KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Kinesiology Assistant

# of Positions Available: One

Industry/Company Description: Alberta Health Services, Southern Alberta Renal Program

Locations:
- Northland Dialysis Centre, 2005 - 5111 Northland Drive NW
- Sunridge Medical Gallery, 200 - 2580 32 Street N
- Sheldon Chumir Health Centre, 2nd Floor, 1213 4th Street SW
- South Calgary Health Centre, 31 Sunpark Plaza NE
- Foothills Medical Centre

Required Hours Per Week: 60-72 hours per term
- 5-6 hours per week during fall/winter

Academic Session: Fall or Winter terms only

Project Duties/Responsibilities: Under the direction and supervision of the Kinesiologist, the student will:
- Complete patient interviews collecting information on lifestyle, exercise history and present exercise participation
- Complete chart reviews, collecting information on health histories and co-morbidities that would impact a patient’s ability to perform exercise
- Assess patient’s daily vitals to see if they are appropriate for exercise participation
- Set up and monitor patients while exercising
- Assist in the development of a patient’s exercise prescription
- Instruct patients how to monitor their vital signs and outcomes
- Document on the patient’s chart and make adjustments to prescription as indicated by on-site supervisor
- Complete a poster or powerpoint project on a topic of students choice relating to exercise and chronic kidney disease population (with approval of on-site supervisor)
- Track and prepare in presentation form (graph) QI indicators (ie. KT/V) for review.

Student Qualifications:
- KNES 373 (Exercise Physiology) required
- In-house training for documentation (PARIS - Alberta Health Services computer program)
- CPR and First Aid; up-to-date immunization record required
- Police check required
- Must have own transportation

On-Site Supervisors:

Students interested in the Sunridge and Northland locations should contact Shauna Raugust-Smith directly for an interview shauna.raugust-smith@ahs.ca

Students interested in the Sheldon Chumir or South Calgary locations should contact Kristen Parker directly for an interview kristen.parker@ahs.ca

Students interested in Foothills (Monday, Wednesday, Thursday and Friday mornings only) should contact Theresa Cowan at theresa.cowan@ahs.ca