

## KINESIOLOGY PRACTICUM DESCRIPTION

**Practicum Position Title: Health Promotion Assistant**

**Agency/Company: Ever Active Schools**

**Location: Practicum work will be located both on campus and varied locations in the Calgary community.**

**Terms Available: Fall and Winter**

**Number of Positions: 1**

### **Project Duties/Responsibilities:**

*Ever Active Schools* is a provincial organization that works to assist schools in Alberta to create and sustain healthy school communities. *Ever Active Schools* contributes to the healthy development of children and youth by promoting a comprehensive school health (CSH) approach that ultimately supports students to identify and apply life skills through personal growth and wellbeing. They are a connecting point for school health in Alberta, fostering partnerships among community, schools and other provincial stakeholders to enable effective, coordinated action.

This practicum provides an opportunity to experience and apply knowledge in school wellness and health promotion, and gain knowledge and training in a number of *Ever Active Schools* projects. Throughout the term, the student will be responsible for:

- Developing an understanding of the principles and strategies of healthy promotion, the four pillars of Comprehensive School Health and how our projects fit within these frameworks.
- Organizing meetings, networking and developing relationships with key stakeholders.
- Promoting *Ever Active Schools* projects and assisting with developing print materials.
- Assisting with the planning and delivery of workshops and writing grant applications.
- Supporting provincial initiatives in building healthy school communities.
- Attending team meetings internally and with our provincial stakeholders, allowing the practicum student to become familiar with organizational and provincial structures for school health.
- Gaining knowledge in a number of the *Ever Active Schools* projects, and large event planning that supports Comprehensive School Health, 21st Century Competencies, Physical Education, Daily Physical Activity, and supporting Positive Social Environments within Schools/School Districts as time permits.

Specific skill areas to be learned/developed by the student are:

- Community development
- Program planning and evaluation
- Strong oral communication
- Social media coordination
- Working on collaborative, interdisciplinary teams
- Knowledge on fundamental movement skills, current physical education curriculum, Ministerial Order on Student Learning 21st Century Competencies
- Leadership and facilitation

**Required Student Qualifications:**

- Completion of KNES 201 (Activity: Essence and Experience)
- Completion of KNES 203 (Activity: Health, Fitness and Performance)

**Assets:**

- KNES 397 (Health and Exercise Psychology)
- KNES 433 (Health and Physical Activity)
- KNES 355 (Human Growth and Development)

**On-Site Supervisor:** Adrian Xavier [adrian@everactive.org](mailto:adrian@everactive.org)

# Kinesiology Practicum Application

## Placement: Ever Active Schools

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
 Students may participate in up to three practicums, with no more than two at the same location

**Submit together to**  
**knespracticum@ucalgary.ca:**  
 Completed Practicum Application  
 Confidentiality Agreement

### INSTRUCTIONS

- Contact the on-site supervisor to arrange an interview.
- Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
- Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

### STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <u>University of Calgary's Code of Conduct</u> .		
<input type="checkbox"/> Yes	<input type="checkbox"/> No	I have read and understood the University of Calgary's Code of Conduct.
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:
<b>I agree that:</b>		
<ul style="list-style-type: none"> <li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li> <li>• I will meet the expectations of the practicum placement for which I am applying</li> <li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li> <li>• I will complete 60-72 hours within the dates of the term.</li> </ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

### ON-SITE SUPERVISOR PORTION

<b>Name:</b> Adrian Xavier	<b>Organization:</b> Ever Active Schools
<b>Phone:</b>	<b>Email:</b> <a href="mailto:adrian@everactive.org">adrian@everactive.org</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"> <li>• No salary or compensation will be given to the practicum student</li> <li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li> <li>• I will complete a mid-point and final evaluation for the practicum student.</li> </ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "Agency")

AND:

\_\_\_\_\_

(hereinafter called the "Student")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_