMENTS (36 UNITS)

3 \_\_\_\_\_ MATH 211 Linear Methods I  
3 \_\_\_\_\_ MATH 275 Calculus for Engineers and Scientists  
3 \_\_\_\_\_ MATH 277 Multivariable Calculus for Engineers and Scientists  
3 \_\_\_\_\_ ENGG 212 Fundamentals of Fluid Behaviour (previously ENGG 201)  
3 \_\_\_\_\_ ENGG 202 Engineering Statics  
3 \_\_\_\_\_ ENGG 311 Engineering Thermodynamics  
3 \_\_\_\_\_ ENME 317 Mechanics of Deformable Solids I  
3 \_\_\_\_\_ ENGG 349 Dynamics  
3 \_\_\_\_\_ KNES 396 Research Seminar (previously KNES 393 + 395)  
3 \_\_\_\_\_ KNES 463 Advanced Techniques in Biomechanics

6 \_\_\_\_\_ **One of:** \_\_\_\_\_ KNES 566A&B Biomechanics Research Project or \_\_\_\_\_ KNES 590A&B Honours Project  
(previously KNES 490A&B, Students must be admitted to the [Honours program](#) to enroll in KNES 590).

### SENIOR KINESIOLOGY OPTIONS (12 UNITS)

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### OPEN OPTIONS – Kinesiology or non-Kinesiology, Junior or Senior (18 UNITS)

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### IMPORTANT DEGREE CHECKS

- A minimum of 60 units (20 courses) at the senior level are required; this means a max of 60 units (20 courses) at the 200 level are permitted.
- A maximum of 60 transfer units may be applied to the degree; of those, a max of 27 units may be core courses.
- A total of 120 units are required to complete the Kinesiology degree.