

KINESIOLOGY PRACTICUM DESCRIPTION

Practicum Position Title: Kinesiology Assistant

Agency/Company: [Alberta Hip and Knee Clinic](#)

Location: Suite 335, 401 9 Ave SW (Gulf Canada Square)

Terms Available: Fall or Winter

Number of Positions: 1

Specified Schedule: Within clinic hours - Monday to Friday, 8:00am – 4:00pm

Project Duties/Responsibilities:

The vision of the *Alberta Hip and Knee Clinic* is to create independent, effective and integrated care for all musculoskeletal patients. It is a full circle clinic where patients with hip and knee concerns can seek treatment options and follow up care. Most patients that come to the clinic are coming either before or after a total hip or knee replacement. They work to educate patients about the surgery and assist them in proper recovery so they can enjoy the full benefit of total joint replacement.

Practicum student will:

- Greet client in waiting room and escort into assessment room for the purpose of pre and post-surgical knee and hip replacement assessments.
- Learn how to observe and evaluate the gait of the client as they proceed to the assessment room
- Under strict supervision, assist with pre-surgical assessment by informing client about the surgery process, follow-up visits and importance of exercise with respect to the rehabilitative process.
- Provide clients with a verbal questionnaire related to the functionality of the client's hips and knees (i.e. pain level, how many city blocks can they walk, can they climb stairs, etc.)
- Use goniometer to measure range of motion including flexion, extension, abduction/adduction, internal/external rotation of knees and/or hips.
- Assist with the facilitation of the weekly group pre-surgical education class. Present basic material related to hip and knee replacement surgery recovery including exercises and required equipment.
- Assist Kinesiologist with the completion of Red Cross equipment requisition forms for clients' walking aids and aids to daily living.
- Assist with 2 week, 6 week, 12 week and 1 year post-surgical assessments, including gait and range of motion assessments, and walking aid adjustments.

Required Student Qualifications:

- Completion of KNES 373 (Exercise Physiology)
- Completion and good recall of KNES 259/260 (Anatomy and Physiology)
- Ability to work in a fast paced environment

On-Site Supervisor: Kira Lohnes, BSc(KIN), kira.l@orthosurgeons.ca and Shelby Littel
shelby.l@orthosurgeons.ca

Kinesiology Practicum Application

Placement: [Alberta Hip and Knee Clinic](#)

Students must have 60 units completed to qualify for a practicum, including 30 units of KNES
Students may participate in up to three practicums, with no more than two at the same location

Submit together to
knespracticum@ucalgary.ca:
☐ Completed Practicum Application
☐ Confidentiality Agreement

INSTRUCTIONS

1. Contact the on-site supervisor to arrange an interview.
2. Bring a copy of this application with the completed student portion to your interview to be completed by the On-Site Supervisor.
3. Submit application and required documentation (if applicable) to knespracticum@ucalgary.ca; our office will email your @ucalgary address within 5 business days with next steps for you and your On-Site Supervisor.

STUDENT PORTION – COMPLETE PRIOR TO INTERVIEW

Practicum Term		
<input type="checkbox"/> Fall _____ (year)	<input type="checkbox"/> Winter _____ (year)	<input type="checkbox"/> Spring _____ (year)
Student Information		
Name:	UCID:	
Phone Number:	Email:	@ucalgary.ca
Student Practicum Expectations: Why have you chosen this practicum placement? (1-2 sentences)		
Code of Conduct		
Students are responsible for compliance with the University of Calgary's Code of Conduct .		
<input type="checkbox"/> Yes <input type="checkbox"/> No I have read and understood the University of Calgary's Code of Conduct.		
<input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a pre-existing relationship(s) with person(s) or group(s) associated with this practicum placement?		
If yes, please briefly explain the nature of the relationship:		
I agree that:		
<ul style="list-style-type: none">• No salary or payment will be received based upon my participation in a Kinesiology practicum placement• I will meet the expectations of the practicum placement for which I am applying• I will be punctual throughout my practicum placement and will adequately notify the On-Site Supervisor about any absence(s).• I will complete 60-72 hours within the dates of the term.		
Start Date (first day of lectures)	End Date (last day of lectures)	
_____	_____	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.		
Student's Signature:	Date:	

ON-SITE SUPERVISOR PORTION

Name:	Organization: Alberta Hip and Knee Clinic
Phone:	Email:
As the On-Site Supervisor, I agree that:	
<ul style="list-style-type: none">• No salary or compensation will be given to the practicum student• I will provide sufficient hours, supervision, and guidance during this practicum placement• I will complete a mid-point and final evaluation for the practicum student.	
<input type="checkbox"/> I agree with the above-mentioned terms and conditions.	
On-Site Supervisor's Signature:	Date:

CONFIDENTIALITY AGREEMENT

Practicum students and the agency must complete the signed confidentiality agreement and submit it (along with the practicum application form) to knespracticum@ucalgary.ca.

THIS AGREEMENT is made as of the _____ day of _____, 20____.

BETWEEN:

(hereinafter called the "**Agency**")

AND:

_____,
(hereinafter called the "**Student**")

Whereas:

It is the Student's legal and ethical responsibility to protect the privacy, confidentiality and security of all records, proprietary information and other confidential information relating to the Agency, including business, employment and medical information relating to patients, members, employees and health care providers. ("Confidential Information").

And whereas:

The Agency has adopted policies and procedures regarding Confidential Information including its policies and procedures for complying with the *Freedom of Information and Protection of Privacy Act* and the *Health Information Act* ("Policies and Procedures").

In witness hereof, the parties agree as follows:

1. The Agency agrees to disclose and the Student agrees to receive Confidential Information in furtherance of participating in his/her practicum with the Agency, as set out in the Practicum Agreement.
2. The Agency agrees to advise, instruct and guide the Student as to the Policies and Procedures.
3. Upon receipt of the information set out in paragraph 2 herein, the Student agrees to use his/her best efforts to comply with the Policies and Procedures and to protect the Confidential Information, or any part thereof, and prevent it from being disclosed to any person contrary to the Policies and Procedures.

IN WITNESS WHEREOF, the parties have duly executed this Agreement effective as of the day and year first written above.

Agency

Student

Signed: _____

Signed: _____

Print Name: _____

Print Name: _____

Title: _____

Date _____

Date: _____