

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Children's Physical Literacy Assistant Instructor

Agency/Company: [Monkeynastix](#)

Location: Location varies throughout Calgary and travel is required

Terms Available: Fall, Winter or Spring

Number of Positions: 1-2

Specified Schedule: Within morning and afternoon on weekdays

Project Duties/Responsibilities:

Monkeynastix provides fun and challenging physical literacy lessons at preschools, daycares and after school programs around Calgary. The program is mobile and brings its own specialized equipment, music and unique lesson plans directly to the schools. As a *Monkeynastix Assistant Instructor*, it is your responsibility to uphold a fun, positive, and professional attitude alongside the Lead Instructor.

Before class: Arrive no later than 15 minutes before the class starts to assist the Lead Instructor with getting all of the equipment for the class ready and help set it up if necessary and review the lesson plan with the instructor

During class:

- Help the children if necessary; if none of the children need assistance, you are to fully participate next to the Lead.
- Spot the children, ensuring safe and correct execution of movements; help any of the children who are struggling and show them the proper form. Have them imitate you until they master it!
 - The circuit involves a gross motor station related to the fundamental movement skill for that specific lesson as well as numerous related substations such as tuck jumps over hurdles, star jumps on a spot; using a balance disk, using arm elastics and performing stork stands or crab walking.
- Be actively involved in the sport coaching. Correct racquet/stick grip & strike, throwing posture and follow through, co-ordination & balance, kicking movements and follow through, catching position, etc.
- Investigate three new, fun and engaging activities that could be incorporated into the *Monkeynastix* program in order to increase fundamental movement skills and eventually introduce more complex skills.
- Create a 3-page report and submit to on-site supervisor by the end of the term. Each page will provide an overview of the new exercise or game (including a visual) and a summary of how this exercise or game would be beneficial in terms of developing physical literacy skills in the children.

Required Student Qualifications:

- Police Information Check with Vulnerable Sector
- Immunization Records
- Completion of KNES 201 (Activity: Essence & Experience)
- Completion of KNES 203 (Activity: Health, Fitness & Performance)
- Completion of KNES 351 (Foundations of Neural Control of Movement)

On-Site Supervisor: Hayley de Villiers, info@monkeynastix.ca

Kinesiology Practicum Application

Placement: [Monkeynastix](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to
knespracticum@ucalgary.ca:
 Completed Practicum Application
 Confidentiality Agreement

Submit to Monkeynastix:
 Police Check w/ Vulnerable Sector
 Immunization Record

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION	
Name: Hayley de Villiers	Organization: Monkeynastix
Phone:	Email: info@monkeynastixyc.ca
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours, supervision, and guidance during this practicum placement• I will complete a mid-point and final evaluation for the practicum student.	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20_____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____