KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Children’s Physical Literacy Instructor

# of Positions Available: 2

Industry/Company Description: Be Fit For Life is a network of 9 centre’s across the province of Alberta. The Be Fit For Life Network provides services, programs and resources that promote active lifestyles and physical activity to Alberta. We are funded by Alberta Tourism, Parks, and Recreation via the Alberta Sport, Recreation, Parks and Wildlife Foundation and hosting post-secondary education institutions. Our vision is that physical activity and active living are vital to the health of Albertans. The Network provides accessibility to services, education and resources that encourage self-responsibility in Albertans to adopt active, healthy lifestyles.

Location: The Be Fit For Life Centre is located in Kinesiology block at the University of Calgary however programming would be done at the University Child Care Centres (on campus).

Required Hours: 60-72 hours per term – evenly dispersed throughout term:
- 5-6 hours per week during fall and winter terms (13 weeks)

Academic Session: Fall and Winter placements available.

Specified Schedule: Must be available on Tuesday and Thursday mornings.

Duties/Responsibilities
Under strict supervision:
- Assist with the development of a 30-minute lesson plans for the “gross motor time” for the kindergarten classes at the University of Calgary Chid Care Centres that are aligned with age and developmentally appropriate activity to help develop physical literacy.
- Facilitate the lesson plans once a week for AM Kindergarten and once a week for PM Kindergarten.
- Assist with the development of follow up activities for the Kindergarten teachers to lead between each visit as “extension activities” that focus on fundamental movement skills covered during the facilitated class.
- Choose or develop a simple evaluation to assess to students in the class at the beginning and at the end related to one or more attributes of physical literacy.
- Work and communicate regularly with the BFFL Supervisor.

Student Qualifications:
- Required: KNES 251 – Intro to Human Motor Control and Learning
- Asset: KNES 433 – Health & Physical Activity
- Student must have a solid understanding of physical literacy and fundamental movement skills.
- Prior courses in pedagogy would be an asset but not required.
- Experience instructing/leading children in a group setting would be an asset but not required.
- Students will be required to complete a volunteer police check with the Child Care Centre.

On-Site Supervisor: Leah Yardley, leah.yardley@ucalgary.ca