

## KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title: Health Promotion Assistant**

**Agency/Company: [Healthy Dancer Canada \(HDC\)](#)**

**Location: University of Calgary**

**Terms Available: Fall or Winter**

**Number of Positions: 1**

**Project Duties/Responsibilities:**

*Healthy Dancer Canada (HDC)* is a national organization committed to enhancing the health, well-being and performance of all dancers. Efforts to create a culture of healthy dance practice across Canada are accomplished through (1) building community among the dance community, healthcare professionals and researchers, (2) facilitating continuing education that is accessible and evidence-informed, and (3) supporting initiatives in the field of dancer health and wellness.

Based on the practicum student's interests, skills and the needs of the *Healthy Dancer Canada (HDC)* organization, duties and responsibilities will be focused on assisting with **up to two of the HDC Committees listed below.** Working closely with the relevant HDC Committee Chair(s) via email and attending regular Committee meetings, students will engage in activities throughout the semester that include:

Financial Development Committee —

- Contributing to written applications for relevant funding opportunities at provincial and national levels that will financially support dancer health-related projects.

Membership Committee —

- Promoting the growth and membership of HDC by sharing the mission/vision and benefits of HDC by word of mouth in the student's own local dance communities;
- Receiving and processing memberships;
- Updating the online Member Directory;
- Communicating with members about membership renewal.

Newsletter Committee —

- Identifying themes for each Newsletter (e.g., warm up and cool down practices, motivational climates in the dance studio, appropriate injury prevention strategies);
- Contributing to written original articles;
- Designing and editing the Newsletter;
- Distributing quarterly Newsletter by HDC email and social media (i.e., Twitter, Facebook, and Instagram);
- Supporting management of the News page on the website.

Outreach and Communications Committee —

- Promoting the growth and membership of HDC by sharing relevant/approved information about dance health and wellness on the HDC website and social media;
- Facilitating access to this information for dancers, dance educators and healthcare professionals.

Resources Committee —

- Supporting the development, peer review, and editing of online HDC Dance Resources;
- Reviewing, updating and evaluating the effectiveness of existing Dance Resources;
- Helping disseminate Dance Resources.

The overall goals of a student practicum placement with *Healthy Dancer Canada (HDC)* is to:

- Learn how a national organization operates
- Support and advance initiatives of relevant committees and the Healthy Dancer Canada organization as a whole
- Connect with dancers, educators, health professionals and researchers across the country
- Make a contribution towards a healthy Canadian dance community

**Required Student Qualifications:**

- Completion of DNCE 235 (Safe Dance Practices)
- Completion of DNCE 363 (Dance Science)
- Outstanding time management and organizational skills
- Excellent technology and social media skills
- Keen interest in the promotion of safe dance practice

**On-Site Supervisor:** Sarah Kenny, PhD | Assistant Professor (Dance Science), [kennys@ucalgary.ca](mailto:kennys@ucalgary.ca)

# Kinesiology Practicum Application

## Placement: [Healthy Dancer Canada \(HDC\)](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

Submit together to  
[knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca):  
 Completed Practicum Application  
 Confidentiality Agreement

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

|   |   |  |
|---|---|--|
| <b>Practicum Term</b>   |   |  |
| <input type="checkbox"/> Fall _____ (year)  | <input type="checkbox"/> Winter _____ (year)  | <input type="checkbox"/> Spring _____ (year) |
| <b>Student Information</b>  |   |  |
| <b>Name:</b>  | <b>UCID:</b>  |  |
| <b>Phone Number:</b>  | <b>Email:</b>   | @ucalgary.ca                                 |
| <b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)  |   |  |
| <b>Code of Conduct</b>  |   |  |
| Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .  |   |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No  | I have read and understood the University of Calgary's Code of Conduct.   |  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No  | Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement?<br>If yes, please briefly explain the nature of the relationship: |  |
| <b>I agree that:</b>  |   |  |
| <ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul> |   |  |
| <b>Start Date</b> (first day of lectures)   | <b>End Date</b> (last day of lectures)  |  |
| _____   | _____   |  |
| <input type="checkbox"/> I agree with the above-mentioned terms and conditions.   |   |  |
| <b>Student's Signature:</b>   | <b>Date:</b>  |  |

|   |  |
|---|--|
| <b>ON-SITE SUPERVISOR PORTION</b>   |  |
| <b>Name:</b> Sarah Kenny, PhD   | <b>Organization:</b> Health Dancer Canada (HDC)                          |
| <b>Phone:</b>   | <b>Email:</b> <a href="mailto:kennys@ucalgary.ca">kennys@ucalgary.ca</a> |
| <b>As the On-Site Supervisor, I agree that:</b>   |  |
| <ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>• I will complete a mid-point and final evaluation for the practicum student.</li></ul> |  |
| <input type="checkbox"/> I agree with the above-mentioned terms and conditions.   |  |
| <b>On-Site Supervisor's Signature:</b>  | <b>Date:</b>   |

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_