

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Exercise Physiologist Assistant

of Positions Available: 1

Industry/Company Description: Copeman Healthcare Canada Inc.

At Copeman, we specialize in preventive healthcare by taking a proactive approach to your health, as opposed to a reactive approach. We offer world-class screenings and disease prevention programs, combined with the general care of physicians and other medical professionals to provide individuals, families and corporations with a complete healthcare service.

Location: Suit 400, 628 12th Ave SW, Calgary

Required Hours: 60-72 hours per term – evenly dispersed throughout term:

- 5-6 hours per week during fall term (13 weeks)

Academic Session: Fall and Winter

Specified Schedule: Flexible hours between 8:00am and 5:00 pm Monday – Friday

Project Duties/Responsibilities:

Under strict supervision, the student will:

- Assist in the development of exercise programs for patients. This will involve learning about specific conditions and designing individualized programs such as rehabilitative exercise programs, athletic programs and general health and wellness programs.
- Assist in the preparation of exercise stress testing and shadow stress tests to increase knowledge of cardiac health.
- Help to determine and implement an appropriate and personalized plan for each patient that will support their individualized medical needs and goals related to exercise and physical activity.
- Assist kinesiology team with yearly comprehensive fitness assessments.
 - Review patient's history and administer testing under supervision of Kinesiologist.
 - Complete charting notes following each appointment.
- Support Kinesiologists with their day to day responsibilities such as patient follow-ups via email or phone, charting and filing.

Required Student Qualifications:

- 3rd or 4th year Kinesiology student – must have 20 HCE completed
- KNES 373 (Exercise Physiology) required
- KNES 375 (Tests and Measurements) and KNES 479 (Advanced Fitness Appraisal and Exercise Prescription) an asset
- CSEP-CPT an asset
- Interest in completing CSEP-CEP or ACSM-CES
- CPR with AED certification (current within one year)
- Standard First Aid certification (current within three years)
- Interest in learning about clinical kinesiology in a collaborative medical setting

On-Site Supervisor:

Laura Anifowose, Certified Exercise Physiologist

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