

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy/Chiropractic Assistant

of Positions Available: 1

Industry/Company Description: Coach Hill Chiropractic & Sports Therapy is a multidisciplinary healthcare facility that is home to a team of Calgary chiropractors, physiotherapists, and registered massage therapists. Our team is focused on providing an excellent standard of care that works not only to alleviate symptoms and reduce pain but also strives to optimize biomechanics and function. Our complete and collaborative approach to patient care provides effective, efficient, and long-lasting results.

At Coach Hill Chiropractic & Sports Therapy, we take pride in our ability to offer a multitude of up-to-date and evidence-informed treatment options. All of our practitioners are committed to academic excellence, continuing education, and therapeutic innovation resulting in an unparalleled healthcare experience for our patients.

Location:

Coach Hill Chiropractic and Sports Therapy
6490 Old Banff Coach Rd SW,

Required Hours: 60-72 hours per term – evenly dispersed throughout term:

- 5-6 hours per week during fall term (12 weeks)
- 10-12 hours per week during spring (6.5 weeks)

Academic Session: fall, winter or spring terms

Specified Schedule: 60-72 hours within term (5-6 hours/week)

Duties/Responsibilities:

- Under supervision of the Physiotherapist, the student will assist with exercise prescription including, but not limited to, stretching techniques, range of motion, strengthening exercises, and core stability exercises.
- Interact with patients in the clinic and help address questions or concerns that they may have (within the student's scope), and able to escalate to the necessary resources as needed.
- Observe the physiotherapist's assessments, treatment plans, and patient management
- Assist in the creation of daily exercise programs for patients, as well as help develop/lead a rehabilitation group session program.
- Complete 2 literature reviews. Investigate and summarize in 2 pages what type of exercises and modalities are most effective for a specific chronic condition (as selected by student).

Student Qualifications:

Asset: KNES 373 (Exercise Physiology)

Required: KNES 259/260 (Anatomy/Physiology) - Excellent recall of anatomy/physiology necessary.

On-Site Supervisor:

Stephanie Thumlert
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