KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Health Promotion Assistant – Shell Canada

# of Positions Available: 1

Industry/Company Description: Shell Canada, Oil and Gas

Location: Shell Centre Calgary, 400 4th Ave SW

Required Hours: **60-72 hours per term – evenly dispersed throughout term**: (one morning or afternoon/week)

- 5-6 hours per week during fall (13 weeks)

Academic Session: Fall 2018 term only

Specified Schedule: 1 morning OR afternoon per week.

Duties/Responsibilities:

- Under strict supervision, create, implement and evaluate a physical activity challenge for Shell Canada employees.
- Literature Review: Physical Activity Apps in the Workplace - The best for sustained positive behavior change based on the evidence. The student will compose a 2-page review and submit to on-site supervisor by the end of the term.
- Work with our Fitness Centre to promote the Shell Run/Walk Club to gain a minimum of 10 employees. The student will develop communications material (pamphlets, hand-outs, etc.)
- Develop and customize resilience and global materials and tools in the workplace for use in Canada. This will be accomplished by investigating current literature and drawing a comparison with existing materials at Shell.
- Program review as directed by Coordinator to determine overall learnings and next steps.

Student Qualifications:

Required: KNES 311 - Leadership Foundations,
- Unofficial copy of transcripts,
- Keen interest in workplace health promotion.

On-Site Supervisor: Students should send an email to:

Dr. Stephanie Mah – stephanie.mah@shell.com