#### FACULTY OF KINESIOLOGY



Undergraduate Practicum Office KNB 137 | 2500 University Drive NW Calgary | AB | Canada T2N 1N4 knespracticum@ucalgary.ca

### KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title: Health Promotion Assistant** 

Industry/Company Description: Shell Canada

Location: Shell Centre, 400 4th Ave SW

**Terms Available: Fall Only** 

**Number of Positions: 1** 

## **Project Duties/Responsibilities:**

Shell Canada is an integrated energy company that aims to meet the world's growing demand for energy in ways that are economically, socially and environmentally viable. Shell Canada strives to maintain an environment where everyone can apply and develop their skills and talents.

## Under strict supervision, the practicum student will:

- Create, implement and evaluate a physical activity challenge for Shell Canada employees.
- Complete a literature review on physical activity apps in the workplace, the best for sustained positive behavior change based on the evidence; the student will compose a 2-page review and submit to on-site supervisor.
- Work with our Fitness Centre to promote the Shell Run/Walk Club to gain a minimum of 10 employees; the student will develop communications material (pamphlets, hand-outs, etc.)
- Develop and customize resilience and global materials and tools in the workplace for use in Canada. This will be accomplished by investigating current literature and drawing a comparison with existing materials at Shell.
- Conduct a program review as directed by the Coordinator to determine overall learnings and next steps.

#### Required Student Qualifications:

- Completion of KNES 311 (Leadership Foundations)
- Unofficial transcripts

On-Site Supervisor: Stephanie Mah, stephanie.mah@shell.com

# **Kinesiology Practicum Application**

Placement: Shell Canada

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES Students may participate in up to three practicums, with no more than two at the same location

Submit together to

knespracticum@ucalgary.ca

□ Completed Practicum Application□ Confidentiality Agreement

**Submit to Shell** 

□ Unofficial transcripts

## **INSTRUCTIONS**

- 1. Contact the on-site supervisor to arrange an interview.
- 2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
- 3. Submit application and required documentation (if applicable) to <a href="mailto:knespracticum@ucalgary.ca;">knespracticum@ucalgary.ca;</a> our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION - COMPLETE PRIOR TO INTERVIEW

Student Information  Name: UCID:  Phone Number: Email: @ucalgary.ca  Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)  Code of Conduct  Students are responsible for compliance with the University of Calgary's Code of Conduct.    Yes   No   I have read and understood the University of Calgary's Code of Conduct.    Yes   No   Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:  I agree that:  • No salary or payment will be received based upon my participation in a Kinesiology practicum placement? If yes please briefly explain the nature of the relationship:  • I will be punctual throughout my practicum placement for which I am applying  • I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).  • I will complete 60-75 brours within the dates of the term.  Start Date (first day of lectures)  End Date (last day of lectures)  Date:  ON-SITE SUPERVISOR PORTION  Name: Dr. Stephanie Mah  Organization: Shell Canada  Phone: Email: stephanie.mah@shell.com  As the On-Site Supervisor, I agree that:  • No salary or compensation will be given to the practicum student  • I will provide sufficient hours, supervision, and guidance during this practicum placement  • I will provide sufficient hours, supervision, and guidance during this practicum placement  I lagree with the above-mentioned terms and conditions.  On-Site Supervisor's Signature:  Date:	□ Fall	(year)	□ Winter	(year)	□-Spring	(year)	
Phone Number: Email: @ucalgary.ca  Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)  Code of Conduct  Students are responsible for compliance with the University of Calgary's Code of Conduct.  Yes No I have read and understood the University of Calgary's Code of Conduct.  Yes No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:  I agree that:  No salary or payment will be received based upon my participation in a Kinesiology practicum placement  I will be punctual throughout my practicum placement for which I am applying  I will complete 80-72 hours within the dates of the term.  Start Date (first day of lectures)  End Date (last day of lectures)  End Date (last day of lectures)  Date:  ON-SITE SUPERVISOR PORTION  Name: Dr. Stephanie Mah  Organization: Shell Canada  Phone:  Email: stephanie.mah@shell.com  As the On-Site Supervisor, I agree that:  No salary or compensation will be given to the practicum student  I will provide sufficient hours, supervision, and guidance during this practicum placement  I will complete a mile point and final evaluation for the practicum student.  I will complete a mile point and final evaluation for the practicum student.  J agree with the above-mentioned terms and conditions.					_ op <u>g</u>	(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
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On-Site Supervisor's Signature: Date:	☐ I agree with the	above-mentioned term	ns and conditions.				
	On-Site Supervi	sor's Signature:		Da	ate:		

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca. THIS AGREEMENT is made as of the day of , 20 . BETWEEN: (hereinafter called the "Agency") AND: (hereinafter called the "Student") Whereas: It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information"). And whereas: The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the Freedom of Information and Protection of Privacy Act and the Health Information Act ("Policies and Procedures"). In witness hereof, the parties agree as follows: 1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement. 2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures. 3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures. IN WITNESS WHEROF, the parties have duly executed this Agreement effective as of the day and year first written above. Agency Student Signed: Print Name: Print Name: Title:\_\_\_\_\_ Date \_\_\_\_ Date:

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4

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