

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Athletic Therapy Assistant**

**Agency/Company: [Fortius Rehabilitation Systems \(FRS\)](#)**

**Location: 7835 Flint Rd SE, Calgary, AB**

**Terms Available: Fall, Winter, or Spring**

**Number of Positions: 1**

**Specified Schedule: Students should expect to work evenings and weekends**

### **Project Duties/Responsibilities:**

*Fortius Rehabilitation Systems (FRS)* is a movement based clinic that understands the needs of clients to return to daily life and physical activity. Each client that comes in presents their own individualized symptoms and are approached with individualized care. *FRS* is a safe, open space with many different modalities (Athletic Therapy, Massage Therapy, & Manual Osteopathy) allowing optimization of client rehab.

**Under strict supervision**, the practicum student will:

- Assist Athletic Therapist with the prescription, application, supervision and education of patients' Therapeutic Exercise Programs including: Active Range of Motion (AROM), PROM, stretching, proprioception, coordination, balance and strengthening
- Understand rationale behind hands on treatment techniques including: trigger point release, Friction massage, Proprioceptive Neuromuscular Facilitation (PNF) Stretching, and exercise-based rehab
- Assist Athletic Therapist in the development of exercise and therapy rehabilitation programs
- Have the opportunity to apply knowledge learned throughout the practicum on patients or other clinicians
- Observe the treatment of patients in the clinic and on the sideline

### **Required Student Qualifications:**

- Completion of KNES 259/260 (Human Anatomy & Physiology)
- Completion of KNES 372 (Foundations of Sports Medicine)
- Standard First Aid and CPR Certification

**On-Site Supervisor: Charne Goosen BKin, CAT(C), [charne.goosen@gmail.com](mailto:charne.goosen@gmail.com)**

# Kinesiology Practicum Application

## Placement: [Fortius Rehabilitation Systems \(FRS\)](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

**Submit together to**  
**knespracticum@ucalgary.ca:**  
 Completed Practicum Application  
 Confidentiality Agreement

**Submit to Fortius:**  
 First Aid & CPR Cert.

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

**STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW**

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No   I have read and understood the University of Calgary's Code of Conduct.		
<input type="checkbox"/> Yes <input type="checkbox"/> No   Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:		
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

**ON-SITE SUPERVISOR PORTION**

<b>Name:</b> Charne Goosen BKin, CAT(C)	<b>Organization:</b> Fortius Rehab
<b>Phone:</b>	<b>Email:</b> <a href="mailto:charne.goosen@gmail.com">charne.goosen@gmail.com</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>• I will complete a mid-point and final evaluation for the practicum student.</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_