

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Kinesiology Assistant

Agency/Company: Southern Alberta Renal Program, Alberta Health Services

Locations:

- Northland Dialysis Centre, 2005 - 5111 Northland Dr NW
- Sunridge Medical Gallery, 200 - 2580 32 St N
- Sheldon Chumir Health Centre, 1213 4th St SW (2nd Floor)
- South Calgary Health Centre, 31 Sunpark Plaza NE
- Foothills Medical Centre, 1403 29 St NW (Monday, Wednesday, Thursday, Friday mornings only)

Terms Available: Fall or Winter

Number of Positions: 1

Project Duties/Responsibilities:

Under the direction and supervision of the Kinesiologist, the practicum student will:

- Complete patient interviews collecting information on lifestyle, exercise history and present exercise participation
- Complete chart reviews, collecting information on health histories and co-morbidities that would impact a patient's ability to perform exercise
- Assess patient's daily vitals to see if they are appropriate for exercise participation
- Set up and monitor patients while exercising
- Assist in the development of a patient's exercise prescription
- Instruct patients how to monitor their vital signs and outcomes
- Document on the patient's chart and make adjustments to prescription as indicated by on-site supervisor
- Complete a poster or PowerPoint project on a topic of student's choice relating to exercise and chronic kidney disease population (with approval of on-site supervisor)
- Track and prepare in presentation form (graph) QI indicators (i.e. KT/V) for review.

Required Student Qualifications:

- Completion of KNES 373 (Exercise Physiology)
- In-house training for documentation (PARIS)
- CPR & First Aid Certification
- Up to date Immunization Record
- Police Information Check
- Access to transportation

On-Site Supervisor for Sunridge and Northland locations: Shauna Raugust-Smith, shauna.raugust-smith@ahs.ca

On-Site Supervisor for Sheldon Chumir and South Calgary locations: Kristen Parker, kristen.parker@ahs.ca

On-Site Supervisor for Foothills location: Theresa Cowan, theresa.cowan@ahs.ca

Kinesiology Practicum Application

Placement: Southern Alberta Renal Program, AHS

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to
knespracticum@ucalgary.ca:

- Completed Practicum Application
- Confidentiality Agreement
- CPR & First Aid Cert.
- Immunization Record
- Submit online Police Check

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term

Fall _____ (year) Winter _____ (year) Spring _____ (year)

Student Information

Name: _____ UCID: _____

Phone Number: _____ Email: _____ @ucalgary.ca

Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)

Code of Conduct

Students are responsible for compliance with the [University of Calgary's Code of Conduct](#).

- Yes No I have read and understood the University of Calgary's Code of Conduct.
 Yes No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement?
If yes, please briefly explain the nature of the relationship:

I agree that:

- No salary or payment will be received based upon my participation in a Kinesiology practicum placement
- I will meet the expectations of the practicum placement for which I am applying
- I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).
- I will complete 60-72 hours within the dates of the term.

Start Date (first day of lectures) _____ End Date (last day of lectures) _____

I agree with the above-mentioned terms and conditions.

Student's Signature: _____

Date: _____

ON-SITE SUPERVISOR PORTION

Name: _____ Organization: Alberta Health Services

Phone: _____ Email: _____

As the On-Site Supervisor, I agree that:

- No salary or compensation will be given to the practicum student
- I will provide sufficient hours, supervision, and guidance during this practicum placement
- I will complete a mid-point and final evaluation for the practicum student.

I agree with the above-mentioned terms and conditions.

On-Site Supervisor's Signature: _____

Date: _____

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____