

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Research Assistant - Cancer and Physical Activity**

**Agency/Company: Health & Wellness Lab, Thrive Centre, UCalgary**

**Locations:**

Human Performance Lab (HPL), Faculty of Kinesiology

External locations include Tom Baker Cancer Centre, Holy Cross Hospital, and Wellspring

**Terms Available: Fall, Winter, or Spring**

**Number of Positions: 2**

**Specified Schedule: Minimum weekly attendance in lab or off-site location**

**Project Duties/Responsibilities:**

This practicum position will be tailored to the individual student's interests, taking into consideration the current opportunities within Dr. Culos-Reed's research group. All positions will generally be involved in cancer and physical activity. Specific opportunities will be available within the following areas:

- Exercise testing for cancer survivors (e.g., assisting fitness assessments within research protocol).
- Exercise programming for cancer survivors, including fitness classes, individualized prescription, and yoga classes (e.g., leading fitness classes or supervising "open-gym" times; aiding in yoga)
- Research duties on specific projects, including participant recruitment within clinics (may be off-site, at either the Tom Baker Cancer Centre or at the Holy Cross Hospital), data entry and literature reviews.
- Assisting in educational outreach to the cancer survivor communities (e.g., preparing community educational materials, delivering presentations).

The practicum student will be responsible for:

- Research assistant duties for ongoing research projects, including data entry, literature reviews, participant recruitment, while maintaining participant confidentiality at all times.
- Presenting on the practicum experience (PowerPoint presentation) to Dr. Culos-Reed and her research associates at the end of term.

**Required Student Qualifications:**

- Completion of KNES 253 (Introduction to Exercise & Sports Psychology)
- Motivated to work within an Oncology or chronic disease population

**Assets:**

- CPR and First Aid is an asset
- CSEP Certified Personal Trainer (CPT) and asset
- Completion of coursework in exercise physiology/fitness testing is an asset

**On-Site Supervisor:** Dr. Nicole Culos-Reed, Ph.D., [nculosre@ucalgary.ca](mailto:nculosre@ucalgary.ca)

All applicants should submit a resume and cover letter, indicating areas of interest within cancer and physical activity

# Kinesiology Practicum Application

## Placement: Health & Wellness Lab, Thrive Centre, UCalgary

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

Submit together to  
knespracticum@ucalgary.ca:  
 Completed Practicum Application  
 Confidentiality Agreement

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.	
<input type="checkbox"/> Yes <input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:	
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

### ON-SITE SUPERVISOR PORTION

<b>Name:</b> Dr. Nicole Culos-Reed, Ph.D.	<b>Organization:</b> University of Calgary
<b>Phone:</b>	<b>Email:</b> <a href="mailto:nculosre@ucalgary.ca">nculosre@ucalgary.ca</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>• I will complete a mid-point and final evaluation for the practicum student.</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_