

KNES 441/443/445 – PRACTICUM COURSE

Practicum Position Title: Physiotherapy / Chiropractic Assistant

of Position Available: 2-3 Positions

Industry/Company Description: **Active Sports Therapy** is an innovative multidisciplinary health care facility dedicated to the treatment and prevention of sports injuries, repetitive strain disorders and conditions involving the joints and soft tissues.

A collaborative network of highly skilled practitioners provide our patients with the best and most up to date results oriented treatment methods for injury correction, prevention and health optimization.

Our services include, Active Release Techniques, Physiotherapy including Intramuscular Stimulation (IMS), Sport and Family Chiropractic, Massage Therapy, Naturopathic Medicine, Prolotherapy, Low Intensity Laser Therapy, Nutrition and Exercise Rehabilitation / Movement Correction using FMS and SFMA.

For more information, please go to: www.activesportstherapy.ca

Location:

Active Sports Therapy
#220, 9950 MacLeod Trail SE

Required Hours: 60-72 Hours per term

Academic Session: Fall, Winter and Spring – 60-72 hours total within framework of academic5-6 per week during fall and winter; 10-12 per week during spring

Specific Schedule: Afternoons

Project Duties / Responsibilities:

- Assisting Therapists with set-up and removal of modalities such as ultrasound, interferential current (IFC), Laser, Heat and Ice
- Assisting and monitoring clients through their exercise program
- Observation of the physiotherapists' assessments, treatment plans and patient management
- Observation of hands-on treatment including active release techniques, IMS, acupuncture, exercise prescription and custom orthotics
- Supporting the therapists by helping to ensure that clinic is operating efficiently by greeting and caring for patients in a supportive manner, making patient's beds and maintaining cleanliness of working environment
- Networking with professionals in the clinic who are involved in specialties such as Active Release Technique (ART), Physiotherapy including Intramuscular Stimulation (IMS), Sport and Family Chiropractic, Massage Therapy, Naturopathic Medicine, Prolotherapy, Low Intensity Laser Therapy, Nutrition and Exercise Rehabilitation / Movement Correction

Qualifications:

- Excellent knowledge of anatomy/physiology
- KNES 373 (formerly 473) – Exercise Physiology
- KNES 375 – Tests and Measurements in Kinesiology
- KNES 479 – Advanced Fitness Appraisal and Exercise Prescription (an asset)

On Site Supervisor: Dr. David Westmacott, B.Kin, DC, RMT drdave@activesportstherapy.ca - 403-278-1405