FACULTY OF KINESIOLOGY

UNIVERSITY OF CALGARY

Undergraduate Practicum Office KNB 137 | 2500 University Drive NW Calgary | AB | Canada T2N 1N4 knespracticum@ucalgary.ca

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Dance and Movement Assistant

Agency/Company: <u>Dubasov Dance & Wellness</u>

Location: #12 - 6325 12 St SE, Calgary, AB

Terms Available: Fall, Winter, or Spring

Number of Positions: 1

Specified Schedule: Weekday evenings and Saturdays

Project Duties/Responsibilities:

Dubasov Dance & Wellness is an inclusive, fully accessible studio dedicated to providing quality dance, movement and yoga programs to children, youth and adults with special needs including, but not limited to: Cerebral Palsy, Autism, Down Syndrome, ADD/ADHD. Our programs support children in developing skills (e.g. social, fine motor, gross motor, sensory regulation) through specialized and inclusive movement and expressive arts classes. Support is provided in each program through low ratio pairing.

Under the strict supervision of on-site supervisors, the practicum student will:

- Attend an orientation session to review the studio policies and their responsibilities as a Dance and Movement
 Assistant, as well as learn, practice and review physical assistance techniques and behavioural strategies to be
 implemented within the classroom setting.
- Assist participants during classes both physically and behaviourally as necessary and instructed.
 - Physical assistance refers to helping a participant to perform gross or fine motor skills as well as with transitions (e.g. holding hand to walk, holding hips to gallop, transferring in/out of mobility devices such as wheelchair or walker, standing up from a seated position).
 - Behavioural assistance refers to implementing behavioural strategies learned in orientation to keep participants on task or involved in the activity (e.g. first/then, redirection, breaks).
- Assist participants to perform their rehearsed dances prior to performances; supervise and engage with participants before and after the performance.
- Prepare theme-based lesson plans for a variety of movement-based programs and lead a portion of class(es)
 - o Lesson plans will build upon an existing theme or class plan as outlined by supervisor.
 - Practicum students will create and teach a warm-up movement exercise or game following a jungle theme
 accompanied by a musical track of their choice or student will create then teach a movement exercise to a
 musical track suggested by supervisor.
- Compile/research articles, programs, books and community resources for the studio and our parent population. Prepare class materials. Assist in areas of social media, marketing strategies and video compilation.
- Engage with and supervise students before and after class as well as help with set up and cleanup.

Required Student Qualifications:

- Police Information Check with Vulnerability Sector
- Completion of KNES 201 (Activity: Essence and Experience)
- Completion of KNES 203 (Activity: Health, Fitness and Performance)
- Completion of KNES 367 (Adapted Physical Activity)
- Must have interest in learning about applications of dance and movement to diverse populations of varying ages and must be comfortable with these populations

Assets:

• Previous dance and/or yoga experience is beneficial, but not required

On-Site Supervisor: Telisa Dubasov, dubasovdw@gmail.com

Kinesiology Practicum Application

Placement: <u>Dubasov Dance & Wellness</u>

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES Students may participate in up to three practicums, with no more than two at the same location

Submit together to

knespracticum@ucalgary.ca:

- ☐ Completed Practicum Application
- ☐ Confidentiality Agreement

Submit to Dubasov:

☐ Police Check w/ Vulnerable Sector

INSTRUCTIONS

- 1. Contact the on-site supervisor to arrange an interview.
- 2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
- 3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION - COMPLETE PRIOR TO INTERVIEW

Practicum Term					
□ Fall	(year)	□ Winter	(year)	□ Spring	(year)
Student Information					
Name:			UCID:		
Phone Number:			Email:	@ucalgary.ca	
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)					
Code of Conduct					
Students are responsible for compliance with the <u>University of Calgary's Code of Conduct</u> .					
☐ Yes ☐ No I have read and understood the University of Calgary's Code of Conduct.					
☐ Yes ☐ No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:					
I agree that:					
 No salary or payment will be received based upon my participation in a Kinesiology practicum placement I will meet the expectations of the practicum placement for which I am applying 					
 I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s). I will complete 60-72 hours within the dates of the term. 					
Start Date (first day of lectures) End Date (last day of lectures)					
□ I agree with the above-mentioned terms and conditions.					
Student's Signa	ture:			Date:	
ON-SITE SUPERVISOR PORTION					
Name: Telisa	Dubasov	Organiza	ation: Dubasov Dance	& Wellness	
Phone:			Emai	l: dubasovdw@gmail.com	
	Supervisor, I agree th				
 No salary or compensation will be given to the practicum student I will provide sufficient hours, supervision, and guidance during this practicum placement I will complete a mid-point and final evaluation for the practicum student. 					
☐ I agree with the above-mentioned terms and conditions.					
On-Site Supervi	sor's Signature:			Date:	

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca. THIS AGREEMENT is made as of the day of , 20 . BETWEEN: (hereinafter called the "Agency") AND: (hereinafter called the "Student") Whereas: It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information"). And whereas: The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the Freedom of Information and Protection of Privacy Act and the Health Information Act ("Policies and Procedures"). In witness hereof, the parties agree as follows: 1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement. 2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures. 3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures. IN WITNESS WHEROF, the parties have duly executed this Agreement effective as of the day and year first written above. Student <u>Agency</u> Signed: Print Name: Print Name: Title:_____ Date ____ Date:

2500 University Drive N.W., Calgary, Alberta, Canada T2N 1N4

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