

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physical Therapist Assistant –Calgary Youth Physiotherapy

Number of Positions Available: 1

TERMS AVAILABLE: FALL AND WINTER TERMS ONLY

Location: Calgary Youth Physiotherapy, Suite 203, 7720 Elbow Dr SW, Calgary

Required Hours Per Week: 5-6 hours/week (60-72 hours per term)

Company Description: Calgary Youth Physiotherapy is a family centered physiotherapy clinic located in Southwest Calgary.

Our therapists provide assessment and treatment of paediatric conditions such as torticollis and neurodevelopment conditions. We also offer a comprehensive program for sport injuries in the child and adolescent athlete as well as postural assessment and intervention.

Our clinic is not just for children and adolescents. We provide effective, quality treatment for patients of all ages. In addition to traditional physiotherapy services, we offer fitness classes for teenagers with motor disabilities, gross motor developmental classes, posture classes for teenage girls as well as offsite (in home) treatment

Student Accountabilities/Duties:

Under the strict supervision and direction of the physical therapist, the student may participate in one or more of the following duties throughout their placement:

- Assist with the Individualized assessment and treatment of musculoskeletal and neuromuscular paediatric conditions such as torticollis, toe-walking, developmental delay, orthopedic and sports injuries, neck and back pain, posture concerns neurological conditions including cerebral palsy, developmental delay, D.C.D, etc.
 - Assist the physiotherapist with application of modalities and various physical agents
 - Assist with the gathering of information and interpretation of outcome measures
 - Assist supervising physiotherapist and patients in therapeutic exercise program and design.
- Educate patients in human anatomy and physiology, human mobility, therapeutic exercise and various physical agents to increase muscle strength, reduce pain and promote general health and function
 - Learn how to apply human anatomy and physiology and the pathological process and specific treatment programs.
- Assist in leading group classes including weekly fitness classes for teenagers with disabilities, postural classes for teenage girls, gross motor classes for children with developmental concerns.
- Assist with general housekeeping of the physiotherapy treatment area

Required Student Qualifications:

- KNES 373 (Exercise Physiology) required
- Good people skills: Enjoys children and has the ability to communicate effectively with patients, their families, and members of the multidisciplinary team
- Organized and punctual
- Must have desire to learn about the physical therapy profession
- Courses taken in human anatomy and physiology

On Site Supervisors: Interested students must contact the on-site supervisors directly for an interview (NOTE: placement is not guaranteed):

Keltie Wattie, M.Sc.P.T. – keltie.wattiept@gmail.com

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