

## **KNES 441/443/445 – PRACTICUM COURSE**

**Practicum Position Title:** Dance and Movement Assistant

**# of Positions Available:** 1

**Industry/Company Description:** Dubasov Dance & Wellness Inc. is an inclusive, fully accessible studio dedicated to providing quality dance, movement and yoga programs to children, youth and adults with special needs including, but not limited to, Cerebral Palsy, Autism, Down Syndrome, ADD/ADHD. Our programs support children in developing skills (e.g.: social, fine motor, gross motor, sensory regulation) through specialized and inclusive movement and expressive arts classes. Support is provided in each program through low ratio pairing.

**Location:** Dubasov Dance & Wellness Studio - 12-6325 12 St SE

**Required Hours: 60-72 hours per term – evenly dispersed throughout term:**

- 5-6 hours per week during fall and winter terms (13 weeks)
- 10-12 hours per week during spring term (6 weeks)

**Academic Session:** Fall, Winter and Spring

**Specified Schedule:** Weekday evenings and Saturdays at the studio

**Project Duties/Responsibilities:**

**Under the strict supervision of on-site supervisors, the student will:**

- Attend orientation session
  - At orientations, practicum students will review the studio policies and their responsibilities as a Dance and Movement assistant as outlined in their welcome package
  - Learn, practice and review physical assistance techniques and behavioural strategies to be implemented within the classroom setting.
- Assist participants during classes both physically and behaviourally as necessary and instructed.
  - Physical assistance refers to helping a participant to perform gross or fine motor skills as well as with transitions e.g.: holding hand to walk, holding hips to gallop, transferring in/out of mobility devices such as wheelchair or walker, standing up from a seated position.
  - Behavioural assistance refers to implementing behavioural strategies learned in orientation to keep participants on task or involved in the activity e.g.: first/then, redirection, breaks.
- Assist participants to perform their rehearsed dances prior to performances; supervise and engage with participants before and after the performance
- Prepare theme based lesson plans for a variety of movement-based programs and lead a portion of one class (at a minimum).
  - Lesson plans will build upon an existing theme or class plan as outlined by supervisor.
  - Students will create then teach a warm-up movement exercise or game following a jungle theme accompanied by a musical track of their choice or student will create then teach a movement exercise to a musical track suggested by supervisor.
- Compile/research articles, programs, books and community resources for the studio and our parent population. Prepare class materials. Assist in areas of social media, marketing strategies and video compilation.
- Engage with and supervise students before and after class as well as help with set up and cleanup.

**Required Student Qualifications:**

- Police Information Check required
- KNES 201 – Activity: Essence and Experience required
- KNES 203 – Activity: Health, Fitness and Performance required
- KNES 367 – Adapted Physical Activity required
- Previous dance and/or yoga experience is beneficial, but not required
- Must have interest in learning about applications of dance and movement to diverse populations of varying ages and must be comfortable with these populations!

**On-Site Supervisors:** Students should contact Telisa Dubasov for an interview:

**Telisa Dubasov: [dubasovdw@gmail.com](mailto:dubasovdw@gmail.com); 403-452-7600.** Telisa Dubasov is the Owner/Director of Dubasov Dance & Wellness Inc. She completed the Performance Foundation Program at George Brown College and has been certified in Autism Movement Therapy, Rhythm Works Integrative Dance, Expressive Arts Therapy, Yoga 4 Kids and Yoga for the Special Child. Telisa has been teaching dance for 15 years and began her company in 2010.