

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Coach/Athletic Trainer**

**Agency/Company: [Calgary Seawolves Polo Club](#)**

**Location: Repsol Sport Centre, Shane Homes YMCA, Shouldice Pool, Foothills Pool, and/or Churchill Pool**

**Terms Available: Fall or Winter**

**Number of Positions: 1**

**Project Duties/Responsibilities:**

The *Calgary Seawolves* are a Community Water Polo club that offer introductory water polo to new athletes ages 6-17 and trains experienced athletes at a basic level through high school.

**Under the strict supervision of the Head Coach** the student will carry out the following in order to improve the strength, body functioning and injury prevention of water polo athletes in U12, U14, U16 and U18:

- Assist with the assessment and record data on the flexibility of the shoulders, hips and spine in the athletes in order to establish a baseline of ability. The Head Coach and student will work together to determine which body movements can be measured and taken empirically, and which would be noted through description.
- Help design, implement and modify age appropriate stretching and core strength programs. Currently our athletes do very basic core exercises like planking, sit ups and leg raises and other exercises like push-ups and squats. No weights are involved.
- Measure and record the core strength of the athletes in the basic dryland exercises they perform such as push-ups, sit ups, leg raises and other exercises we add to the program. These measurements can be repeated at interval throughout the season to track progress.
- At the end of the term, submit a 2-page, double-spaced document outlining suggested stretching and core strength exercises for water polo athletes. Visuals/pictures must be included.
- Develop a knowledge of body movement in water polo. This knowledge will be learned through observation and consultation with the Head Coach.
- Understand and articulate the values and educational practices of the *Calgary Seawolves* and provide a report of the results for the Board.

**Required Student Qualifications:**

- Completion of KNES 331 (Foundations of Coaching)
- Current CPR and First Aid Certification
- Ability to swim a minimum 50 metres of front crawl

**On-Site Supervisor:** Gary Malcolm, [headcoach@calgaryseawolveswaterpolo.ca](mailto:headcoach@calgaryseawolveswaterpolo.ca)

# Kinesiology Practicum Application

## Placement: [Calgary Seawolves Polo Club](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

**Submit together to**  
**knespracticum@ucalgary.ca:**  
 Completed Practicum Application  
 Confidentiality Agreement

**Submit to Seawolves:**  
 CPR & First aid Cert.

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

<b>ON-SITE SUPERVISOR PORTION</b>	
<b>Name</b> Gary Malcolm	<b>Organization:</b> Calgary Seawolves
<b>Phone:</b>	<b>Email:</b> <a href="mailto:headcoach@calgaryseawolveswaterpolo.ca">headcoach@calgaryseawolveswaterpolo.ca</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>• I will complete a mid-point and final evaluation for the practicum student.</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_