KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Athletic Therapy/Physiotherapy Assistant

# of Positions Available: 1

Industry/Company Description:
Innovative Sport Medicine is a multidisciplinary clinic providing expertise in effective diagnosis, comprehensive injury management and return to full function. Our clinical staff consists of highly trained Sport Medicine Physicians, Physiotherapists, Athletic Therapists and Massage Therapists. Our team is passionate about providing the highest standard in evidence-based care for sport and active lifestyle injuries. We foster collaboration with members of our patient’s healthcare team in order to maximize the outcomes and facilitate positive experiences for our patients. We function as a leader in the education of health care professionals and other members of the community. For more information, please visit www.innovativesportmedicine.ca

Location: Innovative Sport Medicine Mayfair - #110-6707 Elbow Drive SW

Required Hours: 60-72 hours per term – evenly dispersed throughout term:
- 5-6 hours per week during fall and winter terms (13 weeks)
- 10-12 hours per week during spring term (6 weeks)

Academic Sessions: Fall, winter or spring

Specified Schedule: Varied (including evenings)

Duties/Responsibilities:
- Assisting Physiotherapist and Athletic Therapist with the set-up, application and removal of modalities including: heat, ice, ultrasound, TENS, IFC, microcurrent and Muscle Stimulation
- Assisting Physiotherapist and Athletic Therapist with the prescription, application, supervision and education of patients Therapeutic Exercise Programs including: AROM, PROM, stretching, proprioception, coordination, balance and strengthening
- Observing, with client permission, Physiotherapist’s assessments, of the diagnosis and treatment plan
- Observing Physiotherapist and Athletic Therapists with hands on treatment such as active release, IMS, acupuncture, joint mobilizations, and traction
- Assisting Athletic Therapist and understanding rational behind hands on treatment techniques including: basic trigger point release, MRT, Friction massage, hold relax stretching
- Assisting the Athletic Therapist and gaining an understanding in brace and orthotic fitting.
- Greet patients and ensure they have a comfortable experience in the clinic

Student Qualifications:
Required: KNES 260/261 – Human Anatomy and Physiology
Required: KNES 372 – Foundations of Sports Medicine
Required: KNES 373 – Exercise Physiology

Primary Contact Person:
**Note: Students must contact Jessica Magnussen directly for an interview**
Jessica Magnussen - jmagnussen@momentumhealth.ca

On-Site Supervisor:
Charley Hasselaar, BKin – CATA Certification Candidate