

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy/Kinesiology Assistant

of Positions Available: 2

Industry/Company Description: Country Hills (pt Health) Physiotherapy Clinic

Location: 230-8730 Country Hills Blvd. NW

Required Hours: 60-72 hours per term/5-6 hours per week

Academic Session: Fall and Winter

Specified Schedule: 60-72 hours within term (5-6 hours/week)

Project Duties/Responsibilities:

- Assist physiotherapist with preparing and applying hot and cold packs
- Assist physiotherapist and kinesiologist with the set-up, application and removal of modalities including: hot and cold packs, ultrasound, Transcutaneous Electrical Nerve Stimulation (TENS), Neuromuscular Electrical Stimulation (MNES) and Inferential Current (IFC).
- Under strict supervision, interact with clients and assist physiotherapist and kinesiologist with the prescription, application, supervision and education of client's exercise program which will include stretching, range of motion, proprioception, coordination, balance, posture training, strengthening, return to work and sports rehabilitation
- Assist in the development of exercise and therapy programs so that a patient can use them in the most appropriate settings such as their office, home, work or a gymnasium
- Guided observation of a practicing physiotherapist (observing assessments and hands-on treatment including acupuncture, IMS, Graston, active release therapy, joint mobilization and traction.

Required Student Qualifications:

- KNES 373 (Exercise Physiology) – required
- Excellent recall of anatomy/physiology as taught in KNES 259/260 required
- Desire to learn about physical therapy and rehabilitation

On-Site Supervisor:

Interested students should **contact Vivian Overton for an interview – voverton@pthealth.ca**