KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Chiropractic Assistant

# of Positions Available: 1 position

Industry/Company Description:
Balanced Health and Sports Therapy is a family and sports oriented clinic specializing in the multi-treatment approach for management and prevention of musculoskeletal injuries for the entire body. We offer advanced sports and health therapies all in one location.

Our highly skilled team works together to give the best treatment plans and treatment methods for injury correction, prevention and health optimization.

Our dedicated team of Chiropractors, Physiotherapists and Massage Therapists use techniques in Medical Acupuncture, Dry needling, Traditional Chinese Acupuncture, Active Release Technique (ART ©), Graston © instrument-assisted soft tissue mobilization and Class IV Low Level Laser Therapy by K-Laser ©.

For more information, please go to: http://balancedhealth.ca/index.php

Location: Balanced Health and Sports Therapy, 1519 19th St NW

Required Hours: 60-72 Hours per term – 5-6 hours/week

Academic Session: Fall or Winter

Specified Schedule: Willing to work with the student’s schedule.

Duties/Responsibilities:
Under strict supervision, the student will:
• Spend approximately 5 hours obtaining an on-line training for the K-Laser therapy. K-Laser Therapy is the use of specific wavelengths of light (red and near-infrared) to stimulate the body's natural ability to heal. The effects of laser energy include improved healing time, pain reduction, increased circulation and decreased swelling. Once trained, assist with the administration of K-Laser Therapy to clients (under strict supervision).
• Observe and assist with kinesio-taping and cupping.
• Observe and assist with a biomechanical gait assessment and learn basic principles on brace and orthotic fittings.
• Learn the principles in the development of patient-centered exercise and stretching programs and demonstrate such exercises using proper form and correctional cues.
• Observe a complete chiropractic patient history and physical assessment. Observe a chiropractor develop a patient-centered treatment plan using an evidenced-based approach.
• Observe a hands-on treatment of physical therapies such as Active Release Technique (ART), contemporary medical acupuncture, dry needling, Graston, soft tissue mobilizations, chiropractic manipulations,

Student Qualifications:
• Required: Excellent recall of 259/260 (Anatomy/Physiology). Students must review class notes prior to beginning this placement
• Required: Must have a strong interest in pursuing further education in chiropractic healthcare.
• Asset: KNES 373 (Exercise Physiology)

On-Site Supervisor: Dr. Imran Moledina BSc, DC  drimranmoledina@gmail.com