

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Occupational Therapy/Therapy Assistant

of Positions Available: One

Industry/Company Description: Bethany Care Society (Calgary NW location) – Long Term Care – For seniors and adults requiring 24 hour nursing support

Location: Bethany Care – Calgary location - 916 18A Street NW

Required Hours: 60-72 hours per term – evenly dispersed throughout term:

- 5-6 hours per week during fall and winter terms (13 weeks)

Academic Session: Fall and Winter

Specified Schedule: Hours to be determined (Monday-Friday 7:30-3:45pm)

Duties/Responsibilities:

Under strict supervision, the student will:

- Work with and develop relationships with seniors and adults with varying diagnoses to reach their OT/PT functional goals.
- Assist therapy aides and therapy assistants with group OT/PT programming including:
 - Cognitive programs –Groups of up to 12 residents will engage in reminiscing therapy, trivia and other tasks that involve problem solving, communication skills, attention, focus and executive function. Students will assist residents by using various forms of multi-media, books, games and participating in “coffee social” chats.
 - Hand therapy group –Students will assist primarily stroke residents with tasks involving their affected hand using fidget boards, peg boards and stacking activities in order to improve manual dexterity.
 - Seated exercises/active games –While seated, students will assist and lead residents in exercises to strengthen arms and legs using weights or pool noodles for resistance. Residents and students will also play games including balloon badminton, bocce ball, target games, catching ball and horse racing game with dice.
 - Sit to stand training
- Assist with 1:1 programs including range of motion, walking, balance training, sensory programs. Activities will include folding clothes, washing hands, applying lotions, using sensory blankets, looking at books, listening to music and 1:1 cognitive interventions.
- Work with and assist occupational therapist with wheelchair assessments and initial assessments.
- Assist with other organizational tasks such as portering residents to programs, labeling equipment, cleaning equipment, delivering equipment and small equipment repairs.

Student Qualifications:

Required: KNES 367 – Adapted Physical Activity

Required: Criminal record check

Required: Flu shot

On-Site Supervisor:

Paula Buckley

Occupational Therapist

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