Practicum Position Title: Health Promotion Assistant - Ever Active Schools

# of Positions Available: 1

Industry/Company Description:
Ever Active Schools is a provincial organization that works to assist schools in Alberta to create and sustain healthy school communities. Ever Active Schools contributes to the healthy development of children and youth by promoting a comprehensive school health (CSH) approach that ultimately supports students to identify and apply life skills through personal growth and wellbeing. Further, Ever Active Schools is a connecting point for school health in Alberta, fostering partnerships among community, schools and other provincial stakeholders to enable effective, coordinated action.

Location: University of Calgary office with some offsite work required

Required Hours: Total of 60-72 hours per term – evenly distributed throughout term: 5-6 hours per week

Term offered: Fall only

Specified Schedule: To be determined by student and on-site supervisor

Duties/Responsibilities:
This practicum provides an opportunity to experience and apply knowledge in school wellness and health promotion, and gain knowledge and training in a number of Ever Active Schools projects. Throughout the term, the student will be responsible for:

- Developing an understanding of the principles and strategies of healthy promotion, the four pillars of Comprehensive School Health and how our projects fit within these frameworks
- Organizing meetings, networking and developing relationships with key stakeholders
- Promoting Ever Active Schools projects and assisting with developing print materials
- Assisting with the planning and delivery of workshops
- Writing grant applications
- Knowledge exchange
- Supporting provincial initiatives in building healthy school communities
- Attending team meetings internally and with our provincial stakeholders, allowing the practicum student to become familiar with organizational and provincial structures for school health.
- The practicum enables knowledge in a number of the Ever Active Schools (EAS) projects, and large event planning that supports Comprehensive School Health, 21st Century Competencies, Physical Education, Daily Physical Activity, and supporting Positive Social Environments within Schools/School Districts as time permits.

Specific skill areas to be learned/developed by the student:
- Community development
- Program planning and evaluation
- Strong oral communication
- Social media coordination
- Working on collaborative, interdisciplinary teams
- Knowledge on fundamental movement skills, current physical education curriculum, Ministerial Order on Student Learning 21st Century Competencies
- Leadership and facilitation

Required Student Qualifications:
- Required: KNES 201 – Essence and Experience
- Required: KNES 203 – Activity, Health, Fitness and Performance
- Asset: KNES 397 – Health and Exercise Psychology
- Asset: KNES 433 – Health and Physical Activity
- Asset: KNES 355 – Human Growth and Development
- Strong oral and communication skills
- Prior experience working on collaborative interdisciplinary teams
- Leadership and facilitation skills

On-Site Supervisor: Rebecca Marjoram, Administrative Assistant - rebecca@everactive.org