KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title:  Physiotherapist/Kinesiologist Assistant

# of Positions Available:  One

Industry/Company Description:  Momentum Health is one of the newest healthcare/rehabilitation companies in Calgary. Momentum Health strives to provide a seamless and collaborative healthcare experience to our patients through the coordinated delivery of Physiotherapy and Kinesiology services. Please see our website @ www.momentumhealth.ca

Locations:
**When contacting primary contact person (Jessica Magnussen) students must identify top two preferences from the following list of locations:**

- Momentum Health Ogden – 7005 18 St. SE #1C
- Momentum Health Mission – 2303 4th Street SW #909
- Momentum Health Westbrook – Corus Centre 3320 17 Avenue SW #312
- Momentum Health Creekside – 12192 Symons Valley Road NW
- Momentum Health West Springs – 8651 8A Ave SW
- Innovative Sport Medicine – Mayfair Place - #110-6707 Elbow Drive SW
- Momentum Health Mahogany - #110-7 Mahogany Plaza SE

Required Hours:  60-72 hours per term/5-6 hours per week (during fall and winter) – 10-12 hours per week (during spring)

Academic Session:  Fall, winter & spring

Specified Schedule:  Willing to work around academic schedule of student.

Project Duties/Responsibilities:

- Assist Physiotherapist and Kinesiologist with the set-up, application and removal of modalities including: heat, ice, ultrasound, TENS, IFC, microcurrent and Muscle Stimulation
- Assist Physiotherapist and Kinesiologist with the prescription, application, supervision and education of patients Therapeutic Exercise Programs including: AROM. PROM, stretching, proprioception, coordination, balance and strengthening
- Observe, with client permission, Physiotherapist’s assessments of the diagnosis and treatment plan
- Observe Physiotherapist’s hands-on treatments such as active release, IMS, acupuncture, joint mobilizations, Graston, technique and traction
- Assist Kinesiologist and understand rational behind hands on treatment techniques including: basic trigger point release, MRT, friction massage, hold relax stretching
- Assist with clinic up-keep such as cleaning patient beds, filling ultrasound gel, and cleaning machines and tools
- Assist the Kinesiologist and gain an understanding in brace and orthotic fitting.
- Greet patients and ensure they have a comfortable experience in the clinic

Required Student Qualifications:

- Students must go into this placement with excellent knowledge and recall of anatomy/physiology as taught in KNES 259/260. Please review notes!!
- KNES 373 (Exercise Physiology) required
- Must have desire to learn about physical therapy and rehabilitation

Primary Contact Person:
**Note: Students must contact Jessica Magnussen directly for an interview and identify top two preferences in terms of location (see list above).**
Jessica Magnussen
jmagnussen@momentumhealth.ca