

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy / Kinesiology Assistant

of Positions Available: 1

Industry/Company Description: Caleo Health is a multidisciplinary clinic, which includes surgeons, physicians, physiatrists, neurologist, nurses, physiotherapists, chiropractors, kinesiologists, case managers, vocational specialists, and psychological consultants who are committed to provide the most comprehensive evaluation and management through the entire continuum of health care. Our rehabilitation team manages any musculoskeletal conditions and injuries, including sport injuries, motor vehicle accident, work place injury, chronic pain and rehabilitation post fracture, surgery or injection.

Location: Caleo Health – 1402 – 8th Avenue NW, Suite 200, Calgary, AB, T2N 1B9

Required Hours: 60-72 hours per term – evenly dispersed throughout term:

- 5-6 hours per week during fall and winter terms (13 weeks)
- 10-12 hours per week during spring term (6 weeks)

Academic Session: Fall, winter and spring

Specified Schedule: Hours available to students would have to coincide with the schedule of our Kinesiologist: Monday through Friday from 9 am to 4.30 pm.

Project Duties/Responsibilities:

- **Under strict supervision** of Physiotherapist and/or Kinesiologist, assist with the creation of exercise programs for clients who have suffered injuries or have specific chronic conditions.
 - In many cases, students will be able access in-house computer program which will determine exercises programs based on common injuries or conditions.
 - Assist in the creation of additional computer-based exercise programs for unique circumstances; research what types of exercises are most effective.
- Supervise and interact with patients performing exercises in our gym area, including the rehabilitation equipment (treadmill, stationary bicycle, weight machine, etc.), ensuring that patients are using proper body mechanics and performing their exercises in a safe manner.
- Assist Physiotherapists with set-up and removal of modalities such as heat, ice, IFC and ultrasound
- Interact with various patients of our clinic (besides usual rehabilitation patients) including spine triage, cast clinic and surgeon's patients (pre and post surgery). Typical interaction with those patients involves educating them on our rehabilitation program and showing them basic exercises, specific from their condition or injury.
- Assist with the scheduling of new patient appointments based on the recommendations of referring physician.

Required Student Qualifications: .

KNES 373 – Exercise Physiology

On-Site Supervisor: Marco Lebrasseur, Physiotherapist / Clinic Director
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