

## **KINESIOLOGY PRACTICUM DESCRIPTION**

**Practicum Position Title: Osteopath Assistant**

**Agency/Company: [Calgary West Osteopathic Wellness \(WOW\) Centre](#)**

**Location: 2640 24 Street SW, Calgary, AB**

**Terms Available: Fall, Winter, or Spring**

**Number of Positions: 1**

**Specified Schedule: Hours must be within Monday – Friday, 8:00am – 5:00pm**

### **Project Duties/Responsibilities:**

Osteopathy is a form of drug-free non-invasive manual medicine that focuses on total body health by treating and strengthening the musculoskeletal framework. This includes the joints, muscles and spine, as well as the internal organs, and fluids of the body. The aim is to positively affect the body's nervous, circulatory and lymphatic systems. This therapy is a unique holistic (whole body) approach to health care. Osteopaths do not simply concentrate on treating the problem area but use manual techniques to balance all the systems of the body, to provide overall good health and wellbeing.

The philosophy of Osteopathy is what sets it apart from other medical disciplines. The key principles are based on all parts of the body functioning together in an integrated manner. If one part of the body is restricted, then the rest of the body must adapt and compensate for this, eventually leading to inflammation, pain, stiffness and other health conditions. When the body is free of restrictions in movement, Osteopathic treatment assists the body with pain minimization, reduced stress and greater mobility providing the body with the opportunity to heal itself. Osteopathic Manual Practitioners study for years to develop very sensitive palpation skills. Many gentle tests and techniques are used to find and treat the root causes of dysfunction and not just chase the symptoms.

Practicum students will:

- Observe the osteopathic hands on treatments of clients. This will include soft tissue stretching, deep tactile pressure, and mobilization or manipulation of joints and organs.
- Assist in the formulation of treatment plans by gaining a deeper understanding of the relationship between the structure of the body and the connection between all of the body's tissues, fluids, organs and systems.
- The student will review clinic resources to better understand the field of osteopathy and will do the following:
  - Select two disorders or rare ailments to investigate using current literature and resources at clinic
  - Prepare two, 3-page summary/literature reviews on findings related to osteopathy. The summaries should include:
    - a) an overview of the disorder or ailment;
    - b) an overview and explanation of how the disorder or ailment affects the overall body's structure, tissues, fluids and organs; and
    - c) a proposed treatment plan.

- Arrange and facilitate a 15-minute presentation for all clinic staff at the end of the term to discuss findings. The student will:
  - Develop a power point presentation which summarizes the two selected areas of investigation
  - Send an email to all clinic staff with two proposed dates and time for the presentation and follow up with another email confirming date/times of presentation
  - Ensure appropriate space and equipment is available during the chosen date/time
- Learn business and clinic marketing operations by investigating current marketing practices and strategies. The student will develop one strategy that the clinic could use in the future (e.g., social networking, brochure, website)
- Network with other professionals in the clinic. These may include Osteopaths, Osteopathic students and Acupuncturists.

**Required Student Qualifications:**

- Completion and strong recall of KNES 259/260 (Anatomy & Physiology)
- Strong interpersonal communication skills and a collaborative nature are necessary

**Assets:**

- KNES 263 (Quantitative Biomechanics)

**On-Site Supervisor: Chris Reiach, D.O.M.P., [chris@calgarywowcentre.com](mailto:chris@calgarywowcentre.com)**

# Kinesiology Practicum Application

## Placement: [Calgary WOW Centre](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES  
Students may participate in up to three practicums, with no more than two at the same location

Submit together to  
[knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca):  
 Completed Practicum Application  
 Confidentiality Agreement

### INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca); our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

**STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW**

<b>Practicum Term</b>		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
<b>Student Information</b>		
<b>Name:</b>	<b>UCID:</b>	
<b>Phone Number:</b>	<b>Email:</b>	@ucalgary.ca
<b>Student Practicum Expectations:</b> Why have you chosen this practicum placement? (1-2 sentences)		
<b>Code of Conduct</b>		
Students are responsible for compliance with the <a href="#">University of Calgary's Code of Conduct</a> .		
<input type="checkbox"/> Yes <input type="checkbox"/> No   I have read and understood the University of Calgary's Code of Conduct.		
<input type="checkbox"/> Yes <input type="checkbox"/> No   Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement? If yes, please briefly explain the nature of the relationship:		
<b>I agree that:</b>		
<ul style="list-style-type: none"><li>• No salary or payment will be received based upon my participation in a Kinesiology practicum placement</li><li>• I will meet the expectations of the practicum placement for which I am applying</li><li>• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).</li><li>• I will complete 60-72 hours within the dates of the term.</li></ul>		
<b>Start Date</b> (first day of lectures)	<b>End Date</b> (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
<b>Student's Signature:</b>	<b>Date:</b>	

<b>ON-SITE SUPERVISOR PORTION</b>	
<b>Name:</b> Chris Reiach	<b>Organization:</b> Calgary WOW Centre
<b>Phone:</b>	<b>Email:</b> <a href="mailto:chris@calgarywowcentre.com">chris@calgarywowcentre.com</a>
<b>As the On-Site Supervisor, I agree that:</b>	
<ul style="list-style-type: none"><li>• No salary or compensation will be given to the practicum student</li><li>• I will provide sufficient hours, supervision, and guidance during this practicum placement</li><li>• I will complete a mid-point and final evaluation for the practicum student.</li></ul>	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
<b>On-Site Supervisor's Signature:</b>	<b>Date:</b>

## **CONFIDENTIALITY AGREEMENT**

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to [knespracticum@ucalgary.ca](mailto:knespracticum@ucalgary.ca).

THIS AGREEMENT is made as of the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_.

BETWEEN:

\_\_\_\_\_

(hereinafter called the "**Agency**")

AND:

\_\_\_\_\_

(hereinafter called the "**Student**")

**Whereas:**

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

**And whereas:**

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

**In witness hereof, the parties agree as follows:**

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

**Agency**

**Student**

Signed: \_\_\_\_\_

Signed: \_\_\_\_\_

Print Name: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_

Date \_\_\_\_\_

Date: \_\_\_\_\_