

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy Assistant

of Positions Available: One

Industry/Company Description: Beacon Hill Physiotherapy & Sports Medicine is a team of skilled professionals who strives to provide clients with their rehabilitation needs. We provide client-specific rehabilitation programs for motor vehicle accident injury, Workers Compensation Board cases, sport injuries, women's health rehabilitation, chronic and acute injuries, as well as post-fracture and surgery after care. We provide care through manual therapy, modalities, intramuscular stimulation (IMS), and exercise prescription. We provide education about specific injuries and problems as well as create and monitor exercise programs related to their needs. As a team, we strive to assist patients in their return to regular, pre-injury states as well as integrate them back into the community and sport settings.

Location: Beacon Hill Physiotherapy & Sports Medicine - 11724 Sarcee Trail NW

Required Hours: 60-72 hours per term/5-6 hours per week

Academic Session: Fall or winter terms

Specified Schedule: Mutual working arrangement between the student and on-site supervisor

Project Duties/Responsibilities:

Under strict supervision, the student will:

- Assist physiotherapist with preparing and applying hot and cold packs
- Assist physiotherapist and kinesiologist with the set-up, application and removal of modalities including: hot and cold packs, ultrasound, Transcutaneous Electrical Nerve Stimulation (TENS), Neuromuscular Electrical Stimulation (MNES), Inferential Current (IFC) and Cold Laster (Class 3B).
- Under strict supervision, interact with clients and assist physiotherapist and kinesiologist with the prescription, application, supervision and education of client's exercise program which will include stretching, range of motion, proprioception, coordination, balance, posture training and strengthening
- Assist physiotherapist and kinesiologist in the development of exercise and therapy programs so that a patient can use them in the most appropriate settings such as their office, home, work or a gymnasium
- Guided observation of a practicing physiotherapist (observing assessments and hands-on treatment including acupuncture, IMS, Graston, active release therapy, joint mobilization and traction).
- Learn about methods involved with pelvic floor and breast cancer physiotherapy

Required Student Qualifications:

- Excellent recall of Human Anatomy and Physiology knowledge
- KNES 373 (exercise physiology) an asset
- Professionalism, enthusiasm, confidence and strong time management skills

On-Site Supervisor:

Pam Fokkens, Physiotherapist and Dr. Jerzy Niziolek, Physiotherapist– info@beaconhillphysio.com
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