

## KNES 441-443-445 – PRACTICUM COURSE

**Practicum Position Title:** Physical Therapy Assistant

**# of Positions Available:** 1

**Industry/Company Description:** Bow View Manor, Brenda Strafford Foundation Ltd.

Bow View Manor is a long term care facility for seniors with 231 beds. Resident population include dementia, frail elderly and those with complex medical conditions.

**Location:** 4628 Montgomery Blvd NW

**Required Hours:** 60-72 hours per term – evenly dispersed throughout term:

- 5-6 hours per week during fall and winter terms (13 weeks)
- 10-12 hours per week during spring term (6 weeks)

**Academic Session:** Fall, Winter and Spring sessions.

**Specified Schedule:** To be determined.

**Project Duties/Responsibilities:** During the course of the placement, the student will be observing and actively participating as appropriate with both the Physical Therapist and the Therapy Assistants.

**Under strict supervision** of the Physical Therapist and other professional staff at Bow View Manor, the student will:

- Observe initial assessments, wheelchair seating and positioning assessments, transfer assessments, lower leg and chest assessments for the purpose of determining the therapy needs of the resident.
- Observe and assist with tone reducing techniques and learn methods for reducing contractures in residents.
- Help repair and modify changes to the residents' wheelchairs and walkers.
- Assist with set-up of individual range of motion, strengthening, and balance programs.
- Assist with group exercises by demonstrating correct technique and form
- Assist with walking programs by ambulating residents with/without gait aides
- Interact with various residents and assist residents with individual therapeutic exercises, ensuring that they are using proper technique, and addressing questions or concerns that they may have (within the student's scope).

**Required Student Qualifications:**

KNES 373 – Exercise Physiology

KNES 367 – Adapted Physical Activity

**On-Site Supervisor:** Students must contact Dr. Marc Poulin and Leane Sterling directly for an interview

**Dr. Marc Poulin**, Professor, Faculties of Medicine and Kinesiology, University of Calgary,  
[poulin@ucalgary.ca](mailto:poulin@ucalgary.ca)

**Leane Sterling**, Physiotherapist (Bow View Manor) – [leane.sterling@straffordfoundation.org](mailto:leane.sterling@straffordfoundation.org)