

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Strength and Conditioning Practicum Student**

**Agency/Company:** [WinSport](#)

**Locations:**

Performance Training Centre – Canada Olympic Park

**Terms Available: Fall, Winter, or Spring**

**Number of Positions: 3**

**Specified Schedule:** Varied – Weekdays, evenings, weekends

**Organization Description:**

WinSport's Performance Training Centre houses premiere training facilities and multi-sport centres. Guests train for general health, sport performance or competing athletics.

**Practicum Duties/Responsibilities:**

- Observe and assist with individual, small group or team training sessions lead by S&C coaches.
- Configure and help organize weight room, equipment and support the overall daily training environment at the PTC on an ongoing basis.
- Assist in maintaining the safety and quality of weight room equipment and the facility, as well as set up/take down of training sessions.
- Provide training support/guidance, where necessary, to all guests of the PTC.
- Enforce code of conduct within the facility, and manage and behavior concerns appropriately.
- Ensure safety and cleanliness within the training areas, as per WinSport Health and Safety guidelines.
- Liaise with the WinSport S&C coaches to ensure the training environment is congruent with facility and WinSport member programming requirements.
- Attend coaches' meetings and intern training sessions.
- Participate in professional development and round table discussions held by WinSport S&C coaches.
- Present on the practicum experience to the WinSport PTC staff.
- Believe in safety first; demonstrating a safe work practice at all times by adhering to all WinSport safety policy and procedures and ensuring one's own safety is preserved along with the safety of co-workers, direct reports, and WinSport guests. This includes being mindful of all safety hazards/concerns and ensure safety issues are reported.
- Review all OH&S notices/meeting minutes as they are distributed or posted on OH&S boards located within each department.

**Required Student Qualifications:**

- Current student at a recognized post-secondary institution.
- Excellent communication skills and the proven ability to perform professionally
- Proven ability to work effectively in an individual or team environment.
- Knowledge of weight room equipment.
- First Aid and CPR.

**Student Assets:**

- Recognized fitness/training professional certifications from CSEP (Canadian Society for Exercise Physiology) or NCSA (National Strength and Conditioning Association) are assets, but not required.

**On-Site Supervisor:** Brett Walker

**On-Site Contact:** Please contact Team & Culture Contact – Michelle Mungar Lumley

**Email:** [mmungarlumley@winsport.ca](mailto:mmungarlumley@winsport.ca)

All applicants should submit a resume and cover letter, indicating areas of interest within strength and conditioning to Michelle Mungar Lumley at [mmungarlumley@winsport.ca](mailto:mmungarlumley@winsport.ca).

# Kinesiology Practicum Application

## Placement: WinSport

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums.

Submit together to  
**knespracticum@ucalgary.ca:**

- Completed Practicum Application
- Confidentiality Agreement

### INSTRUCTIONS

- Contact the on-site supervisor to arrange an interview.
- Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
- Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes	<input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>I will meet the expectations of the practicum placement for which I am applying</li><li>I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

### ON-SITE SUPERVISOR PORTION

<b>Name:</b>	<b>Organization:</b> WinSport
<b>Phone:</b>	<b>Email:</b>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>No salary or compensation will be given to the practicum student</li><li>I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>I will complete a mid-point and final evaluation for the practicum student.</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_