KNES 441-443-445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy/Kinesiology Assistant

Locations: CBI Health Group – Students must specify their preferred location from the following list:
- Calgary Central - 1632 14th Ave NW
- Calgary NE - 999 36th NE, Suite 940
- Calgary South - 240 Midpark Way SE, Suite 103
- Bridgeland - Suite 300, 1010 1 Ave NE

# of Positions Available: up to 2 spots available at each clinic

Industry/Company Description: Our clinic takes a holistic approach to patient care, able to help clients with an array of services and programs in physical therapy, neck or back pain therapy or any muscular-skeletal injury, as well as rehabilitative and work-injury management solutions. Our approach is always individualized and highly patient focused. Our team of experts combine in-depth knowledge of how the body works with specialized clinical skills to assess, diagnose and treat symptoms of illness, injury or disability, with the goal of helping patients regain strength, function, movement and overall better quality of life. You will be exposed to working with multidisciplinary teams including but not limited to; Physiotherapist, Kinesiologists, Occupational Therapists, Psychologists, Vocational Specialists and Physicians.

Required Hours Per Week: 60-72 hours per term/5-6 hours per week during fall and winter terms

Specified Terms: Fall or Winter terms

Schedule: Flexible around student’s academic schedule

Project Duties/Responsibilities:
- Under supervision of Kinesiologist/Physiotherapist, assist with exercise prescription for rehabilitation including stretching techniques, range of motion, strengthening exercises, core stability exercises, and work simulation activities.
- Under direct supervision, observe functional testing, including functional lifting, pushing/pulling, grip strength, hand coordination, and positional tolerance tasks.
- Participates in worksite visits with Kinesiologist and/or Occupational Therapists for ergonomic assessments, clarifying job demands, identifying modified duties, and developing return to work plans.
- Assist Physiotherapist with set-up and removal of various treatment modalities, including heat packs, ultrasound, TENS machines, EMS machines, and interferential current machine.
- General interaction with various clients in the clinic, which involves assisting clients with their exercises, ensuring that they are using proper technique, and addressing questions or concerns that they may have (within the student’s scope).

Student Qualifications:
- Must have desire to learn about Physical Therapy and Rehabilitative stream of Kinesiology
- Excellent knowledge and recall of anatomy/physiology as taught in KNES 259/260 required
- Asset: KNES 373 (Exercise Physiology)

Primary Contact Person:
Darci Larson – People & Culture – Rehab in Alberta, dlarson@cbi.ca

Note: When contacting Darci, please specify your preferred location (see above).