

# Leadership in Pedagogy & Coaching (BKin)

## Coaching Concentration

For Kinesiology Students Admitted in Fall 2015 onwards

It is the responsibility of the student to ensure graduation requirements are met. Program details may be found in the University of Calgary [Academic Calendar](#)

Units	Core (54 units)	
3	KNES 201	Activity: Essence and Experience
3	KNES 203	Activity: Health, Fitness, and Performance
3	KNES 213	Introduction to Research in Kinesiology
3	KNES 237	Introduction to Nutrition
3	KNES 244	Introduction to Socio-Cultural Aspects of Sport
3	KNES 251	Introduction to Motor Control and Learning
3	KNES 253	Introduction to Exercise and Sport Psychology
3	KNES 259	Human Anatomy and Physiology I
3	KNES 260	Human Anatomy and Physiology II
3	KNES 263	Quantitative Biomechanics
3	KNES 323	Integrative Human Physiology
3	KNES 344	Gender, Sexuality and Sport
3	One of	KNES 351 Cognition and Learning in Human Movement, KNES 397 Health and Exercise Psychology or KNES 399 Sport Psychology
3	KNES 355	Human Growth and Development
3	KNES 363	Biomechanics of Biological Materials
3	KNES 372	Foundations of Sport Medicine
3	KNES 373	Exercise Physiology
3	One of	STAT 205 Introduction to Statistical Inquiry or STAT 213 Introduction to Statistics I
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Leadership in Pedagogy & Coaching Major Requirements (21 units)		
3	KNES 311	Leadership Foundations
3	KNES 321	Foundations of Instruction
3	KNES 367	Adapted Physical Activity
3	KNES 391	Practicum I
3	KNES OPTN	KNES 433 Health and Physical Activity <b>or</b> KNES 403 Health Promotion
3	KNES 491	Practicum II
3	PHED 321	Games I
Coaching Concentration Requirements (18 units)		
3	KNES 331	Foundations of Coaching
3	KNES 381	Computer Applications in Kinesiology
3	KNES 399	Sport Psychology
3	KNES 431	The Art of Coaching
KNES 351 Cognition and Learning in Human Movement*, KNES 375 Tests and Measurements in Kinesiology, KNES 397 Health and Exercise Psychology*, KNES 437 Advanced Nutrition, KNES 469 Topics in Sport Medicine		
6	Two of:	
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*May not be applied to both Core and Senior Option requirements		
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OPTIONS (Kinesiology or Non-Kinesiology, Junior or Senior) (27 Units)		
3_____	3_____	3_____ 3_____ 3_____
3_____	3_____	3_____ 3_____

**NOTE:** A total of 120 units are required.

No more than 60 units may be transfer credit, of those no more than 27 may be core courses.

No more than 60 units at the 200 level may be applied to any Kinesiology degree.

At least 15 units of non-Kinesiology courses are required.

No more than 45 units of non-Kinesiology courses may be used toward Kinesiology degree requirements.

**Note for Coaching Concentration Students:**

To ensure proper degree progression, the following key courses should be taken according to the pattern below. Unlisted requirements can be taken with greater flexibility.

First Year	
Fall	Winter
KNES 259	KNES 260
KNES 201 (Fall or Winter)	

Second Year	
Fall	Winter
KNES 321	PHED 321
KNES 331	KNES 391
KNES 311	
Notes: <ul style="list-style-type: none"><li>- All 200-level KNES courses should be completed by the end of 2<sup>nd</sup> year.</li><li>- KNES 367 should be taken in second year if possible</li></ul>	

Third or Fourth Year	
Fall	Winter
KNES 363*	KNES 491
KNES 431	
KNES 367*	
* Course times may conflict; plan to take in different years.	